December 11-14, 2025 Sponsored by Rockville Montgomery Swim Club Sanctioned by USA Swimming through Potomac Valley Swimming Sanction # PVI-26-45

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Germantown Indoor Swim Center, Rockville Montgomery Swim Club, and Montgomery County Recreation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Director: Christa Krukiel christa.krukiel@montgomerycountymd.gov

Meet Referee:Ellen Colketecpenny@msn.comAdmin Referee:Barbara Shipbarb@ships3.com

Location: Germantown Indoor Swim Center, 18000 Central Park Circle, Boyds, MD 20841

- The competition pool at Germantown Indoor Swim center is a 10 lane, 25-yard pool, with non-turbulent lane lines and continuous flow-through gutters. 10 lanes will be used for competition.
- Water depth varies at the start end from 17' in lane 1 to 6'9" in lane 10 and at the turn end from 13' in lane 1 to 6'9" in lane 10.
- Separate 7 lane, 25-yard pool will be available for continuous warm up/cool down. Diving is not permitted in this pool.
- The meet hosts shall ensure the required course dimensions.
- Colorado Time Systems electronic timing, touch pads, horn start, and a 10-lane scoreboard will be used.
- Automatic timing (touchpads primary) will be used.

Event Schedule:

Thursday, December 11	Distance Events and 800 Free Relays		
	Warm-up 4:30 to 5:15 PM Events 5:20 PI	VI	
December 12, 13, 14	13-14/Open Preliminary Sessions		
	The facility will open 30 minutes before the st	art of warmups.	
	Warm-up: 6:45 to 8:15 AM Events 8:20 Al	М	
December 12, 13, 14	11-12/10 & Under Preliminary Sessions		
	Warm-up 12:30 to 1:30 PM Events 1:35 PI	VI	
December 12, 13, 14	Finals Sessions - Competition Pool Warm-Up		
	(Only for athletes swimming in finals each nig	ht)	
	13 & Over 4:15 to 5:00 PM		
	12 & Under 5:00 to 5:25 PM Events 5:30 Pf	M	

The competition pool will close immediately after the conclusion of the final event of every session.

The warm-up/cool-down pool (REC Pool) will remain open for 20 minutes after the conclusion of every session.

The Meet Director reserves the right to adjust the meet warm-up/session start times based upon the number of entries received as well as splitting any session into two sessions depending on athlete numbers.

Teams will be notified of any changes at least one week in advance.

Eligibility: This meet is open to invited Potomac Valley Swimming Athletes and invited USA Swimming Athletes that meet the event qualifying times or bonus event eligibility requirements. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in *USA Swimming Rules and Regulations*, Article 302. Interested clubs/teams please contact the meet director for an invitation.

Swimmers will compete at the age attained on the first day of the meet. It may be necessary to limit entries due to time constraints.

Swimmers with a Disability: PVS and host clubs along with their Meet Directors are committed to the <u>Inclusion Policy</u> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance written notice of desired accommodations/modifications to the Meet Director and Meet Referee. The athlete (or athlete's coach) is also responsible for notifying the session Referee in writing of any desired accommodation/modifications prior to competition.

NECESSARY ACCOMMODATIONS FORM

Officials: Certified officials wishing to volunteer please sign up on the following <u>link</u> no later than Wednesday, November 26, 2025. Please include your club affiliation, certifications held, and sessions you wish to work. Those officials who learn of their availability after that date are encouraged to contact Ellen Colket (<u>ecpenny@msn.com</u>) as soon as possible. A comprehensive officials' briefing will precede each session during warm-up.

Rules:

- Current USA Swimming rules shall govern this meet.
- All applicable adults participating in or associated with this meet acknowledge that they are subject to the
 provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they
 understand that compliance with the MAAPP policy is a condition of participation in the conduct of this
 competition.
- No on-deck USA Swimming registration is permitted.
- In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
- Deck changes are prohibited.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.
- Dive-over starts will be used in preliminary sessions and timed finals.
- The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 &U sessions in Rule 205.3.1F.

