

**PVS LCM Resident Records
as of May 1. 2025**

Age Group	Gender	Event	First	Last	Team	Meet	Time	Swim Date
10 & Under	F	50 FR LCM	Lauren	Stinnett	Solotar Swim Club	Unknown Record Meet 824	29.07	1/1/1991
10 & Under	F	100 FR LCM	Lauren	Stinnett	Solotar Swim Club	Unknown	1:04.41	1/1/1991
10 & Under	F	200 FR LCM	Bella	Rongione	The Fish	2010 PV Eastern Zone LC Championships	2:19.01	8/11/2010
10 & Under	F	400 FR LCM	Courtney	Watts	The Fish	2016 MR Eastern Zone LC Championship	4:49.46	8/5/2016
10 & Under	F	50 BK LCM	Lauren	Stinnett	Solotar Swim Club	Unknown	32.60	1/1/1991
10 & Under	F	100 BK LCM	Lauren	Stinnett	Solotar Swim Club	Unknown	1:08.80	1/1/1991
10 & Under	F	50 BR LCM	Emma	Lantry	Rockville Montgomery Swim Club	2017 VA Eastern Zone LC Champi	36.87	8/9/2017
10 & Under	F	100 BR LCM	Emma	Lantry	Rockville Montgomery Swim Club	2017 VA Eastern Zone LC Champi	1:19.99	8/11/2017
10 & Under	F	50 FL LCM	Janet	Hu	Curl Burke Swim Club	2006 PV Fall LC Invite	31.67	11/4/2006
10 & Under	F	100 FL LCM	Janet	Hu	Curl Burke Swim Club	2006 PV LC Age Group Champs	1:10.53	7/20/2006
10 & Under	F	200 IM LCM	Courtney	Watts	The Fish	2016 MR Eastern Zone LC Championship	2:38.41	8/6/2016
10 & Under	F	200 FR-R LCM	Lauren West, Sydney Allen, Nina Allen, Amy Lamb		Rockville Montgomery Swim Club	2015 PV LC 14&U Championships	2:03.30	7/19/2015
10 & Under	F	200 MED-R LCM	Courtney Watts, Bridget O'Shaughnessy, Kathleen Modder, Victoria Valko		The Fish	2015 PV LC 14&U Championships	2:20.68	7/17/2015

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Age Group	Gender	Event	First	Last	Team	Meet	Time	Swim Date
11-12	F	50 FR LCM	Lauren	Stinnett	Solotar Swim Club	Unknown Record Meet 872	27.03	1/1/1993
11-12	F	100 FR LCM	Lauren	Stinnett	Solotar Swim Club	Unknown Record Meet 872	58.63	1/1/1993
11-12	F	200 FR LCM	Bella	Rongione	The Fish	2012 PV LC 14&U Championships	2:07.48	7/19/2012
11-12	F	400 FR LCM	Bella	Rongione	The Fish	2012 PV Maryland State LC Meet	4:22.35	6/1/2012
11-12	F	800 FR LCM	Bella	Rongione	The Fish	2012 Summer Junior Nats	8:55.43	8/13/2012
11-12	F	1500 FR LCM	Bella	Rongione	The Fish	2012 Summer Junior Nats	16:48.12	8/13/2012
11-12	F	50 BK LCM	Phoebe	Bacon	Nation's Capital Swim Club	2015 IN NCSA Summer Swimming	30.40	8/1/2015
11-12	F	100 BK LCM	Lauren	Stinnett	Solotar Swim Club	Unknown Record Meet 872	1:04.32	1/1/1993
11-12	F	200 BK LCM	Janet	Hu	Curl Burke Swim Club	2008 PV Senior LC Championships	2:19.90	7/10/2008
11-12	F	50 BR LCM	Joyce	Wu	Rockville Montgomery Swim Club	2017 VA Eastern Zone LC Champi	33.50	8/11/2017
11-12	F	100 BR LCM	Joyce	Wu	Rockville Montgomery Swim Club	2017 PV AP MCSL Coaches Long Course	1:14.25	7/11/2017
11-12	F	200 BR LCM	Anna	Keating	Machine Aquatics	2015 NC STAR Futures Meet	2:39.67	8/1/2015
11-12	F	50 FL LCM	Cassidy	Bayer	Curl Burke Swim Club	2012 PV LC 14&U Championships	28.23	7/19/2012
11-12	F	100 FL LCM	Cassidy	Bayer	Curl Burke Swim Club	2012 NI - Speedo Champions Series	1:01.75	8/2/2012
11-12	F	200 FL LCM	Cassidy	Bayer	Curl Burke Swim Club	2012 NI - Speedo Champions Series	2:15.02	8/2/2012
11-12	F	200 IM LCM	Bella	Rongione	The Fish	2012 Speedo Junior National Ti	2:24.87	8/13/2012
11-12	F	400 IM LCM	Bella	Rongione	The Fish	2012 PV LC 14&U Championships	5:02.19	7/19/2012
11-12	F	200 FR-R LCM	Erin Gemmell, Maren Conze, Camille Spink, Jordan Durocher		Nation's Capital Swim Club	2017 PV LC 14&U Championships	1:54.28	7/23/2017
11-12	F	400 FR-R LCM	Sinead Eksteen, Gabby Zhang, Katie Mack, Olivia Jubin		Nation's Capital Swim Club	2013 PV LC 14&U Championships	4:12.07	7/11/2013
11-12	F	200 MED-R LCM	Kate Hallmark, Carly Sebring, Aris Runnels, Giulia Baroldi		Nation's Capital Swim Club	2016 PV LC 14&U Championships	2:06.89	7/21/2016
11-12	F	400 MED-R LCM	Erin Gemmell, Eleanor Sun, Jordan Durocher, Maren Conze		Nation's Capital Swim Club	2017 PV LC 14&U Championships	4:39.61	7/23/2017

