



Potomac Valley Swimming Update – Friday, February 5, 2021

This is coming out on Saturday because it has a lot of important information that took time to compile.

We are not able to have our normal championship meets in March due to the COVID-19 pandemic. A PVS Task Force of coaches and officials has been working very hard to create a series of season-ending championship style meets within the restrictions imposed upon us due to the pandemic. That information has been posted this morning on the PVS website:

http://www.pvswim.org/news/2021_March_Championship_Meets.pdf

I want to remind you that the pandemic is still raging. We have proven that swim practice and competitions can be held safely. Continue to use your SMARTS both at the pool and away from the pool.

Space: Keep your distance from other people

Masks: Keep your nose and mouth covered with a mask that fits well

Air: Keep it fresh

Restrict: Keep your circle small

Time: Keep your interactions brief

Shots: Get your vaccine when it's your turn (age and job applicable)

Stay safe! Stay healthy! Socially Distance! Wash your hands frequently! And, wear your mask!

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Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, innovation and leadership.