

## November Friendship Mini Meet

## November 4, 2018 Sanction # PVI-19-18

Hosted by:



**YORK Swim Club** 

Carolyn Kotarski
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SANCTION	Held under the sanction of USA Swimming through Potomac Valley Swimming: PVI-19-18			
	<ul> <li>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley         Swimming, York Swim Club and Providence Rec Center shall be held free and harmless from any         and all liabilities or claims for damages arising by reason of injuries to anyone during the         conduct of this event.</li> </ul>			
FACILITY	<ul> <li>Providence Recreation Center         7525 Marc Drive         Falls Church, VA 22042         703-698-1350</li> <li>8 lane, 25 yard pool. Water depth ranges from 4'-12.5' at both the starting and turning ends.</li> <li>The competition course has not been certified in accordance with current USA Swimming Rule And Regulations, Article 104.2.2(C).</li> </ul>			
ENTRY DEADLINE	Entries are due by 5:00 pm on Tuesday, October 23 <sup>rd</sup> 2018.			
SCHEDULE	<ul> <li>Warm-Ups: 6:00 am Events Begin: 6:30 am</li> <li>Meet Director reserves the right to adjust times/sessions after entries are received</li> </ul>			
ELIGIBILITY	<ul> <li>Open to all Potomac Valley Swimming registered athletes that participate on the invited teams: FBST, MAKO, PM, SDS, YORK</li> <li>Swimmers may only participate in their own age group, based upon their age on the first day of the meet.</li> </ul>			
DISABILITY SWIMMERS	PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.			
TIMING SYSTEM	Semi-automatic (buttons primary) will be used for this meet			
RULES	<ul> <li>Current USA Swimming rules shall govern this meet.</li> <li>No Late entries are permitted for this meet.</li> <li>No on-deck USA-S registration is permitted.</li> <li>Deck entries must be submitted with payment (\$10.00 per event) no later than 20 minutes prior to the first event. No new heats will be created.</li> </ul>			

	<ul> <li>In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (i.e., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> </ul>		
	Deck changes are prohibited.		
	<ul> <li>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> </ul>		
	<ul> <li>Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> </ul>		
	• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.		
EVENT RULES	All events are timed finals.		
	A swimmer may enter no more than three (3) individual events.		
AWARDS	Ribbons will be awarded for 1st through 8th place in all events.		
WARM-UP	The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.		
SUPERVISION	Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.		
PROGRAMS	Will be emailed to attending teams no later than Thursday, November 1 <sup>st</sup> 2018. No programs will be sold at the meet.		
CREDENTIALS	Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.		
SPECTATOR ENTRY FEE	• None		
OFFICIALS	• Each participating club is requested to provide at least one table worker or official (Referee Starter, Chief Judge or Stoke & Turn Judge) per session if entering 25 or more splashes.		
	Officials interested in volunteering should contact Carolyn Kotarski ( <a href="mailto:ckotarski@gmail.com">ckotarski@gmail.com</a> ).		
	<ul> <li>Officials assigned to this meet should sign in at the recording table 10 minutes before the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.</li> </ul>		
TIMERS	The host club will provide at least 1 timer per lane. Each participating club is requested to provide at least one official and 3 timers per session if entering 25 or more swimmers.		

ENTRY PROCEDURES	Entries should be submitted using Hy-Tek Team Manager by email to the Meet Director.			
	• Include in the subject of the email, "November Friendship Mini Meet-***" with the club's initials in place of the asterisks. Also include training site if your club submits multiple entry files.			
	• The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.			
	<ul> <li>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid by that club.</li> </ul>			
ENTRY FEES	<ul> <li>Individual event fee: \$7.00</li> <li>Deck entries: \$10.00 per individual event</li> </ul>			
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Session 1					
Sunday November 4, 2018					
Warm-up: 6:00 AM					
Events: 6:30 AM					
Girls	Event	Boys			
Event #		Event #			
1	8 and under 50 Back	2			
3	8 year old 25 Back	4			
5	7 and under 25 Back	6			
7	8 and under 50 Fly	8			
9	8 year old 25 Fly	10			
11	7 and under 25 Fly	12			
13	8 and under 50 Free	14			
15	8 year old 25 Free	16			
17	7 year old 25 Free	18			
19	6 and under 25 Free	20			
21	8 and Under 50 Breast	22			
23	8 year old 25 Breast	24			
25	7 and under 25 Breast	26			
27	8 and under 100 IM	28			