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Age Group	Gender	Event	First	Last	Team	Meet	Time	Swim Date
13-14	F	50 FR LCM	Camille	Spink	Nation's Capital Swim Club	2019 PV NCAP June LC Invitational	25.97	6/1/2019
13-14	F	100 FR LCM	Erin	Gemmell	Nation's Capital Swim Club	2019 PV AP MCSL Coaches LC	55.87	7/9/2019
13-14	F	200 FR LCM	Erin	Gemmell	Nation's Capital Swim Club	2019 Summer Nationals	1:59.85	8/1/2019
13-14	F	400 FR LCM	Katie	Ledecky	Curl Burke Swim Club	2012 Pro Swim - Missouri	4:09.30	2/10/2012
13-14	F	800 FR LCM	Katie	Ledecky	Curl Burke Swim Club	2012 Pro Swim - Missouri	8:30.14	2/10/2012
13-14	F	1500 FR LCM	Katie	Ledecky	Curl Burke Swim Club	2011 Summer Junior Nats	16:24.46	8/8/2011
13-14	F	50 BK LCM	Virginia	Hinds	All Star Aquatics	2023 FL ISCA International Senior Cup	30.16	3/24/2023
13-14	F	100 BK LCM	Phoebe	Bacon	Nation's Capital Swim Club	2017 NCSA Summer Champs	1:00.81	8/3/2017
13-14	F	200 BK LCM	Sadie	Buckley	Mason Makos Swim Team	2024 FL NCSA Swimming Championships	2:11.35	3/19/2024
13-14	F	50 BR LCM	Anna	Keating	Machine Aquatics	2017 NCSA Summer Champs	32.89	8/3/2017
13-14	F	100 BR LCM	Anna	Keating	Machine Aquatics	2017 NCSA Summer Champs	1:10.54	8/2/2017
13-14	F	200 BR LCM	Anna	Keating	Machine Aquatics	2017 PV LC Senior Championships	2:33.15	7/9/2017
13-14	F	50 FL LCM	Cassidy	Bayer	Nation's Capital Swim Club	2014 Summer Nationals	27.35	8/6/2014
13-14	F	100 FL LCM	Cassidy	Bayer	Nation's Capital Swim Club	2014 PV LC Senior Championships	59.75	7/17/2014
13-14	F	200 FL LCM	Cassidy	Bayer	Nation's Capital Swim Club	2014 Jr Pan Pacific Championships	2:09.08	8/27/2014
13-14	F	200 IM LCM	Erin	Gemmell	Nation's Capital Swim Club	2019 PV LC Open Championships	2:16.58	7/11/2019
13-14	F	400 IM LCM	Michelle	Griglione	Northern Virginia Flying Fish	1984 National Champs	4:45.75	8/14/1984
13-14	F	200 FR-R LCM	Abby Harter, Allison Kopac, Maya Fischer, Katie Mack		Nation's Capital Swim Club	2015 PV LC 14&U Championships	1:50.29	7/19/2015
13-14	F	400 FR-R LCM	Janet Hu, Taylor Vincent, Sofia Revilak Fonseca, Katie Ledecky		Curl Burke Swim Club	2010 PV LC Senior Champs	3:57.18	7/18/2010
13-14	F	800 FR-R LCM	Cassidy Bayer, Megan Byrnes, Lea Gwennap, Emily Meilus		Nation's Capital Swim Club	2013 PV LC Senior Championships	8:29.38	7/18/2013
13-14	F	200 MED-R LCM	Phoebe Bacon, Abby Harter, Jj Johnson, Maya Fischer		Nation's Capital Swim Club	2016 IN NCSA Summer Swimming Cham	1:58.07	8/9/2016
13-14	F	400 MED-R LCM	Emily Meilus, Jasmine Hellmer, Cassidy Bayer, Lea Gwennap		Nation's Capital Swim Club	2013 PV LC Senior Championships	4:22.61	7/18/2013

