

Hosted By:

**The
Retriever Aquatic
Club**

Site:

**The University of
Maryland –
Baltimore County
(UMBC)**

Speedo Champions Series

Eastern Zone – Region II

Long Course Championships

July 24 – 27, 2003

Sanctioned by USA Swimming Through

Maryland Swimming Sanction #MD03-027

Meet Director:	Rob Dobry 410-783-4939 email: { HYPERLINK "mailto:robdobry@yahoo.com" }
Location:	University of Maryland – Baltimore County (UMBC) 1000 Hilltop Circle Baltimore, Maryland 21250 410-455-1000 Outdoor 8 lane 50 meter pool / Indoor 8 lane 25 yard pool
Schedule:	Thursday, July 24 Warm-up: 1:00 pm – 3:50 pm Events: 4:00 pm Friday, July 25 / Saturday, July 26 / Sunday, July 27, 2003 Preliminaries Warm-up: 6:30 am – 8:50 am Events: 9:00 am Finals Warm-up: 4:00 pm – 5:20 pm Events: 5:30 pm (Continuous warm-up will be available throughout the meet)
Coaches Meeting:	A Coaches Meeting will take place at 1:00 pm on Thursday July 24, 2003. Coaches are accountable for the information presented at the meeting. Please make sure at least one representative from your club attends the meeting.
Eligibility:	<ul style="list-style-type: none">• OPEN TO <u>ALL</u> USA SWIMMING REGISTERED ATHLETES AND CLUBS.• Contestants must have equaled or bettered the applicable cut-off times.• Entry Times must have been achieved since July 1, 2002.• Entry Times and USA Swimming memberships are subject to confirmation.

<p>Rules:</p>	<p>Current USA Swimming rules shall govern the meet.</p> <ul style="list-style-type: none"> • Unless otherwise noted, all events will be conducted as prelims and finals with C, B, and A finals (swum in this order). • All Relay events will be conducted as timed finals with only the fastest two heats being contested during the finals sessions. • A contestant may enter no more than three (3) individual events per day and no more than six (6) individual events for the meet. • The Women’s 1500m freestyle and the Men’s 800m freestyle will be conducted as timed finals on Thursday and will be swum in event order – slowest to fastest. • The Women’s 800m freestyle and the Men’s 1500m freestyle will be conducted as timed finals on Sunday and will begin 45 minutes after the conclusion of the Sunday Preliminary events. The heats will be swum fastest to slowest alternating a heat of the women’s 800m freestyle and the men’s 1500m freestyle. The fastest heat of each event (Women’s 800m freestyle and Men’s 1500m freestyle) will be swum as the first two heats in the Sunday finals session.
<p>Seeding & Scratch Procedure:</p>	<ul style="list-style-type: none"> • Positive Check-in for Thursday’s distance events is required by 3:00 pm on Thursday. Positive check-in for Sunday’s distance events is required by 6:30 pm on Saturday. • The scratch deadline for all other events is the evening prior to the event by 6:30 pm. • For timed finals individual events only and not withstanding USA Rule 208.5.9, failure to check-in shall be treated as a scratch. • The USA Swimming Scratch Policy Rule (207.5.9) will apply throughout the meet. • Verification of time for all events (including relays) may be requested. Coaches should be prepared to provide proof of entry times upon request. • Times will be seeded in the following priority: LCM, SCM, SCY.
<p>Warm-ups:</p>	<ul style="list-style-type: none"> • The Meet Director reserves the right to determine the structure of the warm-up including times and lane assignments based on the number of swimmers entered in the meet. • The warm-up structure will be announced at the coaches meeting on Thursday July 24 at the UMBC pool at 1:00 pm. • Any Athlete who acts in a manner that is injurious to themselves or Others will be disqualified from their next event.

