



Potomac Valley Swimming Update – Friday, June 11, 2021

US Olympic Team Trials - The Wave I of Trials last week was very successful. Many PVS swimmers and former PVS swimmers placed prominently at the meet. Congratulations to all of them! The results of Wave I are available on the [Omega Timing website](#).

The Wave II meet, at which the US Olympic Team will be selected, begins this Sunday, June 13. Psych sheets, heat sheets, and a link to live results are available on the [USA Swimming website](#). Good luck to all the PVS swimmers competing in Wave II!

PVS LC Senior Championships - The [Meet Announcement](#) was published this week for the PVS LC Senior Championships to be held July 15-18 at Claude Moore. The qualifying times are Sectionals and the qualifying period is 1/1/2019. For officials it will be an Officials Qualifying Meet allowing for evaluations for National Certification.

PVS LC Age Group Championships - The [Meet Announcement](#) was published today for the LVS LC Age Group Championships to be held July 15-18 at the Freedom Center. This will be a prelims/finals format for our 14&U athletes. As in previous years, Saturday will be a timed finals session in the afternoon.

Minor Athlete Abuse Prevention Policy (MAAPP) 2.0 - This week, USA Swimming announced an updated version of MAAPP. All LSCs and clubs must adopt this new policy by September 1. More details will follow, but you can read the new policy (MAAPP 2.0) on the [USA Swimming website](#).

Paralympics Swimming - Are you interested in finding out more about coaching and supporting para swimmers? Peggy Ewald, a consultant for U.S. Paralympics Swimming, is holding a series of virtual clinics. Officials and parents of para swimmers may also benefit from these clinics. Links to the flyers for the clinics are below. The flyers contain information on how to sign up for the clinics.

- [A Foundations 1 Introduction, U.S. Paralympics Swimming](#) is scheduled on Sunday, June 27, 2021 at 8:00pm EDT.
- [Coaching a Para-Swimmer](#) is scheduled on Tuesday, June 29, 2021 at 11:30am EDT.

Stay safe! Stay healthy! Socially Distance! Wash your hands frequently. Get the vaccine when it's available to you. And, continue to wear your mask if you are not vaccinated and when required by your club or facility!

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Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, inclusion, and leadership in a safe, equitable environment.