# **GREEN & GOLD MINI MEET**

### Sponsored by DC Department of Parks and Recreation Hosted by DC Wave Swim Team Saturday, October 27<sup>th</sup> 2018

Sanctioned by USA Swimming through Potomac Valley Swimming
Sanction # PVC-19-11

Meet	Rob Green				
Director	Robert.green@dc.gov   (202) 256-4718				
Meet	Carla Austin				
Referee	Caustin.enllc@gmail.com				
Officials	Erika Livingston				
Chair	Erika@aimstutoring.com				
	Turkey Thicket Aquatic Center   1100 Michigan Avenue NE, Washington, DC 20017				
Facility	The competition course has not been certified in accordance with USA Swimming Rules				
	and Regulations Article 104.2.2(c).  Start end depth is 10 feet, turn end depth is 3.5 feet.				
Schedule					
	Warm Up 9:30 – 10:15 am   Events 10:25 am				
Timing System	Semi-Automatic (buttons primary) will be used for this meet.				
	Open to all 10 & Under USA Swimming registered athletes. A swimmer's age shall be determined as of the first day of the meet.				
	determined as of the mist day of the meet.				
Eligibility	Swimmers may enter a maximum of four (4) events.				
	Current USA Swimming Rules shall govern the meet.				
	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy				
Inclusion	as adopted by the BOD. Athletes with a disability are welcome and asked to provide				
Policy	advance notice of desired accommodations to the Meet Director. The athlete's coach is				
	responsible for notifying the session referee of any disability prior to the competition.				
	Current USA Swimming rules shall govern the meet.  All events are timed finals.				
	No on-deck USA-S registration is permitted.				
Rules	a. In compliance with USA Swimming Rules and Regulations, the use of				
	audio or visual recording devices, including a cell phone is not				
	permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures				
	(i.e. cell phones, cameras, etc.) is banned from behind the starting				
	blocks during the entire meet, including warm up, competition and				
	cool down periods.				

	<b>b.</b> Deck changes are prohibited.				
	<b>c.</b> Any swimmer entered in the meet must be certified by a USA				
	Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When				
	unaccompanied by a member-coach, it is the responsibility of the				
	swimmer or the swimmer's legal guardian to ensure compliance				
	with this requirement.				
	<b>d.</b> The Meet Director and the PVS Technical Committee reserve the				
	right to limit events, heats, swimmers or adjust the format to				
	conform with th <mark>e</mark> 4-hour provision for sessions that include 12 & U				
	events per Rule 205.3.1F.				
	e. Operation of a drone or any other flying devices is prohibited over				
	the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or				
	spectators are present.				
	Coaches must be registered with USA Swimming. Coaches are responsible for the				
	conduct of their athletes and families and friends, as well as maintaining clean team				
	areas during and following each session.				
Supervision					
	Only athletes, coaches, timers and USA Swimming certified deck officials (trainees) are				
	permitted on the deck. Coaches and deck officials must display valid 2018-2019 USA Swimming credentials.				
Warm Up	The prescribed PVS Warm-up procedures and safety policies will be followed.				
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Awards	1 <sup>st</sup> – 8 <sup>th</sup> ribbons will be awarded for each age group.				
	All certified USA Swimming officials wishing to volunteer to work this meet should cont the Club Officials Chair - Erika Livingston at <a href="mailto:Erika@aimstutoring.com">Erika@aimstutoring.com</a> . Please include you club affiliation, certifications held, and sessions you wish to work in your email message				
Officials	Certified officials who have not been contacted should volunteer their services to the				
	Meet Referee early during the warm-up period. Officials assigned to this meet should sign				
	in at the results table at the start of warm-up.				
	The host club will provide at least one timer per lane. Participating clubs are requested to				
Timers	provide timers in proportion to their entries (1 timer per 25 entries). Upon submission of				
A 1	the meet entry, clubs will be notified of the number of timers to be provided.				
Admission	There is no admission charge. This event is open to the public free of charge.				
	Entries fees are to be made payable to the "DC Wave Booster Club". Fees				
	are non- refundable. Entries will not be considered received until all fees are paid.				
	para				
Fees	Fees for individual events are \$3.00, and \$6.00 for relay events. Each team/club is				
	requested to remit only one check or money order to cover entry fees. NO CASH				
	PAYMENTS WILL BE ACCEPTED.				
	Entry fees are due no later than Wednesday, October 24 <sup>th</sup> 2018.				
	Entries must be submitted electronically via e-mail. Follow the instructions under the				
Entries	appropriate heading below.				
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Entries must indicate the athlete's legal name and date of birth. Each club is requested to remit one check to cover the entry fees for the entire team. Please put the club name on the entry check (if not a club check) and note the number of entries. Please <u>DO NOT</u> send cash. Meet director has been instructed not to accept telephone or fax entries.

#### **Electronic Entries:**

Electronic entries should be submitted using the Hy-Tek Team Management Program or Team Unify.

#### Files should include:

- Export of meet entries
- Entry report by name
- Entry report by event

#### E-mail Entries:

Club E-mail entries will be accepted provided the transmission time is prior to entry deadline. Attach a report by event and by name (save as Word for Windows in Team Manager). Attach export of meet entry file from Team Manager. In the body of the e-mail give the total number of splashes (men, women, total entry) and contact information (name, phone, e-mail address).

Remember to also send entry fee check via USPS to:

Takoma Aquatic Center
Attn: Rob Green
300 Van Buren Street, NW
Washington, DC 20012

Clubs submitting by email should submit entries to the meet director (listed above.) Include in the subject heading type, Green and Gold Mini Meet –"\*\*\*" with the club's initials substituted in place of the asterisks. The meet director will acknowledge receipt by return e-mail within 24 hours. Clubs that do NOT receive an acknowledgment of receipt of their entries should call the meet director to confirm receipt.

Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.

#### Deadline

All entries must be in the Meet Director's hands by Wednesday, October 17th, 2018.

#### Liability

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Turkey Thicket Aquatic Center and DC Wave Swim Team shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



## ORDER OF EVENTS

Saturday, October 27 <sup>th</sup>			
Warm Up 9:30 - 10:15 am   Events 10:25 am			
Girls	Events	Boys	
1	10 & Under 200 Medley Relay	2	
3	8 & Un <mark>de</mark> r 100 Medley Relay	4	
5	10 & Under 100 Butterfly	6	
7	8 & Under 25 Butterfly	8	
9	10 & Under 50 Breaststroke	10	
11	10 & Under 100 Freestyle	12	
**** 10 MINUTE BREAK ****			
13	10 & Under 100 I.M.	14	
15	8 & Under 25 Backstroke	16	
17	10 & Under 50 Backstroke	18	
19	8 & Under 25 Breaststroke	20	
21	10 & Under 50 Freestyle	22	
23	8 & Under 25 Freestyle	24	
25	10 & Under 100 Backstroke	26	
**** 10 MINUTE BREAK ****			
27	10 & Under 100 Breaststroke	28	
29	10 & Under 50 Butterfly	30	
31	8 & Under 100 Freestyle Relay	32	
33	10 & Under 200 Freestyle Relay	34	



