

**FEBRUARY
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PVS ATHLETE'S COMMITTEE NEWSLETTER

February 2021 Edition

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RETURN TO COMPETITION

March Championship Meets

Exciting things are beginning to take place as we approach March. PVS has been lucky enough to be given the opportunity to host meets throughout this swim season, and this March, many of us will be getting to swim in more formal championship competitions.



March Championship Merchandise Design



Via @pvs.safe.sport on Instagram



PVS will be hosting the championship meets in a series of waves. Each wave has its own set of qualifying times and age group ranges. This gives as many swimmers as possible the opportunity to compete. Athletes are to participate in only one championship meet for PVS in the month of March and a two hundred fifty dollar fine will be charged if teams choose to disregard this rule.

In addition, streaming services for these meets will now be free of charge, making the viewings of competitions accessible to all family members and loved ones. There is also merchandise available to purchase for the championship meets; information can be found in the bio of our Instagram, @pv_athletes_committee.

More information and the meet announcements for each individual meet can be found on the PVS website, pvswim.org.

We wish you all the best of luck at your individual meets in the following month, and ask that you continue to show self-efficacy and sportsmanship on and off the pool deck!

FEBRUARY WRITING CONTEST

During the Month of February, we held a swimming writing contest through our Instagram! This writing piece was open-ended, and participants could write about anything swimming-related. Congratulations to the winner, Maximus Seo! Please find his poem on the right!

Drowning Is Not An Option

"Your body breaks the still surface
One arm in front of the other
Each push closer to salvation
Gliding past the water's frigid claws
With the torment of your regrets sinking
from its weight
Each arm forward piercing the water
Cutting through it like a knife to butter
Your body burns and screams for an end
But your mind is straight-faced
Full of drive
A drive to succeed
A drive to keep pushing forward
When you feel like you're drowning
The weight of your problems too much
Your drive must always be greater
To break the waves
To break the still surface"

EXPRESS YOURSELF THROUGH CAPS!

Basic equipment, solid colored swimsuits, goggles in a wide range of colors that yet all look the exact same. As swimmers, it's rather hard to show who we are through what we wear. However, there is one piece of equipment that is eye catching yet continuously overlooked due to it not being utilized to its full capacity-- the swim cap. 8 times out of 10 when looking at a swimmer they will be wearing their team caps. But what about fish caps? Fried chicken caps? Or maybe your own custom ordered cap? The possibilities are endless!!

