

**MEET DIRECTOR** 

## **Cherry Blossom Champs Meet**

### March 1, 2, and 3, 2019 (Fri-Sat-Sun)

# PARIT

**CLUB OFFICIALS CHAIR** 

**AQUATIC CLUB** 

Hosted by:

#### **Prelim-Finals Meet**

#### Sanction # PVC-19-66

**MEET REFEREE** 

John Venit,	Cherlynn Venit,		Cherlynn Venit,	
dpws@aol.com	dpws@aol.com		dpws@aol.com	
SANCTION	Held under the sanction of USA S	Swimming through Poto	mac Valley Swimming: <b>PVC-19-66.</b>	
	Swimming, Patuxent Aquatics Clu harmless from any and all liabilit	<ul> <li>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Patuxent Aquatics Club, and the Fairland Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>		
FACILITY		Fairland Aquatics Cen	ter	
	13820	13820 Gunpowder Rd, Laurel MD 20707		
	301-362-6060			
	• 19 lanes, 25 yards			
	• Water depth range of 5' - 13' at the starting end and 5' – 13' at the turning end.			
	• The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2(C).			
	<ul> <li>The competition course is 8 lane lanes, 25 yards depending upon</li> </ul>	· ·	tor reserves the right to extend it to 10	
ENTRY DEADLINE	F	ebruary 19, 2019 at 11:	59 PM	
			mit their entries to the Meet Director. tries from their swimmers. Check with	
SCHEDULE		Warm-Up	Events	
	Friday, March 1			
	All Ages – Timed Finals	4:30 -5:20 PM	5:30 PM	
	Saturday and Sunday, March 2-3			
	13 & Over Prelim Session	6:30 – 7:20 AM	7:30 AM	

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Meet Director reserves the right to run two courses.

10:30 - 11:20 AM

2:30 - 3:00 PM

5:15 - 6:05 PM

Meet Director reserves the right to adjust times/sessions after entries are received.

11:30 AM

3:10 PM

6:15 PM

9-12 Prelim Session

8 & Under Timed Finals

9 & Over Finals Session

ELIGIBILITY	Open to all USA Swimming registered swimmers. Swimmers shall compete at the age attained on the first day of the meet.
	Times achieved prior to March 1, 2017 will not be permitted. All times must have been achieved in USA Swimming sanctioned, observed or approved meets.
	• Entry times will be verified through SWIMS. Coaches will be asked to provide proof of times when asked by the Meet Director for any time not found in SWIMS. Failure to prove such a time before the event, will result in the swimmer being scratched from that event.
DISABILITY SWIMMERS	<ul> <li>PVS and host clubs along with their meet directors are committed to the <u>Inclusion Policy as adopted by the PVS BOD</u>. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul>
TIMING SYSTEM	Automatic Timing System (touchpads primary) will be used for this meet.
RULES	Current USA Swimming rules shall govern this meet.
	No on-deck USA-S registration is permitted.
	• Deck entries for relays will be accepted with payment (\$20.00 per Relay) no later than 30 minutes prior to the first event.
	• In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (i.e., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
	Deck changes are prohibited.
	• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
	<ul> <li>Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> </ul>
	• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
	• Dive-over starts will be used during the preliminary sessions and Friday timed finals. The 8 & Under sessions will not use Dive-Overs.

#### **EVENT RULES**

- All events for ages 9 & Up are prelims and finals except the events offered during the Friday session and ALL Relays, which are timed finals.
- All 8 & Under events are timed finals.
- A swimmer may enter and compete in a maximum of 8 individual events and no more than three (3) individual events per day and one (1) relay per day.
- A club may enter up to 3 relay teams per relay event, but only one relay team per club per event may score.
- Prelim events will be swum combined as 9-12 and 13 & Over; however, finals will be swum with one (1) heat for 9-10. There will be a "B" final and an "A" final heat for 11-12, 13-14 and 15 & Over events. The "B" final will swim first.
  - Exceptions: There will be only one (1) heat for finals for the 9-12 200 Breaststroke and 9-12 200 Backstroke with ages 9-12 combined. There will also be only one (1) heat for the 13 & Over 200 Fly with ages 13 & Over combined.
- The 400 IM, 1000 Free and 500 Free events will be swum FASTEST to SLOWEST. The 1000 Free will be swum fast to slow, alternating women and men.
- Teams must provide timers for their swimmers' during the Friday session. Swimmers are responsible for providing their own counter.
- All relays are timed finals and will be swum during the preliminary session.
- No Time (NT) Entries will NOT be accepted for this meet.
- Entries for the 400IM, 500 Free & 1000 Free may need to be limited due to time constraints. If
  necessary, it will be done based on the verifiable proof of entry time. If a swimmer is removed
  from an event because of time constraints, they will be provided the opportunity to enter another
  event in the meet.
- Deck entries will ONLY be accepted for relays using individuals included in the original entry file.
   No individual event deck entries will be accepted.

