



Potomac Valley Swimming Update - Friday, June 5, 2020

Although the COVID-19 pandemic is still in progress, this week brought to the forefront another virus that has been active in this country for a long time, systemic racism. The PVS Board is committed to not only stopping the spread of this virus, but also lead in the goal of eradicating it. As such, the PVS Board has issued a statement on this cause. Please read it and reflect on what you can do to be a part of the solution: http://www.pvswim.org/news/2020-06-05_PVS_Statement.pdf

Ten PVS clubs received grants from the USA Swimming/USA Swimming Foundation grant program this week. These funds will help to these clubs to sustain operations during this pandemic.

USA Swimming has opened the application process for the [2019-2020 Scholastic All American program](#). Last year, Potomac had 73 Scholastic All Americans, the fifth most of any LSC. We hope that all eligible PVS athletes will submit applications. The application deadline is August 20.

You are reminded that an online Stroke & Turn Officials Clinic will be held this Tuesday, June 9 at 7:00 PM. [Pre-registration](#) is required.

It is good news that some of the outdoor pools in our area began opening last weekend. Our hope is that more of them will be open in the coming weeks and PVS is working on those efforts. Check with your club as to when/where they will have access to begin swimming. Know that strict limits at the pools will limit the amount of time in the water for all of the athletes. But, after two months off, starting back slowly is a good thing.

As the athletes begin to have access to swimming, please strictly follow the procedures developed by your club based on guidance from the Centers for Disease Control and Prevention (CDC) and state and local health departments. You may not like the requirements or restrictions, but they are necessary to keep all of us (coaches, athletes and their families) safe. A lot of work has gone into getting the local jurisdictions to allow the swimming pools to open. Let's show those in charge that competitive swimming is the sport that's doing it right.

The PVS Board and I are ready to help and are as anxious as you to resume swimming activities. I am always available for your questions and comments.

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Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, innovation and leadership.