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15-16	F	50 FR LCM	Torri	Huske	Arlington Aquatic Club	2019 U.S. Open	25.40	12/5/2019
15-16	F	100 FR LCM	Torri	Huske	Arlington Aquatic Club	2019 World JR Champs	54.52	8/21/2019
15-16	F	200 FR LCM	Katie	Ledecky	Nation's Capital Swim Club	2013 World Champs	1:56.32	7/28/2013
15-16	F	400 FR LCM	Katie	Ledecky	Unattached	2013 World Champs	3:59.82	7/28/2013
15-16	F	800 FR LCM	Katie	Ledecky	Unattached	2013 World Champs	8:13.86	8/3/2013
15-16	F	1500 FR LCM	Katie	Ledecky	Unattached	2013 World Champs	15:36.53	7/30/2013
15-16	F	100 BK LCM	Phoebe	Bacon	Nation's Capital Swim Club	2019 Pan Am Games	59.02	8/10/2019
15-16	F	200 BK LCM	Phoebe	Bacon	Nation's Capital Swim Club	2019 PV LC Open Championships	2:09.11	7/14/2019
15-16	F	100 BR LCM	Anna	Keating	Machine Aquatics	2018 Summer Junior Nats	1:09.45	7/31/2018
15-16	F	200 BR LCM	Anna	Keating	Machine Aquatics	2019 Summer Nationals	2:26.90	8/1/2019
15-16	F	100 FL LCM	Torri	Huske	Arlington Aquatic Club	2019 U.S. Open	57.48	12/6/2019
15-16	F	200 FL LCM	Cassidy	Bayer	Nation's Capital Swim Club	2016 Olympic Trials	2:07.97	6/29/2016
15-16	F	200 IM LCM	Torri	Huske	Arlington Aquatic Club	2019 U.S. Open	2:11.70	12/5/2019
15-16	F	400 IM LCM	Michelle	Grigione	Northern Virginia Flying Fish	1984 National Champs	4:45.75	8/14/1984
15-16	F	200 FR-R LCM	Keyla Brown, Abby Harter, Maya Fischer, Katie Mack		Nation's Capital Swim Club	2017 NCSA Summer Champs	1:46.68	8/1/2017
15-16	F	400 FR-R LCM	Claire Nguyen, Madeline Laporte, Sinead Eksteen, Jasmine Hellmer		Nation's Capital Swim Club	2016 Futures - College Park	3:53.39	8/5/2016
15-16	F	800 FR-R LCM	Robyn Dryer, Hannah Baker, Andi Mack, Emily Meilus		Nation's Capital Swim Club	2014 IN NCSA Summer Swimming Cham	8:23.53	8/6/2014
15-16	F	200 MED-R LCM	Jing-e Tan, Sofie Davis, Claire Nguyen,		Nation's Capital Swim Club	2017 NCSA Summer Champs	1:59.73	8/1/2017
15-16	F	400 MED-R LCM	Keyla Brown, Emma Cigna, Lilla Wilbur, Caroline Agee, Caroline Kilty		Nation's Capital Swim Club	2024 Futures Championships - Richmond	4:20.27	7/28/2024

