

**2003 EASTERN ZONE  
AGE GROUP ALL STAR SWIMMING COMPETITION LONG COURSE**

**August 6-9, 2003**

**Held at the University of Pittsburgh's Trees Pool, Pittsburgh, PA**

**SPONSORED BY:**

*UNITED STATES SWIMMING, INC., & ALLEGHENY MOUNTAIN SWIMMING, INC.*

**DATES:** August 6-9, 2003 (Wednesday-Saturday)  
(Eastern Zone Open Water Meet is Sunday, August 10, 2003)

**LOCATION:** University of Pittsburgh, Pittsburgh, PA

**POOL:** Joseph Clifton Trees Pool, Darragh & Allequippa Sts., Pgh. PA 15261

**FACILITIES:** 8-lane, 50-Meter Competition Pool with 6-lane 25-Yard Warm-down pool

**ENTRY DEADLINE:** Sunday, August 3, 2003 Midnight in Hy-Tek, Commlink file  
Entries should be e-mailed to:  
Marian Cassidy [Mckeen@pitt.edu](mailto:Mckeen@pitt.edu)

**MEET DIRECTOR(S):** Chuck Knoles ([Cknoles@pitt.edu](mailto:Cknoles@pitt.edu)) phone- 412-648-8342  
Marian Cassidy ([Mckeen@pitt.edu](mailto:Mckeen@pitt.edu)) phone- 412-648-8341  
Bill Weaver ([Wweaver@pitt.edu](mailto:Wweaver@pitt.edu)) phone- 412-648-8339  
**Address of all above:**  
218 Fitzgerald Field House, Darragh & Allequippa Sts., Pgh, PA 15261

**ELIGIBILITY:**

1. Each swimmer must be a 2003 USA Swimming registered athlete in the LSC which he/she represents.
2. Each swimmer must be entered by the LSC on the official entry form provided.
3. Competition is restricted to Eastern Zone LSC's.
4. Athletes who have competed in USA Swimming Nationals in an individual event are not eligible to enter this meet.
5. 13/0 athletes who have ever achieved a USA National qualifying time in an individual event may not enter this meet.
6. Athletes 12 years of age or younger who have achieved USA National qualifying times in an individual event but who have not competed in an individual event at the meet may enter that event in this meet.
7. LC- Each LSC may enter all swimmers who have achieved the time standard.  
If an LSC does not have two (2) swimmers who achieved the time standard the LSC may enter no more that two (2) swimmers in that event. These swimmers shall be entered with their actual time.  
Each LSC may enter two relay teams per event. **Entry times must be in long course meters. No converted times will be accepted.**
8. Each swimmer may be entered in a total of six (6) events in the meet, exclusive of relays, not to exceed three (3) events per day. Relays must be made up of swimmers entered in the meet in individual events.

**SUBSTITUTIONS:**

1. LC- Each LSC is entitled to substitutions only in the event that fewer than two (2) swimmers or relays would be available to compete in an event.
2. Substitute swimmers must be entered in the meet and listed on the entry form.
3. No adjustment in seeding will be made.
4. Deadline for substitutions will be fifteen (15) minutes prior to the starting time of each session.
5. A form for making substitutions will be provided in the managers' packets.

**SCORING:**

**LC-** Scoring shall be according to USA Rule 102.7 (eight lanes facility).  
Individual events: 9-7-6-5-4-3-2-1 (1st through 8th) Relays: 18-14-12-10-8-6-4-2 (1st through 8th)

- AWARDS:**
1. Medals will be awarded to individuals placing 1<sup>st</sup> through 8<sup>th</sup> place and Relays placing 1st through 3rd.
  2. A Championship Banner will be awarded to the winning Girls', Boys', and Overall Champions. This is a traveling award.  
**(The current holder of the award should bring it to the meet.)**
  3. Member of the overall championship team will receive a pin (purchased by host from the Zone), and a Championship Certificate (provided by the Zone).
  4. All participants will receive a Participation Certificate (provided by the Zone).
  5. Record breakers will receive a Record Certificate (provided by the Zone).

**WARM-UP PROCEDURE:**

Lanes for warm-ups will be assigned for each LSC.

There will be no diving from the blocks or sides of the pool unless the supervising coach has designated that lane as a one way sprint lane. No paddles or other ancillary equipment may be used during the official warm-up period.

LSCs are expected to patrol their assigned lanes to ensure that a safe warm-up procedure is followed.

**MEETINGS:**

**A Team Managers' meeting** will be held on Tuesday, August 5th, 2003 at 7:00pm. The Meeting will take place at Trees Hall adjacent to the pool.

The Team Manager or an official representative from each LSC must be present at the meeting.

LSC meet information packets and credentials will be distributed at this meeting.

**The Coaches'/Scratch meeting** will take place forty-five (45) minutes prior to the start of each session.

**The officials meeting** will take place one hour prior to the start of each session.

- PROTESTS:**
1. A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be made in writing.
  2. Protests regarding eligibility as stated in Rule 102.11 will not be accepted from anyone other than the Team Manager or his designee.
  3. The Meet Jury will consist of the Meet/Session Director, The Meet Referee and, depending upon the session in which the protest originated, an athlete, a coach and a team manager appointed by their LSC when a Meet Jury is called according to the following:

<b>Session #</b>	1	2	3	4	5	6	7	8	9	10	11	12
<b>Athlete</b>	AD	AM	CT	ME	MD	MR	MA	NE	NJ	NI	PV	VA
<b>Coach</b>	AM	CT	ME	MD	MR	MA	NE	NJ	NI	PV	VA	AD
<b>Team Manager</b>	CT	ME	MD	MR	MA	NE	NJ	NI	PV	VA	AD	AM

If the designated LSC is an interested party to the protest, or is unavailable to serve, Meet Jury representation will be made by the next disinterested LSC in the rotation. Any member of the Meet Coordination Committee may provide support to the Meet Jury as an ex-officio member.

