

RMSC November Invitational

Meet Announcement

November 10 - 12, 2023

At Germantown Indoor Swim Center

Sanctioned by USA Swimming through Potomac Valley Swimming

Meet Sanction # PVI-24-25

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Germantown Indoor Swim Center, Rockville Montgomery Swim Club, and Montgomery County Recreation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Director: Christa Krukiel christa.krukiel@montgomerycountymd.gov

Meet Referee: Ellen Colket ecpenny@msn.com

Meet Officials Coordinator: Certified officials and trainees wishing to work should contact Michael Bartholomew at michael.l.bartholomew@gmail.com at least two weeks in advance. Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the Meet Referee upon arrival to make their services available. A comprehensive officials' briefing will precede each session during warm-ups.

Clubs/sites will be responsible for providing timers in proportion to their entries.

Location: Germantown Indoor Swim Center, (240) 777-6830
18000 Central Park Circle, Boyds, MD 20841

- The competition pool at Germantown Indoor Swim center is a 10 lane, 25-yard pool, with non-turbulent lane lines and continuous flow-through gutters. 10 lanes will be used for competition.
- Water depth varies at the start end from 17' in lane 1 to 6'9" in lane 10 and at the turn end from 13' in lane 1 to 6'9" in lane 10.
- Separate 7 lane, 25 yard pool will be available for continuous warm up/cool down. Diving is not permitted in this pool.
- The competition course has been certified in accordance with current *USA Swimming Rules and Regulations*, Article 104.2.2(C). The copy of such certification is on file with USA Swimming.
- Colorado Time Systems Electronic Timing, touch pads, horn start & a 10 lane scoreboard will be used.
- Automatic timing (touchpads primary) will be used.

Meet Schedule:

Friday Distance Session

- 13 & Over Warm-ups: 4:15 – 4:45 PM Event Start: 4:50 PM
- The 12 & Unders will have a 25 minute warm-up immediately following the 13 & Overs.

Saturday & Sunday

- 13 & Over Sessions
 - Warm-ups: 7:00 – 8:00 AM
 - Event Start: 8:05 AM
- 11 – 12 Sessions
 - Warm-ups: 12:30 PM – 1:20 PM
 - Events Start: 1:25 PM
- 10 & Under Sessions
 - Warm-ups: 4:30 – 5:20 PM
 - Events Start: 5:25 PM

The Meet Director reserves the right to adjust meet warm-ups and session start times based upon the number of entries received.

Eligibility: This meet is open to invited Potomac Valley Swimming Athletes of RMSC and the Hydro-sonic Tiburones. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in *USA Swimming Rules and Regulations*, Article 302.

Swimmers will compete at the age attained on the first day of the meet. It may be necessary to limit entries due to the time constraints.

Disability Swimmers: PVS and host clubs along with their Meet Directors are committed to the [Inclusion Policy](#) as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Rules:

- Current USA Swimming rules shall govern this meet.
- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming [Minor Athlete Abuse Prevention Policy](#) ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- No on-deck USA Swimming registration is permitted.
- In compliance with *USA Swimming Rules and Regulations*, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
- Deck changes are prohibited.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Dive-over starts will be used.
- The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 &U sessions in Rule 205.3.1F.

Event Rules:

- A contestant may enter no more than three (3) individual events per day, and no more than five (5) individual events for the meet.
- All events are timed finals.
- Seed times are short course yards.
- Friday distance events (500 Mixed Free) will be swum fastest to slowest.
- The 400 IM will be swim fastest to slowest, alternating girls & boys.
- Swimmers must provide their own timer for the 500 freestyle and 400 IM.
- Swimmers must provide their own counter (if desired) for the 500 freestyle.
- The meet director reserves the right to combine girls and boys events/heats in order to reduce timelines.
- The meet director reserves the right to limit the number of entries in the Friday night session due to time constraints, if necessary, based on fastest entry times. Clubs will be notified one week prior to the meet if an athlete has been removed from their event. If an athlete is removed from an event, they will have the opportunity to enter another event.

Positive Check In: Positive check-in will be required in events 400 yards and longer. Athletes who have not checked in prior to the specified time will not be seeded into the event. However, on a first come first serve basis,

any unassigned lanes in heat 1 may be filled by an athlete who missed positive check. *The athlete and coach must come to the admin table before the event begins.* Additional heats will not be created.

The Meet Director will determine if positive check-in will be necessary for other events to maintain manageable timelines.

Athletes who check into a deck-seeded event (positively checked in), have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the meet referee.

Information regarding check in closing times and the possibility of additional check-in events will be available the week prior to the meet in the form of an email to each participating club.

Warm-Up Procedures: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. Continuous warm-up and warm-down will be available throughout the meet. The Meet Director will determine the structure of the warm-up, including times and lane assignments.

Supervision: Coaches are responsible for the conduct of their swimmers and cleaning up the team area around your swimmers. **No personal chairs allowed for swimmers in the facility.**

Credentials: **Parents not working the meet as a deck officials or volunteer timer/runner are not permitted on deck.** Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should always have proof of active USA Swimming membership with them.

Medical Assistance: Medical assistance will be provided by the swim center staff. If you require medical assistance, please notify a facility lifeguard, or a member of the meet staff.

Volunteers: The meet volunteer link for timers and meet marshals can be found on the meet page. For the meet to begin on time, all timers' positions **MUST** be filled prior to the start of the session. Otherwise, the meet will be delayed, and the spectator viewing will not be open, or it will be closed, and all parents will need to vacate until all positions have been filled.

