



Potomac Valley Swimming Update – Friday, February 12, 2021

USA Swimming has announced an 18&U Virtual Spring Championship running from March 2-28. This is very much like the 18&U Winter Championship run in December with all qualifying results from that time period being eligible. The qualifying times are the same as the meet in December. The major differences are: (a) there will be no individual awards, and (b) there will be two lists, one for SCY and one for LCM. Information is on the [USA Swimming website](#).

The USA Swimming Board has voted to delay their previously approved changes to the Flex Membership program until the 2023 registration year (beginning Sept. 2022). That means the current Flex Membership program will stay in effect until then.

USA will announce next week an automatic extension to some of the coaches' certification requirements. Namely, those certifications that require in person training/testing will be extended until this summer.

The USA Swimming 2021 Rulebook is available on the [USA Swimming website](#). The rulebook **WILL NOT** be mailed to all registered officials this year. If you wish to purchase a paper copy, you can do so at [SwimOutlet.com](#).

USA Swimming always makes its rulebook available to view/download from its website. I encourage all coaches, athletes, parents, and volunteers to join our officials in becoming familiar with the rules of USA Swimming by downloading and reading through the rulebook. For those interested in the history and evolution of USA Swimming rules, all the USA-S rulebooks back to 1981 are available on the [USA Swimming Website](#).

Stay safe! Stay healthy! Socially Distance! Wash your hands frequently! And, wear your mask!

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Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, innovation and leadership.