

**STAR SWIMMING
PRESENTS
THE 2006 SPEEDO CHAMPIONS SERIES
JULY 20-23, 2006
Held Under USA Swimming Sanction - NI 0645**

This meet is Open to all swimmers registered with USA Swimming to one of the following
LSC's – AD, AM, CT, MA, MD, ME, MR, NE, NI, NJ, PV, VA

**Order of Events
Long Course Meters**

Preliminaries - 9:00 am Women's Events		Finals – 5:30 PM Men's Events
	Day 1 - Thursday, July 20	
1	200 Individual Medley	2
3	1500 Meter Freestyle * +++	
4	50 Meter Freestyle	5
	800 Meter Freestyle * +++	6
7	200 Meter Butterfly	8
	Day 2 - Friday, July 21	
9	200 Meter Freestyle	10
11	100 Meter Backstroke	12
13	400 Meter Individual Medley	14
15	400 Meter Freestyle Relay * ##	16
	Day 3 - Saturday, July 22	
17	100 Meter Butterfly	18
19	100 Meter Breaststroke	20
21	400 Meter Freestyle	22
23	800 Meter Freestyle Relay * ##	24
	Day 4 - Sunday, July 23	
25	800 Meter Freestyle * +++	
26	200 Meter Breaststroke	27
	1500 Meter Freestyle * +++	28
29	100 Meter Freestyle	30
31	200 Meter Backstroke	32
33	400 Meter Medley Relay * ##	34

* 800 & 1500 Freestyle & all Relay Events are positive check-in events. Swimmers/Teams must check in with the Clerk of Course by the scratch deadline for that event in order to be seeded.

Timed Final event, fastest two heats swim in Finals

+++ Timed Final event, fastest heat swims in Finals

of \$100.

All swimmers, coaches and officials must be properly registered with USA Swimming for 2006 prior to the meet entry deadline of July 13th. There will be no USA Swimming Registration on site. Registrations will be verified before Deck Credentials are issued. By Friday night (July 14th) a Pre-Fax Psych Sheet will be posted on the Star Swimming website (www.starsswimming.org). Times followed by an “*” will need to be proven.

Entry Fees: \$10 per individual event
\$25 per relay event

Send entries to:

Dave Bimber
5568 Coachmans Lane
Hamburg, NY 14075
716-649-2701
dbimber@adelphia.net

You must waive the requirement for a signature upon delivery of entries sent by Express Mail!

Final Results

Complete meet results (including the meet manager results for TM and backup files will be available on both the Eastern Zone and Star Swimming websites after the meet.

Event Limit

All swimmers are limited to a maximum of 3 Individual Events per day (including Time Trials). Swimmers are limited to a maximum of 7 individual events for the meet.

Each team is limited to a maximum of two (2) relays per relay event. At least one (1) swimmer swimming on each relay must be entered in the meet in an individual event.

Time Trials

Any swimmer entered in the meet in an individual event may participate in Time Trials. Relay only swimmers are not permitted to enter Time Trials.

Time Trials shall be swum as follows: That day's events, followed by the events of the remaining days of the meet, followed by the events of the previous days. The 800 & 1500 Free will only be swum only on Friday – or another day at the meet referee's discretion).

Any change will be announced at the General Meeting.

Swimmers are limited to a maximum of 2 time trials for the meet, and must adhere to the daily limit of events.

Entry Fee for Time Trials

\$10 per individual event entry
\$25 per relay event entry

Scratch Procedures

The scratch box will be located at the Registration Desk prior to the start of the meet and until the General Meeting. The scratch box will be at the General Meeting.

Following the General Meeting, the scratch box will be located with the Clerk of Course for the remainder of the meet.

Positive Check-in Sheets for the 800 Freestyle, 1500 Freestyle, and all Relays will be located with the scratch box. The 1500 Free, 800 Free & all Relays are timed final events. Entries must be checked in by the scratch deadline for that event in order to be seeded.

Scratch procedures and penalties will follow those listed in the USA Swimming Rule Book, section 207.12.10

Scratch Deadlines:

Thursday's Events

* 15 minutes following the adjournment of the General Meeting or 6 PM, whichever is later.

Friday, Saturday, and Sunday's Events

* 6:00 PM the previous evening.

Please Note: No email, fax or phone scratches or positive check-ins will be accepted.

Relays and Relay Check-In Procedures

THIS SECTION IS REVISED

A. Relays - All relays are conducted on a timed final basis with only the two fastest heats to be swum in the final session. Teams are limited to two relay entries in each relay event.

B. Relay Check-In- Entries for all relays must be checked in prior to the scratch deadline in order to be seeded. Each coach shall pick up relay entry forms from the Clerk of Course on which he/she shall list the competing relay swimmers, their first and last names, ages and order of swimming, for each entered relay. Relay forms shall be returned to the Clerk of Course for tabulation at least one (1) hour prior to the start of relays. However, they may be changed up to the time of the swim.

C. When the 400 Medley Relays (Sunday's relays) are checked in, teams may declare whether they want to swim in the morning or evening session. The fastest 16 relays that choose the evening session will swim in finals. All other relays will swim in the Prelim session. Teams choosing to swim in the morning session will be seeded by time in that session.

