



Potomac Valley Swimming Diversity & Inclusion Chair Report 2018-2019

This year we were able to establish a formal Diversity & Inclusion Committee to continue to support and advocate for diversity initiatives, programs, and services for PVS athletes, coaches, and officials. The formation of a committee should also help us to identify future leaders in the LSC who understand the value of a robust Diversity and Inclusion program and how that best fits into the overall goals and mission of the LSC.

As a committee and as a program we continued to lead USA Swimming in the area of Diversity and Inclusion, and provide PVS members with educational and competitive opportunities, along with additional resources to help ensure our athletes, coaches, and officials have a safe and inclusive environment to share their passion for the sport of swimming. I want to thank my fellow committee members for their time, their ideas, and their commitment to Diversity and Inclusion and look forward to continuing our work in the coming season.

Potomac Valley Diversity & Inclusion Committee Members

- Rob Green - Committee Chair
- Priya Aurora - Coach
- Mary Bergstrom - Coach
- Marye Carter - Coach/Official
- Mike Clark - Coach
- Jason Cochran - Coach
- Jeremy Cochran - Coach
- Jessica Frye - Coach
- Molly Kennedy - Athlete
- Mariam Lynch - Coach
- Chris Manning - Coach
- Heather Purk - Official
- Monica Randall - Official
- Jorge Silva - Coach

2018-2019 Highlights

- Quarterly committee meetings were held in October, January, April, June (upcoming), where committee members shared ideas for enhancing Diversity and Inclusion efforts within the LSC.
- PVS was selected as the host LSC for the 2019 Eastern Zone Diversity & Inclusion Select Camp at the University of Maryland | June 6th-9th. Several committee members have been selected to be on the camp coaching staff: Jason Cochran (MACH) and Jessica Frye (NCAP).
- Five PVS swimmers were selected to attend the 2019 USA Swimming National Diversity Select Camp in Colorado Springs: Katherine Blake (RMSC), Aris Runnels (NCAP), Joyce Wu (RMSC), Eric Liao (NCAP), Robert Quan (NCAP).
- Continued to support the largest multicultural swim meet in the nation with over 1,200 athletes - 33rd Annual Black History Invitational Swim Meet at Takoma Aquatic Center.
- Hosted a free learn to swim clinic with committee members Mary Bergstrom (NCAP) and Rob Green (DCPR) as part of International Water Safety Day for 5th grade boys from the Bishop Walker School for Boys in Southeast Washington, DC.

- Hosted a College Knowledge Fair for all PVS swimmers and parents to gain additional education and resources about applying to colleges, collegiate swimming opportunities, and recruiting information.
- Supported over 100 PVS athletes as part of Team DMV to travel and compete at the Black Heritage Championship Swim Meet in Cary, North Carolina. Last year's Team DMV group won 1st place overall in team competition and broke several meet records.
- PVS Diversity Committee Members won awards for their continued dedication and sacrifice towards Diversity & Inclusion efforts in swimming.

2019 International Water Safety Day Clinic



2019 Diversity in Aquatics Arthur Lopez Nadar por Vida Award Marye Carter



2018 USA Swimming Diversity and Inclusion Award Rob Green



Respectfully submitted by,

Rob Green
Diversity & Inclusion Chair
Potomac Valley Swimming