



Potomac Valley Swimming Update – Friday, January 8, 2021

Happy New Year to all PVS members and your families. I hope that you had an enjoyable holiday season.

The fact that COVID-19 vaccines are now available and being distributed is good news and indicates that we are headed in the right direction. But, the recent trends with increasing positive cases and increasing deaths means we are nowhere near the end of the pandemic. It is extremely important that we do not let our guard down and let all the good work we've done to keep our members safe be lost. It is more important than ever to keep following the mask wearing, sanitizing and social distancing protocols at our practices and competitions.

A recent study by the CDC showed that more than half of the virus transmission cases have been from asymptomatic carriers, either those individuals before their symptoms appeared or in many cases those individuals that developed no symptoms at all. So, even when you are not at the pool, keep practicing safe protocols. If you have any symptoms, even if they eventually turn out not to be COVID-19, take the precautions necessary. A few missed practices or a missed competition are much better than shutting down your team or your practice group for two or more weeks.

We will get back to more normal competitions when this pandemic has abated. We just don't know when that will be and all we can do is keep making contingency plans for when it does.

For those of you in Maryland and the District of Columbia, I know it is frustrating that competitions are being held in Virginia but not in your jurisdictions. Your clubs are keeping in touch with the local governments and recreation departments and will be able to react when restrictions are eased in those jurisdictions. Please be patient.

As there have been lots of questions about the tech suit ban for 12&U athletes, USA Swimming has created a [webpage](#) including lists of which suits are allowed and which suits are not allowed. Please consult this webpage to get your questions answered. PVS officials will not be inspecting suits, but will investigate any issues with suits that are brought to their attention.

I want to congratulate The FISH swim team for achieving Level III of the USA Swimming Club Recognition Program. You can read more about the program on the [USA Swimming website](#).

I still would like to see all our clubs achieve Safe Sport Recognition this year. You can do your part for your club by attending the training. There are specific courses for athletes (12 & older only) and parents. Check the training schedules on the [USA Swimming website](#).

Stay safe! Stay healthy! And, wear your mask.

Tim Husson
General Chair, Potomac Valley Swimming

Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, innovation and leadership.



GeneralChair@pvswim.org

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