Event Rules:

- The entry qualifying period is 10/1/2023 thru the entry deadline.
- Entry Times: Short course yard times are conforming for this meet. Long course meter times will be seeded after SCY times, followed by bonus entries. Do not convert times before entering them. Long course times must be designated with an "L".
- Swimmers may participate in only his or her own age group events or in open events which are open to all ages.
- Athletes 12 & under may only participate in one (1) preliminary session per day.
- Swimmers must have equaled or bettered the applicable qualifying times listed.

- Swimmers may enter a maximum of six (6) individual events and no more than three (3) individual events per day.
- It may be necessary to limit entries in certain events due to time constraints. Athletes removed will have the option to add a different event, if they meet the qualifying time or bonus event limits.
- Swimmers must provide their own timer for the Thursday distance session, Friday 400 IM, Saturday 500 Free and the 1000 Free at Sunday morning prelims session.
- Coaches must provide timers for Thursday 800 Free Relays.
- Swimmers must provide their own lap counter (if desired) for all distance events (500/1000/1650 Free).

Individual Events:

- Entries with "NT" (No Time), will not be accepted.
- All entries must have provable times in the SWIMS database within the qualifying period.
- All entry times requiring verification must be verified before 5:00 PM on Thursday (first day of meet) or they will be removed from the meet.
- All events are prelim and finals except for relays, the 1000 freestyle (13-14 & Open), 1650 freestyle (13-14 & Open), and the 11-12 500 freestyle which will be timed finals.
- All 10&U and 11-12 individual events will have one (1) heat in the final's sessions, except as noted above.
- All 13-14 and Open individual events will have a "B" final and an "A" final heat. The "B" final will be swum first
- 13-14 and Open distance events will be swum combined; age groups will be awarded separately.
- 1000, 1650, and 12 & Under 500 freestyles will be swum fastest to slowest, alternating girls and boys.
- The fastest heat of the combined (13-14 & Open) men's 1000 freestyle and the fastest heat of combined (13-14 & Open) women's 1000 freestyle will swim as the first event in finals on the final day of the meet. All other men's and women's 1000s will be swum at the conclusion of the preliminary session. *Positive check in for the Sunday 1000 free will close 30 minutes after finals start on Saturday night.*
- All swim-offs will be performed before the conclusion of the preliminary session in which they occur, as noted in *USA Swimming Rules and Regulations* 102.5.2.
- 1000 free and 1650 free entries may be limited due to time constraints. If these events become oversubscribed, entries may be limited based on fastest entries received by the entry deadline. Clubs will be notified if their swimmer has been removed from the event, and any swimmer removed from 1000/1650 free due to these limitations will be allowed to select any bonus event to enter in its place.

Individual Bonus Events:

- Swimmers achieving 1 or 2 qualifying times will be permitted to enter two (2) bonus events.
- Swimmers achieving 3, 4 or 5 qualifying times will be permitted to enter one (1) bonus event.
- Swimmers achieving 6 qualifying times are not permitted to enter bonus events.
- There are no time standards for bonus events; however, swimmers must have a provable seed time that falls within the meet qualifying period.
- Bonus entries with "NT" (No Time), will not be accepted.
- Make sure to check the bonus event box for all bonus swims when submitting entries.
- Bonus entries are seeded last.
- Bonus swims in events 400 yards or longer will only be accepted up to the next full heat of each event. In
 the case that bonus entries exceed the number of lanes available; entries will be taken according to the
 fastest seed times entered. The coaches of those swimmers who are removed from the bonus event will
 be contacted and an alternate bonus event can be chosen.

Relay Events:

- There is a limit of three (3) relay entries per club, per event.
- Relay entries with "no time" (NT) will not be accepted.
- Verification of entry time must be provided for all relay entries with the entry; composite times are acceptable.

