



# FXFX Forty Niner

February 25-26, 2023

Sanction # PVI-23-70

VSI Sanction # VS-23-



<b>MEET DIRECTOR</b>	<b>MEET REFEREE</b>	<b>CLUB OFFICIALS CHAIR</b>
Matt Salerno <a href="mailto:fairfaxfoxes@gmail.com">fairfaxfoxes@gmail.com</a>	Tim Husson <a href="mailto:tim.husson@gmail.com">tim.husson@gmail.com</a>	Tricia Feinberg <a href="mailto:tafeinberg@gmail.com">tafeinberg@gmail.com</a> <a href="#">Officials SignUp</a>

<b>SANCTION</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming through Potomac Valley Swimming: <b>PVI-23- 70</b> and Virginia Swimming: <b>VS-23-</b>.</li> <li>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., Fairfax Foxes Swimming, and the PWCS Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>																		
<b>FACILITY</b>	<p style="text-align: center;"><b>PWCS Aquatics Center</b> 13833 Dumfries Road (Door #25) Manassas, VA 20112 (571) 374-6333</p> <ul style="list-style-type: none"> <li>The pool at PWCS Aquatics Center is 40m x 25yd with a moveable bulkhead. Competition will be held in 8 lanes, 25 yards, running from wall to wall.</li> <li>Water depth ranges from 12.5' – 7' at the starting and turning ends.</li> <li>25 yard events will start at the turn end of the competition course (no starting blocks).</li> <li>15 lanes are available for warm-ups. Continuous warm-up/cool-down will be available.</li> <li>The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C). The copy of such certification is on file with USA Swimming.</li> </ul>																		
<b>ENTRY DEADLINE</b>	<p style="text-align: center;"><b>Monday, February 13, 2023</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>																		
<b>SCHEDULE</b>	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 60%;"></th> <th style="width: 20%; text-align: center;">Warmups</th> <th style="width: 20%; text-align: center;">Events</th> </tr> </thead> <tbody> <tr> <td colspan="3" style="text-align: center;"><b>Saturday, February 25, 2023 and Sunday, February 26, 2023</b></td> </tr> <tr> <td>11-14 Prelims</td> <td style="text-align: center;">7am – 7:50am</td> <td style="text-align: center;">8am</td> </tr> <tr> <td>15 &amp; Over Timed Finals with Super Finals</td> <td style="text-align: center;">10:45am – 11:35am</td> <td style="text-align: center;">11:45am</td> </tr> <tr> <td>10 &amp; Under Timed Finals</td> <td style="text-align: center;">2pm – 2:40pm</td> <td style="text-align: center;">2:45pm</td> </tr> <tr> <td>11-14 FINALS</td> <td style="text-align: center;">5:15pm – 5:50pm</td> <td style="text-align: center;">6pm</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>Meet Director reserves the right to adjust times/sessions after entries are received.</li> </ul>		Warmups	Events	<b>Saturday, February 25, 2023 and Sunday, February 26, 2023</b>			11-14 Prelims	7am – 7:50am	8am	15 & Over Timed Finals with Super Finals	10:45am – 11:35am	11:45am	10 & Under Timed Finals	2pm – 2:40pm	2:45pm	11-14 FINALS	5:15pm – 5:50pm	6pm
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<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>Open to all USA Swimming registered swimmers from invited teams. Teams wishing to receive an invitation should contact the meet director.</li> <li>No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302.</li> <li>Entries will be processed in the order they are received.</li> </ul>																		
<b>DISABILITY SWIMMERS</b>	<ul style="list-style-type: none"> <li>PVS and host clubs along with their meet directors are committed to the <a href="#">Inclusion Policy</a> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul>																		
<b>TIMING SYSTEM</b>	<ul style="list-style-type: none"> <li>Automatic timing (touchpads primary) will be used.</li> </ul>																		
<b>RULES</b>	<ul style="list-style-type: none"> <li>Current USA Swimming rules shall govern this meet.</li> <li>All applicable adults participating in or associated with this meet acknowledge that they are subject</li> </ul>																		