Officials:	<p>Meet Referee: Marilyn Duman</p> <ul style="list-style-type: none"> • Certified officials wishing to work the meet should submit an application To JoAnn Faucett, Eastern Zone Officials Coordinator,. { HYPERLINK "mailto:faucettjm@aol.com" } . Applications to officiate can be found at { HYPERLINK "http://www.schenectadyswimclub.org/ezoaintro.htm" } • All officials are required to attend a mandatory meeting 1 hour prior to the beginning of each session except the meeting on Friday will begin 90 minutes prior to the start of the preliminary session.
Supervision:	<p>Coaches are responsible for the conduct of their swimmers, both at the Meet and in the warm-up/warm-down area. Inappropriate behavior will Be cause for suspension from the meet and barring from the UMBC facility.</p>
Admission:	<p>There is no admission charge. A program will be available for all sessions at a cost of \$15.00.</p>
Entry Procedure:	<ul style="list-style-type: none"> • Computer generated entries are preferred. • Entries may be sent by e-mail or by mail/express mail etc. • Entries sent via e-mail should follow the following procedure: <ol style="list-style-type: none"> 1. Entries must be received by the due date and time. 2. Include with your commlink file one (1) report by name and one (1) report by event. Create these reports in Team Manager and save as Word for Windows files. 3. In the body of your e-mail provide numbers for total entries for both boys and girls and total number of swimmers (boys and girls). Include contact information (name, e-mail and phone number). 4. E-mail to { HYPERLINK "mailto:coachtom@comcast.net" }. 5. Send entry fee check and Entry Cover Sheet by mail. It must arrive by Saturday July 19, 2003. • Entries sent by mail should include computer disk, a meet entry report by name and one by event from Team Manager and all fees. All entries should include a completed “Entry Cover Sheet”

Fees:	<p>Individual events: \$7.50 Relays: \$15.00</p> <p>Each team is requested to remit one check to cover the entry fees for the entire team. Please do not send cash. Entry fees are due with entries.</p> <p>Entry fees are due with entries that are mailed/express mailed/etc.</p> <p>Entry fees are due July 19, 2003 for entries sent via e-mail.</p> <p>Entry fees are due July 24, 2003 for any FAX entries.</p> <p>Any entry whose fees are not received by the above dates will be removed from the meet.</p> <p>Checks should be made payable to Retriever Aquatic Club (RAC). Please make sure the club name is clearly indicated on all checks.</p>
Deadline:	<p>All entries must be received no later than 5:00 pm, Tuesday July 15, 2003.</p> <p>The FAX deadline will be 12:01 am on Tuesday July 22, 2003 and is for swims occurring from Monday July 14, 2003 through the FAX deadline.</p>
Mail Entries & Fees to:	<p>Tom Himes 9505 Stoneoak Road Baltimore, Maryland 21236 410-455-2716 { HYPERLINK "mailto:coachtom@comcast.net" }</p>
Late Entries:	<p>Entries for swims from Monday July 14, 2003 – July 21, 2003 which achieve a first time qualifying standard, must be made on the appropriate FAX Entry Form (separate for individual events and relay events) and sent by FAX transmission to the following FAX phone number (410-455-1124). All FAX entries must be submitted certified by the meet director of the meet in which the qualifying swims occurred and must be received no later than 12:01 am (EST) on Tuesday July 22, 2003.</p> <p>FAX entries may not be used to improve the seed time of a previously submitted entry and may not cause the swimmer to exceed the maximum number of events for the meet or for any one day.</p>

Warning:	Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00 per occurrence. All swimmers, coaches and officials must be properly registered with USA Swimming. Membership cards must be displayed at all times.
Awards:	<p>Awards will be presented to Champions and runner-ups in Women's Team, Men's Team and Combined Team scores.</p> <p>Male and Female Individual High Point and runner up awards will also be presented.</p> <p>Swimmers placing in the top 8 in individual events will receive medals.</p> <p>Relay teams placing in the top 3 will receive medals.</p>
Scoring:	<p>Individual events: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1</p> <p>Relay events: 40 34 32 30 28 26 24 22 18 14 12 10 8 6 4 2</p>
Time Trials:	<p>Time Trials will be conducted as time permits between the preliminaries and finals session of the meet. Time trials will be open to all registered meet participants including relay-only swimmers. Each swimmer will be limited to a maximum of 2 time trials and must adhere to the daily limit of events. Time trials for the women's 1500 meter freestyle and men's 800 yard freestyle will be conducted on Thursday evening only following the completion of those events. Time trials for the women's 800 meter freestyle and men's 1500 meter freestyle will be conducted on one day only and will be scheduled last on the day with the shortest timeline for preliminaries. All other events will be offered each day (time permitting) using the following formula: That day's events, followed by the events of the subsequent days, followed by the events from previous days. That is on Saturday, we will swim Saturday's events, followed by Sunday's events, followed by Friday's events.</p> <p>The entry fee for time trials will be \$10.00 per event (including relays). Swimmers must sign up for time trials by 30 minutes prior to the scheduled end of each day's session.</p>