Distance Freestyle

A. Distance Entry - Any swimmer who qualifies for the 800 and/or 1500 freestyle events may enter at their fastest time or at the time standard, if entered in two or more events on the days of the distance freestyle (section 207.10.8)

B. Distance Check-In and Seeding - Entrants in the 800 and/or 1500 freestyle must check in and confirm their intention to compete before the scratch deadline in order to be seeded. Seeded heat sheets will be published by the end of finals the evening before, except for Thursday's events, which will be published by 8 PM on Wednesday. The swimmers will be listed in the

psych sheet in the order of submitted times, beginning with the fastest (207.12.11A)

C. Order of Distance Events

Thursday events (W-1500 & M-800) & Sunday events (M-1500 & W-800) only the fastest (single) heat will be swum in the final session. All other heats are to swim in the afternoon so that the second fastest men's heat is timed to end at 4:30 PM. These afternoon events will swim slowest to fastest and alternate between the Women's and the Men's events in the following pattern:

- a) Second fastest men's heat last
- b) Second fastest women's heat next to last
- c) Third fastest men's heat third from last
- d) Third fastest women's heat fourth from last and continuing until all heats are swum

In Finals these events will swim in numerical order.

Finals Event Order

There will be a bonus final in each Prelim-Final event. The order of the final events shall be C, B, and A (bonus, consolation, and championship).

Meet Scoring

Scoring will be on a sixteen (16) place basis. Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1. Relay events receive double these point values.

Awards

Individual Awards: 1st – 8th place

Relay Awards: 1st - 3rd place

Team Awards: 1st & 2nd place

(These awards will be for Women, Men, & Combined).

Individual High Point Awards:

1st – 2nd place women, 1st – 2nd place men.

Ready Room

A ready room will be used at this Championship prior to each 'A' final event. Each swimmer participating in the 'A' finals **must** report to the ready room 10 minutes preceding the event.

Officials

Certified officials wishing to work the meet should submit an application to Jamy Pfister (JamyJayPfi@adelphia.net), Eastern zone Officials Coordinator, by June 15, 2006. copies of the application can be found at <http://www.pvswim.org/eastzone/index.html> or at <http://www.starswimming.org> and each LSC Official's Chairman.

Certified officials who learn of their availability after June 15, 2006 should contact Sue Seiler, Niagara Officials chair, at SSeiler826@aol.com.

We have applied to have this meet designated as a "qualifying meet" under the new national officials certification program. Any official interested in being evaluated should contact Jamy Pfister for more information and an application to be evaluated. Details of the certification can be found on the USA Swimming website at <http://www.usaswimming.org/USASWeb/DesktopDefault.aspx?TabId=98&Alias=Rainbow&Lang=en>

Pool Access

Only working USA Swimming Registered Officials, Coaches, Swimmers, and meet volunteers will be permitted on the pool deck. Credentials will be provided and must be shown to gain access and should be visible while on the deck. \$10 will be charged for the replacement of these credentials.

Check-In

Plan to arrive in time for the General Meeting. **You are responsible for all business conducted at this meeting.** If for any reason, you cannot attend, make arrangements to find out what occurred.

Ticket Information

All Session Pass \$25
Daily:

Prelims	\$ 4
Finals	\$ 7

Tickets will be available at the door.
Make checks payable to Star Swimming.
Prelim & Finals Programs - \$2 each

Coach's Packet

For coaches who plan to attend this meet without swimmers, there will be a special packet available for \$45, that will contain a general admission pass, heat sheets, a psych sheet, team roster, and a set of final results. The packet is available during regular registration hours. Current USA Swimming coach members purchasing this packet may receive a deck pass.

Site Information

***Information/Lost & Found**

Information will be available at the Registration Table. The Lost & Found is located behind the lifeguard office.

*** Lockers**

Lockers are available for use. Swimmers should bring their own locks. Locks must be removed from the lockers at the end of each day. Each individual must assume responsibility for securing their valuables. Erie Community College and Star Swimming, Inc. are not responsible for lost or stolen items. Shaving down is not allowed in the facility.

*** Medical Assistance**

Lifeguards are trained for emergency situations. The municipal hospital is located 5 minutes from the facility.

*** Parking**

Parking is available at Mike's Parking at the corner of Elm & Swan Street and at the Adam's Parking Ramp at the corner of Washington and North Division Street. Mike's Parking has attendants supervising parking from 1/2 hour before the start of warm-up through the last session of the day. The Adam's Parking Ramp offers free

parking on weekends but is unsupervised.

*** Concessions**

Concessions will be located in the lobby of the Flickinger Aquatic Center.

*** Hospitality**

A hospitality room for coaches and officials will be located in the Auxiliary Gym located on the second floor of the Aquatic Center.

Flickinger Aquatic Center Hours

Wednesday, July 19	1:00 PM - 9:00 PM
Thursday, July 20	6:30 AM - 9:00 PM
Friday, July 21	6:30 AM - 9:00 PM
Saturday, July 22	6:30 AM - 9:00 PM
Sunday, July 23	6:30 AM - 9:00 PM

will be posted on deck:

General warm-up all lanes until 40 minutes prior to meet start

Sprint lane (2) or lanes (2 & 7) as needed from 40 minutes prior to meet start

Pace lanes 1 & 8, 40 minutes prior to meet start

Clear pool 10 minutes prior to meet start

=====
In granting the sanction for this meet it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by means of injuries to anyone during the conduct of the meet.

Credentials pickup for Swimmers, Coaches, & Officials

Wednesday, July 19	Noon - 8:00 PM
Thursday, July 20	6:30 AM – 10 AM
Friday, July 21	6:30 AM – 8:30 AM

As needed - contact Meet director

Credentials must be worn at all times. \$10 will be charged for replacement of badges.

Warm-up procedures are as follows and they