	<p>to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</p> <ul style="list-style-type: none"> <li>• No on-deck USA Swimming registration is permitted.</li> <li>• In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warmup, competition and cool down periods.</li> <li>• Deck changes are prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>• Dive-over starts will be used.</li> <li>• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ul>
<b>EVENT RULES</b>	<ul style="list-style-type: none"> <li>• Athletes shall compete at the age attained on the first day of the meet. Athletes may only compete in events of his/her own age group.</li> <li>• 11&amp;Over athletes may enter a maximum of three (3) individual events per day and six (6) individual events in total. 10&amp;Under athletes may enter a maximum of four (4) individual events per day and eight (8) individual events in total.</li> <li>• All events for athletes age 11-14, with the exception of the 500 Freestyle and the 400 Individual Medley, will follow a prelims/finals format with the top 16 swimmers making finals in 50s and 100s and the top 8 making finals in the 200-yard events. The 13-14 events and 11-12 events on both Saturday, February 25 and Sunday, February 26, 2023, will have two (2) heats in the Finals Session, "B" final and "A" final. The "B" final will swim first, followed by the "A" final. The B Final will be 8 swimmers seeded #9 through #16 in prelims with swimmers seeded #1-8 racing in the A Finals.</li> <li>• The 11-14 500 Freestyle and 400 Individual Medley are timed finals.</li> <li>• Swimmers racing in the 15 and Older sessions (Session #2 and Session #6) will have an opportunity to race in a Super Finals in the 100-yard freestyle (Events #23 and #24) and in 50 Freestyle (Event #77 and #78). These events will be swum as a prelims and finals during the same session. The finals will be swum B (qualifying swimmers 9 through 16) then A (Top 8 qualifiers) at the conclusion of Session 2 and 6. All other 15&amp;Over events will be Timed Finals.</li> <li>• Deck entries will be accepted if available lanes come open. No new heats will be added.</li> </ul>
<b>POSITIVE CHECK-IN</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded for distances of 200 yards or shorter. Positive check-in will be required for the 400 IM and 500-yard freestyle events.</li> </ul>
<b>WITHDRAWING FROM FINALS</b>	<ul style="list-style-type: none"> <li>• If you do not wish to swim in the Final or 15&amp;Over Super Final, you may "scratch" or declare your "intention to scratch" from the event by emailing <a href="mailto:scratchfxfx@gmail.com">scratchfxfx@gmail.com</a> within 30 minutes of the announcement of qualifiers for the event following this procedure: <ul style="list-style-type: none"> <li>○ Subject of email: FINALS {INTENT TO SCRATCH} SCRATCH: &lt;event&gt;, &lt;swimmer name&gt;.</li> </ul> <p><b>EXAMPLES:</b></p> <p>FINALS SCRATCH: Event 1, Girls 13-14 100 Freestyle, Jane Smith <b>OR</b>  FINALS INTENT TO SCRATCH: Event 1, Girls 13-14 100 Freestyle, Jane Smith</p> <li>○ Body of email should include swimmer's first and last name, club, coach's name, and event. When declaring an intent to scratch, the email should include the swimmer's last preliminary event of the day. It is recommended to include your coach on the email.</li> </li></ul> <ul style="list-style-type: none"> <li>• <b>If an athlete fails to properly scratch from an event and does not appear for the "Final" event, he/she shall be removed from their next scheduled individual event.</b></li> </ul>



# FXFX Forty Niner - SATURDAY SESSIONS

February 25, 2023

## SESSION 1: 11-12 and 13-14 Prelims

Girls Event #	EVENT * =Top 8 to Finals / ** = Timed Finals	Boys Event #
1	13-14 100 Freestyle	2
3	11-12 100 Freestyle	4
5	11-14 200 Butterfly*	6
7	11-12 50 Butterfly	8
9	13-14 100 Breaststroke	10
11	11-12 100 Breaststroke	12
13	11-14 200 Backstroke *	14
15	11-12 50 Backstroke	16
17	13-14 200 IM	18
19	11-12 200 IM	20
21	14 and Under 500 Free **	22