<p>{ HYPERLINK "pooldirs.htm" \l "GMU" }</p> <p><u>Directions:</u></p>	<p>FROM NORTH: Interstate 695 (BALTIMORE BELTWAY) Outer Loop to Exit 12C, WILKENS Ave. At the end of the ramp turn left onto Wilkens Ave. and proceed approximately 1 mile to WALKER Ave. (first traffic light). Turn left on Walker Ave. Follow Walker Ave. to the stop sign and turn right onto HILLTOP Circle. The UMBC pool is approximately ½ mile around Hilltop circle, behind the UMBC Retriever Athletic Center.</p> <p>Alternatively take Interstate 95 south to Exit 47B, I 195 / Route 166. Bear to the right off the exit ramp towards Route 166 / Catonsville. Stay in the right lane and bear right onto the UMBC campus. Bear right onto Hilltop Circle. The UMBC Retriever Athletic Center is to the left behind the parking deck.</p> <p>FROM THE SOUTH: Interstate 95 north to Exit 47B, I 195 / Route 166. Bear left off the exit ramp towards Route 166 / Catonsville. Bear to the right onto the UMBC campus. Bear right onto Hilltop Circle. The UMBC Retriever Athletic Center is to the left behind the parking deck.</p> <p>PARKING: Lot 10 (visitor parking deck): From Hilltop Circle turn left onto Administration Drive then turn left onto parking deck. Parking garage: Remain on Hilltop Circle past Administration Drive then turn left onto Library Drive. The garage entrance is on the left. Parking also available on Hilltop Circle.</p>

Schedule of Events

Thursday July 24, 2003
Warm – ups: 1:00 pm Events: 4:00 pm

Women					Men			
Event #	SCY	SCM	LCM		SCY	SCM	LCM	Event #
1 @	18:12.69	18:10.59	18:23.39	1500 Freestyle				
				800 Freestyle	10:01.59	08:44.19	09:04.59	2 @

@ Positive Check-in required by 3:00 pm on Thursday July 24, 2003

Friday July 25, 2003
Prelim Warm-ups: 6:30 am Events: 9:00 am
Finals Warm-ups: 4:00 pm Events: 5:30 pm

Women					Men			
Event #	SCY	SCM	LCM		SCY	SCM	LCM	Event #
3	01:57.79	02:10.79	02:12.69	200 Freestyle	01:46.39	01:58.09	02:01.89	4
5	01:08.89	01:16.49	01:17.69	100 Breaststroke	01:02.19	01:09.09	01:12.09	6
7	01:00.09	01:06.79	01:07.49	100 Butterfly	00:54.09	01:00.09	01:00.69	8
9	04:38.99	05:09.69	05:12.99	400 Individual Medley	04:15.09	04:43.19	04:57.69	10
11	08:05.39	08:58.89	09:06.69	800 Freestyle Relay	07:18.39	08:06.59	08:14.79	12

Scratch deadline for all Friday events is 6:30pm Thursday.