**4. Misconduct**

- a. Any issues of conduct which occur within the meet venue will be adjudicated by the Meet Jury.
- b. Misconduct includes but is not necessarily limited to:
  - 1.) Violation of the safety guidelines outlined in the meet announcement.
  - 2.) Disrespect to meet management personnel, officials, or fellow athletes.
  - 3.) Stealing, destroying, vandalizing or possessing the property of others.
  - 4.) Possession or use of alcoholic beverages, tobacco products or illegal drugs.

**PRACTICE TIME: Beginning Tuesday, August 5<sup>th</sup> from 7am-9pm.**  
**The pool will be closed Monday, August 4<sup>th</sup> for meet set-up.**

- OFFICIALS:**
1. Each LSC will provide one (1) stroke and turn judge and a minimum of two (2) or more timers at each session.
  2. The meet referee recommended by Allegheny Mt. Swimming and approved by the Championship Meet Coordination Committee will be Pete Gannon.
  3. Key Officials, referees, starters, as endorsed by each LSC, will be assigned where possible. Final assignment and schedule of personnel will be established by host through Stan Stefanski.

**SEATING:** 1. Deck assignments for seating will be distributed in hotel team packets.  
2. Each LSC will receive four complimentary spectator passes for chaperones and passes for each of the listed coaches on the attached form.

**SEEDING:** The meet will be computer pre-seeded. Eight (8) swimmers will advance to finals with the exception of the 10&Us which will swim as timed finals in the afternoon sessions.

**SCRATCHES:** The scratch procedure and policy will be done in accordance with USA rules 206.5.9. D & E. Scratches should be turned in on the prescribed form to the Meet Referee or his designee no later than 30 minutes following the announcement of the preliminary results. Since this is a pre-seeded meet, no scratching is necessary for preliminary swims.

**Team managers should note that there will be positive check-in events for each age group for certain timed-finals.**

**All events of 400 distance and above for 12 & Unders;**

**All events of 800 distance and above for 13 & Overs.**

**TIMERS:** Each LSC will be responsible for providing timers for a specific lane at each session. Lane assignments will be provided to the Team Manager.

**SESSION TIMES:** *All Days (subject to change, pending entry numbers)*

**PRELIMS:**

**13 & Over Events**

Warm-up: 7:00 am

Prelims Start: 8:30 am

**12 & Under Events**

Warm-up: 12:15 pm

Prelims Start: 1:45 pm

**FINALS: ALL FINALS SESSIONS WILL BEGIN AT 6:30 pm.**

Warm-up for finals will begin at 5:30 pm.

**1. LC-**

**a.** All heats of all relays to be swum in finals session except that all heats of all relays for 10/U events to be swum in the preliminary sessions.

**b.** The fastest heat of each 800 and 1500 free event will swim in the finals session. All other heats will swim in the prelims session (after the 200 fly and the 50 free) as the last event of the a.m. session. The heats shall be swum in the following order:

Fastest remaining heat of the 13-14 girls, then 13-14 boys, 15-18 girls, 15-18 boys until all heats have been swum.

All entrants for the 800 & 1500 M. freestyle will be required to declare to the Meet Director (clerk of course) their intention to swim this event prior to the conclusion of the preliminary session warm-up on the day of the event.

The fastest heat of the 11-12 girls and boys 400 free will be swum in the final session.

The remaining heats will be swum slowest to fastest in the preliminary session.

**c.** Whenever possible, the finals session will not start prior to 4:30 PM nor later than 6:30 PM provided that two hours has elapsed from the end of the last preliminary session to the start of finals.

**DECK CREDENTIALS:**

1. Credentials will be provided only for working officials. Meet Coordination Committee and designated LSC team representatives listed on the LSC team roster. Credentials will be required to be on deck.
2. Up to 8 Team coaches plus the Team Manager or alternate will be credentialed for each venue.

**TEAM MANAGER:**

1. Each LSC must provide the name of an individual to serve as official Team Manager. An alternate may also be named. Team Managers or alternate may vote (one per LSC) at any meetings called by the Meet Director to discuss matters concerning the meet. Only the designated Team Manager or alternate is permitted to represent the LSC. Protests will not be accepted from anyone other than the Team Manager or alternate.
2. A Team Managers' meeting will be held. LSC Meet information packets and credentials will be distributed at this meeting.

**ENTRY PROCEDURE:**

1. LC Entry fee is \$4. for each individual event and \$8. for each relay
2. Entry must be done by Hy-Tek commlink file.
3. A back-up report should be sent along with the e-mailed Hy-tek files.
4. **LC- Entry times must be in long course meters**
5. Bring entry check payable to: **Allegheny Mtn. Swimming, Inc.**
6. Each entry must include the name, address and phone number of the LSC General Chairman of the submitting team.

