

## PVS Diversity - College Swimming Presentation, Athlete Swim Clinic, Coach Roundtable with Coach Sergio Lopez

Coaches, parents and 12 & over athletes, Please join us for a unique opportunity to hear from Coach Sergio Lopez regarding college swimming, participate in an Athlete Swim Clinic and join him for a Coach Breakfast Roundtable\*. Coach Lopez is a National Junior Team Camp and Pan Pacific Championship Head Coach. He is also the Aquatics Director and Head Coach of Bolles School and the Bolles School Sharks in Jacksonville, FL.



Saturday, October 25, 2014 Takoma Aquatic Center 300 Van Buren Street Washington, DC

**RSVP HERE** 

2:00-3:00pm - Presentation - Including Speaker Coach Sergio Lopez 3:00-4:30pm - Athlete Swim Clinic - Guest, Head Coach Sergio Lopez



Thank you to DCWAVE of DCPR for providing the venue for this event.

Athletes participating will be entered to be eligible to win an Underwater Audio Ipod shuffle ...donated by ERSC and all will receive Finis goggles donated by MSSC



In addition, please join us earlier in the day for:

10:00am -12:30pm\*\* - **PVS STROKE & TURN CLINIC**, please register at <a href="http://www.pvswim.org/official/">http://www.pvswim.org/official/</a>



1:00pm - **PVS DIVERSITY COMMITTEE MEETING** please join us and find out whats planned so far and help shape the future of PVS Diversity......RSVP to <a href="mailto:meraripvs@gmail.com">meraripvs@gmail.com</a>



\*COACHES, JUST FOR YOU! - Sunday, October 26, 2014, 9:30-11:30am

Round Table Breakfast with Coach Lopez. This is an opportunity to have dialogue with him about

a variety of topics in addition to that of college swimming. Location - Residence Inn Marriott, Conference Room. 8125 Gatehouse Rd, Falls Church, VA 22042 - RSVP to meraripvs@gmail.com

For more information contact Merari Chollette, PVS Diversity Chair at <a href="meraripvs@gmail.com">meraripvs@gmail.com</a> or 301.938.0250 \* coaches only; \*\*light lunch and refreshments for S&T trainees also attending the other afternoon events

Thank you to PVS team DCWAVE for their support of this event and to Residence by Marriott for their donated space.

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## **More about Coach Sergio Lopez**

Coach Sergio Lopez is a graduate of American University, also swam for Indiana University and is originally from Spain. He recently served as a 2014 USA Swimming National Junior Team Camp and Pan Pacific Championships Head Coach, was a 2014 ASCA World Conference speaker, is a Former Olympian (SPAIN - 200 Breast stroke, Bronze medal), former head coach of West Virginia University and Associate Head Coach of Northwestern



University and current Head Coach and Aquatics Director of Bolles School, and Florida Swimming LSC Bolles Sharks Club in Jacksonville, FL . In addition, Coach Lopez is the co-founder of Planet Swim a non-profit organization providing for swim lessons to underprivileged children and other resources for the sport of swimming.

In an interview with Mike Watkins of USA Swimming, Lopez said "It feels great when you know you've made a difference in the life of an athlete, especially when you help them earn a scholarship to swim and get an education," "That's how I see my job – to prepare them for the next level of their lives." In 2013 he helped Bolles graduate and U.S. National Team member Ryan Murphy to a scholarship as a member of the prestigious University of California-Berkeley swim program. According to Coach Lopez, Bolles has had about 100% of their seniors each year go on to swim at various levels of college swimming. Lopez said. "Empowering kids is an important part of coaching and teaching, and I hope our kids leave knowing they can do anything they truly want."

Coach Lopez had an interesting route to the sport of swimming in the USA. He did not come from a privileged background, on the contrary, it was due to hardship that he ended up spending a lot of time at a pool in his native Barcelona, Spain. For his passion in guiding young athletes in the sport to college swimming and his many accomplishments and unique background as a Spanish athlete with a start from what would be considered an under privileged environment , we asked Coach Lopez to share his knowledge about the route to college swimming with our athletes at PVS.