

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 1 Boys 200 Yard Medley Relay

METROS: 1:30.28 M 2/12/2022 Gonzaga College High School
J Ewing, C McKenzie, M Marsh, A Bond

1:32.13 AAAU
1:33.91 AAAC

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1	GEORGETOWN PREPARATORY S	1:32.97	1:31.06 AAAU	48
	1) Vanas, Andrew SR 2) Oehler, Griffin JR 3) Fontana, Rafa FR 4) Hughes, Johnny SR	23.17 48.09 (24.92) 1:10.34 (22.25) 1:31.06 (20.72)		
2	Walter Johnson High School	1:35.41	1:33.43 AAAC	42
	1) Friedman, Owen SR 2) Bagshaw, Maxwell 3) Knapp, Lucas SR 4) Greer, Christian	23.78 49.42 (25.64) 1:11.53 (22.11) 1:33.43 (21.90)		
3	DeMatha Catholic High School	1:33.86	1:34.16	40
	1) Adebiyi, Alexander SO 2) Hamilton, Jack SR 3) Jungbluth, Alexander JR 4) Lombardo, Jonathan JR	25.78 50.90 (25.12) 1:12.69 (21.79) 1:34.16 (21.47)		
4	Northwest High School	1:36.51	1:34.18	38
	1) Ancheta, Guillermo SR 2) Fontana, Enzo JR 3) Hammond, Dylan FR 4) Conte, Antonio SR	22.83 49.03 (26.20) 1:12.68 (23.65) 1:34.18 (21.50)		
5	Wootton Swimming and Diving	1:36.20	1:34.19	36
	1) De Angelis, Pietro SR 2) White, John SR 3) Kueh, Michael SR 4) Mulla, Daniel FR	24.59 51.07 (26.48) 1:13.80 (22.73) 1:34.19 (20.39)		
6	Bethesda-Chevy Chase HS	1:36.89	1:35.60	34
	1) Duma, John SR 2) Lakhe, Kyle SR 3) McKenna, Pierce JR 4) Pevzner, Daniel JR	24.39 50.38 (25.99) 1:14.04 (23.66) 1:35.60 (21.56)		
7	Gonzaga College High School	1:36.69	1:36.33	32
	1) Makepeace, Archer SR 2) Spooner, Alexander SR 3) Tovornik, Jackson JR 4) Parfomak, Kasper JR	24.26 52.05 (27.79) 1:14.66 (22.61) 1:36.33 (21.67)		
8	Poolesville	1:36.27	1:36.44	30
	1) Lawrence, James SR 2) Iavarone-Garza, Christian JR 3) Soles, Isaac JR 4) Ferrara, Eli SR	25.53 52.16 (26.63) 1:14.97 (22.81) 1:36.44 (21.47)		
9	St. Albans School	1:37.63	1:36.89	28
	1) Kim, Aidan 29 2) Li, Yanze 28 3) Cantrell, William 26 4) Zhou, Shuyu 27	25.16 52.27 (27.11) 1:15.78 (23.51) 1:36.89 (21.11)		
10	Winston Churchill	1:37.39	1:37.25	26
	1) Devinney, Jay Cole FR 2) Wang, Alexander SO 3) Anderson, Sean JR 4) Ginsburg, Jonah SR	24.48 52.84 (28.36) 1:15.41 (22.57) 1:37.25 (21.84)		
B - Final				
11	Quince Orchard High School	1:38.59	1:37.00	22
	1) McCurdy, Ethan SR 2) Kissel, Andrew SR 3) Mettler, Colton JR 4) Nagao, Kazuki SR	25.06 53.47 (28.41) 1:14.99 (21.52) 1:37.00 (22.01)		
12	Sherwood Warriors	1:39.03	1:38.43	18
	1) Maready, Mason SO 2) Alie, Caleb SR 3) Ngo, Henry JR 4) Kominski, Tyler JR	24.99 52.00 (27.01) 1:17.57 (25.57) 1:38.43 (20.86)		
13	Sidwell Friends School	1:38.28	1:38.54	16
	1) Donley, Trevor JR 2) Iimi, Shou SO 3) Jiminez, Patrick SR 4) Campello, Anderson SO	24.75 52.26 (27.51) 1:15.50 (23.24) 1:38.54 (23.04)		
14	Landon School Varsity Swimming	1:40.26	1:38.56	14
	1) Beares, Gordon JR 2) Fayed, Jacob SO 3) Stone, William FR 4) Roscetti, Nicholas SO	24.57 52.90 (28.33) 1:17.28 (24.38) 1:38.56 (21.28)		
15	Montgomery Blair Swim & Dive	1:39.70	1:39.72	12
	1) Bryce, William SO 2) Hua, Ethan SR 3) Ford, Lucas JR 4) Finberg, Matthias JR	26.31 53.37 (27.06) 1:17.01 (23.64) 1:39.72 (22.71)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

B - Final ... (Event 1 Boys 200 Yard Medley Relay)

	Team	Relay	Prelim Time	Finals Time	Points
16	Bullis School		1:40.65	1:40.44	10
	1) Arluck, Alexander JR	2) Donohue, John JR	3) Burger, Seth JR	4) Narvaez-Estrada, Joaquin FR	
	25.11	54.24 (29.13)	1:17.07 (22.83)	1:40.44 (23.37)	
17	St. John's College High School		1:42.64	1:42.16	8
	1) Kimpel, Rex JR	2) Pryor, Teddy SO	3) Fry, Patrick JR	4) Foster, Zackary JR	
	26.67	54.95 (28.28)	1:18.89 (23.94)	1:42.16 (23.27)	
18	Richard Montgomery Swim & Div		1:43.73	1:43.44	6
	1) Umberger, Lian SO	2) Main, Jonathan SO	3) Theos, Christopher JR	4) Doan, Kevin SR	
	27.63	55.27 (27.64)	1:20.63 (25.36)	1:43.44 (22.81)	
19	Walt Whitman HS Swim and Dive		1:42.03	1:45.40	4
	1) Hsu, Delaney FR	2) Rampulla, Nate FR	3) Badmus, Nathan SO	4) Hobson, Zachariah SO	
	27.78	56.99 (29.21)	1:23.35 (26.36)	1:45.40 (22.05)	
---	Blake Bengals		1:43.70	DQ	
	1) Vaonakis, Phoenix 11	2) Dawson, John 11	3) Puentes, Nicolas 9	4) Johnson, Jayden 11	

