

2006 EASTERN ZONE MAXIMUM QUALIFYING TIMES FOR ZONE MEETS  
 (this applies to both SC and LC meet)  
 (individual entry QT's may not equal or exceed these times for 13/Over swimmers)  
 (Women's 400/500 Free SCY Updated December 22, 2005)

LCM	WOMEN		EVENT	SCY	MEN	
	SCM	SCY			SCM	LCM
27.39	26.59	23.89	50 FREESTYLE	21.39	23.69	24.79
58.89	57.09	51.89	100 FREESTYLE	46.49	51.29	53.89
2:06.99	2:03.09	1:51.69	200 FREESTYLE	1:41.69	1:52.49	1:57.29
4:25.59	4:14.89	4:55.89	400/500 FREESTYLE	4:34.79	3:57.79	4:08.59
9:06.69	8:51.69	10:10.99	800/1000 FREESTYLE	9:32.69	8:20.79	8:37.29
17:32.49	16:48.29	16:58.29	1500/1650 FREESTYLE	15:56.69	15:56.19	16:31.39
1:06.69	1:03.39	57.69	100 BACKSTROKE	51.79	57.59	1:00.59
2:22.79	2:16.99	2:03.59	200 BACKSTROKE	1:52.29	2:04.59	2:11.49
1:14.99	1:12.79	1:05.19	100 BREASTSTROKE	58.29	1:04.59	1:08.39
2:41.59	2:37.29	2:20.69	200 BREASTSTROKE	2:07.19	2:22.49	2:28.59
1:04.39	1:02.79	57.09	100 BUTTERFLY	50.79	55.69	58.19
2:21.19	2:17.49	2:05.09	200 BUTTERFLY	1:53.19	2:03.79	2:09.79
2:24.29	2:19.19	2:06.09	200 IM	1:53.79	2:05.69	2:12.39
5:03.69	4:55.29	4:27.79	400 IM	4:02.49	4:28.29	4:41.59

Notes:

These times are based on the slowest of the 2006 Time Standards for the US Open, 2006 Speedo Junior National Championships, or the 2006 18/Under Standards for the US Spring Championships

13 and Over Swimmers may not enter the 2006 zone meet (either SC or LC) if they have a QT **in any event** equal to or faster than the above times.

12 and Under Swimmers may not enter the zone meet if they have participated in an individual event in any of the above meets, USA Swimming Nationals, or a Trials Class Meet. .