



Potomac Valley Swimming Update – Friday, March 19, 2021

PVS Championship Series (Wave Meets) - The second and third meets of the PVS SC Championship Series began yesterday. The Wave II meet features Potomac Valley's elite 18&U athletes and the first day produced some very fast performances. Get all the information about the meet, including meet programs and results at the [Meet Central](#) page. The Wave IV meet is for our 10&U athletes and the excitement as they race is at a high level. Wave IV [Meet Central](#) has all the details.

Safe Sport Club Recognition - Congratulations to the staff and members of The Capitol Sea Devils (Sea Devil Swimming) who became Potomac Valley's 25th Safe Sport Recognized Club. There are still many more PVS clubs that need to achieve this recognition. Parents and athletes 12 years and older can help your team's path to recognition by taking Safe Sport Training. This training can be done by yourself using the [USA Swimming website](#). Or you can attend [online training](#) led by the USA Swimming Safe Sport Staff. My goal is to get many more of our clubs this recognition in 2021 and I will provide whatever help is needed.

Stay safe! Stay healthy! Socially Distance! Wash your hands frequently! And, wear your mask!

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Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, inclusion, and leadership in a safe, equitable environment.