- All relay entry times requiring verification must be verified before 4:00 PM on Thursday (first day of the meet) or they will be removed from the meet.
- The Meet Administrative Referee or Meet Manager reserves the right to combine relay events by gender or age when necessary.
- All 200-yard relays will be pre-seeded and swum during the preliminary session.
- All 11-12 400-yard relays will be pre-seeded and swum during the preliminary session.
- 13-14 & Open relays 400 yards and longer require positive check-in. The Meet Director/Referee reserves the right to waive positive check-in depending on entries received.
- All 13-14 & Open 400 relays will be swum fastest to slowest.
- All 13-14 & Open 400 Free relays (Sunday) will be swum during the preliminary session, prior to the distance events.
- Only the fastest heat of the 13-14 and Open 400 medley relays will be swum during the final's session. All other heats will be swum at the conclusion of Saturday's preliminary session.
- 13-14 & Open 800 free relays will be swum at the end of the session on Thursday night. Relays will be swum fastest to slowest.
- If time permits, there may be a short break before or after some or all relay events. Competition pool will NOT be open during this time for warm-ups.
- Coaches will be provided with relay slips at the meet.

Relay Bonus Events: If an invited club does not meet the qualifying standard in a relay event, they may enter one (1) relay in that event. **Enter the relay at the qualifying standard**. Please designate the entry as a bonus event in the body of your entry email.

Positive Check-in Policy – Positive check in is required for all individual events 400 yards and longer. The Meet Director/Referee reserves the right to waive positive check-in depending on entries received.

For those events requiring positive check-in, team coaches shall designate their swimmer's intention to swim the event on the forms provided at the scratch table. Athletes who have not been checked-in prior to the specified time will not be seeded into the event.

Athletes who have checked-in, have been seeded, and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Referee. Meet Director/Referee reserves the right to positive check-in some or all events besides those listed here to manage the timeline of the sessions.

PVS "Scratch" Policy:

- PVS scratch rules apply for swimmers scratching from finals.
- If you do not wish to swim in the Final, you may "scratch" from the event by following this procedure:
 - You must fill out and sign a PVS Finals Scratch Slip within 30 minutes of the announcement of qualifiers for A and B finals (or C finals, if scheduled).
 - You may declare "intent to scratch". You must fill out and sign a PVS Finals Scratch Slip within 30 minutes of the announcement of qualifiers, marking the appropriate space for "intent". If you declare an "intent to scratch" and do not wish to swim finals, you must confirm your scratch on the PVS Finals Scratch Slip within 30 minutes after the conclusion of your last preliminary event of the day or you will be automatically seeded into the event.
- If an athlete fails to properly scratch from an event and does not appear for the "Final" event, they shall be barred from further competition of the remainder for the meet.

Warm-Up Procedures: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. Continuous warm-up and warm-down will be available throughout the meet. The Meet Director will determine the structure of the warm-up, including times and lane assignments.

Supervision: Coaches are responsible for the conduct of their swimmers and cleaning up the team area around your swimmers. **No personal chairs allowed for swimmers in the facility.**

Credentials: Parents not working the meet as a deck officials or volunteer timer/runner are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should always have proof of active USA Swimming membership with them.

Publications of Results: By entering this meet, participants (and their parents or guardians, if applicable) acknowledge and consent to the posting of official meet results on the Potomac Valley Swimming (PVS) website. Athlete birthdates will not be included in any posted results. Meet results may be accessed by third-party organizations or applications that use publicly available swimming data for purposes such as rankings, recruitment, or goal tracking.

Medical Assistance: Medical assistance will be provided by the swim center staff. If you require medical assistance, please notify a facility lifeguard, or a member of the meet staff.

Volunteers/Timers: This is a large event, and volunteers are needed. Teams will be assigned timers in proportion to their entries. For the meet to begin on time, all timers' positions MUST be filled prior to the start of the session. Otherwise, the meet will be delayed, and the spectator viewing will not be open. A volunteer sign-up link will be posted on the RMSC meet page (see below) for parents to sign up to help at the meet. **Participating club coaches will be responsible for making sure all assigned volunteer positions have been filled.**

Spectators: The spectator viewing areas will be closed until all volunteer positions are filled for each session. **No personal spectator chairs allowed in the facility.**

Riley Eaton Holiday Invitational Meet Page: Meet session changes, heat sheets (for events pre-seeded), live stream link, volunteer link, and post meet results will be available here. If time permits, finals heat sheets will be posted here as well. Riley Eaton Holiday Invitational - Meet Page

Photography: No flash photography is allowed during the start of the races. No team or parent photographers will be permitted on the deck.

