Potomac Valley Swimming Spring Competition Committee Meeting Overlee Community Center 3060 Lee Highway Arlington, VA 22205 May 15, 2019

- Attendance Mark Faherty-PVS, Blair Piddington-PVS, Dave DiNardo-PVS, Ellen Colket-PVS, Tim Husson-PVS, Greg York-YORK, Mike Clark-CSC, John Tollefson-TOLL, Jason Cochran-MACH, Cherlynn Venit-PAC, Michael Venit (athlete)-PAC, Richard Romano-HACC, Ian Handerhan-SDS, Bob Walker-ASA, Brian Pawlowicz, David Miller-MSSC, Jessica Fry-Mack-NCAP, Kristy Kellogg-SSS, Joe Flaherty-JFD, Manga Dalizu-FAST, Evan Stiles-AAC, Katie Stefl-GW, Mike Cook-MAKO, Aaron Dean-OCCS, Ray Fiedler-OCCS, Matt Pelletier-FISH, Morgan Henderson-Kunz-MACH, Shandra Richardson-RIPS, Shawn Mansfield-VLAC, Chris Ros-YASD, Priya Aurora-TANK, Ariana Lewis-TANK, Erik Collins-SNOW, Mark Murray-FBST, Mike Kraeuter-BWST, Liz Badley-RY, Patty Wilson-RY, Meghan Thiel-NCAP, Julia Koczot-FXFX
- Call to Order The meeting was called to order at 7:05 pm by Senior Chair, Mark Faherty
- Approval of Winter Meeting Minutes Motion to approve the Winter CCM minutes, seconded and approved.
- Spring PVS Championship Meets Recap
 - JR/SR Champs Dave DiNardo (meet ref for SR) commented that the meet race well, a few minor issues, but there were quite a few evaluations completed for Officials. Welcome any feedback.
 - Parking didn't seem to be as big of a deal that we anticipated. Thanks to Tom
 Ugast for helping with the parking
 - JO's Tim Husson (admin ref) commented that the meet was a little smaller than in the previous years, which allowed for breaks. The Officials were appreciative for the breaks.
 - If any coach has any other feedback, please contact Coaches Reps, Sr or AG Chair and we can discuss at Fall meeting.
- Eastern Zone Meeting Report- Mark Faherty and Tim Husson attended the EZ Meeting.
 - Spring Sectionals This spring there was a massive overhaul of event order. In general, coaches were not happy. At the meeting it was determined that for 202 the event order will go back to the way it was prior to 2019. The final order and cuts will be published in the fall.
 - Spring Zone meet
 - There will still qualifying times for this meet and it will remain a club meet.
 - The one significant change is that they have decided to remove the 15 & Overs from the meet. For 2020 it will only be 14 & U. This will allow for a bonus standard for these athletes. The goal is to gain more interest in the Eastern Zones Meet. There will also be 2 heats for 11-12 and 13-14. It is a 10 lane pool, so top 20 in each age group.
 - Passing of formal budget In the Eastern zone, each LSC is assessed a fee based upon their number of athletes. Over the years, they have accrued money, this year they created and passed a budget. They have added a Safe Sport Grant and a fund for LSC athletes to go to the EZ meeting. There will be no assessment due for the next two years.
- Board Reports
 - Senior Chair Nothing to report
 - Age Group Chair PVS sent 3 members to the USA Swimming Leadership Conference.
 Jason Cochran (coach from MACH) and 2 athletes. They have provided great feedback

and felt they have greatly benefited from the leadership standpoint. The athletes were very excited about all the things she learned.

