

On

# Saturday, October 9, 2010

### At the

# Prince George's Sports and Learning Complex.

From

## 2:00 PM - 4:00 PM

Central Chesapeake Swimming would like to invite parents to a short Seminar discussing ways for parents of swimmers to become more involved in supporting their athletes and the sport of swimming. Cecil Gordon, National Championship Certified Referee and Chairman of USA Swimming Diversity Committee, along with Referee Robert Thompson will lead this discussion.

#### Note: Parents do not need to have a swimmer entered in the PEAK Freestyle Meet to participate.

Agenda/Topics Discussed		
Approximate Time	Item	Presenter
2:00 PM	Welcome	John Mason
2:05-3:00 PM	Let's Get Involved!	Cecil Gordon and Robert
		Thompson
3:00-3:15 PM	Being a Minority Athlete	Naomi and Miriam Lynch
3:15-3:30 PM	Hair Care-What We Have	PEAK Parents
	Learned	
3:30-4:00 PM	Panel Question and	All
	Answer	

### and Tania Diamand