Parking: Parking will be available at the Germantown Indoor Swim Center for officials and coaches while spaces remain. Parking for everyone else is available in the designated lots surrounding the swim center. Handicap vehicles will be permitted to park in the swim center lots. Bus parking will be available in designated lots. Parking in the SoccerPlex may be limited due to other events. Parking in the Tennis Center lot is prohibited. All vehicles must be in appropriately marked parking spaces. Violators will be ticketed and/or towed.

Directions: Exit I-270 at Rt 118 (Germantown Road), drive 3.2 miles southwest and turn right at Richter Farm Rd. Drive .6 miles and turn left on Schaeffer Rd. Enter the circle and take 1st right on Central Park Circle.

Individual Awards:

12 & under Awards:

Individual Events: 1st-3rd place medals; 4th-10th place ribbons.

Relay Events: 1st-3rd place medals.

13 & Over Awards:

Friday night "IM Award" – highest power point score for the 400 IM, one girl and one boy regardless of age group Saturday night "Fastest in the Pool Award" – fastest 50 free, one girl and one boy regardless of age group Sunday night "Distance Award" –highest power point score for any distance event 500 yards and over (includes Thursday distance events), one girl and one boy regardless of age group.

Hospitality: There will be hospitality available in the wet classroom off the competition pool deck. Officials and coaches will need to bring a reusable water bottle to fill from the provided water coolers.

Concessions: None

Entry Procedures:

- 1) Team entry files must be emailed to christa.krukiel@montgomerycountymd.gov
- 2) Email subject line should be labeled "Riley Eaton Holiday Invitational team name"
- 3) Entries must arrive by the due date and time. No Deck or Late entries will be accepted for this meet.
- 4) The meet director will not accept phone or fax entries or entries from individual team members.
- 5) Make sure to check the bonus event box for all bonus swims when submitting entries.
- 6) Entry email must Include your entry file and a report by name <u>with proof of time</u>. PDF is the preferred file format.
- 7) In the body of your e-mail provide please include contact information (club name, e-mail, phone, officials contact).
- 8) The Meet Director will acknowledge receipt by return e-mail within 48 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.
- 9) Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 by PVS and no further entries will be accepted from the club until the said fine is paid.
- 10) Entries that are incomplete, submitted on incorrect forms, or lacking the phone number of a responsible club official will not be accepted.
- 11) There is a \$50 surcharge for processing manual entries. Please contact the Meet Director for details.

** Important ** - Coaches must submit a cell phone number that they will answer in between prelims and finals, in case a swimmer scratches into the finals and needs to be notified. Cell phone number should be submitted with the entry email. We will also try and provide text message accessibility in the weeks leading up to the meet.

Entry Information:

- No late or deck entries will be accepted.
- Entry Fees: \$10.00 per individual event; \$10.00 per relay
- Entry Deadline: The entry deadline is 8:00 PM, Tuesday, December 2, 2025
- Entry checks payable to <u>ActiveMontgomery</u>
- Each club is requested to remit one check (no cash) to cover the entry fee for the entire team.
- Payment of entry fees are due with meet entries. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.
- Payment for entries from unattached swimmers not affiliated with a team must be received prior to the start of the meet. If the Meet Director has not received payment by the entry deadline, or other arrangements have not been made in advance, then your swimmers will be removed from the meet.
- Send Payments To: Christa Krukiel

Germantown Indoor Swim Center

18000 Central Park Circle, Boyds, Maryland 20841

Contact number, *Coaches only*, on or after Monday, December 8: (301) 742-4996

Swim Center Rules and Conduct: At the request of Montgomery County Recreation, swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.
- No personal spectator or athlete chairs allowed.

December 11 - 14, 2025

Preliminaries Order of Events

Thursday

Warm-up 4:30 to 5:15 PM; Event Starts 5:20 PM

Girls	No Slower Than	No Slower Than		No Slower Than	No Slower Than	Boys
Event #	SCY	LCM		SCY	LCM	Event
						#
1	19:19.99	19:39.99	*13-14 1650 Free	18:29.99	18:49.99	2
1	18:39.99	18:59.99	*Open 1650 Free	16:59.99	17:19.99	2
3	6:02.99	5:25.99	^12&U 500 Free	6:00.99	5:23.99	4
5	8:34.99		^13-14 800 Free Relay	8:09.99		6
7	8:09.99		^Open 800 Free Relay	7:23.99		8

^{*}Positive check-in for the 1650 Free closes at 4:50 PM.

