

MAKO QUALIFIER

February 4-5, 2023

Sanction # PVC-23-54



MEET	DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR	
Heather Coulson Haddock		Jan van Nimwegen	Ed Byers	
heatherhaddock@makoswimming.net		jnimwegen@earthlink.net 571-244-4588	makosofficials@gmail.com	
		371-244-4300	Officials Signup	
SANCTION	Held under t	he sanction of USA Swimming through Pote	omac Valley Swimming: PVC-23-54s.	
		his sanction it is understood and agreed that	-	
	-	Mason Makos Swim Team, and George Mas	•	
		d harmless from any and all liabilities or clainy one during the conduct of this event.	ims for damages arising by reason of	
FACILITY	injunes to a	George Mason University Aquatic a	nd Fitness Center	
		4520 Patriot Circle		
		Fairfax, VA 22030		
		(703) 993-3939		
	-	• The pool at George Mason University is a 50m x 25yd pool with two moveable bulkheads. Competition will be held in 8 lanes, 25 yards, running lengthwise from the wall to the bulkhead.		
		 19 lanes will be used for warm-up. 4 lanes will be available for continuous warm-up/cool down during the 13&Over sessions. 3 lanes will be available during the 12&Under sessions. 		
	The Meet Di			
	Water depth	o of 7' at the starting end and 9' at the turni	ng end of the competition course.	
	The compet	tion course has been certified in accordanc	e with current USA Swimming Rules and	
	Regulations,	Article 104.2.2(C). The copy of such certific	cation is on file with USA Swimming.	
ENTRY		Tuesday, January 17, 2023, 8:00 PMIMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director.		
DEADLINE				
		Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.		
SCHEDULE	your club for thi	Saturday, February 4, 2	2022	
SCHEDOLL		11-12 Warm-up: Warm-up 8:45-9:05		
		10&U Warm-up 12:25-12:45 pm,		
	13&	D 1 st Warm-up 3:10-3:30 pm & 2 nd Warm-u	· · · · · · · · · · · · · · · · · · ·	
		Sunday, February 5, 2	• • •	
		11-12 Warm-up 8:45-9:05 am, 9		
	10&U 1 st	Warm-up 11:40 am-12:00 pm & 2 nd Warm-u	up 12:00-12:20 pm, Start 12:30 pm	
	13&	D 1 st Warm-up 2:45-3:05 pm & 2 nd Warm-u	o 3:05-3:25 pm, Start 3:30 pm	
		or reserves the right to adjust times/sessior		
ELIGIBILITY		egistered Potomac Valley Swimmers.		
	 No swimmer will be permitted to compete in the meet unless the swimmer is registered as an 			
		ber of USA Swimming as provided in USA S	-	
DISABILITY	PVS and hos	t clubs along with their meet directors are o	committed to the <u>Inclusion Policy</u> as	
SWIMMERS		the PVS BOD. Athletes with a disability are v		
		ice of desired accommodations to the Mee	-	
	coach) is als	o responsible for notifying the session refer	ee of any disability prior to competition.	

TIMING SYSTEM	Automatic timing (touchpads primary) will be used for all sessions.
RULES	Current USA Swimming rules shall govern this meet.
	 All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <u>Minor Athlete Abuse Prevention Policy</u> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
	No on-deck USA Swimming registration is permitted.
	• In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
	Deck changes are prohibited.
	• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
	• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
	• Dive-over starts may be used.
	• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	All events are seeded as MIXED gender and are timed finals.
	• Seed times are short course yards. Athletes may enter a total of eight (8) events and no more than four (4) per day.
	• Swimmers in the 500 Freestyle are required to provide their own timers and counters.
	• Entries in the 500 Freestyle and 400 IM may be limited to the top 24 swimmers in each event (12 female and 12 males). If necessary, this will be done based on verifiable proof of time. Any swimmer removed from an event due to time constraints will be provided the opportunity to enter another event, as long as it does not create a new heat and does not violate any applicable entry limits.
	• Deck entries will be accepted in empty lanes only. No new heats will be created.
	• The Meet Director reserves the right to alter the format of the meet after entries are received to best accommodate timelines, space availability.
POSITIVE CHECK IN	• There will be positive check in for all events 200 yd and longer utilizing a check in sheet organized by team . The check in will be due at the start of each session. All other events will be pre-seeded.
WARM-UP	• The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.
SUPERVISION	• Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
MEDICAL ASSISTANCE	• Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.
SEEDING	All events will be pre-seeded except the events 200 yard and longer.
AWARDS	No Awards
PROGRAMS	 Meet programs will be available on the MAKO website the evening before the meet at <u>www.makoswimming.net</u> and on Meet Mobile.

