

# Safe Sport Newsletter: August 2020

USA Swimming Safe Sport <SafeSport@usaswimming.org> Reply-To: SafeSport@usaswimming.org To: tim.husson@gmail.com Mon, Aug 31, 2020 at 11:46 AM



# Safe Sport Newsletter



## **Keeping Athletes First**

Our Keeping Athletes First incentives have taken off! On Thursday, August 20, **Flagler Fluid Swim Team** had a virtual meeting with Mallory Comerford! Stay tuned for Buckeye Swim Team's visit in September!

Check out our updated list of winners and the athlete who visited them here, as well as how you can win a visit of your own here!





# Minor Athlete Abuse Prevention Policy

Reminder: USA Swimming member clubs and LSCs are required to implement the Minor Athlete Abuse Prevention Policy (MAAPP) in full.

Clubs can customize MAAPP by inserting their own names as well as deciding on whether or not to keep recommended portions. To view the customizable Minor Athlete Abuse Prevention Policy, please click here.

#### Gmail - Safe Sport Newsletter: August 2020

Tip: MAAPP must be reviewed and agreed upon by all athletes, parents, coaches and other nonathlete members every year. Since many of us are starting our seasons up again, this is the perfect time to review and approve this policy.



## **Coaching Boys Into Men & Athletes** as Leaders

We are excited to have officially launched our partnership with FUTURES to promote Coaching Boys Into Men (CBIM) and Athletes as Leaders (AAL). To read more about these programs, and to access the learning cards, please visit the link below.

# **READ MORE**



#### • 12 LEARNING SESSIONS

• AIMS TO TEACH MALE ATHLETES AGES 12 AND OLDER RESPECT FOR THEMSELVES AND OTHERS

• HELPS BUILD HEALTHY RELATIONSHIPS AND STOPS VIOLENCE BEFORE IT STARTS

• THEMES INCLUDE PERSONAL RESPONSIBILITY, RESPECTFUL BEHAVIOR AND RELATIONSHIP ABUSE

# SAFE SPORT

- 10 LEARNING SESSIONS
- END SEXUAL VIOLENCE
- ENCOURAGE LEADERSHIP
- CHALLENGE GENDER STEREOTYPES

# **CBIM Overview**

#### Athletes As Leaders • AIM TO EMPOWER WOMEN ATHLETES AGES 12 AND OLDER • PROMOTE HEALTHY RELATIONSHIPS AND

## **AAL Overview**

To watch a short video on this program please watch the video below.

# WATCH





#### **Bi-Weekly Emails**

Starting August 31, 2020, we will be sending bi-weekly emails to our Safe Sport Chairs with brief descriptions on the next lesson plans for both CBIM & AAL. Please make sure to forward this information to your LSC clubs to help them implement these two great programs!

### Safe Sport Activity Books

The two Safe Sport activity books are still available! This is a great opportunity to have multiple age groups (5-11 years old and 12-18 years old) understand the importance of Safe Sport.

- 5-11 year old activity book
- 12-18 year old activity book

Hard copy books are available to purchase at the link below!



#### **Free Resources**

#### **Club Portal Access**

Look at these easy to follow steps to give an additional user club portal access to complete the Safe Sport Club Recognition application!

#### Safe Sport Tip Sheet

This free resource is for clubs who have become Safe Sport Club Recognized. This document includes a sample email, social media posts, and a press release which your club can use to spread the word about its amazing accomplishment. Take a look by clicking here!

Special shout out to the Brentwood SeaWolves for reaching out to their local media and having an article written about becoming a Safe Sport Recognized club! Read the article here.

#### Safe Sport Club Recognized FAQ

We have updated our Safe Sport Club Recognition FAQ sheet! To view the updated PDF, please click

# here.

#### Meet 360

This informational resource guide is intended to assist meet administrators in creating a healthy and positive environment free from abuse for athletes.

#### **Training Opportunities**

Safe Sport trainings are held monthly, September 2020 trainings are:

#### Parent:

Wednesday, September 9 at 8 p.m. EST

Athlete (ages 12-18):

• Thursday, September 10 at 8 p.m. EST

#### Coach:

Friday, September 11 at 8 p.m. EST

If you cannot attend these trainings, athletes and parents can independently complete trainings using the USA Swimming LEARN platform. Click the link below for more info on Safe Sport trainings!

## SEPTEMBER TRAININGS

### Reminders

Keep Us in the Loop

 We want to know what your LSC & teams are doing – send us a picture at safesport@usaswimming.org with a brief description to be featured online or in our next newsletter!

Materials

 Safe Sport materials can be bought here, with proceeds going to support the U.S. National Team!

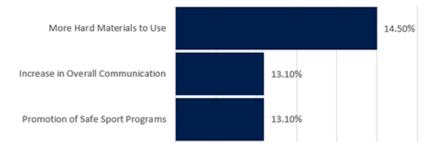
#### Athlete Protection Training

 USA Swimming recognizes the required training course may not be appropriate for some adult athlete members with cognitive disabilities. For any such adult athlete member, please reference this information for exemptions and accommodations.

Additionally, completing this training may be triggering or re-traumatizing for victims/survivors. Exemptions for this requirement may be made on a case-by-case basis. Requests may be made to USA Swimming at learn@usaswimming.org.

USA Swimming Insider

 Don't forget to follow @USASwimInsider on Twitter to follow along with training and other resources from USA Swimming.



# What do you want to see from Safe Sport this year?

# **Question of the Quarter**

We asked all Safe Sport Chairs what they would like to see from Safe Sport in the next year, above were the top three answers:

Next Quarter's Question:

- · Does your team or LSC use social media?
  - Yes, often
  - Yes, but not often
  - No, but we would like to
  - No

Click the button below to submit your response!





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