Saturday July 26, 2003
Prelim Warm-ups: 6:30 am Events: 9:00 am
Finals Warm-ups: 4:00 pm Events: 5:30 pm

Women					Men			
Event #	SCY	SCM	LCM		SCY	SCM	LCM	Event #
13	02:30.49	02:47.09	02:49.39	200 Breaststroke	02:15.39	02:30.29	02:38.99	14
15	00:25.29	00:28.09	00:28.59	50 Freestyle	00:22.49	00:24.99	00:25.39	16
17	01:01.09	01:07.89	01:08.39	100 Backstroke	00:55.09	01:01.19	01:03.69	18
19	05:12.49	04:32.59	04:36.19	400 Freestyle	04:47.29	04:10.09	04:20.69	20
21	04:12.29	04:40.29	04:43.79	400 Medley Relay	03:46.99	04:12.19	04:16.09	22

Scratch deadline for all Saturday events is 6:30pm Friday.

Sunday July 27, 2003

Prelim Warm-ups: 6:30 am Events: 9:00 am

Finals Warm-ups: 4:00 pm Events: 5:30 pm

Women					Men			
Event #	SCY	SCM	LCM		SCY	SCM	LCM	Event #
23	02:11.89	02:26.49	02:27.39	200 Backstroke	01:59.39	02:12.59	02:18.59	24
25	00:54.79	01:00.89	01:01.89	100 Freestyle	00:48.99	00:54.39	00:55.59	26
27	02:13.49	02:28.19	02:29.49	200 Butterfly	02:01.49	02:14.89	02:20.29	28
29	02:11.99	02:26.59	02:28.29	200 Individual Medley	01:59.79	02:12.99	02:18.49	30
31	03:45.79	04:10.89	04:14.99	400 Freestyle Relay	03:21.89	03:44.09	03:48.69	32
33 @	10:48.79	09:26.29	09:33.29	800 Freestyle				
				1500 Freestyle	16:50.49	16:46.79	17:25.19	34 @
@ Positive Check-in required by 6:30 pm on Saturday July 26, 2003								
Scratch deadline for all other Sunday events is 6:30pm Saturday .								

Accommodations:

Meet Host Hotel:

Courtyard by Marriott

1671 West Nursery Road

Linthicum, MD 21090

Richard Sinossky

(410) 859-8855

Special rate: \$89/ \$99 including continental breakfast; double occupancy

Features: airport transportation, cable TV with movies, dataport/modem line, exercise room, heated indoor pool, major credit cards accepted, non-smoking units available, refrigerators, restaurant and lounge, valet laundry

Other Local Hotels:

<u>Name</u>	<u>Address</u>	<u>Phone</u>	<u>Distance</u>
BWI Marriott	1743 West Nursery Rd, Linthicum	(410) 691-4513	4.8
Extended Stay America	1500 Aero Dr., Linthicum	(410) 850-0400	5.0
Hampton Inn	829 Elkridge Landing Rd, Linthicum	(410) 850-0600	5.0
Doubletree Suites	1300 Concourse Dr., Linthicum	(410) 850-0747	5.1
Comfort Inn	815 Elkridge Landing Rd, Linthicum	(410) 691-1000	5.0
Harbor Court Hotel	550 Light Street, Baltimore	(410) 234-0550	10.8
Homewood Suites	1181 Winterson Rd, Linthicum	(410) 684-6100	4.7
Hyatt Hotel and Resort	300 Light Street, Baltimore	(410) 528-1234	11.2
Omni Inner Harbor	101 W. Fayette St, Baltimore	(410) 752-1100	12.0
Red Roof Inn	Elkridge Landing Rd, Linthicum	(410) 850-7600	5.1
Residence by Marriott	4950 Beaver Run Rd, Columbia	(410) 997-7200	12.5
Sheraton Columbia Inn	Wincopin Cr, Columbia	(410) 730-3900	12.8
Holiday Inn	890 Elkridge Landing Rd.,Linthicum	(410) 859-8400	5.1
Susse Chalet Inn	1734 W. Nursery Rd, Linthicum	(410) 859-2333	5.5
Best Western	6755 Dorsey Road, Elkridge	(410) 796-3300	8.2
Clarion Hotel	612 Cathedral St., Baltimore	(410) 727-7101	14.5
Candlewood Suites	1247 Winterson Rd, Linthicum	(410) 850-9214	6.9

Speedo Champions Series
2003 Eastern Zone – Region II Long Course Championships
Hosted By: Retriever Aquatic Club @ UMBC
July 24 – 27, 2003

