



## **Potomac Valley Swimming Update – Friday, December 18, 2020**

Since next Friday is Christmas Day and the following Friday is New Year's Day, this will be the last update of the year.

In this crazy, pandemic year, swimming has provided a safe and healthy activity for Potomac Valley athletes. Potomac Valley clubs and their coaches have worked harder than ever to get our athletes back into the water and keep them in the water. I am thankful that all participants have followed the safety and health protocols to ensure the continuation of our sport. I don't know what swimming will look like in 2021, but I do know that our clubs will do whatever it takes to allow our sport to continue.

Those competitions that have been held over the last three months have looked different than we've been used to in the past. Potomac Valley Swimming and our clubs will continue to look for innovative ways to run safe, competitive events. Continue to support your club in what they do for our athletes.

My New Year's Resolution is to have the remainder of PVS clubs achieve Safe Sport Club Recognition. I am ready and willing to assist any club that needs help reaching this goal. We will show that Potomac Valley is a leader in our commitment to keeping our athletes safe.

Have a Merry Christmas and a very Happy New Year!

Stay safe! Stay healthy! And, wear your mask.

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### **Potomac Valley Swimming Mission Statement**

PVS supports and promotes excellence for all through competition, education, innovation and leadership.