

PVS Camp Survey

There is an increased interest in reestablishing a Camps Program in Potomac Valley Swimming. These camps would be run by the LSC and for the LSC, with no affiliation to any one club. PVS is very fortunate to have so many talented coaches, who have so much experience and knowledge. So we would ask for coaches from all clubs to consider coaching at one or more of these camps through out the year in order to better educate all of our athletes.

Please take a few minutes to fill out the following survey on which camps you would be most interested in seeing run over the next year. If you would like to see more than one camp offered, then please number your responses in order of your priority. Also please indicate which topics you would like to see being discussed as well. Names are not necessary, however if you are interested in working one or more of the camps, you can add your name at the bottom with the camp you are most interested in coaching.

Thank you for your assistance.

Check (or number in order of preference) the age groups you would like to see camps offered (the ages:

Level 1 (8 & under) ____ Level 2 (9-12) ____ Level 3 (11-18) ____ Level 4 (13 & over) ____

Please check the topics you would like to see offered, then circle the group you feel would benefit from each (you can circle more than one level)

Sportsmanship ____ 1 2 3 4
Starts & Turns ____ 1 2 3 4
Finishes ____ 1 2 3 4
Goal Setting ____ 1 2 3 4
Relaxation ____ 1 2 3 4
Injury Prevention ____ 1 2 3 4
College Prep. ____ 1 2 3 4

Stroke skills ____ 1 2 3 4
Training Technology ____ 1 2 3 4
Nutrition ____ 1 2 3 4
Visualization ____ 1 2 3 4
Race strategies ____ 1 2 3 4
Leadership ____ 1 2 3 4
Banned Substance Ed. ____ 1 2 3 4

Others topics you would like to see offered _____

If you are interested in coaching at any of the above camps you can add your name and camp preference here, or you can contact Bill Marlin by e-mail (coach_bill@verizon.net)