ENTRY COVER SHEET

CLUB: _____ CLUB CODE: _____

HEAD COACH: _____

COACH PHONE #: _____ COACH E-MAIL: _____

COACH OR CLUB ADDRESS: _____

WOMEN SWIMMERS: _____ # MEN SWIMMERS _____

WOMEN IND. EVENTS _____ # MEN IND. EVENTS _____

#WOMEN REL. EVENTS _____ # MEN RELAY EVENTS _____

TOTAL INDIVIDUAL EVENTS _____ x \$7.50 = \$ _____

TOTAL RELAY EVENTS _____ x \$15.00 = \$ _____

TOTAL ENTRY FEES _____ = \$ _____

I attest that all the athletes entered in this meet are properly registered with USA Swimming and that they have achieved the entry times recorded since July 1, 2002.

Team Rep. (Print)

Phone #

Team Rep. Signature

Date

Entry Deadline: All entries must be received by 5:00 pm, Tuesday, July 15, 2003

Send Entries To: Tom Himes
9505 Stoneoak Road
Baltimore, Maryland 21236

PH#: 410-455-2716
FAX: 410-455-1124
{ HYPERLINK

"mailto:coachtom@comcast.net" }

Speedo Champions Series
2003 Eastern Zone – Region II Long Course Championships
Hosted by: Retriever Aquatic Club @ UMBC
July 24 – 27, 2003

INDIVIDUAL FAX ENTRY

(Entry Deadline – 12:01 am on Tuesday, July 22, 2003. This form may be sent as an e-mail to the meet entry person, { [HYPERLINK "mailto:coachtom@comcast.net"](mailto:coachtom@comcast.net) }. If faxing the form notify the meet entry person by calling 410-455-2716 and leaving a message. The FAX number is 410-455-1124).

Name of Meet _____

Date: _____

Swimmers Name and USA Registration Number	Club & LSC	Event & Event #	Time	Club Contact & Phone Number	Swimmer Previously Entered Y or N

I certify that the above swimmers have achieved the Speedo Champions Series – 2003 Eastern Zone – Region II Long Course Qualifying standards in the above named meet.

 Meet Director's Name (Please Print)

 Meet Director's Signature

 Date

Note: FAX entries may not be used to improve the seed time of a previously submitted entry.

Speedo Champions Series
2003 Eastern Zone – Region II Long Course Championships
Hosted by: Retriever Aquatic Club @ UMBC
July 24 – 27, 2003

RELAY FAX ENTRY

(Entry Deadline – 12:01 am on Tuesday, July 22, 2003. This form may be sent as an e-mail to the meet entry person, { [HYPERLINK "mailto:coachtom@comcast.net"](mailto:coachtom@comcast.net) }. If faxing the form notify the meet entry person by calling 410-455-2716 and leaving a message. The FAX number is 410-455-1124).

Name of Meet _____

Date: _____

Swimmers Names and USA Registration Numbers	Club & LSC	Event & Event #	Time	Club Contact & Phone Number

I certify that the above relays have achieved the Speedo Champions Series – 2003 Eastern Zone – Region II Long Course Qualifying standards in the above named meet.

 Meet Director's Name (Please Print)

 Meet Director's Signature

 Date

Note: FAX entries may not be used to improve the seed time of a previously submitted entry.

Filename: SpeedoSectionalsMeetNotice03_v2
Directory: C:\Download Files 5838
Template: C:\WINDOWS\Application
Data\Microsoft\Templates\Normal.dot
Title: 2001 Eastern Zone - Section II LC Meet Announcement
Subject:
Author: John Ferrari
Keywords:
Comments:
Creation Date: 5/13/2003 3:56 PM
Change Number: 3
Last Saved On: 5/13/2003 3:58 PM
Last Saved By: John Hirschmann
Total Editing Time: 5 Minutes
Last Printed On: 5/13/2003 4:03 PM
As of Last Complete Printing
Number of Pages: 13
Number of Words: 2,651 (approx.)
Number of Characters: 15,113 (approx.)