



Potomac Valley Swimming Update – Friday, March 12, 2021

PVS Championship Series (Wave Meets) - Today marks the start of four meets over three weekends with the 15-18 Wave I Meet at Claude Moore and Dulles South. Each of the meets/sites has a Meet Central page with all the information & links for that meet/site. Find the links on the [PVS homepage](#). Psych sheets and timelines are already posted for Wave I, II and IV. Meet programs will be posted the evening before each session. Links to live streams of the meets can also be found there. Good luck to all PVS athletes and coaches participating this month

USA Swimming Meets in Spring/Summer - USA Swimming held an online information session about their plans for the Spring/Summer in addition to the Olympic Team Trials. The recording of the session is not yet available but will be posted to the [USA Swimming website](#). USA Swimming also produced a [summary](#) of all the meets planned:

[Spring Virtual 18&U Series \(SCY, LCM\)](#) - March

[TYR 18&U Spring Cup \(LCM - 4 sites\)](#) - Apr 29-May 1

Speedo Summer Invitational (LCM - 2 sites) - Aug 3-7

Futures (LCM - 4 sites) - Jul 29-Aug 1

Eastern Zone Sectionals - The [Meet Announcement](#) is now available for the SC Sectional Meet to be held in Christiansburg, VA on March 26-28. Online Meet Entry (OME) opens today (Friday, Mar 12) at 2:00 pm.

USA Swimming Safe Sport Newsletter - The latest edition of the [USA Swimming Safe Sport Newsletter](#) is out. Please check out the articles and resources provided. Included in the newsletter are links to the Athlete Protection Training for parents and athletes that is required for the Safe Sport Club Recognition Program. Two PVS clubs, FISH and FFX have already renewed their Safe Sport Club Recognition, which must be done every two years. Many PVS clubs have not yet achieved that recognition and I challenge all clubs to make this public commitment to keeping our athletes safe. The Safe Sport Chair, Kelly Opipari, and I can help you get started or help you get finished.

Eastern Zone Age Group Leaderboard - The Eastern Zone [Age Group Leaderboard](#) is being updated every Wednesday through the end of March. It lists the top times swum by Eastern Zone athletes in February and March. This leaderboard replaces the Spring Zone Age Group Championship.

PVS SC Championship Series - The [apparel store](#) for the PVS SC Championship Series (Wave Meets) is still open. Items purchased will be shipped directly to you. Look for meet information (schedules, psych sheet, timelines, etc.) on the [PVS website](#).

Stay safe! Stay healthy! Socially Distance! Wash your hands frequently! And, wear your mask!

Tim Husson
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Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, inclusion, and leadership in a safe, equitable environment.