**ENTRY DEADLINE:**

The Meet (Entry) Director must receive all entries midnight, Sun., August 3<sup>rd</sup>.  
No exceptions. Entries received after this date will be returned to the LSC.  
All entries must be done via e-mail in Hy-Tek commlink form to  
Entry Director Marian Cassidy (mckeen@pitt.edu).

**WARNING:**

1. Any LSC entering an unregistered athlete, falsifying an entry in any way or permitting an unregistered athlete to represent them will be fined \$100, and will not be permitted to continue participation until the fine is paid.
3. LC- Each LSC is responsible for proof of time for its entry. Proof of time has been defined as official meet results (including the cover sheet) or printout from records maintained by the LSC. Along with their entries each LSC must provide written certification, via a LSC Officer's signature, attesting to the accuracy of its' entries. Within 90 days of the completion of the meet the Chairman of the Meet Coordination Committee will conduct an audit of entry times vs. meet results and based on the results of this audit, a LSC (s) may be required to provide proof of time for selected swims. Failure to prove a time will result in a fine of one hundred dollars(\$100.) per swim and the LSC will be responsible for paying the fine. Failure to pay the fine will result in exclusion from future Zone Meets. (It is understood that those times entered under the minimum two (2) swimmers rule are exempt from proof of time.)

**ACCOMMODATIONS:**

Suggested Hotel Accommodations are listed on the EZ web site and on the attached sheet.  
Link is: <http://www.pvswim.org/eastzone/index.html>

**PROGRAM/ENTRY FEES:**

Daily Heat Sheets will be available for prelims for \$5.00. Finals heat sheets will be \$2.00 each night.

**REFRESHMENTS:**

Snack bar will be available for spectators. There will be a catered lunch for coaches, team managers and officials each day. Hospitality will also be available for coaches and officials on the deck of the pool.

**PARKING:**

Parking arrangements will be forwarded to each LSC prior to the beginning of the meet. Most parking will be in the OC lot next to the complex. Busses will be directed where to park during meet.

**CONDUCT:**

Proper conduct at all times will be enforced by coaches, chaperones, parents, meet marshals, meet directors..

**ANY SWIMMER FOUND IN MARKED OUT-OF-BOUNDS AREAS WILL BE BARRED FROM THE REMAINDER OF THE MEET.**

**EVENTS AND QUALIFYING TIMES:** The events and qualifying times for the meet are listed on the EZ web site.

The link for the web site is: [http://www.pvswim.org/eastzone/ezlc03\\_bi.htm](http://www.pvswim.org/eastzone/ezlc03_bi.htm)

## MEET SUMMARY

(Complete this form as per the instructions below)

**ENTRY DEADLINE is Sunday, August 3<sup>rd</sup>, 12 midnight**

E-mail Hy-tek entry file to:  
Marian Cassidy (mckeen@pitt.edu)  
Phone: 412-648-8341

**NOTE: Entries must be e-mailed in Hy-tek commlink form to [Mckeen@pitt.edu](mailto:Mckeen@pitt.edu).  
Checks should be brought to the meet  
and given to the meet director at the  
Team Manager's meeting on Tuesday, August 5<sup>th</sup> at 7pm at Trees Hall.**

**FAX THIS FORM TO 412-648-1264 no later than Monday, Aug. 4<sup>th</sup> at 10am.**

LSC: \_\_\_\_\_ Code Letters: \_\_\_\_\_

Head Coach: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Team Manager: \_\_\_\_\_ Phone Number: \_\_\_\_\_

LSC Chair Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### ENTRY FEE PAYMENT

Number of Individual Entries: \_\_\_\_\_ X \$4.00 = \$ \_\_\_\_\_

Number of Relay Entries: \_\_\_\_\_ X \$8.00 = \$ \_\_\_\_\_

Total Due: \$ \_\_\_\_\_

**Fax this completed form to 412-648-1264 no later than Monday, Aug. 4<sup>th</sup> at 10am.**

**Make Checks payable to: Allegheny Mountain Swimming, Inc.  
One check per team- Bring check to Team Manager's Meeting, Aug. 5, 7pm.**

Questions concerning our entries shall be directed to:

\_\_\_\_\_ Phone \_\_\_\_\_

Our primary LSC Hotel accommodations for this meet are at:

\_\_\_\_\_ Phone \_\_\_\_\_

# MEET PERSONNEL for LSC

Please complete this form and return it with the Entry and Meet Summary via fax to  
412-648-1264 no later than Monday, Aug. 4<sup>th</sup> at 10am.

LSC: \_\_\_\_\_

Team Manager: \_\_\_\_\_ Phone: \_\_\_\_\_

Head Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

*Indicate the approximate time you think your LSC will want to practice on Tuesday, August 5, 2003  
Note that pool is **CLOSED** on Monday, August 4, 2003.*

\_\_\_\_\_ between 7am and 9pm.