## WITHDRAWING FROM FINALS

- If you do not wish to swim in a Final, you may "Scratch" from the event by following this procedure:
  - You must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement of qualifiers for the "A" and "B" Finals, if scheduled.
  - You may declare an "intent to scratch". You must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement of qualifiers, marking the appropriate space for "intent". If you declare an "intent to scratch" and do not wish to swim finals, you must confirm your scratch on the PVS Finals Scratch Slip within 30 minutes after the conclusion of your last preliminary event of the day or you will be automatically seeded into the event.
- If an athlete fails to properly scratch from an event and does not appear for the "Final" event, they "shall be barred from further competition for the remainder of the meet" unless excused by the Meet Referee.

#### **POSITIVE CHECK IN**

- The 500, 1000 Freestyle and 400 IM will be positive check-in events. Swimmers are responsible for providing their own counter for the 500 and 1000 Free.
- Positive check-in close times will be posted before warm-ups at the positive check-in table. Any swimmer that fails to check-in will be removed from the event.
- Athletes who have checked in, have been seeded, and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Meet Referee.

	• If the size of the Cherry Blossom Championships warrants, positive check-in for individual events 200 yd and shorter may be announced.
WARM-UP	The prescribed PVS warm-up procedures and safety policies will be followed.
	The Meet Director may determine the structure of warm-up, including times/lane assignments.
	• During the meet there will be an area available for warm-up/cool-down. Marshals will be assigned to monitor these areas. If at any time conditions become unsafe, the area will be closed for the remainder of the session.
SUPERVISION	Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
	No chairs will be allowed on deck for athletes. Coaches' chairs will be permitted pending enough safe deck space is available
CONCESSIONS	Concessions will be available throughout the Meet.
SCORING	• Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
	• Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2
	Teams will score points for an "A" relay only.
	No more than two athletes per team can score. Prelims will be scored as an extended final.
AWARDS	• Medals will be awarded for $1^{st} - 10^{th}$ place for Individual Events and $1^{st} - 3^{rd}$ place for Relays.
	Team Awards will be presented for 1 <sup>st</sup> - 3 <sup>rd</sup> place teams.
PROGRAMS	Programs will be sold for \$2.00 each session
CREDENTIALS	<ul> <li>Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.</li> </ul>
SPECTATOR ENTRY FEE	• None
OFFICIALS	Each participating club is requested to provide at least one table worker or official (Referee Starter, Chief Judge or Stoke & Turn Judge) per session if entering 25 or more splashes.
	Officials interested in volunteering should contact: Cherlynn Venit <a href="mailto:dpws@aol.com">dpws@aol.com</a>
	<ul> <li>Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive official's briefing will precede each session during warm-ups.</li> </ul>
TIMERS	Participating clubs are expected to provide timers in proportion to their entries. The Meet     Director will assign timer requirements to each club after entries have been received. The Meet     Director will notify clubs of their timer requirements by email.
	Clubs are responsible for ensuring their timer requirements are met for the ENTIRE SESSION – including providing replacement timers if needed.
	• Sign-Up Genius will be used for <u>Timer Sign-Up</u> – please have all timers registered for your team by Wednesday, February 27, 2019.

ENTRY PROCEDURES	Entries should be submitted by email to the Meet I	Director at dpws@aol.com.		
	<ul> <li>Include in the subject of the email, "Cherry Blossor place of the asterisks. If your club submits multiple of the email.</li> </ul>			
	• Include in entry email: entry file, report of entries	by name, report of entries by event.		
	• In the body of your email provide entry numbers (g phone, officials contact).	body of your email provide entry numbers (girls, boys, totals), contact information (email, officials contact).		
	·	nil must include a coach's cell phone number at which they can be contacted between and finals, in case a swimmer scratches into finals and needs to be notified.		
	Entries directly from individual team members will	not be accepted.		
	Entries by phone or fax will not be accepted.			
		e Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement not received in a timely manner, please contact the Meet Director.		
	<ul> <li>Any club that enters an unregistered or improperly way, or permits an unregistered coach to represent and no further entries will be accepted from that c</li> </ul>	t them will be fined the sum of \$100 by PVS		
	All Relay-only swimmers must be included in the en order to participate in the meet.	ntry file and listed on the meet entry report in		
ENTRY FEES	Per Swimmer Surcharge: \$3.00	Relay event fee: \$12.00		
	Individual event fee: \$7.00	Deck entries: \$20.00 (Relay only)		
	Make checks payable to PAC. Checks may be maile	ed to:		
	Patuxent Aquatics Club			
	414 Forest Bridge Ct	prest Bridge Ct		
	Laurel MD 20724	rel MD 20724		
	<ul> <li>Entry fees are due with meet entry. Unpaid fees wi at the conclusion of the meet.</li> </ul>	ill be reported to the PVS Administrative Office		