Event 1 Boys 200 Yard Medley Relay

METROS: 1:30.28 M 2/12/2022 Gonzaga College High School
J Ewing, C McKenzie, M Marsh, A Bond
1:32.13 AAAU
1:33.91 AAAC

	Team	Relay	Seed Time	Prelim Time	
Preliminaries					
1	GEORGETOWN PREPARATORY S		1:31.90	1:32.97	qAAAC
	1) Vanas, Andrew SR	2) Oehler, Griffin JR	3) Fontana, Rafa FR	4) Hughes, Johnny SR	
	23.44	48.73 (25.29)	1:11.46 (22.73)	1:32.97 (21.51)	
2	DeMatha Catholic High School		1:32.30	1:33.86	qAAAC
	1) Vaughn, Jordan SR	2) Hamilton, Jack SR	3) Jungbluth, Alexander JR	4) Lombardo, Jonathan JR	
	24.29	49.94 (25.65)	1:12.16 (22.22)	1:33.86 (21.70)	
3	Walter Johnson High School		1:32.79	1:35.41	q
	1) Friedman, Owen SR	2) Bagshaw, Maxwell	3) Knapp, Lucas SR	4) Greer, Christian	
	24.05	50.56 (26.51)	1:13.12 (22.56)	1:35.41 (22.29)	
4	Wootton Swimming and Diving		1:37.78	1:36.20	q
	1) De Angelis, Pietro SR	2) White, John SR	3) Kueh, Michael SR	4) Mulla, Daniel FR	
	24.72	51.12 (26.40)	1:14.65 (23.53)	1:36.20 (21.55)	
5	Poolesville		1:36.88	1:36.27	q
	1) Lawrence, James SR	2) Iavarone-Garza, Christian JR	3) Soles, Isaac JR	4) Ferrara, Eli SR	
	25.34	51.85 (26.51)	1:14.85 (23.00)	1:36.27 (21.42)	
6	Northwest High School		1:37.37	1:36.51	q
	1) Ancheta, Guillermo SR	2) Fontana, Enzo JR	3) Hammond, Dylan FR	4) Conte, Antonio SR	
	23.68	50.28 (26.60)	1:14.64 (24.36)	1:36.51 (21.87)	
7	Gonzaga College High School		1:35.93	1:36.69	q
	1) Makepeace, Archer SR	2) Spooner, Alexander SR	3) Tovornik, Jackson JR	4) Parfomak, Kasper JR	
	23.84	51.56 (27.72)	1:14.38 (22.82)	1:36.69 (22.31)	
8	Bethesda-Chevy Chase HS		1:34.72	1:36.89	q
	1) Duma, John SR	2) Lakhe, Kyle SR	3) McKenna, Pierce JR	4) Pevzner, Daniel JR	
	24.56	50.75 (26.19)	1:15.04 (24.29)	1:36.89 (21.85)	
9	Winston Churchill		1:38.91	1:37.39	q
	1) Devinney, Jay Cole FR	2) Wang, Alexander SO	3) Anderson, Sean JR	4) Ginsburg, Jonah SR	
	24.30	52.66 (28.36)	1:15.81 (23.15)	1:37.39 (21.58)	
10	St. Albans School		1:36.71	1:37.63	q
	1) Kim, Aidan 29	2) Li, Yanze 28	3) Cantrell, William 26	4) Zhou, Shuyu 27	
	25.43	52.42 (26.99)	1:16.30 (23.88)	1:37.63 (21.33)	

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Preliminaries ... (Event 1 Boys 200 Yard Medley Relay)

