

2007 PVS Age Group Camp
Coach's Application

Application Deadline is Sunday Jan. 21

Camp Date: Sunday April 29, 2007 at Fairland Aquatic Center 7:30 am to 5:00 pm

Applicant must be a current USA Swimming coach member.

Head coach applicants must have at least 8 years of
USA-S coaching experience.

Assistant coach applicants must have a minimum of 2 years of USA-S coaching
experience.

All coaches and staff will be acting on behalf of Potomac Valley Swimming and not their club. The main objectives and goals of the camp are to: provide an educational experience for each swimmer, improve swimmers self-image, promote unity of the camp participants, and retain athletes in the sport of swimming and to provide an opportunity for education, observation, communication and motivation to coaches.

This camp will be open to 50 USA-S registered athletes ages 11-14. The camp will be designed as a combination of educational sessions, social opportunities and water activities. Some possible topics are, but not limited to: nutrition, goal setting, visualization, relaxation, leadership, starts, turns and finishes, specific stroke skills, race strategy and sportsmanship.

The head coach will be chosen first. He or she along with the camp coordinator/director and Age Group Chairman will choose the topics to be addressed, and then 4 assistant coaches will be selected. Please indicate below if you would just like to be considered for the head coach position or for either the head coach or assistant coach. All coaches must be available to meet for a coach's meeting 2-3 weeks prior to camp in order to prepare for the camp.

Name: _____ phone: _____

E-mail: _____ Club: _____

Best time and way to reach you: _____

Gender: M F

Shirt size: S M L XL XXL

(All coaches will be supplied a camp staff T-shirt from USA Swimming)

Position applying for; please circle the one that applies:

Head coach (only)

Assistant Coach (only)

Head or assistant coach

Name of Club	# years with club	Position at club	Age group(s)/level you coach	

Any special training or certifications you have: _____

Topics you would like to see included in this camp: _____

Topics you would be willing to instruct: _____

Please send your application to:

**Terri Marlin
PVS Camp Coordinator
3212 Allness Lane
Herndon, Virginia 20171**

Or fax to: **571-203-0550**

If you have any questions you can contact Terri Marlin at **571-334-0871** or email at **camp@pvs swim.org**

I understand that as a coach selected to participate in this PVS camp I will be required to sign a Code of Conduct provided by the Camp Director/Coordinator. I attest that the above information is true and accurate.

Coach's signature: _____ date: _____