



November Friendship Mini Meet

Hosted by:

November 3, 2019

Sanction # PVI-20-19



York Swim Club

MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR
Kristin Bryant Wolff kristin@yorkswim.com	Tim Husson tim.husson@gmail.com	Carolyn Kotarski ckotarski@gmail.com

SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming: PVI-20-19. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, York Swim Club, and Providence RECenter shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
FACILITY	<ul style="list-style-type: none"> Providence RECenter 7525 Marc Drive Falls Church, VA 22042 703-698-1350 8 lane, 25 yard pool. Water depth ranges from 4'-12.5' at both the starting and turning ends. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).
ENTRY DEADLINE	<ul style="list-style-type: none"> Entries are due by 5:00 pm on Tuesday, October 22nd 2019.
SCHEDULE	<ul style="list-style-type: none"> Warm-Ups: 6:00 am Events Begin: 6:30 am Meet Director reserves the right to adjust times/sessions after entries are received.
ELIGIBILITY	<ul style="list-style-type: none"> Open to all Potomac Valley Swimming registered athletes that participate on the invited teams: FBST, MACH, MAKO, PM, SDS, YORK. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302. Swimmers may only participate in their own age group, based upon their age on the first day of the meet.
DISABILITY SWIMMERS	<ul style="list-style-type: none"> PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none"> Semi-automatic timing (buttons primary) will be used for this meet
RULES	<ul style="list-style-type: none"> Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), shall govern this meet. No on-deck USA-S registration is permitted. In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms.

	<p>Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</p> <ul style="list-style-type: none"> • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> • All events are timed finals. • A swimmer may enter no more than three (3) individual events. • No Late entries are permitted for this meet. • Deck entries must be submitted with payment (\$10.00 per event) no later than 20 minutes prior to the first event. No new heats will be created.
AWARDS	<ul style="list-style-type: none"> • Ribbons will be awarded for 1st through 8th place in all events.
WARM-UP	<ul style="list-style-type: none"> • The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.
SUPERVISION	<ul style="list-style-type: none"> • Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.
PROGRAMS	<ul style="list-style-type: none"> • Will be emailed to attending teams no later than Wednesday, October 30th, 2019. No programs will be sold at the meet.
CREDENTIALS	<ul style="list-style-type: none"> • Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
SPECTATOR ENTRY FEE	<ul style="list-style-type: none"> • None
OFFICIALS	<ul style="list-style-type: none"> • Each participating club is requested to provide at least one table worker or official (Referee Starter, Chief Judge or Stroke & Turn Judge) per session if entering 25 or more splashes. • Officials interested in volunteering should contact Carolyn Kotarski (ckotarski@gmail.com). • Officials assigned to this meet should sign in at the recording table 10 minutes before the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.
TIMERS	<ul style="list-style-type: none"> • The host club will provide at least 1 timer per lane. Each participating club is requested to provide at least one official and 3 timers per session if entering 25 or more swimmers.

ENTRY PROCEDURES	<ul style="list-style-type: none"> • Entries should be submitted using Hy-Tek Team Manager by email to the Meet Director. • Include in the subject of the email, "November Friendship Mini Meet-***" with the club's initials in place of the asterisks. Also include training site if your club submits multiple entry files. • The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid by that club.
ENTRY FEES	<ul style="list-style-type: none"> • Individual event fee: \$7.00 • Deck entries: \$10.00 per individual event • Make checks payable to YORK SWIM CLUB. Checks may be mailed to: 1600 Lupine Den Court Vienna, VA 22182 • Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.

Session 1 Sunday November 3, 2019 Warm-up: 6:00 AM Events: 6:30 AM		
Girls Event #	Event	Boys Event #
1	8 and under 50 Back	2
3	8 year old 25 Back	4
5	7 and under 25 Back	6
7	8 and under 50 Fly	8
9	8 year old 25 Fly	10
11	7 and under 25 Fly	12
13	8 and under 50 Free	14
15	8 year old 25 Free	16
17	7 year old 25 Free	18
19	6 and under 25 Free	20
21	8 and Under 50 Breast	22
23	8 year old 25 Breast	24
25	7 and under 25 Breast	26
27	8 and under 100 IM	28