



CATCH THE SPIRIT!!!!

Potomac Valley Swimming
Road to Rio Swim Camp Clinic Day

SATURDAY, MAY 14, 2016



Potomac Valley Swimming, DC Parks and Recreation and Elite Rays Swim Club extend an invitation to PVS Athletes to join in celebrating Team USA, The Olympics & The Road to Rio. The goal of this event is to create a positive environment that empowers, motivates and educates athletes from all backgrounds to continue in the sport, reach for their goals and support diversity in swimming.



SPECIAL GUEST Maritza Correia McClendon
first USA Swimming African American Woman Olympian & Medalist (2004)

Howard University Swimming Head Coach Nicholas Askew



This will be an in water swim clinic for athletes and a chance for parents and volunteers to network
A FEW LUCKY ATHLETES WILL GET A CHANCE TO RACE MARITZA!!!!!!

Host: Potomac Valley Swimming and DC Parks and Recreation DC Wave Team and Elite Rays Swim Club

Location: Takoma Aquatic Center 300 Van Buren Street NW, Washington D.C

Eligibility: This event is open to PVS registered athletes only. You must register your swimmer (s) for this event by May 6th.

Register: **GO TO [PVS Catch The Spirit Camp Application](#) ****FIRST 50 Athletes to Register by SUNDAY, May 1, 2016 are guaranteed a clinic t-shirt and cap!!! ******* Contests, Prizes and Give-aways will be given.

Timeline The event will go from **9:00am – 1:00pm** and will progress as follows:

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| 9:00 - 9:25AM | ATHLETE REGISTRATION |
| 9:30 - 12PM | SWIM CLINIC (Includes athlete and parent chats) |
| 12:15 - 1:00 | AUTOGRAPHS, PHOTO OPS, REFRESHMENTS, CLOSING |

Maritza earned a spot in the 1997 USA National Junior Team. In 1999, she became the U.S. National Champion in the 50-meter freestyle in the 18 and under age group and was named Florida High School State Champion six times. She swam at University of Georgia where she excelled and quickly proved to be a strong contender for the 2000 Olympic team after she won the 200 freestyle at the NCAA Championships. Maritza did not earn a spot onto Olympic team in 2000.

Maritza continued training and earned an Olympic silver medal in 2004 as part of the 400m free relay team, adding another historical accomplishment to her already impressive swimming resume. After the Olympics, Maritza also became the American record holder in the 50y free and 100y free, and an 11-time NCAA Champion and 27-time NCAA All American. She is still the only swimmer, male or female, to win an SEC title in every freestyle event and was the 2003 University of Georgia Student-Athlete of the year. She graduated in 2005 with a degree in sociology.

QUESTIONS? Contact Merari Chollette, PVS Diversity Chair at meraripvs@gmail.com