

**Appendix H
Eastern Zone Championships
Short Course - Event List**

Day 1

| Session #1 & #2 | 11 & Over | Preliminaries | |
|----------------------------|-------------------------------------|----------------------|---------------------|
| Female Event # | Event | | Male Event # |
| 1 | 11-12 200 yard Back | | 2 |
| 3 | 15-18 100 yard Breast | | 4 |
| 5 | 13-14 100 yard Breast | | 6 |
| 7 | 11-12 50 yard Breast | | 8 |
| 9 | 15-18 200 yard Free | | 10 |
| 11 | 13-14 200 yard Free | | 12 |
| 13 | 11-12 100 yard Free | | 14 |
| 15 | 15-18 100 yard Fly | | 16 |
| 17 | 13-14 100 yard Fly | | 18 |
| 19 | 11-12 50 yard Fly | | 20 |
| 21 | 15-18 400 yard IM | | 22 |
| 23 | 13-14 400 yard IM | | 24 |
| 25 | 11-12 200 yard IM | | 26 |
| 27 | 15-18 1000 yard Free (timed finals) | | 28 |
| 29 | 13-14 1000 yard Free (timed finals) | | 30 |

Pools divided by female and male events

| Session #3 | 10 & Under | Timed Finals | |
|-----------------------|--------------------------------|---------------------|---------------------|
| Female event # | Event | | Male Event # |
| 37 | 10 & Under 100 yard Free | | |
| | 10 & Under 100 yard IM | | 38 |
| 39 | 10 & Under 50 yard breast | | |
| | 10 & Under 100 yard Breast | | 40 |
| 41 | 10 & Under 50 yard Fly | | |
| | 10 & Under 50 yard Back | | 42 |
| 43 | 10 & Under 200 yard IM | | |
| | 10 & Under 200 yard Free | | 44 |
| 45 | 10 & Under 500 yard Free | | |
| | 10 & Under 400 yard Free relay | | 46 |
| 47 | 10 & Under 200 yard Free relay | | |

Events all held in one pool

| Session #4 | 11 & Over | Championship Finals | |
|-------------------|---------------------------|----------------------------|----|
| 1 | 11-12 200 yard Back | | 2 |
| 3 | 15-18 100 yard Breast | | 4 |
| 5 | 13-14 100 yard Breast | | 6 |
| 7 | 11-12 50 yard Breast | | 8 |
| 9 | 15-18 200 yard Free | | 10 |
| 11 | 13-14 200 yard Free | | 12 |
| 13 | 11-12 100 yard Free | | 14 |
| 15 | 15-18 100 yard Fly | | 16 |
| 17 | 13-14 100 yard Fly | | 18 |
| 19 | 11-12 50 yard Fly | | 20 |
| 21 | 15-18 400 yard IM | | 22 |
| 23 | 13-14 400 yard IM | | 24 |
| 25 | 11-12 200 yard IM | | 26 |
| 31 | 15-18 400 yard Free relay | | 32 |
| 33 | 13-14 400 yard Free relay | | 34 |
| 35 | 11-12 400 yard Free relay | | 36 |

Day 2

| Session #5 & #6 | 11 & Over | Preliminaries | |
|-----------------|-----------------------|---------------|--------------|
| Female Event # | Event | | Male Event # |
| 54 | 11-12 200 yard Fly | | 55 |
| 56 | 15-18 200 yard IM | | 57 |
| 58 | 13-14 200 yard IM | | 59 |
| 60 | 11-12 100 yard IM | | 61 |
| 62 | 15-18 50 yard Free | | 63 |
| 64 | 13-14 50 yard Free | | 65 |
| 66 | 15-18 200 yard Breast | | 67 |
| 68 | 13-14 200 yard Breast | | 69 |
| 70 | 11-12 100 yard Breast | | 71 |
| 72 | 15-18 100 yard Back | | 73 |
| 74 | 13-14 100 yard Back | | 75 |
| 76 | 11-12 50 yard Back | | 77 |
| 78 | 15-18 500 yard Free | | 79 |
| 80 | 13-14 500 yard Free | | 81 |
| 82 | 11-12 200 yard Free | | 83 |