1. Assistant Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

In charge of: \_\_\_\_\_ Age Group

2. Assistant Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

In charge of: \_\_\_\_\_ Age Group

3. Assistant Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

In charge of: \_\_\_\_\_ Age Group

4. Assistant Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

In charge of: \_\_\_\_\_ Age Group

5. Assistant Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

In charge of: \_\_\_\_\_ Age Group

6. Assistant Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

In charge of: \_\_\_\_\_ Age Group

7. Assistant Coach: \_\_\_\_\_ Phone: \_\_\_\_\_

In charge of: \_\_\_\_\_ Age Group

# Eastern Zone Swimming Championships August 6-9, 2003

## At the University of Pittsburgh's Trees Pool

*Suggested Hotel Accommodations: (In alphabetical order.)*

*Please mention the Eastern Zone Swim Meet to get the advertised rate*

- **Hampton Inn, Green Tree**  
412-922-0100  
(15 Minutes from pool)  
**\$84 Flat Rate** (Up to four persons)  
Includes breakfast, workout facility, shuttle service, parking and Hilton Honors Points
- **Hampton Inn, University**  
412-681-1000  
(Two Minutes from Pool on the Edge of the Pittsburgh Campus)  
**\$104 Flat Rate** (Up to four persons)  
Breakfast buffet included.
- **Hawthorn Suites, Green Tree**  
412-279-6300  
(15 Minutes from pool)  
**\$84 Flat Rate** (Up to four persons)  
Includes breakfast, work out facility, shuttle service and parking
- **Hilton Inn & Towers, Pittsburgh**  
412-391-4600 - Ask for Randy Reynolds  
(10 minutes from pool in Downtown Pittsburgh.)  
**Official Hotel of the University of Pittsburgh**  
([randy\\_reynolds@hilton.com](mailto:randy_reynolds@hilton.com) or 1-800-Hiltons)  
**\$79 Flat Rate** (Up to four persons.)  
Meal Plans available.  
Free parking (including buses)
- **Holiday Inn, Parkway East**  
412-247-2700  
(15 minutes from the pool)  
**\$69.95 Flat Rate** (Up to four persons)  
Meal plans available.  
Includes free parking and pool.
- **Holiday Inn Select, University Center**  
412-682-6200  
(In the Center of the Pittsburgh Campus)  
**\$99 Flat Rate** (Up to four persons)  
Meal plans available. Includes free parking.
- **Marriott City Center, Pittsburgh**  
412-471-4000 or 1-888-456-6600  
(10 minutes from pool in Downtown Pittsburgh)  
**\$85 Flat Rate** (Up to four persons)  
Meal plans available.
- **Omni William Penn, Pittsburgh**  
412-553-5100 or 1-800-THE-OMNI  
(10 minutes from pool in Downtown Pittsburgh.)  
**\$79 Flat Rate** (Up to four persons.)  
Meal Plans available. Free bus parking.  
Oldest luxury hotel in Pittsburgh
- **Radisson Hotel Pittsburgh, Green Tree**  
412-922-8400 or 1-800-333-3333  
15 Minutes from Pool)  
**\$ 69 Flat Rate** (Up to four persons)  
Free parking, bus parking.  
Two Restaurants on site.  
Indoor Pool. Meal plans available.
- **Radisson Hotel Pittsburgh, Monroeville**  
412-373-7300 or 1-800-333-3333  
(15 minutes from Pool)  
**\$ 79 Flat Rate** (Up to four persons)  
Free parking, bus parking, indoor pool, whirlpool & workout facilities. Meal plans available.
- **Residence Inn, Oakland (Suites Hotel)**  
412-621-2200  
(10 Blocks from Pool on Bigelow Blvd. in Oakland)  
**\$ 99 Flat Rate** (Up to four persons)  
Includes breakfast, free parking and dinner on Thursday night. Meal plans available. Indoor Pool.
- **Westin Convention Center, Pittsburgh**  
412-281-3700 or 1-800-367-7478  
(10 Minutes from pool in Downtown Pittsburgh)  
**\$79** (Single or Double Occupancy)  
Meal plans available. Indoor Pool.
- **Wyndham Pittsburgh Airport**  
412-788-8800  
(25 minutes from pool, located close to airport.)  
**\$69 Flat Rate** (Up to four persons)  
Includes free parking. Meal plans available.
- **Wyndham Garden Hotel, University Place**  
412-683-2040  
(Three blocks/two minutes from pool on Forbes Ave.)  
**\$79** (Single or Double Occupancy)  
Includes free parking. Meal plans available.

<b>SESSION BREAKDOWN FOR EASTERN ZONES</b> <b>LCM 2003 at Pittsburgh's Trees Pool</b>
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**Session: 1 Wed. A.M. Prelims**

Day of Meet: 1 Starts at 08:30 AM

Round	Event
Prelims	7 Girls 13-14 100 Freestyle
Prelims	8 Boys 13-14 100 Freestyle
Prelims	9 Girls 15-18 100 Freestyle
Prelims	10 Boys 15-18 100 Freestyle
Prelims	15 Girls 13-14 100 Breaststroke
Prelims	16 Boys 13-14 100 Breaststroke
Prelims	17 Girls 15-18 100 Breaststroke
Prelims	18 Boys 15-18 100 Breaststroke
Prelims	21 Girls 13-14 200 Butterfly
Prelims	22 Boys 13-14 200 Butterfly
Prelims	23 Girls 15-18 200 Butterfly
Prelims	24 Boys 15-18 200 Butterfly
Finals-S	3 Girls 13-14 800 Freestyle
Finals-S	4 Boys 13-14 800 Freestyle
Finals-S	13 Girls 15-18 800 Freestyle
Finals-S	14 Boys 15-18 800 Freestyle

