



# FXFX Pirate Pacer

April 18-19, 2026

Sanction # PVI-26-96



<b>MEET DIRECTOR</b>	<b>MEET REFEREE</b>	<b>CLUB OFFICIALS CHAIR</b>
Matt Salerno <a href="mailto:fairfaxfoxes@gmail.com">fairfaxfoxes@gmail.com</a>	Tim Husson <a href="mailto:tim.husson@gmail.com">tim.husson@gmail.com</a>	Tricia Feinberg <a href="mailto:tafeinberg@gmail.com">tafeinberg@gmail.com</a> <a href="#">Officials SignUp</a>

<b>SANCTION</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming through Potomac Valley Swimming: <b>PVI-26-96</b></li> <li>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Fairfax Foxes Swimming, and George Mason University shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>															
<b>FACILITY</b>	<p style="text-align: center;"><b>George Mason University – Aquatic and Fitness Center</b> 4520 Patriot Circle Fairfax, VA 22030 (703) 993-3939</p> <ul style="list-style-type: none"> <li>The pool at George Mason University is a 50m x 25yd pool with two moveable bulkheads.</li> <li>Competition will be held in 10 lanes, 25 yards, running from wall to wall.</li> <li>Water depth ranges from 7’ – 13.5’ at the starting and turning ends.</li> <li>Continuous warm-up/cool-down will be available.</li> <li>The meet hosts will ensure the required course dimensions.</li> </ul>															
<b>ENTRY DEADLINE</b>	<p style="text-align: center;"><b>Monday, April 6, 2026 at 11:00PM</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>															
<b>SCHEDULE</b>	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 60%;"></th> <th style="width: 20%; text-align: center;">Warm Ups</th> <th style="width: 20%; text-align: center;">Events</th> </tr> </thead> <tbody> <tr> <td colspan="3" style="text-align: center;"><b>Saturday, April 18 and Sunday, April 19, 2026</b></td> </tr> <tr> <td style="text-align: center;">10 &amp; Under Timed Finals</td> <td style="text-align: center;">7:00am – 7:40am</td> <td style="text-align: center;">7:45am</td> </tr> <tr> <td style="text-align: center;">11-12 Timed Finals</td> <td style="text-align: center;">11:00am – 11:50am</td> <td style="text-align: center;">11:55am</td> </tr> <tr> <td style="text-align: center;">13 and Over Timed Finals</td> <td style="text-align: center;">3:05pm – 3:55pm</td> <td style="text-align: center;">4:00pm</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>Meet Director reserves the right to adjust times/sessions after entries are received.</li> </ul>		Warm Ups	Events	<b>Saturday, April 18 and Sunday, April 19, 2026</b>			10 & Under Timed Finals	7:00am – 7:40am	7:45am	11-12 Timed Finals	11:00am – 11:50am	11:55am	13 and Over Timed Finals	3:05pm – 3:55pm	4:00pm
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<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>Open to USA Swimming registered swimmers from invited teams. Teams wishing to receive an invitation should contact the meet director.</li> <li>No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules &amp; Regulations</i> Article 302.</li> <li>Entries will be processed in the order they are received. The meet will operate with a cap of 900 swimmers.</li> </ul>
<b>SWIMMERS WITH A DISABILITY</b>	<ul style="list-style-type: none"> <li>PVS and host clubs along with their Meet Directors are committed to the <a href="#">Inclusion Policy</a> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance written notice of desired accommodations/modifications to the Meet Director and Meet Referee. The athlete (or athlete’s coach) is also responsible for notifying the session Referee of any requested accommodations or modifications prior to competition.</li> <li><a href="#">NECESSARY ACCOMMODATIONS FORM</a></li> </ul>
<b>TIMING SYSTEM</b>	<ul style="list-style-type: none"> <li>Automatic timing (touchpads primary) will be used.</li> </ul>