Team	Relay		Seed Time	Prelim Time
11 Sidwell Friends School			1:38.16	1:38.28 q
1) Donley, Trevor JR	2) Iimi, Shou SO	3) Jiminez, Patrick SR	4) Campello, Anderson SO	
24.85	51.99 (27.14)	1:15.26 (23.27)	1:38.28 (23.02)	
12 Quince Orchard High School			1:35.23	1:38.59 q
1) Nagao, Kazuki SR	2) Kissel, Andrew SR	3) McCurdy, Ethan SR	4) Mettler, Colton JR	
25.66	54.82 (29.16)	1:17.95 (23.13)	1:38.59 (20.64)	
13 Sherwood Warriors			1:39.59	1:39.03 q
1) Maready, Mason SO	2) Alie, Caleb SR	3) Ngo, Henry JR	4) Kominski, Tyler JR	
25.76	52.51 (26.75)	1:17.78 (25.27)	1:39.03 (21.25)	
14 Montgomery Blair Swim & Dive			1:40.83	1:39.70 q
1) Bryce, William SO	2) Hua, Ethan SR	3) Ford, Lucas JR	4) Finberg, Matthias JR	
25.76	41.92 (16.16)	1:17.46 (35.54)	1:39.70 (22.24)	
15 Landon School Varsity Swimming			1:39.09	1:40.26 q
1) Beares, Gordon JR	2) Fayed, Jacob SO	3) Stone, William FR	4) Roscetti, Nicholas SO	
25.24	54.10 (28.86)	1:18.82 (24.72)	1:40.26 (21.44)	
16 Bullis School			1:40.24	1:40.65 q
1) Arluck, Alexander JR	2) Donohue, John JR	3) Burger, Seth JR	4) Narvaez-Estrada, Joaquin FR	
25.56	54.60 (29.04)	1:17.51 (22.91)	1:40.65 (23.14)	
17 Walt Whitman HS Swim and Dive			1:38.56	1:42.03 q
1) Liu, Brandon JR	2) Wizenberg, Griffin SO	3) Badmus, Nathan SO	4) Hobson, Zachariah SO	
25.88	53.72 (27.84)	1:19.15 (25.43)	1:42.03 (22.88)	
18 St. John's College High School			1:39.42	1:42.64 q
1) Kimpel, Rex JR	2) Pryor, Teddy SO	3) Fry, Patrick JR	4) Schoch, Sam SO	
26.64	54.71 (28.07)	1:19.24 (24.53)	1:42.64 (23.40)	
19 Blake Bengals			1:46.06	1:43.70 q
1) Vaonakis, Phoenix 11	2) Dawson, John 11	3) Puentes, Nicolas 9	4) Johnson, Jayden 11	
26.62	53.62 (27.00)	1:19.48 (25.86)	1:43.70 (24.22)	
20 Richard Montgomery Swim & Div			1:41.94	1:43.73 q
1) Umberger, Lian SO	2) Main, Jonathan SO	3) Theos, Christopher JR	4) Doan, Kevin SR	
27.83	55.52 (27.69)	1:20.82 (25.30)	1:43.73 (22.91)	
21 The Heights School			1:37.62	1:45.86
1) Eschmann, John SR	2) James, Danny SO	3) Klump, Thomas FR	4) Stadelmann, Lucas JR	
27.89	57.27 (29.38)	1:22.88 (25.61)	1:45.86 (22.98)	
22 St. Andrew's Episcopal School			1:45.35	1:46.57
1) McGuire, Jeffrey F	2) Walther, Tyson JU	3) Portner, Sullivan SO	4) Sweeney, Sean JU	
28.41	57.14 (28.73)	1:22.48 (25.34)	1:46.57 (24.09)	
23 Wheaton High School			1:47.48	1:47.56
1) Kemp, Robert JR	2) Helfers, William SO	3) Gerhardt, Logan SO	4) Egbarin, Joseph JR	
28.91	56.91 (28.00)	1:22.22 (25.31)	1:47.56 (25.34)	
24 Colonel Zadok Magruder HS			1:46.60	1:47.89
1) Glenn, Tyler SR	2) Ghosh, Shreyas SR	3) Tucker, Robert JR	4) Bridgett, Shane JR	
28.25	58.63 (30.38)	1:23.29 (24.66)	1:47.89 (24.60)	
25 Rockville High School			1:40.05	1:47.91
1) Watkins, William JR	2) Smyth, Caleb FR	3) Honigfort, Erik JR	4) Baxter, Jacob FR	
27.14	57.68 (30.54)	1:23.90 (26.22)	1:47.91 (24.01)	
26 Clarksburg High School			1:44.79	1:49.56
1) Garner, Joseph FR	2) Egan, Nolan SO	3) Jiang, Spencer SR	4) Khwaja, Rayan SR	
28.71	58.14 (29.43)	1:25.38 (27.24)	1:49.56 (24.18)	
27 Albert Einstein High School			1:52.34	1:51.04
1) Raab, Ethan SR	2) Reineke, Alexander JR	3) Windt, Aleksander JR	4) Sandridge, Henry SR	
29.09	1:02.59 (33.50)	1:26.42 (23.83)	1:51.04 (24.62)	

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Results

Preliminaries ... (Event 1 Boys 200 Yard Medley Relay)

Team	Relay		Seed Time	Prelim Time
28 Watkins Mill			1:52.81	1:51.41
1) Scavullo, Blaise JR	2) Banks, Asa FR	3) Pineda, Martin SR	4) Huaman, Anthony JR	
29.14	58.36 (29.22)	1:27.47 (29.11)	1:51.41 (23.94)	
29 Seneca Valley High School			1:49.80	1:51.71
1) Selak, Landen JR	2) Bradbury, Ian JR	3) Hybl, Ziad Phoenix SR	4) Hoang, Brandon JR	
28.65	1:00.26 (31.61)	1:51.71 (51.45)		
30 Northwood			1:41.95	1:53.41
1) Hickman, Brevin	2) Rees, Oliver FR	3) Wooden, Porter FR	4) Rees, Henry JR	
29.64	1:01.21 (31.57)	1:28.40 (27.19)	1:53.41 (25.01)	
31 Basis DC			1:50.74	1:54.64
1) Nigri, Noah	2) Fleming, Colton	3) Nigri, Eli	4) Fleming, Cooper	
27.28	55.31 (28.03)	1:24.01 (28.70)	1:54.64 (30.63)	
32 Gaithersburg High School			1:51.87	1:56.55
1) Segovia, Alex	2) Zaporozhetc, Michael SO	3) Burakiewicz, Vincent JR	4) Fore, Nathan SR	
33.51	1:05.56 (32.05)	1:32.51 (26.95)	1:56.55 (24.04)	
--- Our Lady of Good Counsel			1:38.23	DQ
1) Drews, Roman JR	2) Seager, Austin JR	3) Germosen, Jeremiah FR	4) Cobb, Jason JR	
--- Damascus High School			1:47.00	DQ
1) Marston, Samuel JR	2) Quach, Ethan JR	3) Wong, Vincent SO	4) Rucker, Alexander SO	

Event 2 Girls 200 Yard Medley Relay

METROS: 1:41.62 M 2/8/2020 Stone Ridge
P Bacon, E Sun, E Gemmell, T Thomas
1:44.15 AAAU
1:46.22 AAAC