**Session: 2 Wed. p.m. Prelims**

Day of Meet: 1 Starts at 01:30 PM

Round	Event
Prelims	1 Girls 11-12 200 Backstroke
Prelims	2 Boys 11-12 200 Backstroke
Finals	31 Girls 10 & Under 100 Freestyle
Finals	32 Boys 10 & Under 100 Freestyle
Prelims	5 Girls 11-12 100 Freestyle
Prelims	6 Boys 11-12 100 Freestyle
Finals	33 Girls 10 & Under 50 Breaststroke
Finals	34 Boys 10 & Under 50 Breaststroke
Prelims	11 Girls 11-12 50 Breaststroke
Prelims	12 Boys 11-12 50 Breaststroke
Finals	35 Girls 10 & Under 100 Butterfly
Finals	36 Boys 10 & Under 100 Butterfly
Prelims	19 Girls 11-12 100 Butterfly
Prelims	20 Boys 11-12 100 Butterfly
Finals	37 Girls 10 & Under 400 Medley Relay
Finals	38 Boys 10 & Under 400 Medley Relay

**Session: 3 Wed. finals**

Day of Meet: 1 Starts at 06:00 PM

Round	Event
Finals	1 Girls 11-12 200 Backstroke
Finals	2 Boys 11-12 200 Backstroke
Finals-1	3 Girls 13-14 800 Freestyle
Finals-1	4 Boys 13-14 800 Freestyle
Finals	5 Girls 11-12 100 Freestyle
Finals	6 Boys 11-12 100 Freestyle
Finals	7 Girls 13-14 100 Freestyle
Finals	8 Boys 13-14 100 Freestyle
Finals	9 Girls 15-18 100 Freestyle
Finals	10 Boys 15-18 100 Freestyle
Finals	11 Girls 11-12 50 Breaststroke
Finals	12 Boys 11-12 50 Breaststroke
Finals-1	13 Girls 15-18 800 Freestyle
Finals-1	14 Boys 15-18 800 Freestyle
Finals	15 Girls 13-14 100 Breaststroke
Finals	16 Boys 13-14 100 Breaststroke
Finals	17 Girls 15-18 100 Breaststroke
Finals	18 Boys 15-18 100 Breaststroke
Finals	19 Girls 11-12 100 Butterfly
Finals	20 Boys 11-12 100 Butterfly
Finals	21 Girls 13-14 200 Butterfly
Finals	22 Boys 13-14 200 Butterfly
Finals	23 Girls 15-18 200 Butterfly

Finals	24 Boys 15-18 200 Butterfly
Finals	25 Girls 11-12 200 Freestyle Relay
Finals	26 Boys 11-12 200 Freestyle Relay
Finals	27 Girls 13-14 400 Freestyle Relay
Finals	28 Boys 13-14 400 Freestyle Relay
Finals	29 Girls 15-18 400 Freestyle Relay
Finals	30 Boys 15-18 400 Freestyle Relay

**Session: 4 Thurs. prelims**

Day of Meet: 2 Starts at 08:30 AM

Round	Event
Prelims	41 Girls 13-14 200 Backstroke
Prelims	42 Boys 13-14 200 Backstroke
Prelims	45 Girls 15-18 200 Backstroke
Prelims	46 Boys 15-18 200 Backstroke
Prelims	49 Girls 13-14 200 Freestyle
Prelims	50 Boys 13-14 200 Freestyle
Prelims	51 Girls 15-18 200 Freestyle
Prelims	52 Boys 15-18 200 Freestyle
Prelims	55 Girls 13-14 400 IM
Prelims	56 Boys 13-14 400 IM
Prelims	57 Girls 15-18 400 IM
Prelims	58 Boys 15-18 400 IM

**Session: 5 Thurs. prelims**

Day of Meet: 2 Starts at 01:30 PM

Round	Event
Prelims	39 Girls 11-12 100 Backstroke
Prelims	40 Boys 11-12 100 Backstroke
Finals	65 Girls 10 & Under 100 Backstroke
Finals	66 Boys 10 & Under 100 Backstroke
Prelims	43 Girls 11-12 200 Breaststroke
Prelims	44 Boys 11-12 200 Breaststroke
Finals	67 Girls 10 & Under 200 Freestyle
Finals	68 Boys 10 & Under 200 Freestyle
Prelims	47 Girls 11-12 200 Freestyle
Prelims	48 Boys 11-12 200 Freestyle
Finals	69 Girls 10 & Under 50 Butterfly
Finals	70 Boys 10 & Under 50 Butterfly
Prelims	53 Girls 11-12 50 Butterfly
Prelims	54 Boys 11-12 50 Butterfly
Finals	71 Girls 10 & Under 200 Freestyle Relay
Finals	72 Boys 10 & Under 200 Freestyle Relay

**Session: 6 Thurs. finals**

Day of Meet: 2 Starts at 06:00 PM

Round	Event
Finals	39 Girls 11-12 100 Backstroke
Finals	40 Boys 11-12 100 Backstroke
Finals	41 Girls 13-14 200 Backstroke
Finals	42 Boys 13-14 200 Backstroke
Finals	43 Girls 11-12 200 Breaststroke
Finals	44 Boys 11-12 200 Breaststroke
Finals	45 Girls 15-18 200 Backstroke
Finals	46 Boys 15-18 200 Backstroke
Finals	47 Girls 11-12 200 Freestyle
Finals	48 Boys 11-12 200 Freestyle
Finals	49 Girls 13-14 200 Freestyle
Finals	50 Boys 13-14 200 Freestyle
Finals	51 Girls 15-18 200 Freestyle
Finals	52 Boys 15-18 200 Freestyle
Finals	53 Girls 11-12 50 Butterfly
Finals	54 Boys 11-12 50 Butterfly
Finals	55 Girls 13-14 400 IM
Finals	56 Boys 13-14 400 IM
Finals	57 Girls 15-18 400 IM
Finals	58 Boys 15-18 400 IM
Finals	59 Girls 11-12 400 Medley Relay
Finals	60 Boys 11-12 400 Medley Relay