## **Cherry Blossom Champs Meet**

March 1-3, 2019

#### Friday, March 1, 2019

**Distance Events** 

Warm-up: 4:30-5:20 PM, Events: 5:30 PM

	No Faster			
Girl's	Than		No Faster	Boy's
Event#	(SCY)	Event	Than (SCY)	Event#
1	6:14.30	9-10 year old 500 yd Freestyle	6:41.82	2
	5:46.56	11-12 year old 500 yd Freestyle	5:32.95	
3	5:16.36	13 & Over 500 yd Freestyle	5:09.03	4
5	2:40.64	9-10 year old 200 yd Individual Medley	2:41.73	6
	2:23.18	11-12 year old 200 yd Individual Medley	2:20.33	
7	4:45.10	13 & Over 400 yd Individual Medley	4:30.07	8
9	4:06.45	9-12 year old 400 yd Freestyle Relay	4:03.37	10
11	3:48.48	13 & Over 400 yd Freestyle Relay	3:43.79	12
13	11:02.42	13 & Over 1000 yd Freestyle	10:44.24	14
*500 Free, 400 IM and 1000 Free will be swum				
FASTEST to SLOWEST				

#### Saturday, March 2, 2019

13 & Over Prelim Events

Warm-up: 6:30-7:20 AM, Events: 7:30 AM

	No Faster		No Faster	
Girl's	Than		Than	Boy's
Event#	(SCY)	Event	(SCY)	Event#
19	59:89	13 & Over 100 yd Butterfly	56:62	20
23	2:31.02	13 & Over 200 yd Breaststroke	2:20.04	24
27	1:58.49	13 & Over 200 yd Freestyle	1:52.23	28
31	2:12.19	13 & Over 200 Backstroke	2:05.32	32
35	54.73	13 & Over 100 yd Freestyle	51.04	36
39	1:55.77	13 & Over 200 yd Medley Relay	1:51.13	40

### Saturday, March 2, 2019

9-12 Prelim Events

Warm-up: 10:30-11:20 AM, Events: 11:30 AM

Girl's Event#	No Faster Than (SCY)	Event	No Faster Than (SCY)	Boy's Event#
			<u> </u>	
15	2:21.85	9-12 200 yd Backstroke	2:21.56	16
17	32.06	9-10 50 yd Butterfly	32.53	18
	28.91	11-12 50 yd Butterfly	28.66	
21	1:24.22	9-10 100 yd Breaststroke	1:22.55	22
	1:15.10	11-12 100 yd Breaststroke	1:13.34	
25	2:21.92	9-10 200 yd Freestyle	2:21.71	26
	2:08.83	11-12 200 yd Freestyle	2:06.71	
29	1:13.81	9-10 100 yd Backstroke	1:12.36	30
	1:05.12	11-12 100 yd Backstroke	1:05.73	
33	29.46	9-10 50 yd Freestyle	28.63	34
	26.83	11-12 50 yd Freestyle	26.17	
37	2:02.85	9-12 200 yd Medley Relay	2:02.50	38

### Saturday, March 2, 2019

8 & Under Timed Final Events

Warm-up: 2:30-3:10 PM, Events: 3:15 PM

Girl's		Boy's	
Event#	Event	Event#	
41	8 & Under 100 yd Freestyle	42	
43	8 & Under 25 yd Butterfly	44	
45	8 & Under 25 yd Breaststroke	46	
47	8 & Under 50 yd Backstroke	48	
49	8 & Under 50 yd Freestyle	50	
51	8 & Under 200 yd Freestyle Relay	52	
* All Sv	* All Swimmers must have a legal time to enter.		

