

POTOMAC VALLEY SWIMMING RECORDS

08/27/2018

Men's LCM LSC Records

Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
Open	50 FR	22.42	01/01/1995	PV-CUBU	Jon Olsen	Historical Record
Open	100 FR	48.76	07/12/2018	PV-NCAP	Jack Conger	2018 ST TXLA Speedo Southern Sectionals
Open	200 FR	1:45.77	06/28/2016	PV-NCAP	Jack Conger	2016 USA Olympic Team Trials
Open	400 FR	3:47.33	08/02/2011	PV-SNOW	Matt McLean	2011 Conoco Phillips National Championships
Open	800 FR	7:56.33	01/01/1994	PV-CUBU	Tom Dolan	Historical Record
Open	1500 FR	15:07.82	08/06/2014	PV-NCAP	Andrew Gemmell	2014 US Summer Nationals
Open	100 BK	54.04	07/10/2013	PV-UN	Jack Conger	2013 Summer University Games
Open	200 BK	1:55.47	07/10/2013	PV-UN	Jack Conger	2013 Summer University Games
Open	100 BR	1:00.21	04/01/2003	PV-CUBU	Ed Moses	2003 Conoco Phillips National Championships
Open	200 BR	2:10.16	01/01/1992	PV-CUBU	Mike Barrowman	Historical Record WORLD RECORD
Open	100 FL	51.00	03/01/2018	PV-NCAP	Jack Conger	2018 TYR Pro Swim Series - Atlanta
Open	200 FL	1:54.47	06/27/2017	PV-NCAP	Jack Conger	2017 Summer National Champs
Open	200 IM	1:59.45	07/29/2018	PV-NCAP	John Shebat	2018 Summer Nats
Open	400 IM	4:11.76	08/01/2000	PV-CUBU	Tom Dolan	2000 Olympic Games WORLD RECORD
Open	200 FR-R	1:34.58	07/28/2015	PV-NCAP	Rory Lewis, Christopher Murphy, Luke Jones, Carsten Vissering	2015 IN NCSA Summer Swimming
Open	400 FR-R	3:20.29	01/01/1995	PV-CUBU	Joe Hudepohl, Mark Henderson, Tom Dolan, Jon Olsen	Historical Record
Open	800 FR-R	7:25.89	01/01/1995	PV-CUBU	Jon Olsen, Mark Henderson, Tom Dolan, Joe Hudepohl	Historical Record
Open	200 MED-R	1:44.37	07/28/2015	PV-NCAP	Christopher Murphy, Carsten Vissering, Rory Lewis, Brandon Fabian	2015 IN NCSA Summer Swimming
Open	400 MED-R	3:39.55	08/10/2015	PV-NCAP	John Shebat, Andrew Seliskar, Jack Conger, James William Jones	2015 U.S. National Championship

USA Swimming