## SESSION 2: 15 & Over Timed Finals w/S.F.

Girls Event #	EVENT	Boys Event #
23	15 & Over 100 Freestyle	24
25	15 & Over 500 Freestyle	26
27	15 & Over 200 Backstroke	28
29	15 & Over 100 Breaststroke	30
31	15 & Over 200 Butterfly	32
33	15 & Over 200 IM	34
<b>5 MINUTE BREAK</b>		
23	15 & Over 100 Free Super Finals	24

## SESSION 3: 10 and Under Timed Finals

Girls Event #	EVENT	Boys Event #
35	<b>10 and Under 100 IM</b>	36
37	8 and Under 25 Freestyle	38
39	10 and Under 50 Freestyle	40
41	10 and Under 100 Breaststroke	42
43	8 and Under 25 Butterfly	44
45	10 and Under 50 Butterfly	46
47	10 and Under 100 Backstroke	48
49	10 and Under 200 Freestyle	50

## SESSION 4: 14 and Under Finals

Girls Event #	EVENT	Boys Event #
1	13-14 100 Freestyle	2
3	11-12 100 Freestyle	4
5	11-14 200 Butterfly*	6
7	11-12 50 Butterfly	8
9	13-14 100 Breaststroke	10
11	11-12 100 Breaststroke	12
13	11-14 200 Backstroke *	14
15	11-12 50 Backstroke	16
17	13-14 200 IM	18
19	11-12 200 IM	20

# FXFX Forty Niner - SUNDAY SESSIONS

February 26, 2023

## SESSION 5: 11-12 and 13-14 Prelims

Girls Event #	EVENT * =Top 8 to Finals / ** = Timed Finals	Boys Event #
51	11-12 100 IM	52
53	13-14 200 Freestyle *	54
55	11-12 200 Freestyle *	56
57	13-14 100 Butterfly	58
59	11-12 100 Butterfly	60
61	11-14 200 Breaststroke *	62
63	11-12 50 Breaststroke	64
65	13-14 100 Backstroke	66
67	11-12 100 Backstroke	68
69	13-14 50 Freestyle	70
71	11-12 50 Freestyle	72
73	11-14 400 IM **	74

## SESSION 6: 15 & Over Timed Finals w/S.F.

Girls Event #	EVENT	Boys Event #
75	15 & Over 50 Freestyle	76
77	15 & Over 200 Breaststroke	78
79	15 & Over 100 Backstroke	80
81	15 & Over 200 Freestyle	82
83	15 & Over 100 Butterfly	84
85	15 & Over 400 IM	86
<b>5 MINUTE BREAK</b>		
75	15 & Over 50 Free Super Finals	76

## SESSION 7: 10 and Under Timed Finals

Girls Event #	EVENT	Boys Event #
87	<b>10 and Under 100 Free</b>	88
89	8 and Under 25 Backstroke	90
91	10 and Under 50 Backstroke	92
93	10 and Under 100 Butterfly	94
95	8 and Under 25 Breaststroke	96
97	10 and Under 50 Breaststroke	98
99	10 and Under 200 IM	100

## SESSION 8: 14 and Under Finals

Girls Event #	EVENT	Boys Event #
51	11-12 100 IM	52
53	13-14 200 Freestyle *	54
55	11-12 200 Freestyle *	56
57	13-14 100 Butterfly	58
59	11-12 100 Butterfly	60
61	11-14 200 Breaststroke *	62
63	11-12 50 Breaststroke	64
65	13-14 100 Backstroke	66
67	11-12 100 Backstroke	68
69	13-14 50 Freestyle	70
71	11-12 50 Freestyle	72