

PVS State of the Association – By General Chair, Tom Ugast

I want to thank you for attending tonight's House of Delegates. We hold this meeting annually to inform you of the state of the LSC. I would like to report that the state of our LSC is good. The Board of Directors continues to focus on the areas that you have told us are important to you for our LSC to be successful: Safe Sport, Diversity and Inclusion, competitive meet structures, financial stability and good governance. While we can always be better in all these areas, we as a Board strive to do our best.

I would like to thank the entire Board of Director's for their continued service to Potomac Valley Swimming. I am always inspired every month as we hold our meetings to the level of dedication of these volunteers. As our mission states, "PVS supports and promotes excellence for all through competition, education, innovation and leadership". This Board has kept this in mind as they continue to move this LSC forward.

Our work is not done. As USA Swimming continues to evolve and make changes to protect athletes and be inclusive in their work, we as an LSC must continue to do the same. We will call on the House to help us stay in touch with the NGB and our members locally.

I have been honored to serve as the General Chair of this LSC for the past 2 years. I will continue to support the General Chair elect in any way that I can. Please join me in being willing to help and have your voice heard. We all are involved with USA Swimming because of our athletes and we want them to have every opportunity to achieve the highest level of excellence they can. I ask you to do your part. The start is to be here tonight, but we need more. We as the House representatives for the Clubs that are members need to be involved on an ongoing basis.

Thank you for being here tonight and I look forward to having you involved in Potomac Valley Swimming for years to come.

Sincerely,  
Thomas E Ugast  
General Chair- Potomac Valley Swimming.