

2009 ConocoPhillips National Championships  
(World Champ Trials)

Women			Event	Men		
LCM	SCM	SCY		SCY	SCM	LCM
26.39	25.59	22.89	50 Fr	19.99	22.49	23.29
56.99	55.39	49.69	100 Fr	43.89	49.29	50.89
2:03.09	1:59.89	1:47.19	200 Fr	1:36.49	1:49.69	1:52.89
4:19.39	4:12.99	4:45.49	400/500 Fr	4:22.69	3:53.59	3:59.99
8:50.49	8:44.09	9:59.39	800/1000 Fr	9:17.29	8:14.03	8:19.29
17:04.09	17:13.99	16:28.79	1500/1650 Fr	15:24.49	15:29.59	15:53.59
1:03.89	1:02.69	54.79	100 Bk	48.59	56.49	57.69
2:17.49	2:15.09	1:58.29	200 Bk	1:45.89	2:02.59	2:04.99
1:12.29	1:10.29	1:02.39	100 Br	54.86	1:02.69	1:04.69
2:35.99	2:31.99	2:14.99	200 Br	1:59.89	2:16.79	2:20.79
1:01.59	1:00.19	53.89	100 Fl	47.89	53.59	54.99
2:16.69	2:13.89	1:59.29	200 Fl	1:46.79	2:01.09	2:03.89
2:19.59	2:16.39	2:00.29	200 IM	1:47.59	2:03.99	2:07.19
4:55.89	4:49.49	4:16.29	400 IM	3:53.29	4:24.09	4:30.49
3:51.09	3:44.69	3:25.99	400 Fr-Rel	3:00.44	3:20.29	3:26.69
8:21.59	8:08.79	7:20.35	800 Fr-Rel	6:38.29	7:22.10	7:42.49
4:16.19	4:09.79	3:45.09	400 Med-Rel	3:21.79	3:43.89	3:50.29

Qualifying period: Nov. 29, 2007 to entry deadline

updated: 08/25/08