All Thursday events are swum fastest to slowest, alternating girls and boys.

The 1650 events will be swum combined age groups.

^ All 800 Freestyle relays must check-in no later than 30 minutes after the session starts. Swimmers must provide their own timer and counter (if desired) for the 1650 and 500 Free. Coaches must provide timers for the 800 Free Relays.

Friday
The facility opens 30 minutes prior to the start of warm-ups.
Warm Up 6:45-8:15 AM; Events start 8:20 AM

Girls	No Slower Than	No Slower Than		No Slower Than	No Slower Than	Boys
Event #	SCY	LCM		SCY	LCM	Event
						#
9	2:09.99		13-14 200 Medley	2:00.99		10
9	2:09.99		Relay	2:00.99		10
11	2:00.99		Open 200 Medley	1:49.99		12
11	2.00.33		Relay	1.45.55	<u></u>	12
19	1:16.69	1:22.99	13-14 100 Breast	1:12.49	1:18.49	20
21	1:12.49	1:19.49	Open 100 Breast	1:03.99	1:10.99	22
27	2:05.99	2:20.99	13-14 200 Free	1:59.99	2:14.99	28
29	1:59.99	2:14.99	Open 200 Free	1:48.69	2:03.69	30
35	1:06.59	1:13.09	#13-14 50 Back	1:04.79	1:11.29	36
37	1:03.49	1:09.99	#Open 50 Back	57.59	1:04.09	38
39	1:06.19	1:12.69	13-14 100 Fly	1:03.99	1:10.49	40
41	1:01.09	1:07.59	Open 100 Fly	55.99	1:01.49	42
47	4:59.99	5:34.99	*13-14 400 IM	4:49.99	5:24.99	48
49	4:42.99	5:17.99	*Open 400 IM	4:22.09	4:57.09	50

^{*400} IM must check-in no later than 30 minutes after the session starts.

For 50 Backstroke the 100 Backstroke QT will be used to qualify.

[^]Positive check-in for the 500 Free closes at the start of the 12U 500 Free warmup session.

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Friday

Warm Up 12:30-1:30 PM; Events start 1:35 PM

Girls	No Slower Than	No Slower Than	•	No Slower Than	No Slower Than	Boys
Event #	SCY	LCM		SCY	LCM	Event
						#
13	2:14.99		11-12 200 Medley Relay	2:14.99		14
15	2:36.99		10&U 200 Medley Relay	2:36.99		16
17	2:38.99	2:53.99	12&U 200 Back	2:38.99	2:53.99	18
23	43.39	46.89	10&U 50 Breast	43.39	46.89	24
25	37.79	41.29	11-12 50 Breast	37.79	41.29	26
31	1:12.99	1:18.99	10&U 100 Free	1:12.99	1:18.99	32
33	1:03.29	1:09.29	11-12 100 Free	1:03.09	1:09.09	34
43	37.99	40.99	10&U 50 Fly	37.99	40.99	44
45	32.19	35.19	11-12 50 Fly	32.19	35.19	46
51	2:59.99	3:17.99	10&U 200 IM	2:59.99	3:17.99	52
53	2:35.49	2:53.49	11-12 200 IM	2:35.29	2:53.29	54

Saturday

The facility opens 30 minutes prior to the start of warm-ups.