Team	Relay		Prelim Time	Finals Time	Points
A - Final					
1 Winston Churchill			1:48.58	1:44.56 AAAC	48
1) Bell, Ainsley FR	2) Bu, Catherine SR	3) Cai, Anika JR	4) Kaiser, Gabriela SR		
26.70	56.09 (29.39)	1:20.76 (24.67)	1:44.56 (23.80)		
2 Our Lady of Good Counsel			1:48.22	1:45.82 AAAC	42
1) Watkins, Celia SR	2) Kincaid, Kellie SR	3) Inman, Madeleine JR	4) Johnson, Alexis FR		
26.45	56.64 (30.19)	1:21.68 (25.04)	1:45.82 (24.14)		
3 Bethesda-Chevy Chase HS			1:47.95	1:45.98 AAAC	40
1) Hinds, Virginia SR	2) Hammond, Hailey SR	3) Mendizabal, Malia SO	4) Morton, Olivia SO		
24.72	54.40 (29.68)	1:22.09 (27.69)	1:45.98 (23.89)		
4 Walt Whitman HS Swim and Dive			1:47.95	1:46.49	38
1) Yeou, Jisoo SO	2) Yang, Julie	3) Groves, Caitlin JR	4) Belknap, Penelope JR		
26.63	56.18 (29.55)	1:22.61 (26.43)	1:46.49 (23.88)		
5 Richard Montgomery Swim & Div			1:50.00	1:49.40	36
1) Chong, Finley SO	2) Frantz, Nyah JR	3) Szubert, Dorota JR	4) Ren, Samantha SO		
28.22	58.05 (29.83)	1:24.73 (26.68)	1:49.40 (24.67)		
6 Stone Ridge			1:49.99	1:49.49	34
1) Braden, Cara SO	2) Muller, Quinn FR	3) Rushton, Harper JR	4) Webb, Addison SR		
27.52	58.93 (31.41)	1:25.24 (26.31)	1:49.49 (24.25)		
7 Walter Johnson High School			1:51.14	1:50.66	32
1) McCarty, Jacqueline SR	2) Bailey, Alysia JR	3) McGee, Zoe SR	4) Lee, Jeanelle SR		
28.19	59.86 (31.67)	1:25.63 (25.77)	1:50.66 (25.03)		
8 The Holton-Arms School			1:51.16	1:51.27	30
1) Wexler, Hannah FR	2) Rogers, Lily SR	3) Roscetti, Natalie FR	4) Ndu, Omannaya SR		
28.74	1:00.84 (32.10)	1:27.25 (26.41)	1:51.27 (24.02)		

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Results

A - Final ... (Event 2 Girls 200 Yard Medley Relay)

Team	Relay		Prelim Time	Finals Time	Points
9 Northwest High School			1:52.56	1:51.72	28
1) Crown, Ella SR	2) Johnson, Avery JR	3) Carswell, McKenna SR	4) Lolli, Peyton SO		
28.45	1:01.36 (32.91)	1:25.94 (24.58)	1:51.72 (25.78)		
10 Quince Orchard High School			1:52.69	1:52.79	26
1) Katz, Ariana SR	2) Morin, Gabrielle JR	3) Marks, Stephanie SR	4) Wolfington, Annika JR		
28.75	1:00.06 (31.31)	1:26.78 (26.72)	1:52.79 (26.01)		

B - Final

11 St. John's College High School			1:52.75	1:52.35	22
1) Scott, Samantha SO	2) Andrews, Abigail SO	3) Hooff, Olivia SR	4) Potter, Addison SO		
29.37	1:01.12 (31.75)	1:27.68 (26.56)	1:52.35 (24.67)		
12 Damascus High School			1:53.10	1:52.81	18
1) Gregory, Zoie SR	2) Sunjaya, Viona JR	3) Hennelly, Samantha SR	4) Ivanovskaya, Taisiya JR		
31.37	1:00.25 (28.88)	1:27.51 (27.26)	1:52.81 (25.30)		
13 Sidwell Friends School			1:54.65	1:52.85	16
1) Goch, Elliot SO	2) Harms, Stella FR	3) Harms, Sofia JR	4) Lopez Murphy, Emilia FR		
28.87	59.73 (30.86)	1:28.87 (29.14)	1:52.85 (23.98)		
14 Sherwood Warriors			1:53.81	1:53.31	14
1) Kraft, Allison SO	2) Lakso, Brooke FR	3) Williams, Jill SR	4) Velasquez, Alesandra SO		
30.16	1:00.52 (30.36)	1:27.86 (27.34)	1:53.31 (25.45)		
15 Montgomery Blair Swim & Dive			1:54.56	1:53.39	12
1) Young, Lindsay SR	2) Ma, Enya JR	3) Young, Lauren FR	4) Zalalutdinov, Darya SR		
26.80	59.84 (33.04)	1:27.71 (27.87)	1:53.39 (25.68)		
16 Rockville High School			1:55.19	1:54.68	10
1) Magro, Sienna FR	2) Baillie, Lily SO	3) Hawman, Sora SO	4) Henry, Paige SR		
28.22	1:00.99 (32.77)	1:29.23 (28.24)	1:54.68 (25.45)		
17 Poolesville			1:55.46	1:55.09	8
1) Sha, Anabel SR	2) Wang, Christine JR	3) Huang, Iliza FR	4) Mitin, Veronica JR		
29.14	1:03.13 (33.99)	1:29.87 (26.74)	1:55.09 (25.22)		
18 Colonel Zadok Magruder HS			1:55.65	1:55.43	6
1) Dean, Skylar SR	2) Tansey, Anne FR	3) Rankin, Stella FR	4) Rudmann, Caroline SR		
28.81	59.86 (31.05)	1:27.45 (27.59)	1:55.43 (27.98)		
19 National Cathedral School			1:55.62	1:56.42	4
1) Latcovich, Madeline 28	2) Muoio, Adele 26	3) Mascott, Avery 26	4) Vickerman, Sofia 26		
28.05	1:01.70 (33.65)	1:31.55 (29.85)	1:56.42 (24.87)		
--- Blake Bengals			1:56.98	DQ	
1) Sanford, Molly 10	2) Trang, Kimberley 12	3) Luse, Elizabeth 9	4) Dewey, Lydia 11		

