

Practice Time Assignments
Eastern Zone Meet 2005

Tuesday, August 9, 2005

Practice time starts 3:00 PM, ends at 9:00 PM.
Main Pool - 8 Lanes, Warm-up Pool - 5 Lanes

	Pool	3:00 PM	3:30 PM	4:00 PM	4:30 PM	5:00 PM	5:30 PM	6:00 PM	6:30 PM	7:00 PM	7:30 PM	8:00 PM	8:30 PM	9:00 PM
AD	Main					1 Lane	Lane 1							END
	Warm-up													
AM	Main					2 Lanes	Lanes 2, 3							
	Warm-up					2 Lanes	Lanes 1, 2							
CT	Main					2 Lanes	Lanes 4, 5							
	Warm-up					1 Lane	Lane 3							
MA	Main					2 Lanes	Lane 6, 7							
	Warm-up					1 Lane	Lane 4							
MD	Main	2 Lanes	Lanes 1, 2											
	Warm-up	2 Lanes	Lanes 1, 2											
ME	Main					(w/ AD) (3 swimmers)								
	Warm-up					Lane 1								
MR	Main									3 Lanes	Lanes 1, 2, 3			
	Warm-up									2 Lanes	Lanes 1, 2			
NE	Main									2 Lanes	Lanes 4, 5			
	Warm-up									1 Lane	Lane 3			
NI	Main	2 Lanes	Lanes 3, 4											
	Warm-up													
NJ	Main	2 Lanes	Lanes 5, 6											
	Warm-up	1 Lane	Lane 3											
PV	Main					1 Lane	Lane 8							
	Warm-up					1 Lane	Lane 5							
VA	Main									2 Lanes	Lanes 6, 7			
	Warm-up									2 Lanes	Lanes 4, 5			

AD - Adironack
AM - Allegheny Mountain
CT - Conneticut
MA - Middle Atlantic
MD - Maryland
ME - Maine

MR - Metro
NE - New England
NI - Niagara
NJ - New Jersey
PV - Potamac Valley
VA - Virginia