Finals	61	Girls 13-14 200 Medley Relay
Finals	62	Boys 13-14 200 Medley Relay
Finals	63	Girls 15-18 200 Medley Relay
Finals	64	Boys 15-18 200 Medley Relay

**Session: 7 Fri. prelims**

Day of Meet: 3 Starts at 08:30 AM

Round		Event
Prelims	73	Girls 13-14 100 Backstroke
Prelims	74	Boys 13-14 100 Backstroke
Prelims	75	Girls 15-18 100 Backstroke
Prelims	76	Boys 15-18 100 Backstroke
Prelims	79	Girls 13-14 400 Freestyle
Prelims	80	Boys 13-14 400 Freestyle
Prelims	81	Girls 15-18 400 Freestyle
Prelims	82	Boys 15-18 400 Freestyle
Prelims	85	Girls 13-14 200 Breaststroke
Prelims	86	Boys 13-14 200 Breaststroke
Prelims	87	Girls 15-18 200 Breaststroke
Prelims	88	Boys 15-18 200 Breaststroke
Prelims	91	Girls 13-14 100 Butterfly
Prelims	92	Boys 13-14 100 Butterfly
Prelims	93	Girls 15-18 100 Butterfly
Prelims	94	Boys 15-18 100 Butterfly

**Session: 8 Fri. prelims**

Day of Meet: 3 Starts at 01:30 PM

Round		Event
Prelims	77	Girls 11-12 50 Backstroke
Prelims	78	Boys 11-12 50 Backstroke
Finals	101	Girls 10 & Under 50 Backstroke
Finals	102	Boys 10 & Under 50 Backstroke
Prelims	83	Girls 11-12 400 Freestyle
Prelims	84	Boys 11-12 400 Freestyle
Finals	103	Girls 10 & Under 400 Freestyle
Finals	104	Boys 10 & Under 400 Freestyle
Finals	105	Girls 10 & Under 100 Breaststroke
Finals	106	Boys 10 & Under 100 Breaststroke
Prelims	89	Girls 11-12 100 Breaststroke
Prelims	90	Boys 11-12 100 Breaststroke
Finals	107	Girls 10 & Under 200 Medley Relay
Finals	108	Boys 10 & Under 200 Medley Relay

**Session: 9 Fri. finals**

Day of Meet: 3 Starts at 06:00 PM

Round		Event
Finals	73	Girls 13-14 100 Backstroke
Finals	74	Boys 13-14 100 Backstroke
Finals	75	Girls 15-18 100 Backstroke
Finals	76	Boys 15-18 100 Backstroke
Finals	77	Girls 11-12 50 Backstroke
Finals	78	Boys 11-12 50 Backstroke
Finals	79	Girls 13-14 400 Freestyle
Finals	80	Boys 13-14 400 Freestyle
Finals	81	Girls 15-18 400 Freestyle
Finals	82	Boys 15-18 400 Freestyle
Finals	83	Girls 11-12 400 Freestyle
Finals	84	Boys 11-12 400 Freestyle
Finals	85	Girls 13-14 200 Breaststroke
Finals	86	Boys 13-14 200 Breaststroke
Finals	87	Girls 15-18 200 Breaststroke
Finals	88	Boys 15-18 200 Breaststroke
Finals	89	Girls 11-12 100 Breaststroke
Finals	90	Boys 11-12 100 Breaststroke
Finals	91	Girls 13-14 100 Butterfly
Finals	92	Boys 13-14 100 Butterfly
Finals	93	Girls 15-18 100 Butterfly
Finals	94	Boys 15-18 100 Butterfly
Finals	95	Girls 11-12 400 Freestyle Relay

Finals	96	Boys 11-12 400 Freestyle Relay
Finals	97	Girls 13-14 200 Freestyle Relay
Finals	98	Boys 13-14 200 Freestyle Relay
Finals	99	Girls 15-18 200 Freestyle Relay
Finals	100	Boys 15-18 200 Freestyle Relay

**Session: 10 Sat. prelims**

Day of Meet: 4 Starts at 08:30 AM

Round		Event
Prelims	111	Girls 13-14 200 IM
Prelims	112	Boys 13-14 200 IM
Prelims	113	Girls 15-18 200 IM
Prelims	114	Boys 15-18 200 IM
Prelims	119	Girls 13-14 50 Freestyle
Prelims	120	Boys 13-14 50 Freestyle
Prelims	121	Girls 15-18 50 Freestyle
Prelims	122	Boys 15-18 50 Freestyle
Finals-S	117	Girls 13-14 1500 Freestyle
Finals-S	118	Boys 13-14 1500 Freestyle
Finals-S	125	Girls 15-18 1500 Freestyle
Finals-S	126	Boys 15-18 1500 Freestyle