Event 2 Girls 200 Yard Medley Relay

METROS: 1:41.62 M 2/8/2020 Stone Ridge
P Bacon, E Sun, E Gemmell, T Thomas
1:44.15 AAAU
1:46.22 AAAC

Team	Relay		Seed Time	Prelim Time
Preliminaries				
*1 Walt Whitman HS Swim and Dive			1:48.46	1:47.95 q
1) Yeou, Jisoo SO	2) Yang, Julie	3) Groves, Caitlin JR	4) Belknap, Penelope JR	
26.80	57.73 (30.93)	1:24.17 (26.44)	1:47.95 (23.78)	
*1 Bethesda-Chevy Chase HS			1:45.29	1:47.95 q
1) Hinds, Virginia SR	2) Hammond, Hailey SR	3) Mendizabal, Malia SO	4) Morton, Olivia SO	
25.52	55.94 (30.42)	1:23.64 (27.70)	1:47.95 (24.31)	

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Preliminaries ... (Event 2 Girls 200 Yard Medley Relay)

Team	Relay	Seed Time	Prelim Time
3 Our Lady of Good Counsel		1:45.97	1:48.22 q
1) Watkins, Celia SR	2) Kincaid, Kellie SR	3) Inman, Madeleine JR	4) Johnson, Alexis FR
26.57	57.27 (30.70)	1:23.21 (25.94)	1:48.22 (25.01)
4 Winston Churchill		1:47.24	1:48.58 q
1) Bell, Ainsley FR	2) Li, Reyna JR	3) Cai, Anika JR	4) Kaiser, Gabriela SR
27.54	58.49 (30.95)	1:23.88 (25.39)	1:48.58 (24.70)
5 Stone Ridge		1:49.29	1:49.99 q
1) Braden, Cara SO	2) Muller, Quinn FR	3) Rushton, Harper JR	4) Webb, Addison SR
27.60	59.52 (31.92)	1:25.54 (26.02)	1:49.99 (24.45)
6 Richard Montgomery Swim & Div		1:51.41	1:50.00 q
1) Chong, Finley SO	2) Frantz, Nyah JR	3) Szubert, Dorota JR	4) Ren, Samantha SO
28.30	58.53 (30.23)	1:24.91 (26.38)	1:50.00 (25.09)
7 Walter Johnson High School		1:48.66	1:51.14 q
1) McCarty, Jacqueline SR	2) Bailey, Alysa JR	3) McGee, Zoe SR	4) Lee, Jeanelle SR
28.21	59.83 (31.62)	1:26.03 (26.20)	1:51.14 (25.11)
8 The Holton-Arms School		1:48.65	1:51.16 q
1) Wexler, Hannah FR	2) Rogers, Lily SR	3) Roscetti, Natalie FR	4) Ndu, Omannaya SR
27.75	59.81 (32.06)	1:26.63 (26.82)	1:51.16 (24.53)
9 Northwest High School		1:53.25	1:52.56 q
1) Crown, Ella SR	2) Johnson, Avery JR	3) Carswell, McKenna SR	4) Lolli, Peyton SO
28.51	1:01.64 (33.13)	1:26.58 (24.94)	1:52.56 (25.98)
10 Quince Orchard High School		1:54.17	1:52.69 q
1) Katz, Ariana SR	2) Morin, Gabrielle JR	3) Marks, Stephanie SR	4) Wolfington, Annika JR
28.46	59.89 (31.43)	1:26.68 (26.79)	1:52.69 (26.01)
11 St. John's College High School		1:50.60	1:52.75 q
1) Hooff, Olivia SR	2) Andrews, Abigail SO	3) Lang, Graciela SO	4) Potter, Addison SO
28.79	1:00.39 (31.60)	1:27.90 (27.51)	1:52.75 (24.85)
12 Damascus High School		1:52.65	1:53.10 q
1) Gregory, Zoie SR	2) Sunjaya, Viona JR	3) Hennelly, Samantha SR	4) Ivanovskaya, Taisiya JR
31.17	1:00.52 (29.35)	1:27.40 (26.88)	1:53.10 (25.70)
13 Sherwood Warriors		1:53.28	1:53.81 q
1) Kraft, Allison SO	2) Lakso, Brooke FR	3) Williams, Jill SR	4) Velasquez, Alesandra SO
30.42	1:00.53 (30.11)	1:28.22 (27.69)	1:53.81 (25.59)
14 Montgomery Blair Swim & Dive		1:55.62	1:54.56 q
1) Young, Lindsay SR	2) Ma, Enya JR	3) Young, Lauren FR	4) Zalalutdinov, Darya SR
27.42	1:01.14 (33.72)	1:28.81 (27.67)	1:54.56 (25.75)
15 Sidwell Friends School		1:52.94	1:54.65 q
1) Goch, Elliot SO	2) Harms, Stella FR	3) Harms, Sofia JR	4) Lopez Murphy, Emilia FR
29.50	1:01.01 (31.51)	1:37.94 (36.93)	1:54.65 (16.71)
16 Rockville High School		1:55.12	1:55.19 q
1) Magro, Sienna FR	2) Baillie, Lily SO	3) Henry, Paige SR	4) Hawman, Sora SO
28.35	1:01.17 (32.82)	1:29.78 (28.61)	1:55.19 (25.41)
17 Poolesville		1:55.28	1:55.46 q
1) Sha, Anabel SR	2) Wang, Christine JR	3) Huang, Iliza FR	4) Mitin, Veronica JR
28.57	1:02.79 (34.22)	1:30.03 (27.24)	1:55.46 (25.43)
18 National Cathedral School		1:54.73	1:55.62 q
1) Latcovich, Madeline 28	2) Muoio, Adele 26	3) Mascott, Avery 26	4) Vickerman, Sofia 26
28.20	1:01.63 (33.43)	1:30.79 (29.16)	1:55.62 (24.83)
19 Colonel Zadok Magruder HS		1:50.19	1:55.65 q
1) Dean, Skylar SR	2) Tansey, Anne FR	3) Rankin, Stella FR	4) Rudmann, Caroline SR
28.62	59.01 (30.39)	1:27.22 (28.21)	1:55.65 (28.43)