<b>RULES</b>	<ul style="list-style-type: none"> <li>• Current USA Swimming rules shall govern this meet.</li> <li>• All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> <li>• No on-deck USA Swimming registration is permitted.</li> <li>• In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warmup, competition and cool down periods.</li> <li>• Deck changes are prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• The meet host will ensure required course dimensions.</li> <li>• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>• Athletes shall compete at the age attained on the first day of the meet.</li> <li>• Dive-over starts will be used.</li> <li>• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ul>
<b>EVENT RULES</b>	<ul style="list-style-type: none"> <li>• All athletes may enter a maximum of three (3) individual events on Saturday, April 18 and Sunday, April 19. Swimmers may swim in one relay each day in addition to their individual events.</li> <li>• All events are timed finals.</li> <li>• A team may enter up to 3 relays per event.</li> <li>• Deck entries will be accepted in empty lanes only. No new heats will be created.</li> </ul>
<b>POSITIVE CHECK IN</b>	<ul style="list-style-type: none"> <li>• All 500-yard freestyle events will be positive check in. The positive check-in for the 500 freestyle events will close 60 minutes after the start of the first event.</li> </ul>
<b>WARM-UP</b>	<ul style="list-style-type: none"> <li>• The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.</li> <li>• Six (6) lanes of continuous warm up will be available.</li> </ul>
<b>MEDICAL ASSISTANCE</b>	<ul style="list-style-type: none"> <li>• Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.</li> </ul>
<b>SUPERVISION</b>	<ul style="list-style-type: none"> <li>• Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.</li> <li>• Spectators are not allowed on the pool deck; swimmers may not bring personal chairs on the pool deck; coaches may bring a personal chair on the pool deck.</li> </ul>
<b>SEEDING</b>	<ul style="list-style-type: none"> <li>• Standard seeding will be used.</li> <li>• Positive check-in will be used for all 500-yard freestyle events.</li> <li>• The meet director may designate additional events as positive check-in after entries have been received.</li> <li>• Positive check-in procedures and deadlines will be communicated to all teams.</li> </ul>
<b>SCORING</b>	<ul style="list-style-type: none"> <li>• Individual: <b>Places 1-10:</b> 25, 22, 20, 18, 17, 16, 15, 14, 13, 12 <b>Places 11-20:</b> 11, 9, 8, 7, 6, 5, 4, 3, 2, 1</li> <li>• Relays: <b>Places 1-10:</b> 25, 22, 20, 18, 17, 16, 15, 14, 13, 12</li> </ul>
<b>AWARDS</b>	<ul style="list-style-type: none"> <li>• All swimmers will receive a Pirate Pacer bag tag.</li> </ul>

	<ul style="list-style-type: none"> <li>All swimmers that place in the top 10 will receive a commemorative medal.</li> <li>The 10 &amp; Under, 11-12, and 13 &amp; Over age groups will be scored separately. The winning team for each age group will be announced on Sunday and will receive a Pirate Pacer Pizza Party.</li> </ul>
<b>PROGRAMS</b>	<ul style="list-style-type: none"> <li>Meet programs will not be sold. The meet will be available on Meet Mobile, emailed to participating clubs, and posted online.</li> </ul>
<b>CREDENTIALS</b>	<ul style="list-style-type: none"> <li>Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should always have proof of active USA Swimming membership with them.</li> </ul>
<b>PUBLICATION OF RESULTS</b>	<ul style="list-style-type: none"> <li>By entering this meet, participants (and their parents or guardians, if applicable) acknowledge and consent to the posting of official meet results on the Potomac Valley Swimming (PVS) website. Athlete birthdates will not be included in any posted results. Meet results may be accessed by third-party organizations or applications that use publicly available swimming data for purposes such as rankings, recruitment, or goal tracking.</li> </ul>
<b>OFFICIALS</b>	<ul style="list-style-type: none"> <li>Officials interested in volunteering should complete the <a href="#">Officials SignUp</a> or contact the Meet Referee, Tim Husson (<a href="mailto:tim.husson@gmail.com">tim.husson@gmail.com</a>).</li> <li>Officials volunteering for this meet should report to the meet referee upon arrival. A comprehensive officials briefing will take place before each session.</li> </ul>
<b>TIMERS</b>	<ul style="list-style-type: none"> <li>Two timers per lane.</li> <li>Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. All swimmers racing in the 500 freestyle (events 43, 44, 57, 58, 71 and 72) are required to bring their own timer and counter (if desired).</li> <li>A Sign-Up Genius will be provided two weeks prior to the meet.</li> </ul>
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>Entries should be submitted by email to <a href="mailto:fairfaxfoxes@gmail.com">fairfaxfoxes@gmail.com</a></li> <li>Include in the subject of the email, "FXFX Pirate Pacer 2026 - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files, include the training site in the subject of the email.</li> <li>Include in the entry email: entry file, report of entries by name, report of entries by event.</li> <li>In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).</li> <li>Entries directly from individual team members will not be accepted.</li> <li>Entries by phone or fax will not be accepted.</li> <li>The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director (<a href="mailto:fairfaxfoxes@gmail.com">fairfaxfoxes@gmail.com</a>).</li> <li>Entries will be processed in the order they are received until the meet has reached capacity.</li> <li>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.</li> </ul>
<b>ENTRY FEES</b>	<p><b>Per Swimmer Surcharge:</b> \$12.00    <b>Individual Event Fee:</b> \$12.00    <b>Relay Event Fee:</b> \$8.00</p> <p><b>Deck entries:</b> \$20.00 per event (cash on site + \$12 swimmer surcharge)</p> <ul style="list-style-type: none"> <li>Make checks payable to Fairfax Foxes Swimming. Checks may be mailed to: <ul style="list-style-type: none"> <li>Fairfax Foxes Swimming</li> <li>4144 Orchard Drive</li> <li>Fairfax, VA 22032</li> </ul> </li> <li>Each club is requested to remit one check to cover the entry fees for the entire team.</li> <li>Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office</li> </ul>