Warm Up 6:45-8:15 AM; Events start 8:20 AM

Girls	No Slower Than	No Slower Than		No Slower Than	No Slower Than	Boys
Event #	SCY	LCM		SCY	LCM	Event
						#
55	1:50.99		13-14 200 Free	1:43.99		56
33	1.50.55		Relay	1:43.33		50
57	1:44.99		Open 200 Free	1:33.99		58
57	1:44.33		Relay	1.55.55		50
63	2:44.69	3:01.99	13-14 200 Breast	2:39.09	2:55.99	64
65	2:37.59	2:54.99	Open 200 Breast	2:21.99	2:39.99	66
69	27.19	29.99	13-14 50 Free	25.89	28.39	70
71	25.79	28.59	Open 50 Free	23.29	25.99	72
77	1:06.59	1:13.09	13-14 100 Back	1:04.79	1:11.29	78
79	1:03.49	1:09.99	Open 100 Back	57.59	1:04.09	80
85	1:06.19	1:12.69	13-14 50 Fly	1:03.99	1:10.49	86
87	1:01.09	1:07.59	Open 50 Fly	55.99	1:01.49	88
89	5:29.99	4:57.99	*13-14 500 Free	5:17.99	4:45.99	90
91	5:15.99	4:43.99	*Open 500 Free	4:52.99	4:20.99	92
07	4.21.00		^13-14 400	4.10.00		00
97	4:31.99		Medley Relay	4:19.99		98
00	4.16.00		^Open 400 Medley Relay 3:51.99	3.51.00		100
99	4:16.99				100	

^{* 500} Free check-in closes no later than 30 minutes after the session starts.

 ullet All 400 Medley relays must check-in no later than 30 minutes after the session starts.

For 50 Butterfly the 100 Butterfly QT will be used to qualify.

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Saturday

Warm Up 12:30-1:30 PM; Events start 1:35 PM

Girls	No Slower Than	No Slower Than	-	No Slower Than	No Slower Than	Boys
Event #	SCY	LCM		SCY	LCM	Event
						#
	4 == 00		11-12 200 Free	4.57.00		
59	1:57.99		Relay	1:57.99		60
61	2.12.00		10&U 200 Free	2:13.99		63
61	2:13.99		Relay	2:15.99		62
67	2:49.99	3:06.99	12&U 200 Fly	2:49.99	3:06.99	68
73	1:35.49	1:42.49	10&U 100 Breast	1:35.49	1:42.49	74
75	1:22.49	1:29.49	11-12 100 Breast	1:22.49	1:29.49	76
81	38.99	41.99	10&U 50 Back	38.99	41.99	82
83	33.99	36.99	11-12 50 Back	33.99	36.99	84
93	2:38.99	2:53.99	10&U 200 Free	2:38.99	2:53.99	94
95	2:17.99	2:33.99	11-12 200 Free	2:16.99	2:32.99	96
101	4.50.00	4:58.99 11-12 400 Medley Relay	11-12 400 Medley	4.50.00		102
101	4.56.99		4:58.99 Relay 4:58.99	4.56.99		102

Sunday

The facility opens 30 minutes prior to the start of warm-ups.

Warm Up 6:45-8:15 AM; Events start 8:20 AM

Girls	No Slower Than	No Slower Than		No Slower Than	No Slower Than	Boys
Event #	SCY	LCM		SCY	LCM	Event
						#
105	1:16.69	1:22.99	#13-14 50 Breast	1:12.49	1:18.49	106
107	1:12.49	1:19.49	#Open 50 Breast	1:03.99	1:10.99	108
111	2:21.99	2:37.99	13-14 200 Back	2:17.99	2:32.99	112
113	2:14.99	2:30.99	Open 200 Back	2:02.99	2:18.99	114
119	58.09	1:04.59	13-14 100 Free	54.49	1:00.79	120
121	55.09	1:01.59	Open 100 Free	50.09	56.59	122
127	2:29.99	2:47.99	13-14 200 Fly	2:24.99	2:42.99	128
129	2:17.99	2:35.99	Open 200 Fly	2:03.99	2:21.99	130
135	2:23.69	2:40.69	13-14 200 IM	2:16.99	2:33.99	136
137	2:14.99	2:31.99	Open 200 IM	2:03.49	2:20.49	138
143	3:56.99		*13-14 400 Free	3:40.99		144
143	3.30.33		Relay	3.40.55		177
145	3:44.99		*Open 400 Free	3:23.99		146
143	3.74.33		Relay	3.23.33	_ -	140
103	11:24.99	10:14.99	^13-14 1000 Free	11:09.99	9:59.99	104
103	10:59.99	9:45.99	^Open 1000 Free	9:59.99	8:49.99	104

For 50 Breaststroke the 100 Breaststroke QT will be used to qualify.