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 2 Girls 200 Yard Medley Relay)

Team	Relay		Seed Time	Prelim Time
20 Blake Bengals	1) Sanford, Molly 10	2) Trang, Kimberley 12	3) Luse, Elizabeth 9	4) Dewey, Lydia 11
	29.35	1:02.40 (33.05)	1:29.60 (27.20)	1:56.98 (27.38)
21 ACADEMY OF THE HOLY CROSS	1) Fiery, Eden SR	2) Grahl, Sophie SR	3) Riel, Charlotte SO	4) Mongelli, Megan SR
	30.53	1:03.33 (32.80)	1:31.69 (28.36)	1:57.47 (25.78)
22 Jackson-Reed High School	1) Yoder, Claire	2) Thompson, Zora	3) Block, Jessica	4) Fletcher, Leah
	29.35	1:05.29 (35.94)	1:31.60 (26.31)	1:57.74 (26.14)
23 Gaithersburg High School	1) Eisenhart, Abigail SO	2) Arias, Samantha SR	3) Bising, Ava FR	4) Valencia, Ally SO
	29.70	1:00.91 (31.21)	1:31.33 (30.42)	1:58.74 (27.41)
24 St. Andrew's Episcopal School	1) Xiao, Alice SN	2) Brown, Naomi F	3) Long, Piper SN	4) Berry, Fiona SO
	29.05	1:03.35 (34.30)	1:30.81 (27.46)	1:57.12 (28.32)
25 Bullis School	1) Waterman, Emma FR	2) Propper, Talia FR	3) Simon, Olivia SO	4) Zheng, Emma JR
	30.17	1:05.70 (35.53)	1:33.45 (27.75)	1:58.21 (26.12)
26 Georgetown VIsitation	1) Boyd, Adeline SR	2) Gallagher, Lilah FR	3) Ingrassia, Katherine JR	4) Gallagher, Gabby FR
	31.25	1:02.52 (31.27)	1:33.96 (31.44)	1:58.13 (25.65)
27 Albert Einstein High School	1) Roddin, Rachel FR	2) Vadlamudi, Anjali SO	3) Majorowitz, Keira JR	4) McMurry, Margaux FR
	30.05	1:05.36 (35.31)	1:33.86 (28.50)	1:59.74 (25.88)
28 Wootton Swimming and Diving	1) Yan, Brianna SO	2) Lui, Ariel FR	3) Weiner, Isabelle JR	4) Yan, Alisia SO
	32.02	1:06.23 (34.21)	1:35.99 (29.76)	1:51.58 (24.85)
29 Elizabeth Seton Varsity Swim	1) David, Nicole FR	2) Parsons, Kiera SR	3) Hammer, Sophia JR	4) Vaughan, Leah SO
	32.13	1:05.60 (33.47)	1:35.48 (29.88)	1:59.54 (27.83)
30 Seneca Valley High School	1) Hmem, Rania SR	2) Selak, Aden SO	3) Chrobak, Emma SR	4) Selak, Austen SO
	29.26	1:06.11 (36.85)	1:36.02 (29.91)	2:05.43 (27.47)
31 Springbrook Swim and Dive Team	1) Wofford, Elise FR	2) Thompson, Tessa FR	3) Egwim, Tessa SO	4) Egwim, Tiffany SR
	32.43	1:07.57 (35.14)	1:37.95 (30.38)	2:02.76 (26.41)
32 Wheaton High School	1) Hooker, Marion FR	2) Patel, Sarisha SO	3) Mason, Izabella FR	4) Jacobson, Allison SR
	34.63	1:11.96 (37.33)	1:38.47 (26.51)	2:03.69 (30.51)

Event 3 Boys 200 Yard Freestyle

METROS: 1:37.13 M 2/7/2015 **Matthew Hirschberger**
 1:37.93 AAAU
 1:39.57 AAAC

Georgetown Prep

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Begin, Charlie	SR	Winston Churchill	1:41.09	1:37.37	AAAU 24
			22.57	46.61 (24.04)	1:11.60 (24.99)
2 Morgan, Kirk	JR	Gonzaga College High School	1:39.85	1:38.83	AAAC 21
			22.58	47.27 (24.69)	1:12.75 (25.48)
3 Bartholomew, Lachlan		Walter Johnson High School	1:40.62	1:39.29	AAAC 20
			22.77	47.63 (24.86)	1:13.02 (25.39)