CREDENTIALS	 Parents not working the meet as a deck official, volunteer timer or other position are not permitted in the facility. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
SPECTATOR ENTRY FEE	 No fees for spectators.
OFFICIALS	 Each participating club is requested to provide at least one table worker or official (Referee Starter, Chief Judge or Stroke & Turn Judge) per session if entering 25 or more splashes. Officials interested in volunteering should complete the <u>Officials Signup</u> or contact Ed Byers, <u>makosofficials@gmail.com</u> Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. A comprehensive official's briefing will precede each session during warm-ups. Walk-on officials can be accommodated.
TIMERS	 Two (2) timers per lane. Participating clubs are requested to provide timers in proportion to their entries. One timer is requested for each 25 entries. Timer signup will be available on the MAKO website, <u>www.makoswimming.net</u>.
ENTRY PROCEDURES	 Entries should be submitted by email to the Meet Director. Heather Coulson Haddock <u>heatherhaddock@makoswimming.net</u>. Include in the subject of the email, "MAKO QUALIFIER - ***" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email. Include in entry email: entry file, report of entries by name, report of entries by event. In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). Entries directly from individual team members will not be accepted. Entries by phone or fax will not be accepted. The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.
ENTRY FEES	Per Swimmer Surcharge: \$12 Individual Event Fee: \$12 Deck Entries: \$20 Make checks payable to HLR, LLC, and mail to: PO Box 168 Clifton, VA 20124 • Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check. • Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.

MAKO QUALIFIER

Saturday, February 4, 2023

11-12 Warm-up: Warm-up 8:45-9:05 am, Start 9:15 am

10&U Warm-up 12:25-12:45 pm, Start 12:55 pm

13&O 1st Warm-up 3:10-3:30 pm & 2nd Warm-up 3:30-3:50 pm, Start 3:55 pm

Sunday, February 5, 2023 11-12 Warm-up 8:45-9:05 am, Start 9:10 am

10&U 1st Warm-up 11:40 am-12:00 pm & 2nd Warm-up 12:00-12:20 pm, Start 12:30 pm

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Saturday, February 4, 2023

MIXED	EVENT
1	MIXED 11-12 100 Freestyle
2	MIXED 11-12 50 Butterfly
3	MIXED 11-12 200 IM
4	MIXED 11-12 50 Breaststroke
5	MIXED 11-12 200 Butterfly
6	MIXED 11-12 100 Backstroke
7	MIXED 11-12 200 Freestyle
8	MIXED 11-12 400 IM

Saturday, February 4, 2023

MIXED	EVENT
101	MIXED 10&U 100 Freestyle
102	MIXED 10&U 50 Butterfly
103	MIXED 9-10200 IM
104	MIXED 10&U 50 Breaststroke
105	MIXED 9-10 200 Butterfly
106	MIXED 10&U 100 Backstroke
107	MIXED 9-10 200 Freestyle

Sunday, February 5, 2023

MIXED	EVENT
15	MIXED 11-12 100 IM
16	MIXED 11-12 100 Breaststroke
17	MIXED 11-12 50 Freestyle
18	MIXED 11-12 200 Backstroke
19	MIXED 11-12 100 Butterfly
20	MIXED 11-12 50 Backstroke
21	MIXED 11-12 200 Breaststroke
22	MIXED 11-12 500 Freestyle

Sunday, February 5, 2023

MIXED	EVENT
115	MIXED 10&U 100 IM
116	MIXED 9-10 100 Breaststroke
117	MIXED 10&U 50 Freestyle
118	MIXED 9-10 200 Backstroke
119	MIXED 9-10 100 Butterfly
120	MIXED 10&U 50 Backstroke
121	MIXED 9-10 200 Breaststroke
122	MIXED 9-10 500 Freestyle

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Saturday, February 4, 2023

MIXED	EVENT
9	13&Over 50 Freestyle
10	13&Over 100 Butterfly
11	13&Over 200 Backstroke
12	13&Over 200 Freestyle
13	13&Over 100 Breaststroke
14	13&Over 400 IM

Sunday, February 5, 2023

MIXED	EVENT
23	13&Over 100 Backstroke
24	13&Over 200 IM
25	13&Over 200 Breaststroke
26	13&Over 100 Freestyle
27	13&Over 200 Butterfly
28	13&Over 500 Freestyle