**Session: 11 Sat. prelims**

Day of Meet: 4 Starts at 01:30 PM

Round		Event
Prelims	109	Girls 11-12 200 Butterfly
Prelims	110	Boys 11-12 200 Butterfly
Finals	133	Girls 10 & Under 200 IM
Finals	134	Boys 10 & Under 200 IM
Prelims	115	Girls 11-12 200 IM
Prelims	116	Boys 11-12 200 IM
Finals	135	Girls 10 & Under 50 Freestyle
Finals	136	Boys 10 & Under 50 Freestyle
Prelims	123	Girls 11-12 50 Freestyle
Prelims	124	Boys 11-12 50 Freestyle
Finals	137	Girls 10 & Under 400 Freestyle Relay
Finals	138	Boys 10 & Under 400 Freestyle Relay

**Session: 12 Sat. finals**

Day of Meet: 4 Starts at 06:00 PM

Round		Event
Finals	109	Girls 11-12 200 Butterfly
Finals	110	Boys 11-12 200 Butterfly
Finals	111	Girls 13-14 200 IM
Finals	112	Boys 13-14 200 IM
Finals	113	Girls 15-18 200 IM
Finals	114	Boys 15-18 200 IM
Finals	115	Girls 11-12 200 IM
Finals	116	Boys 11-12 200 IM
Finals-1	117	Girls 13-14 1500 Freestyle
Finals-1	118	Boys 13-14 1500 Freestyle
Finals	119	Girls 13-14 50 Freestyle
Finals	120	Boys 13-14 50 Freestyle
Finals	121	Girls 15-18 50 Freestyle
Finals	122	Boys 15-18 50 Freestyle
Finals	123	Girls 11-12 50 Freestyle
Finals	124	Boys 11-12 50 Freestyle
Finals-1	125	Girls 15-18 1500 Freestyle
Finals-1	126	Boys 15-18 1500 Freestyle
Finals	127	Girls 11-12 200 Medley Relay
Finals	128	Boys 11-12 200 Medley Relay
Finals	129	Girls 13-14 400 Medley Relay
Finals	130	Boys 13-14 400 Medley Relay
Finals	131	Girls 15-18 400 Medley Relay
Finals	132	Boys 15-18 400 Medley Relay

**Qualifying Time Standards  
2003 Eastern Zone LC Championships  
At Pittsburgh's Trees Pool  
Listed By Age Group / Sex**

**GIRLS' TIME STANDARDS**

**10-U- GIRLS**

Event 135	Girls 10&U 50 Free	33.89
Event 31	Girls 10&U 100 Free	1:15.29
Event 67	Girls 10&U 200 Free	2:44.69
Event 103	Girls 10&U 400 Free	5:40.89
Event 101	Girls 10&U 50 Back	40.29
Event 65	Girls 10&U 100 Back	1:27.19
Event 33	Girls 10&U 50 Breast	45.59
Event 105	Girls 10&U 100 Breast	1:38.79
Event 69	Girls 10&U 50 Fly	38.19
Event 35	Girls 10&U 100 Fly	1:30.49
Event 133	Girls 10&U 200 IM	3:03.59
Event 71	Girls 10&U 200 Free Relay	
Event 137	Girls 10&U 400 Free Relay	
Event 107	Girls 10&U 200 Medley Rela	
Event 37	Girls 10&U 400 Medley Relay	

**11-12- GIRLS**

Event 123	Girls 11-12 50 Free	30.59
Event 5	Girls 11-12 100 Free	1:06.79
Event 47	Girls 11-12 200 Free	2:25.39
Event 83	Girls 11-12 400 Free	5:04.69
Event 77	Girls 11-12 50 Back	35.89
Event 39	Girls 11-12 100 Back	1:17.69
Event 1	Girls 11-12 200 Back	2:47.39
Event 11	Girls 11-12 50 Breast	39.69
Event 89	Girls 11-12 100 Breast	1:27.29
Event 43	Girls 11-12 200 Breast	3:08.19
Event 53	Girls 11-12 50 Fly	33.29
Event 19	Girls 11-12 100 Fly	1:15.49
Event 109	Girls 11-12 200 Fly	2:44.39
Event 115	Girls 11-12 200 IM	2:44.19
Event 25	Girls 11-12 200 Free Relay	
Event 95	Girls 11-12 400 Free Relay	
Event 127	Girls 11-12 200 Medley Rela	
Event 59	Girls 11-12 400 Medley Relay	

**13-14- GIRLS**

Event 119	Girls 13-14 50 Free	29.69
Event 7	Girls 13-14 100 Free	1:04.89
Event 49	Girls 13-14 200 Free	2:18.99
Event 79	Girls 13-14 400 Free	4:52.69
Event 3	Girls 13-14 800 Free	9:54.59
Event 117	Girls 13-14 1500 Free	19:11.49
Event 73	Girls 13-14 100 Back	1:14.19
Event 41	Girls 13-14 200 Back	2:38.59
Event 15	Girls 13-14 100 Breast	1:24.89
Event 85	Girls 13-14 200 Breast	3:00.79
Event 91	Girls 13-14 100 Fly	1:12.29
Event 21	Girls 13-14 200 Fly	2:37.39
Event 111	Girls 13-14 200 IM	2:37.99
Event 55	Girls 13-14 400 IM	5:38.19
Event 97	Girls 13-14 200 Free Relay	
Event 27	Girls 13-14 400 Free Relay	
Event 61	Girls 13-14 200 Medley Relay	
Event 129	Girls 13-14 400 Medley Rela	

