



## Potomac Valley Swimming Update – Friday, April 16, 2021

**Zone Workshop and USA Swimming Committee Meetings** - USA Swimming will be holding their yearly Zone Workshop virtually this year. Although targeted at LSC leaders, it is open to anyone interested in getting involved or learning more about how the USA Swimming governance works. In addition, during the week prior to the workshop (Apr 20-29), many USA Swimming national committees will be having meetings. This, again, is another opportunity to see what is going on at USA Swimming. Information and Registration can be found on the [USA Swimming website](#). **The registration deadline is today, April 16.**

**USA Swimming 18&U Spring Virtual Championships** - USA Swimming created the 18&U Spring Virtual Championships to give age group swimmers an additional opportunity to compete against others across the country without having to travel to a particular meet. The time window was Mar 3-28 and leaderboards were created for short course and long course events. Many PVS athletes made these lists and you can see the results on the [USA Swimming website](#).

**USA Swimming Virtual Distance Challenge** - During the month of May, USA Swimming is running a Virtual Distance Challenge. This event consists of open water distances swum at athlete's home pools in non-sanctioned events. Details of the event can be found on the [USA Swimming website](#).

**USA Swimming National Select Camp** - USA Swimming will host the 2020 camp athletes in October 2021 (originally slated for January 2021 due to the Olympic year). Information can be found on the [USA Swimming website](#).

**Safe Sport Club Recognition** - USA Swimming has added some incentives to both the clubs and the LSCs for getting more clubs through the Safe Sport Club Recognition Program. Details of these incentives have been sent to all PVS clubs. Parents and athletes (12 and older) can help their club achieve this recognition by taking the [Athlete Protection Training](#). Currently, about 50% of PVS clubs have completed this program. Our goal is 100% participation. The PVS Safe Sport Chair, [Kelly Oipari](#), and I can assist you in the process.

Stay safe! Stay healthy! Socially Distance! Wash your hands frequently. Get the vaccine when it's available to you. And, continue to wear your mask!

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### Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, inclusion, and leadership in a safe, equitable environment.