- Jason Cochran commented that one coach and athlete from each LSC was in attendance. The workshop provided a lot of team building activities, building a culture within the team discussions, communication skills, how to be positive.
- Morgan Henderson-Kunz will be the Head Zone Coach. Richard Romero is the new Zone Coordinator.
- Coaches Reps
 - Jessica Mack For the next year she will be the Sr Coach rep. There will be ballot boxes over the summer meets for voting for the Junior Coaches Rep. In you are interested, please submit your name to Jessica by July 1.
 - Evan Stiles has enjoyed the position and learned a lot. Thank you for your confidence.
- Athlete Reps no report
 - This summer there will be an election for athlete reps. We will be looking for rising juniors in High School. These Athlete Reps will be allowed to attend USA Swimming Convention and will be expected participate in monthly meetings.
- General Chair no report
- Admin Chair Tim Husson reported:
 - He has been working on revisions and rewriting P&P, it was last rewritten about 20 years ago. There is an interim version on the website. Take a look and let us know if you have questions or comments. The Bod is in the process of providing feedback and updating so it can be finalized.
 - Qualifying for Trials began; we already have 11 qualifiers from PVS.
- o Finance Chair
 - Budget for 18-19 and 19-20 are both posted on the PVS website. At least try to ready the summary pages. We will be voting on them at HOD
 - FLEX Membership if you have athlete that swim in 2 or fewer Non-Champ meets, she recommends you sign them up for the FLEX Membership. This will help you save money. There is information on the website or email Ellen if you have questions.
- Safe Sport Chair Safe Sport champions nominees is due by this Friday all info on the website.
 - Look at the new MAAP stuff. Your 18 & O athletes will start being treated as adults; they have to take APT in order to continue to compete and to be an athlete member. The center for Safe Sport, are telling you what you have to do. There are not options, they are all requirements.
- Diversity Chair no report
- Strategic Planning Chair
 - Continuing to work on a few things in terms of where we are heading as an organization. If you have any comments, questions, concerns, let us know. We welcome more people.
- Operations Chair no report
- Officials Rep no report
- Tim Husson and Ellen Colket both introduced themselves as nominee for PVS General Chair. They vote will take place at HOD, next week.
 - All information regarding HOD has posted on the PVS website.
- Club Meet Bids Additions & Adjustments for 2019-2020 (Terri Marlin/Mark Faherty)
 - There were several date changes, no other changes or additions were discussed.
 - Motion to approve the 19-20 schedule changes as presented, seconded and approved.

- LC Zone Assistant Coach Voting (Blair Piddington) We have 6 on the ballot (Kelly Rose McCullough-NCAP, Leah Bonuccelli-MACH, Alex Miller (MACH), Marye Carter (NCAP, Ashley Schultz-MACH) we can take up to 10, but would like a minimum of 8.
 - Any nominations from the floor?
 - We added Ryan Pauling, FAST.
 - \circ Motion to vote for the 6 by acclimation, seconded and approved.
 - With 8 coaches all age groups are filled. All coaches will be double checked that they are in good standing. Nominate any new coaches by June 1 and let Blair know, final approval by June 17 at the Board meeting.
- Old Business
 - 2019 PVS LC Championship Meets Formatting: Mark and Blair presented an option for the formatting of the new LC Championship meets.
 - July 11-14 Open Champs will remain the same, no vote needed.
 - July 11-14 12 & U, at Claude Moore, hosted by SNOW
 - Motion to approve the 12 & U Champs format, seconded and approved
 - Motion to move the 9-10 and 11-12 400 free relay from Saturday, to the end of the line up on Friday, seconded and approved.
 - Motion to remove the 1500 free and the 800 free from the 12
 & U Champs, second and withdrawn.
 - There was a discussion regarding the pros and cons of the distance events in the 12 & U Champ meet.
 - Motion to move the 1500 free and 800 free to Saturday, along 400 free and 400 IM, second and defeated.
 - There was a discussion on all distance events being on the same day.
 - Motion to swap 1500 to Sunday and 800 to Thursday, seconded and approved.
 - It was noted that this change would make Sunday the longest day.
 - Motion to accept the 12 & U Champ lineup as presented and amended, seconded and approved.
 - July 18-21: 13 & Over Champs:
 - Motion to approve the 13 & Over Champs format as presented, seconded and approved.
- New Business
 - Athlete Travel Reimbursement for 2020 Olympic Trials Proposal Historically OT Athlete reimbursement is included in the budget. Mark wanted to present this information, so to ensure everyone understands all the numbers for the 19-20 budget and is prepared for HOD.
 - OT reimbursement was \$800 in 08, 2012 and 2016. Based upon how much we are currently spending on Nationals and Junior Nationals, Mark is proposing that we raise the OT stipend to \$1200, pending approval and their completion of the requirements.
 - The club will receive the reimbursement (not the swimmer).
 - We historically see about 35 athletes qualify. Let Mark know if you have any questions.
 - Straw poll, most said yes, a couple said no, when asked if they would approve this amount.
 - We are also going to look at increasing the entry fees for the Champ meets starting with the 2019-2020 season, this additional revenue will help off set the projected deficit.