^ Positive check in for the Sunday 1000 free will close 30 minutes after the start of finals Saturday night.

The fastest heat of the combined men's and women's 1000 freestyle will swim as the first event in finals. All other women's and men's 1000s will be swum at the conclusion of the preliminary session.

13-14 and Open 1000 free will be swum combined, fastest to slowest, alternating girls and boys.

^{*}All 400 Free relays must check-in no later than 30 minutes after the session starts.

December 11 – 14, 2025

Sunday

Warm Up 12:30-1:30 PM; Events start 1:35 PM

Girls	No Slower Than	No Slower Than		No Slower Than	No Slower Than	Boys
Event #	SCY	LCM		SCY	LCM	Event
						#
109	2:59.99	3:17.99	12&U 200 Breast	2:59.99	3:17.99	110
115	1:25.99	1:32.49	10&U 100 Back	1:25.99	1:32.49	116
117	1:12.99	1:19.49	11-12 100 Back	1:12.99	1:19.49	118
123	32.89	35.79	10&U 50 Free	32.89	35.79	124
125	28.79	31.69	11-12 50 Free	28.79	31.69	126
131	1:33.99	1:40.99	10&U 100 Fly	1:33.99	1:40.99	132
133	1:14.09	1:21.09	11-12 100 Fly	1:14.09	1:21.09	134
139	1:22.79		10&U 100 IM	1:22.79		140
141	1:12.69		11-12 100 IM	1:12.39		142
147	4:17.99		11-12 400 Free Relay	4:16.99		148

Finals Order of Events

December 11 - 14, 2025

13 & Over Warm-Up 4:15 to 5:00 PM 12 & Under Warm-Up 5:00 to 5:25 PM Events start 5:30 PM

Friday

Girls Event #		Boys Event #
17	12&U 200 BACK	18
19	13-14 100 BREAST	20
21	Open 100 BREAST	22
23	10&U 50 BREAST	24
25	11-12 50 BREAST	26
27	13-14 200 FREE	28
29	Open 200 FREE	30
31	10&U 100 FREE	32
33	11-12 100 FREE	34
35	13-14 50 BACK	36
37	Open 50 BACK	38
39	13-14 100 FLY	40
41	Open 100 FLY	42
43	10&U 50 FLY	44
45	11-12 50 FLY	46
47	13-14 400 IM	48
49	Open 400 IM	50
51	10&U 200 IM	52
53	11-12 200 IM	54

December 11 – 14, 2025

13 & Over Warm-Up 4:15 to 5:00 PM 12 & Under Warm-Up 5:00 to 5:25 PM Events start 5:30 PM

Saturday

Girls Event #		Boys Event #
63	13-14 200 BREAST	64
65	Open 200 BREAST	66
67	12&U 200 FLY	68
69	13-14 50 FREE	70
71	Open 50 FREE	72
73	10&U 100 BREAST	74
75	11-12 100 BREAST	76
77	13-14 100 BACK	78
79	Open 100 BACK	80
81	10&U 50 BACK	82
83	11-12 50 BACK	84
85	13-14 50 FLY	86
87	Open 50 FLY	88
89	13-14 500 FREE	90
91	Open 500 FREE	92
93	10&U 200 FREE	94
95	11-12 200 FREE	96
97	13-14 400 Medley Relay	98
99	Open 400 Medley Relay	100

Sunday

Girls Event #		Boys Event #
103	13-14/Open 1000 FREE	104
105	13-14 50 BREAST	106
107	Open 50 BREAST	108
109	12&U 200 BREAST	110
111	13-14 200 BACK	112
113	Open 200 BACK	114
115	10&U 100 BACK	116
117	11-12 100 BACK	118
119	13-14 100 FREE	120
121	Open 100 FREE	122
123	10&U 50 FREE	124
125	11-12 50 FREE	126
127	13-14 200 FLY	128
129	Open 200 FLY	130
131	10&U 100 FLY	132
133	11-12 100 FLY	134
135	13-14 200 IM	136
137	Open 200 IM	138
139	10&U 100 IM	140
141	11-12 100 IM	142