

## **Frozen 5 Meet**

December 9<sup>th</sup>, 2018 Sanction # PVI-19-34





MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR
Paris Jacobs	Courtney Johnston	Courtney Johnston
paris@machineaquatics.com	officials@machineaquatics.com	officials@machineaquatics.com
571.238.7657		

SANCTION	Held under the sanction of USA Swimming through Potomac Valley Swimming: <b>PVI-19-34.</b> In granting this canction it is understood and agreed that USA Swimming. Retemas Valley.				
	<ul> <li>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley</li> <li>Swimming, Machine Aquatics and Fairland Aquatic Center shall be held free and harmless from</li> </ul>				
	any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.				
FACILITY	Fairland Aquatic Center				
	13820 Old Gunpowder Road				
	Laurel, MD 20707-3116				
	(301) 301-362-6060				
	8 lanes, 25 yards				
	<ul> <li>Water depth range of 7' – 13' at both the start and turn ends.</li> </ul>				
	The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2(C).				
ENTRY DEADLINE	Friday, December 7 <sup>th</sup> , 2018				
	IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.				
SCHEDULE	Sunday, December 9 <sup>th</sup> , 2018				
	Warm Up: 7:15- 7:55 AM/ Events: 8:05 AM				
	Meet Director reserves the right to adjust times/sessions after entries are received.				
ELIGIBILITY	Open to all registered swimmers from PVS/ USAS teams.				
DISABILITY SWIMMERS	PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.				
TIMING SYSTEM	Semi-Automatic timing (buttons primary) will be used for this meet.				
RULES	Current USA Swimming rules shall govern this meet.				
	No on-deck USA-S registration is permitted.				
	<ul> <li>In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker</li> </ul>				

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	rooms. Per PVS policy, the use of equipment capable of taking pictures (i.e., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
	Deck changes are prohibited.
	<ul> <li>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> </ul>
	<ul> <li>Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> </ul>
	• Dive-over starts may be used at this meet during 9&Over events. The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	Swimmers may participate in up to 5 events.
	All events are timed finals.
POSITIVE CHECK IN	Meet Management reserves the right to positive check-in all 200 yard events if needed for timeline purposes.
WARM-UP	The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.
SUPERVISION	Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
AWARDS	<ul> <li>Medals will be given for places 1-6 in each individual event.</li> <li>Medals will be given for places 1-3 for relay events.</li> </ul>
PROGRAMS	Programs will not be sold for this meet. The meet will be published to meet mobile.
CREDENTIALS	<ul> <li>Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.</li> </ul>
SPECTATOR ENTRY FEE	There is no spectator entry fee for this meet.
OFFICIALS	Each participating club is requested to provide at least one table worker or official (Referee Starter, Chief Judge or Stoke & Turn Judge) per session if entering 25 or more splashes.
	Please contact Courtney Johnson at <u>officials@machineaquatics.com</u> to work the meet.
	<ul> <li>Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.</li> </ul>
TIMERS	Participating clubs are requested to provide timers in proportion to their entries. One timer is requested for each 25 entries.
ENTRY PROCEDURES	Entries should be submitted by email to the Meet Director.
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	<ul> <li>Include in the subject of the email, "Frozen 5- ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email</li> <li>Include in entry email: entry file, report of entries by name, report of entries by event.</li> </ul>			
				tries by event.
	In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).			
	Entries directly from individual team members will not be accepted.			
	Entries by phone or fax will not be accepted.			
	The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.			
	way, or permits an unregis	Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.		
ENTRY FEES	Per Swimmer Sur	charge: No Charge	Relay event fee:	\$12.00
	Individual event f	ee: \$5.50	Deck entries:	\$10.00
	<ul> <li>Make checks payable to Machine Aquatics, LLC. Checks may be mailed to:</li> </ul>			
	<ul> <li>Machine Aquation</li> <li>204-D Mill Street</li> <li>Vienna, VA 2218</li> </ul>	t, NE		
	<ul> <li>Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Adr at the conclusion of the meet.</li> </ul>			VS Administrative Office

## **Frozen 5 Meet**

## Sunday, December 9<sup>th</sup>, 2018

Warm Up: 7:15- 7:55 AM/ Events: 8:05 AM

Girls Event #	Event	Boys Event #
1	10 Year Old 200 Individual Medley	2
3	9 Year Old 200 Individual Medley	4
5	8 Year Old 100 Individual Medley	6
7	7 Year Old 100 Individual Medley	8
9	6 & Under 100 Individual Medley	10
11	10 Year Old 50 Freestyle	12
13	9 Year Old 50 Freestyle	14
15	8 Year Old 25 Freestyle	16
17	7 Year Old 25 Freestyle	18
19	6 & Under 25 Freestyle	20
21	10 Year Old 50 Backstroke	22
23	9 Year Old 50 Backstroke	24
25	8 Year Old 25 Backstroke	26
27	7 Year Old 25 Backstroke	28
29	6 & Under 25 Backstroke	30
31	10 Year Old 50 Breaststroke	32

Girls Event #	Event	Boys Event #
33	9 Year Old 50 Breaststroke	34
35	8 Year Old 25 Breaststroke	36
37	7 Year Old 25 Breaststroke	38
39	6 & Under 25 Breaststroke	40
41	10 Year Old 50 Butterfly	42
43	9 Year Old 50 Butterfly	44
45	8 Year Old 25 Butterfly	46
47	7 Year Old 25 Butterfly	48
49	6 & Under 25 Butterfly	50
51	9-10 Year Old 100 Freestyle	52
53	7-8 Year Old 100 Freestyle	54
55	6 & Under 100 Freestyle	56
57	7-8 Year Old 50 Freestyle	58
59	6 & Under 50 Freestyle	60
61	9-10 100 Freestyle Relay	62
63	7-8 100 Freestyle Relay	64
65	6 & Under 100 Freestyle Relay	66