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Age Group	Gender	Event	First	Last	Team	Meet	Time	Swim Date
17-18	F	50 FR LCM	Torri	Huske	Arlington Aquatic Club	2021 NC TAC TITANS LC Premier	24.44	4/11/2021
17-18	F	100 FR LCM	Torri	Huske	Arlington Aquatic Club	2021 NC TAC TITANS LC Premier	53.46	4/9/2021
17-18	F	200 FR LCM	Katie	Ledecky	Nation's Capital Swim Club	2016 Pro Series - Austin	1:54.43	1/16/2016
17-18	F	400 FR LCM	Katie	Ledecky	Nation's Capital Swim Club	2014 Pan Pacific Champs	3:58.37	8/23/2014
17-18	F	800 FR LCM	Katie	Ledecky	Nation's Capital Swim Club	2016 Pro Series - Austin	8:06.68	1/17/2016
17-18	F	1500 FR LCM	Katie	Ledecky	Nation's Capital Swim Club	2015 World Champs	15:25.48	8/4/2015
17-18	F	100 BK LCM	Phoebe	Bacon	Nation's Capital Swim Club	2019 U.S. Open	58.63	12/6/2019
17-18	F	200 BK LCM	Phoebe	Bacon	Nation's Capital Swim Club	2019 U.S. Open	2:08.82	12/7/2019
17-18	F	100 BR LCM	Sarah	Haase	Rockville Montgomery Swim Club	2012 Olympic Trials	1:08.91	6/25/2012
17-18	F	200 BR LCM	Anna	Keating	Machine Aquatics	2020 Olympic Trials Wave II	2:27.87	6/17/2021
17-18	F	100 FL LCM	Torri	Huske	Arlington Aquatic Club	2020 Olympic Trials Wave II	55.66	6/13/2021
17-18	F	200 FL LCM	Cassidy	Bayer	Nation's Capital Swim Club	2017 U.S. Open	2:09.21	8/2/2017
17-18	F	200 IM LCM	Torri	Huske	Arlington Aquatic Club	2020 Olympic Trials Wave II	2:10.38	6/15/2021
17-18	F	400 IM LCM	Katie	Ledecky	Nation's Capital Swim Club	2015 Pro Series - Minneapolis	4:39.18	11/12/2015
17-18	F	200 FR-R LCM	Aris Runnels, Camille Spink, Maren Conze, Julia Simpson		Nation's Capital Swim Club	2022 IN NCSA Summer Swimming Championships2	1:44.52	7/28/2022
17-18	F	200 FR-R LCM	Aris Runnels, Camille Spink, Maren Conze, Julia Simpson		Nation's Capital Swim Club	2022 IN NCSA Summer Swimming Championships	1:44.52	7/28/2022
17-18	F	400 FR-R LCM	Delaney Bookstein, Allie Witdoeck, Erin Gemmell, Camille Spink		Nation's Capital Swim Club	2023 VA EZ LC Speedo Super Sectional Time Trials	3:49.81	5/19/2023
17-18	F	400 FR-R LCM	Delaney Bookstein, Allie Witdoeck, Erin Gemmell, Camille Spink		Nation's Capital Swim Club	2023 VA EZ LC Speedo Super Sectional	3:49.81	5/19/2023
17-18	F	800 FR-R LCM	Eleanor Sun, Maren Conze, Ella Myers, Camille Spink		Nation's Capital Swim Club	2022 IN NCSA Summer Swimming Championships	8:17.61	7/29/2022
17-18	F	800 FR-R LCM	Eleanor Sun, Maren Conze, Ella Myers, Camille Spink		Nation's Capital Swim Club	2022 IN NCSA Summer Swimming Championships2	8:17.61	7/29/2022
17-18	F	200 MED-R LCM	Aris Runnels, Eleanor Sun, Ella Myers, Camille Spink		Nation's Capital Swim Club	2022 IN NCSA Summer Swimming Championships2	1:55.12	7/27/2022

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Age Group	Gender	Event	First	Last	Team	Meet	Time	Swim Date
17-18	F	200 MED-R LCM	Aris Runnels, Eleanor Sun, Ella Myers, Camille Spink		Nation's Capital Swim Club	2022 IN NCSA Summer Swimming Championships	1:55.12	7/27/2022
17-18	F	400 MED-R LCM	Aris Runnels, Eleanor Sun, Ella Myers, Camille Spink		Nation's Capital Swim Club	2022 IN NCSA Summer Swimming Championships2	4:13.76	7/31/2022