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

A - Final ... (Event 3 Boys 200 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
4 Sims, Douglas	SR	Winston Churchill	1:40.24	1:39.84	19
23.10	47.96 (24.86)	1:14.06 (26.10)	1:39.84 (25.78)		
5 Donley, Trevor	JR	Sidwell Friends School	1:42.74	1:40.84	18
23.45	48.72 (25.27)	1:14.85 (26.13)	1:40.84 (25.99)		
6 Barnett, Brig	SR	Rockville High School	1:42.43	1:42.23	17
23.82	49.76 (25.94)	1:15.93 (26.17)	1:42.23 (26.30)		
7 Kratz, James	SO	GEORGETOWN PREPARATORY SCHOC	1:42.91	1:42.62	16
24.12	50.00 (25.88)	1:16.18 (26.18)	1:42.62 (26.44)		
8 Mulla, Daniel	FR	Wootton Swimming and Diving	1:43.45	1:43.98	15
24.08	50.22 (26.14)	1:17.28 (27.06)	1:43.98 (26.70)		
9 Nurit, Leopold	SO	Walt Whitman HS Swim and Dive	1:44.42	1:44.24	14
24.33	50.67 (26.34)	1:18.07 (27.40)	1:44.24 (26.17)		
10 McCurdy, Ethan	SR	Quince Orchard High School	1:44.12	1:45.84	13
24.70	51.46 (26.76)	1:18.73 (27.27)	1:45.84 (27.11)		

B - Final

11 Zakorchemny, Cooper	SR	Our Lady of Good Counsel	1:44.72	1:43.53	11
24.15	50.37 (26.22)	1:16.86 (26.49)	1:43.53 (26.67)		
12 Kim, Lucas	JR	Montgomery Blair Swim & Dive	1:46.89	1:45.02	9
24.52	51.36 (26.84)	1:18.50 (27.14)	1:45.02 (26.52)		
13 Wizenberg, Griffin	SO	Walt Whitman HS Swim and Dive	1:45.83	1:45.25	8
24.33	51.41 (27.08)	1:18.65 (27.24)	1:45.25 (26.60)		
14 Lawrence, James	SR	Poolesville	1:44.72	1:45.88	7
24.19	50.91 (26.72)	1:18.49 (27.58)	1:45.88 (27.39)		
15 Mastronikolas, Markos	FR	Winston Churchill	1:46.80	1:46.11	6
23.95	50.56 (26.61)	1:18.10 (27.54)	1:46.11 (28.01)		
16 Dawson, John	JR	St. John's College High School	1:46.29	1:46.36	5
24.41	50.97 (26.56)	1:18.35 (27.38)	1:46.36 (28.01)		
17 Ash, Noah	JR	Winston Churchill	1:47.70	1:47.26	4
24.78	51.28 (26.50)	1:18.85 (27.57)	1:47.26 (28.41)		
18 Avalos, Ethan	SO	Bethesda-Chevy Chase HS	1:47.30	1:47.53	3
25.55	52.57 (27.02)	1:20.12 (27.55)	1:47.53 (27.41)		
19 Stone, William	FR	Landon School Varsity Swimming	1:46.95	1:48.00	2
25.47	53.41 (27.94)	1:21.34 (27.93)	1:48.00 (26.66)		
20 Adebisi, Alexander	SO	DeMatha Catholic High School	1:46.86	1:49.81	1
24.69	52.04 (27.35)	1:20.93 (28.89)	1:49.81 (28.88)		

Event 3 Boys 200 Yard Freestyle

METROS: 1:37.13 M 2/7/2015 Matthew Hirschberger

1:37.93 AAAU

1:39.57 AAAC

Georgetown Prep

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Morgan, Kirk	JR	Gonzaga College High School	1:38.93	1:39.85	q
23.19	48.71 (25.52)	1:14.37 (25.66)	1:39.85 (25.48)		
2 Sims, Douglas	SR	Winston Churchill	1:43.87	1:40.24	q
23.21	48.64 (25.43)	1:14.75 (26.11)	1:40.24 (25.49)		
3 Bartholomew, Lachlan		Walter Johnson High School	1:41.35	1:40.62	q
23.37	48.78 (25.41)	1:14.62 (25.84)	1:40.62 (26.00)		
4 Begin, Charlie	SR	Winston Churchill	1:46.57	1:41.09	q
23.91	49.51 (25.60)	1:15.45 (25.94)	1:41.09 (25.64)		
5 Barnett, Brig	SR	Rockville High School	1:42.16	1:42.43	q
24.06	50.34 (26.28)	1:16.32 (25.98)	1:42.43 (26.11)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
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Results