**15-18- GIRLS**

Event 121	Girls 15-18 50 Free	29.69
Event 9	Girls 15-18 100 Free	1:04.39
Event 51	Girls 15-18 200 Free	2:16.99
Event 81	Girls 15-18 400 Free	4:46.99
Event 13	Girls 15-18 800 Free	9:48.39
Event 125	Girls 15-18 1500 Free	18:46.09
Event 75	Girls 15-18 100 Back	1:12.69
Event 45	Girls 15-18 200 Back	2:35.49
Event 17	Girls 15-18 100 Breast	1:22.59
Event 87	Girls 15-18 200 Breast	2:56.29
Event 93	Girls 15-18 100 Fly	1:09.89
Event 23	Girls 15-18 200 Fly	2:31.59
Event 113	Girls 15-18 200 IM	2:35.89
Event 57	Girls 15-18 400 IM	5:30.49
Event 99	Girls 15-18 200 Free Relay	
Event 29	Girls 15-18 400 Free Relay	
Event 63	Girls 15-18 200 Medley Relay	
Event 131	Girls 15-18 400 Medley Rela	

**Qualifying Time Standards  
2003 Eastern Zone LC Championships  
At Pittsburgh's Trees Pool  
Listed By Age Group / Sex**

**BOYS' TIME STANDARDS**

**10-U BOYS**

Event 136	Boys 10&U 50 Free	33.89
Event 32	Boys 10&U 100 Free	1:15.29
Event 68	Boys 10&U 200 Free	2:44.69
Event 104	Boys 10&U 400 Free	5:40.89
Event 102	Boys 10&U 50 Back	40.29
Event 66	Boys 10&U 100 Back	1:27.19
Event 34	Boys 10&U 50 Breast	45.59
Event 106	Boys 10&U 100 Breast	1:38.79
Event 70	Boys 10&U 50 Fly	38.19
Event 36	Boys 10&U 100 Fly	1:30.49
Event 134	Boys 10&U 200 IM	3:03.59
Event 72	Boys 10&U 200 Free Relay	
Event 138	Boys 10&U 400 Free Relay	
Event 108	Boys 10&U 200 Medley Rela	
Event 38	Boys 10&U 400 Medley Relay	

**11-12 BOYS**

Event 124	Boys 11-12 50 Free	30.59
Event 6	Boys 11-12 100 Free	1:06.79
Event 48	Boys 11-12 200 Free	2:25.39
Event 84	Boys 11-12 400 Free	5:04.69
Event 78	Boys 11-12 50 Back	35.89
Event 40	Boys 11-12 100 Back	1:17.69
Event 2	Boys 11-12 200 Back	2:47.39
Event 12	Boys 11-12 50 Breast	39.69
Event 90	Boys 11-12 100 Breast	1:27.29
Event 44	Boys 11-12 200 Breast	3:08.19
Event 54	Boys 11-12 50 Fly	33.29
Event 20	Boys 11-12 100 Fly	1:15.49
Event 110	Boys 11-12 200 Fly	2:44.39
Event 116	Boys 11-12 200 IM	2:44.19
Event 26	Boys 11-12 200 Free Relay	
Event 96	Boys 11-12 400 Free Relay	
Event 128	Boys 11-12 200 Medley Rela	
Event 60	Boys 11-12 400 Medley Relay	

**13-14 BOYS**

Event 120	Boys 13-14 50 Free	28.09
Event 8	Boys 13-14 100 Free	1:01.29
Event 50	Boys 13-14 200 Free	2:12.99
Event 80	Boys 13-14 400 Free	4:40.69
Event 4	Boys 13-14 800 Free	9:42.79
Event 118	Boys 13-14 1500 Free	18:37.09
Event 74	Boys 13-14 100 Back	1:10.49
Event 42	Boys 13-14 200 Back	2:32.99
Event 16	Boys 13-14 100 Breast	1:18.59
Event 86	Boys 13-14 200 Breast	2:51.49
Event 92	Boys 13-14 100 Fly	1:08.19
Event 22	Boys 13-14 200 Fly	2:30.69
Event 112	Boys 13-14 200 IM	2:30.79
Event 56	Boys 13-14 400 IM	5:21.99
Event 98	Boys 13-14 200 Free Relay	
Event 28	Boys 13-14 400 Free Relay	
Event 62	Boys 13-14 200 Medley Relay	
Event 130	Boys 13-14 400 Medley Rela	

**15-18 BOYS**

Event 122	Boys 15-18 50 Free	26.99
Event 10	Boys 15-18 100 Free	58.69
Event 52	Boys 15-18 200 Free	2:07.69
Event 82	Boys 15-18 400 Free	4:28.89
Event 14	Boys 15-18 800 Free	9:14.29
Event 126	Boys 15-18 1500 Free	17:46.09
Event 76	Boys 15-18 100 Back	1:06.69
Event 46	Boys 15-18 200 Back	2:21.99
Event 18	Boys 15-18 100 Breast	1:14.09
Event 88	Boys 15-18 200 Breast	2:39.79
Event 94	Boys 15-18 100 Fly	1:03.69
Event 24	Boys 15-18 200 Fly	2:20.89
Event 114	Boys 15-18 200 IM	2:24.59
Event 58	Boys 15-18 400 IM	5:07.09
Event 100	Boys 15-18 200 Free Relay	
Event 30	Boys 15-18 400 Free Relay	
Event 64	Boys 15-18 200 Medley Relay	
Event 132	Boys 15-18 400 Medley Rela	