Pools divided by female and male events

| Session #7 | 10 & Under | Timed Finals | |
|----------------|--------------------------------|--------------|--------------|
| Female Event # | Event | | Male event # |
| | 10 & Under 100 yard Free | | 88 |
| 89 | 10 & Under 100 yard IM | | |
| | 10 & Under 50 yard Breast | | 90 |
| 91 | 10 & Under 100 yard Breast | | |
| | 10 & Under 50 yard Fly | | 92 |
| 93 | 10 & Under 50 yard Back | | |
| | 10 & Under 200 yard IM | | 94 |
| 95 | 10 & Under 200 yard Free | | |
| | 10 & Under 500 yard Free | | 96 |
| 97 | 10 & Under 400 yard Free relay | | |
| | 10 & Under 200 yard Free relay | | 98 |

Events all held in one pool

| Session # 8 | 11 & Over | Championship Finals | |
|-------------|-----------------------------|---------------------|----|
| 48 | 11-12 200 yard Free relay | | 49 |
| 50 | 15-18 200 yard Free relay | | 51 |
| 52 | 13-14 200 yard Free relay | | 53 |
| 54 | 11-12 200 yard Fly | | 55 |
| 56 | 15-18 200 yard IM | | 57 |
| 58 | 13-14 200 yard IM | | 59 |
| 60 | 11-12 100 yard IM | | 61 |
| 62 | 15-18 50 yard Free | | 63 |
| 64 | 13-14 50 yard Free | | 65 |
| 66 | 15-18 200 yard Breast | | 67 |
| 68 | 13-14 200 yard Breast | | 69 |
| 70 | 11-12 100 yard Breast | | 71 |
| 72 | 15-18 100 yard Back | | 73 |
| 74 | 13-14 100 yard Back | | 75 |
| 76 | 11-12 50 yard Back | | 77 |
| 78 | 15-18 500 yard Free | | 79 |
| 80 | 13-14 500 yard Free | | 81 |
| 82 | 11-12 200 yard Free | | 83 |
| 84 | 15-18 200 yard Medley relay | | 85 |
| 86 | 13-14 200 yard Medley relay | | 87 |

Day 3

| Session #9 & #10 | 11 & Over | Preliminaries | |
|------------------|-------------------------------------|---------------|--------------|
| Female Event # | Event | | Male Event # |
| 99 | 11-12 500 yard Free (timed finals) | | 100 |
| 101 | 15-18 200 yard Back | | 102 |
| 103 | 11-12 200 yard Breast | | 104 |
| 105 | 13-14 200 yard Back | | 106 |
| 107 | 11-12 100 yard Back | | 108 |
| 109 | 15-18 200 yard Fly | | 110 |
| 111 | 13-14 200 yard Fly | | 112 |
| 113 | 11-12 100 yard Fly | | 114 |
| 115 | 15-18 100 yard Free | | 116 |
| 117 | 13-14 100 yard Free | | 118 |
| 119 | 11-12 50 yard Free | | 120 |
| 121 | 15-18 1650 yard Free (timed finals) | | 122 |
| 123 | 13-14 1650 yard Free (timed finals) | | 124 |

Pools divided by female and male events

| Session # 11 | 10 & Under | Timed Finals | |
|----------------|----------------------------------|--------------|--------------|
| Female Event # | Event | | Male Event # |
| 131 | 10 & Under 100 yard Back | | 132 |
| 133 | 10 & Under 50 yard Free | | 134 |
| 135 | 10 & Under 100 yard Fly | | 136 |
| 137 | 10 & Under 200 yard Medley relay | | 138 |

Events all held in one pool

| Session #12 | 11 & Over | Championship Finals | |
|-------------|-----------------------------|---------------------|-----|
| 101 | 15-18 200 yard Back | | 102 |
| 103 | 11-12 200 yard Breast | | 104 |
| 105 | 13-14 200 yard Back | | 106 |
| 107 | 11-12 100 yard Back | | 108 |
| 109 | 15-18 200 yard Fly | | 110 |
| 111 | 13-14 200 yard Fly | | 112 |
| 113 | 11-12 100 yard Fly | | 114 |
| 115 | 15-18 100 yard Free | | 116 |
| 117 | 13-14 100 yard Free | | 118 |
| 119 | 11-12 50 yard Free | | 120 |
| 125 | 15-18 400 yard Medley Relay | | 126 |
| 127 | 13-14 400 yard Medley Relay | | 128 |
| 129 | 11-12 200 yard Medley Relay | | 130 |