

# 2023 PVS SC SENIOR CHAMPS

## QUALIFYING TIMES

WOMEN		EVENTS	MEN	
LCM	SCY		SCY	LCM
28.59	25.29	50 Free	22.69	25.99
1:01.59	54.59	100 Free	49.19	56.29
2:13.29	1:57.69	200 Free	1:47.99	2:03.19
4:41.99	5:13.49	500 Free	4:50.99	4:20.19
9:37.79	10:53.99	1000 Free	10:05.99	9:02.59
18:26.59	18:11.99	1650 Free	17:20.99	17:45.63
1:09.39	1:00.49	100 Back	55.39	1:04.79
2:29.79	2:11.59	200 Back	2:01.29	2:19.79
1:20.49	1:10.39	100 Breast	1:02.99	1:13.19
2:50.09	2:30.59	200 Breast	2:16.59	2:37.29
1:08.19	1:00.39	100 Fly	54.49	1:02.29
2:33.49	2:15.69	200 Fly	2:02.39	2:18.29
2:32.59	2:13.59	200 IM	2:01.49	2:20.29
5:26.49	4:45.99	400 IM	4:22.59	5:02.99
		200 Free Relay		
	3:56.49	400 Free Relay	3:31.99	
	8:28.79	800 Free Relay	7:40.99	
		200 Medley Relay		
	4:30.19	400 Medley Relay	4:02.59	

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## BONUS TIMES

Women NST	Event	Men NST
25.79	50 Free	23.19
55.59	100 Free	50.19
1:59.69	200 Free	1:49.99
5:18.49	500 Free	4:55.99
11:03.99	1000 Free	10:15.99
18:21.99	1650 Free	17:30.99
1:01.49	100 Back	56.39
2:13.59	200 Back	2:03.29
1:11.39	100 Breast	1:03.99
2:32.59	200 Breast	2:18.59
1:01.39	100 Fly	55.49
2:17.69	200 Fly	2:04.39
2:15.59	200 IM	2:03.49
4:49.99	400 IM	4:26.59