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Age Group	Gender	Event	First	Last	Team	Meet	Time	Swim Date
Open	F	50 FR LCM	Torri	Huske	Arlington Aquatic Club	2024 Olympic Trials	24.09	6/22/2024
Open	F	100 FR LCM	Torri	Huske	Arlington Aquatic Club	2024 Olympic Games	52.29	7/31/2024
Open	F	200 FR LCM	Katie	Ledecky	Nation's Capital Swim Club	2016 Olympic Games	1:53.73	8/9/2016
Open	F	400 FR LCM	Katie	Ledecky	Nation's Capital Swim Club	2016 Olympic Games	3:56.46	8/7/2016
Open	F	800 FR LCM	Katie	Ledecky	Nation's Capital Swim Club	2016 Olympic Games	8:04.79	8/12/2016
Open	F	1500 FR LCM	Katie	Ledecky	Nation's Capital Swim Club	2015 World Champs	15:25.48	8/4/2015
Open	F	100 BK LCM	Phoebe	Bacon	Nation's Capital Swim Club	2019 U.S. Open	58.63	12/6/2019
Open	F	200 BK LCM	Phoebe	Bacon	Unattached	2022 Phillips 66 International Team Trials	2:05.08	4/27/2022
Open	F	100 BR LCM	Ellyn	Baumgardner	Curl Burke Swim Club	2012 Olympic Trials	1:07.19	6/25/2012
Open	F	200 BR LCM	Masami	Tanaka	Curl Burke Swim Club	2004 Olympic Games	2:25.87	8/14/2004
Open	F	100 FL LCM	Torri	Huske	Arlington Aquatic Club	2024 Olympic Trials	55.52	6/16/2024
Open	F	200 FL LCM	Cassidy	Bayer	Nation's Capital Swim Club	2016 Olympic Trials	2:07.97	6/29/2016
Open	F	200 IM LCM	Torri	Huske	Arlington Aquatic Club	2024 TYR Pro Swim Series - San Antonio	2:08.47	4/13/2024
Open	F	400 IM LCM	Katie	Ledecky	Nation's Capital Swim Club	2016 Atlanta Classic Swim Meet	4:37.93	5/13/2016
Open	F	200 FR-R LCM	Aris Runnels, Camille Spink, Maren Conze, Julia Simpson		Nation's Capital Swim Club	2022 IN NCSA Summer Swimming Championships	1:44.52	7/28/2022
Open	F	200 FR-R LCM	Aris Runnels, Camille Spink, Maren Conze, Julia Simpson		Nation's Capital Swim Club	2022 IN NCSA Summer Swimming Championships2	1:44.52	7/28/2022
Open	F	400 FR-R LCM	Tatum Wall, Sophie Duncan, Mackenzie McConagha, Erin Gemmell		Nation's Capital Swim Club	2021 Futures Championships - Richmond	3:47.78	7/31/2021
Open	F	800 FR-R LCM	Jill Berger, Sophie Duncan, Camille Spink, Erin Gemmell		Nation's Capital Swim Club	2021 Futures Championships - Richmond	8:14.75	7/30/2021
Open	F	200 MED-R LCM	Aris Runnels, Georgia Johnson, Carly Sebring, Camille Spink		Nation's Capital Swim Club	2019 NCSA Summer Champs	1:54.97	8/6/2019
Open	F	400 MED-R LCM	Tatum Wall, Eleanor Sun, Mackenzie McConagha, Erin Gemmell		Nation's Capital Swim Club	2021 Futures Championships - Richmond	4:11.73	8/1/2021

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15-18	F	200 FR-R LCM	Aris Runnels, Camille Spink, Maren Conze, Julia Simpson		Nation's Capital Swim Club	2022 IN NCSA Summer Swimming Championships	1:44.52	7/28/2022
15-18	F	400 FR-R LCM	Tatum Wall, Sophie Duncan, Mackenzie McConagha, Erin Gemmell		Nation's Capital Swim Club	2021 Futures Championships - Richmond	3:47.78	7/31/2021
15-18	F	800 FR-R LCM	Jill Berger, Sophie Duncan, Camille Spink, Erin Gemmell		Nation's Capital Swim Club	2021 Futures Championships - Richmond	8:14.75	7/30/2021
15-18	F	200 MED-R LCM	Aris Runnels, Eleanor Sun, Ella Myers, Camille Spink		Nation's Capital Swim Club	2022 IN NCSA Summer Swimming Championships	1:55.12	7/27/2022
15-18	F	400 MED-R LCM	Tatum Wall, Eleanor Sun, Mackenzie McConagha, Erin Gemmell		Nation's Capital Swim Club	2021 Futures Championships - Richmond	4:11.73	8/1/2021