

Report on Zones for the Summer 2007

The trip was a great Success and it could not have been a closer meet. We lost to Virginia by only 7.5 points. I want to thank every swimmer and coach that participated in the meet. It is a very unique situation to watch these swimmers who are used to competing against one another, and then to be brought together for 5 days and to become a team. It holds true that the team concept is alive and well in Potomac Valley Swimming, and I feel honored to be apart of this Summer's Zones.

I was asked to write up evaluations for the trip and my staff. I have nothing to say but great things for the staff.

Dave Green (Team Manager)- Dave did a great job of organizing and staying out of the way. He offered his help, when it was needed. He made it easy and kept the buses moving. It worked well that he arrived before hand and made sure the rooms were ready. He had his hands full and juggling the logistics of 158 swimmers and 3 buses, but he made it WORK. He also kept me informed as to what was going on leading up to the meet also, and was easy to get in touch with by phone or email. It was nice to be kept in the loop. Thanks. It also, worked well that Shelly came up and helped Dave!!!! Thanks to Shelley!!!!

Coaching Staff- There is no way to break up the coaching staff, I do not believe. What can I say!! They pulled together and worked hard. Denise and Shelley kept those 10 and under swimmers busy. The 11-12 staff had their hands full, being that those 2 age groups were very largest. We were close to 60 swimmers between those 2 groups. 13 and over groups I had the opportunity to watch close at hand, and Peter did a great job with the men. I had the opportunity to work and talk with the Coaching Staff after we had the swimmers in their rooms. They kept me aware of any issues, and we came up with a game plan on how to work it out. All the coaches took splits and gave positive feedback to every swimmer.. The coaches pitched in and never slowed down. What else could a Head Coach expect!!!! We had 2 extra coaches to the staff, and was a little worried on how that was going to play out. They did great and found out their way to help and pitch in.. Also, I believe that we need to send out a special thanks to Mrs. Vissering for all her help as the Head Chaperone with the 10 and under Swimmers, and Mr. Crabb for his help with the older swimmers.

Issues At Zones.

1. Coaching Staff needs to have the swimmers best time's list, so that it is easy to pick the relays.
2. We had a minor issue with the 11-12 girls, but Dave, Mike, Shelley, and I sat down with the swimmers and resolved the issue.
3. No hotdogs and hamburgers on the menu for next Zones. Dave has already talked to the kitchen staff and it has been resolved.

4. Being the 2nd largest team we didn't have enough seating on the deck. We kept the swimmers up in the stands. The swimmers did a great job cheering and staying in the meet.

All and all, the meet was a **Great Success**, and I hope that we are able to bring the gold back next time.

John Cyganiewicz
PVS Head Zone Coach (Summer 2007)