at the conclusion of the meet.

## FXFX Pirate Pacer Saturday, April 18, 2026

### Session 1 – 10 & Under Timed Finals

Warm-up at 7:00am / Events at 7:45am

Event # Girls	EVENT	EVENT # Boys
1	10 & Under 100 IM	2
3	10 & Under 50 Free	4
5	10 & Under 100 Breast	6
7	10 & Under 100 Back	8
9	10 & Under 50 Fly	10
11	10 & Under 200 Free	12
1313	10 & Under 200 10 and Under 200 Medley Relay	1414

### Session 2 – 11 - 12 Timed Finals

Warm-up at 11:00am / Events at 11:55am

Event # Girls	EVENT	EVENT # Boys
15	11-12 100 IM	16
17	11-12 50 Free	18
19	11-12 100 Breast	20
21	11-12 100 Back	22
23	11-12 50 Fly	24
25	11-12 200 Free	26
27	11-12 200 Medley Relay	28

### Session 3 – 13 & Over Timed Finals

Warm-up at 3:05pm / Events at 4:00pm

Event # Girls	EVENT	Event # Boys
29	13 & Over 100 IM	30
31	13 & Over 50 Free	32
33	13 & Over 100 Breast	34
35	13 & Over 100 Back	36
37	13 & Over 50 Fly	38
39	13 & Over 200 Free	40
41	13 & Over 200 Med Relay	42
43	13 & Over 500 Free*	44
<i>* Provide own timer and counter</i>		



# FFFX Pirate Pacer

## Sunday, April 19, 2026

### Session 4 – 10 & Under Timed Finals

Warm-up at 7:00am / Events at 7:45am

Event # Girls	EVENT	Event # Boys
45	10 & Under 100 Fly	46
47	10 & Under 100 Free	48
49	10 & Under 50 Back	50
51	10 & Under 50 Breast	52
53	10 & Under 200 IM	54
55	10 & U 200 Free Relay	56
57	10 & Under 500 Free*	58
<i>* Provide own timer and counter</i>		

### Session 5 – 11 - 12 Timed Finals

Warm-up at 11:00am / Events at 11:55am

Event # Girls	EVENT	Event # Boys
59	11-12 100 Fly	60
61	11-12 100 Free	62
63	11-12 50 Back	64
65	11-12 50 Breast	66
67	11-12 200 IM	68
69	11-12 200 Free Relay	70
71	11-12 500 Freestyle*	72
<i>* Provide own timer and counter</i>		

### Session 6 – 13 & Over Timed Finals

Warm-up at 3:05pm / Events at 4:00pm

Event # Girls	EVENT	Event # Boys
73	13 & Over 400 IM	74
75	13 & Over 100 Free	76
77	13 & Over 100 Fly	78
79	13 & Over 50 Back	80
81	13 & Over 50 Breast	82
83	13 & Over 200 IM	84
85	13 & Over 200 Free Relay	86