# Saturday, March 2, 2019 FINALS

Warm-up: 5:15-6:05 PM, Events: 6:15 PM

Girl's		Boy's
Event#	Event	Event#
15	9-12 200 yd Backstroke	16
17	9-10 50 yd Butterfly	18
	11-12 50 yd Butterfly	
19	13-14 100 yd Butterfly	20
	15 & Over 100 yd Butterfly	
21	9-10 100 yd Breaststroke	22
	11-12 100 yd Breaststroke	
23	13-14 200 yd Breaststroke	24
	15 & Over 200 yd Breaststroke	
25	9-10 200 yd Freestyle	26
	11-12 200 yd Freestyle	
27	13-14 200 yd Freestyle	28
	15 & Over 200 yd Freestyle	
29	9-10 100 yd Backstroke	30
	11-12 100 yd Backstroke	
31	13-14 yd 200 Backstroke	32
	15 & Over yd 200 Backstroke	
33	9-10 50 yd Freestyle	34
	11-12 50 yd Freestyle	
35	13-14 100 yd Freestyle	36
	15 & Over 100 yd Freestyle	

#### Sunday, March 3, 2019

#### 13 & Over Prelim Events

Warm-up: 6:30-7:20 AM, Events: 7:30 AM

Girl's	No Faster Than		No Faster Than	Pov!s
Event#	(SCY)	Event	(SCY)	Boy's Event#
57	1:01.34	13 & Over 100 yd Backstroke	57.43	58
61	2:13.79	13 & Over 200 yd Individual Medley	2:04.03	62
65	2:16.38	13 & Over 200 yd Butterfly	2:08.37	66
69	24.97	13 & Over 50 yd Freestyle	23.47	70
73	1:09.75	13 & Over 100 yd Breaststroke	1:03.38	74
77	1:44.07	13 & Over 200 yd Freestyle Relay	1:38.69	78

#### Sunday, March 3, 2019

9-12 Prelim Events

Warm-up: 10:30-11:20 AM, Events: 11:30 AM

6: 11	No Faster		No Faster	
Girl's	Than		Than	Boy's
Event #	(SCY)	Event	(SCY)	Event#
53	2:44.71	9-12 200 yd Breaststroke	2:40.54	54
55	34.04	9-10 50 yd Backstroke	33.22	56
	29.55	11-12 50 yd Backstroke	30.54	
59	1:13.66	9-10 100 yd Individual Medley	1:13.53	60
	1:06.57	11-12 100 yd Individual Medley	1:05.92	
63	1:12.65	9-10 100 yd Butterfly	1:15.81	64
	1:04.75	11-12 100 yd Butterfly	1:04.42	
67	1:04.56	9-10 100 yd Freestyle	1:03.45	68
	57.82	11-12 100 yd Freestyle	57.36	
71	38.42	9-10 50 yd Breaststroke	37.64	72
	34.12	11-12 50 yd Breaststroke	33.62	
75	1:50.98	9-12 200 yd Freestyle Relay	1:49.89	76

### Sunday, March 3, 2019

#### 8 & Under Timed Final Events

Warm-up: 2:30-3:10 PM, Events: 3:15 PM

Girl's		Boy's		
Event#	Event	Event #		
79	8 & Under 100 yd Individual Medley	80		
81	8 & Under 50 yd Butterfly	82		
83	8 & Under 50 yd Breaststroke	84		
85	8 & Under 25 yd Backstroke	86		
87	8 & Under 25 yd Freestyle	88		
89	8 & Under 200 yd Medley Relay	90		
* All	* All Swimmers must have a legal time to enter.			

# Sunday, March 3, 2019 FINALS

Warm-up: 5:15-6:05 PM, Events: 6:15 PM

Girl's		Boy's
Event #	Event	Event#
53	9-12 200 yd Breaststroke	54
55	9-10 50 yd Backstroke	56
	11-12 50 yd Backstroke	
57	13-14 100 yd Backstroke	58
	15 & Over 100 yd Backstroke	
59	9-10 100 yd Individual Medley	60
	11-12 100 yd Individual Medley	
61	13-14 200 yd Individual Medley	62
	15 & Over 200 yd Individual Medley	
63	9-10 100 yd Butterfly	64
	11-12 100 yd Butterfly	
65	13 & Over 200 yd Butterfly	66
67	9-10 100 yd Freestyle	68
	11-12 100 yd Freestyle	
69	13-14 50 yd Freestyle	70
	15 & Over 50 yd Freestyle	
71	9-10 50 yd Breaststroke	72
	11-12 50 yd Breaststroke	
73	13-14 100 yd Breaststroke	74
	15 & Over 100 yd Breaststroke	