Spectators: The spectator viewing areas will not be opened until all volunteer positions are filled for each session. **No personal spectator chairs allowed in the facility.**

RMSC November Invitational Meet Page: Meet session changes, heat sheets (for events pre-seeded), live stream link, volunteer link, and post meet results will be available here: [November Invitational - Meet Page](#)

Live Streaming: The meet will be live streamed, assuming all volunteer positions are filled for each session.

Meet Programs: Heat sheets for events pre-seeded will be available on the RMSC meet page.

Awards: None

Concessions: None

Entry Procedures:

- Team entry files must be emailed to christa.krukiel@montgomerycountymd.gov
- Email subject should be labeled "RMSC November Invitational".

- Email entry must include entry report by name.
- In body of email include total number of swimmers and total number of splashes.
- In body of email include contact information (name, phone number, e-mail) of a club.
- Entries directly from individual team members will not be accepted.
- Entries by phone, mail or fax will not be accepted.
- The Meet Director will acknowledge receipt by return e-mail within 24 hours. If acknowledgement is not received within 24 hours, please contact the Meet Director again.
- Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 by PVS and no further entries will be accepted from the club until the said fine is paid.

Entry Information:

- No late or deck entries will be accepted.
- Entry Fees: \$8.00 per individual event.
- **Entry Deadline: Tuesday, October 31, 2023 at 8:00 PM**
- Entry fee check payable to **ActiveMontgomery**
- Each club is requested to remit one check (no cash) to cover the entry fees of the entire team.
- Payment for entries from unattached swimmers not affiliated with a team must be received prior to the start of the meet. Payment may be made by cash or check.
- Entry fees are due with the meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.
- Send payment to:
 - Christa Krukiel
 - Germantown Indoor Swim Center
 - 18000 Central Park Circle
 - Boyd's, Maryland 20841

Swim Center Rules and Conduct

At the request of [Montgomery County Recreation](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.
- No personal spectator or athlete chairs allowed.

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Friday Distance Events

Warm-Up 4:15 – 4:45 PM; Start 4:50 PM

| Mixed | Event Description | |
|-------|------------------------|--|
| 1 | 13&Over 500 Freestyle | |
| 2 | 12&Under 500 Freestyle | |

Entries may be limited based on session time constraints.

13 & Over Events

Warm-Up 7:00 – 8:00 AM; Start 8:05 AM

Saturday

| Girls | Event Description | Boys |
|-------|-------------------------------|------|
| 3 | 13&Over 200 Freestyle | 4 |
| 5 | 13&Over 200 Breaststroke | 6 |
| 7 | 13&Over 100 Backstroke | 8 |
| 9 | 13&Over 200 Butterfly | 10 |
| 11 | 13&Over 50 Freestyle | 12 |
| 13 | 13&Over 400 Individual Medley | 14 |

Sunday

| Girls | Event Description | Boys |
|-------|-------------------------------|------|
| 47 | 13&Over 200 Individual Medley | 48 |
| 49 | 13&Over 100 Breaststroke | 50 |
| 51 | 13&Over 200 Backstroke | 52 |
| 53 | 13&Over 100 Butterfly | 54 |
| 55 | 13&Over 100 Freestyle | 56 |

11 - 12 Events

Warm-Up 12:30 – 1:20 PM; Start 1:25 PM

Saturday

| Girls | Event Description | Boys |
|-------|-----------------------------|------|
| 15 | 11-12 200 Backstroke | 16 |
| 17 | 11-12 200 Freestyle | 18 |
| 19 | 11-12 100 IM | 20 |
| 21 | 11-12 50 Backstroke | 22 |
| 23 | 11-12 100 Butterfly | 24 |
| 25 | 11-12 50 Freestyle | 26 |
| 27 | 11-12 100 Breaststroke | 28 |
| 29 | 11-12 400 Individual Medley | 30 |

Sunday

| Girls | Event Description | Boys |
|-------|-----------------------------|------|
| 57 | 11-12 200 Butterfly | 58 |
| 59 | 11-12 200 Individual Medley | 60 |
| 61 | 11-12 50 Breaststroke | 62 |
| 63 | 11-12 100 Backstroke | 64 |
| 65 | 11-12 50 Butterfly | 66 |
| 67 | 11-12 100 Freestyle | 68 |
| 69 | 11-12 200 Breaststroke | 70 |

10 & Under Events

Warm-Up 4:30 – 5:20 PM; Start 5:25 PM

Saturday

| Girls | Event Description | Boys |
|-------|--------------------------------|------|
| 31 | 10&Under 200 Backstroke | 32 |
| 33 | 10&Under 200 Freestyle | 34 |
| 35 | 10&Under 100 Individual Medley | 36 |
| 37 | 10&U 50 Backstroke | 38 |
| 39 | 10&U 100 Butterfly | 40 |
| 41 | 10&U 50 Freestyle | 42 |
| 43 | 10&U 100 Breaststroke | 44 |
| 45 | 10&Under 400 Individual Medley | 46 |

Sunday

| Girls | Event Description | Boys |
|-------|---------------------------------|------|
| 71 | 10&Under 200 Butterfly | 72 |
| 73 | 10& Under 200 Individual Medley | 74 |
| 75 | 10&Under 50 Breaststroke | 76 |
| 77 | 10&Under 100 Backstroke | 78 |
| 79 | 10&Under 50 Butterfly | 80 |
| 81 | 10&Under 100 Freestyle | 82 |
| 83 | 10&Under 200 Breaststroke | 84 |