- Potential "All Star Quad Meet" with Southern Cal, Indiana & Illinois LSCs. Mark reported that this past year, we were invited to participate in this meet by Indiana. However since we did not have the funds allocated in the budget, we decided not to participate.
 - The All-Star squad would be made of 12 boys and 12 girls from the 11-12, 13-15 and 15-18. Each LSC can pick their criteria. The meet will be held in the Spring, right around Mother's Day weekend. The meet would be swum in a LC format, 2 ½ days. Prelim Friday night, Final Saturday morning, Prelim Saturday night and final Sunday morning. Each LSC Team would have a National level coach assigned to them and then LSC coaches.
 - Spring 2020 the meet will be in Southern Cal, then in the Spring of 2021 in PVS, Spring 2022 in Indiana.
 - There was a discussion as to where or not this is an event we are interested enough in to allocate funds in the 19-20 budget.
 - Straw vote –
 - Interested doing the meet, but not adding money in the budget?
 Some interest.
 - How many interested in putting some money?
 - About split.
 - When asked about how must to add to the budget:
 - o \$40000, only 1
 - \$30000? There were a few interested
 - \$20000? Seemed to be the best.
 - 2 opposed to any money.
- Minor Athlete Abuse Prevention Policy (MAAP)
 - Make sure you read though all these new policies. Be sure you understand and know them. They all go into effect June 23. These are not currently USA Swimming rules, as it has not yet been approved at HOD. Exactly how it will all be implemented and handled won't be determined until it goes to USAS HOD in September.
 - Please go over this with your entire staff and follow all the best practices. It is
 important to be diligent with your staff and swimmers.
 - One of the new policies is that all athletes 18 and older will have to take APT in order to be able to compete as a PVS Athlete.
 - It will be on Deck Pass; more information to come.
 - We also believe it will show up on pre-meet recon reports.
 - In September after HOD we will know what the penalties are.
- Concussion Training for Coaches and Officials has been approved by the Board.
 - All non-athletes members (Coaches and Officials) now will have to complete concussion training. It is free and on the PVS website home page. We will send out all information. We believe it will be approved for the everyone coming up.
 - This is something you will only have to do once.
- Incident at a Safe Sport Claude Moore last weekend.
 - Safety is our utmost top priority, please remind athletes to use the buddy system in the locker rooms.
 - This past weekend, volunteers noticed a young(ish) man, in the lobby. As the day got busy, he was found in the girls locker room in the shower. There was some staff who went into the locker room and tried to keep him there, but he left the locker room fully dressed. The sheriff arrived within about 4 minutes. During the next session, there were plain cloths officers in the building keeping an eye on things. The meet staff handled it well. Any blame seems to fall with Claude Moore. They seemed to have dropped the ball.

- Really important that all the marshals are positioned in the different spots near the locker room entrances (both sides).
- Unfortunately this is not the first time. We all need to be prepared at all times.
- We can start to request that we have in our contract that a facility staff person onsite helping out to make sure there is proper notification and extra eyes. Tim commented that if a facility were to agree it will cost us additional money.
- We could ask them for their Emergency Action Plan Meet Directors should be getting this information.
- Next Meeting (Fall CCM): Wednesday, September 25
- Adjourn, seconded and approved.

PVS LC 12&Under Championships formatting - Event Lineup for 2019 (endorsed by CCM)

11-12 Age Group				9-10 Age Group				
Thursday	Friday	Saturday	Sunday	Thursday	Friday	Saturday	Sunday	
200 Free Relay	200 Medley Relay	400 Free	400 Medley Relay	200 Free Relay	200 Medley Relay	400 Free	400 Medley Relay	
200 Fly	200 Beast	12&U 400 IM	200 Back	100 Breast	100 Back		100 Free	
100 Breast	100 Back		100 Free	50 Free	50 Fly		50 Breast	
50 Free	50 Fly		50 Breast	200 IM	200 Free		100 Fly	
200 IM	200 Free		100 Fly	50 Back	400 Free Relay			
50 Back	400 Free Relay		12&U 1500 Free					
12&U 800 Free								

PVS 13&Over LC Championships formatting - Event Lineup for 2019 (endorsed by CCM)

13-14 Age Group				15&Over Age Group				
Thursday	Friday	Saturday	Sunday	Thursday	Friday	Saturday	Sunday	
200 Medley Relay	200 IM	800 Free Relay	200 Free Relay	200 Medley Relay	200 IM	800 Free Relay	200 Free Relay	
100 Breast	200 Breast	400 IM	200 Back	100 Breast	200 Breast	400 IM	200 Back	
200 Free	100 Back	1500 Free	100 Free	200 Free	100 Back	1500 Free	100 Free	
100 Fly	50 Free		200 Fly	100 Fly	50 Free		200 Fly	
400 Free Relay	400 Free		400 Medley Relay	400 Free Relay	400 Free		400 Medley Relay	
800 Free				800 Free				