Preliminaries ... (Event 3 Boys 200 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
6	Donley, Trevor	JR	Sidwell Friends School	1:42.38	1:42.74	q
	23.72	49.71 (25.99)	1:16.31 (26.60)	1:42.74 (26.43)		
7	Kratz, James	SO	GEORGETOWN PREPARATORY SCHOC	1:42.81	1:42.91	q
	24.44	50.63 (26.19)	1:16.71 (26.08)	1:42.91 (26.20)		
8	Mulla, Daniel	FR	Wootton Swimming and Diving	1:42.03	1:43.45	q
	23.79	49.77 (25.98)	1:16.54 (26.77)	1:43.45 (26.91)		
9	McCurdy, Ethan	SR	Quince Orchard High School	1:43.77	1:44.12	q
	24.23	50.38 (26.15)	1:17.32 (26.94)	1:44.12 (26.80)		
10	Nurit, Leopold	SO	Walt Whitman HS Swim and Dive	1:44.50	1:44.42	q
	24.19	50.46 (26.27)	1:17.40 (26.94)	1:44.42 (27.02)		
*11	Lawrence, James	SR	Poolesville	1:45.03	1:44.72	q
	23.95	50.77 (26.82)	1:17.82 (27.05)	1:44.72 (26.90)		
*11	Zakorchemny, Cooper	SR	Our Lady of Good Counsel	1:43.01	1:44.72	q
	24.24	50.52 (26.28)	1:17.56 (27.04)	1:44.72 (27.16)		
13	Wizenberg, Griffin	SO	Walt Whitman HS Swim and Dive	1:49.81	1:45.83	q
	24.31	51.36 (27.05)	1:18.85 (27.49)	1:45.83 (26.98)		
14	Dawson, John	JR	St. John's College High School	1:46.71	1:46.29	q
	24.45	51.38 (26.93)	1:18.87 (27.49)	1:46.29 (27.42)		
15	Mastronikolas, Markos	FR	Winston Churchill	1:48.46	1:46.80	q
	24.55	51.72 (27.17)	1:19.72 (28.00)	1:46.80 (27.08)		
16	Adebisi, Alexander	SO	DeMatha Catholic High School	1:45.44	1:46.86	q
	24.68	51.57 (26.89)	1:19.20 (27.63)	1:46.86 (27.66)		
17	Kim, Lucas	JR	Montgomery Blair Swim & Dive	1:46.43	1:46.89	q
	24.57	51.69 (27.12)	1:19.65 (27.96)	1:46.89 (27.24)		
18	Stone, William	FR	Landon School Varsity Swimming	1:48.27	1:46.95	q
	25.03	52.20 (27.17)	1:19.79 (27.59)	1:46.95 (27.16)		
19	Avalos, Ethan	SO	Bethesda-Chevy Chase HS	1:50.33	1:47.30	q
	25.23	52.50 (27.27)	1:20.01 (27.51)	1:47.30 (27.29)		
20	Ash, Noah	JR	Winston Churchill	1:50.63	1:47.70	q
	25.29	52.26 (26.97)	1:19.71 (27.45)	1:47.70 (27.99)		
21	Conze, Augustus	SO	Walter Johnson High School	1:49.45	1:47.80	
	24.70	51.76 (27.06)	1:19.80 (28.04)	1:47.80 (28.00)		
22	Reeves, Kazuki	JR	DeMatha Catholic High School	1:46.10	1:47.94	
	24.93	51.94 (27.01)	1:19.72 (27.78)	1:47.94 (28.22)		
23	Nedd, Christopher	SO	DeMatha Catholic High School	1:47.24	1:48.05	
	24.94	52.16 (27.22)	1:20.38 (28.22)	1:48.05 (27.67)		
24	Jarczynski, Justin	SR	Poolesville	1:46.00	1:48.20	
	24.97	52.30 (27.33)	1:20.36 (28.06)	1:48.20 (27.84)		
25	Schoch, Sam	SO	St. John's College High School	1:47.81	1:48.74	
	24.93	52.47 (27.54)	1:20.93 (28.46)	1:48.74 (27.81)		
26	Greer, Tomas	FR	Walter Johnson High School	1:54.19	1:48.92	
	24.91	52.47 (27.56)	1:20.96 (28.49)	1:48.92 (27.96)		
27	Mount, Samuel	SO	Montgomery Blair Swim & Dive	1:54.12	1:50.06	
	24.81	52.60 (27.79)	1:21.18 (28.58)	1:50.06 (28.88)		
28	Salvado, Juan	SO	GEORGETOWN PREPARATORY SCHOC	1:50.82	1:50.32	
	26.27	54.29 (28.02)	1:22.47 (28.18)	1:50.32 (27.85)		
29	Bailey, Matthew	SO	The Heights School	1:48.90	1:50.44	
	25.42	52.66 (27.24)	1:21.47 (28.81)	1:50.44 (28.97)		
*30	Burimski, Dennis	FR	Wootton Swimming and Diving	1:51.77	1:50.61	
	26.17	54.10 (27.93)	1:22.96 (28.86)	1:50.61 (27.65)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 3 Boys 200 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
*30 Eshler, Dresden	JR	Clarksburg High School	1:49.72	1:50.61
24.98	52.32 (27.34)	1:21.50 (29.18)	1:50.61 (29.11)	
32 Costello, Declan	FR	GEORGETOWN PREPARATORY SCHOC	1:48.50	1:50.68
25.26	53.50 (28.24)	1:22.47 (28.97)	1:50.68 (28.21)	
33 Khalili, Aarad	SO	Montgomery Blair Swim & Dive	1:50.83	1:50.88
26.29	54.03 (27.74)	1:22.05 (28.02)	1:50.88 (28.83)	
34 Franken, Evander	SR	Rockville High School	1:53.15	1:51.12
25.05	53.36 (28.31)	1:22.07 (28.71)	1:51.12 (29.05)	
35 Ford, Brendan	SR	DeMatha Catholic High School	1:52.36	1:52.28
25.81	53.62 (27.81)	1:22.73 (29.11)	1:52.28 (29.55)	
*36 Peppelman, Matthew	SO	Walter Johnson High School	1:54.56	1:52.36
25.15	53.47 (28.32)	1:23.01 (29.54)	1:52.36 (29.35)	
*36 Truong, Aidan	JR	Clarksburg High School	1:53.26	1:52.36
25.77	53.77 (28.00)	1:23.11 (29.34)	1:52.36 (29.25)	
38 Hume, Rafi	27	St. Albans School	1:55.08	1:52.50
25.55	54.36 (28.81)	1:23.92 (29.56)	1:52.50 (28.58)	
39 Ross, Robert	JR	Bethesda-Chevy Chase HS	1:55.03	1:52.64
25.46	53.51 (28.05)	1:22.89 (29.38)	1:52.64 (29.75)	
40 Culligan, Nolan	FR	Gonzaga College High School	1:51.65	1:52.72
26.02	54.91 (28.89)	1:23.81 (28.90)	1:52.72 (28.91)	
41 Stubner, John	JR	Gonzaga College High School	1:56.21	1:52.76
25.68	54.22 (28.54)	1:23.90 (29.68)	1:52.76 (28.86)	
42 Reeves, Elijah	JR	Montgomery Blair Swim & Dive	1:55.51	1:52.87
25.77	54.30 (28.53)	1:23.98 (29.68)	1:52.87 (28.89)	
43 Schwieters, Daniel	FR	Richard Montgomery Swim & Dive	1:53.81	1:53.25
25.32	53.23 (27.91)	1:23.10 (29.87)	1:53.25 (30.15)	
44 Wu, William	27	St. Albans School	1:53.35	1:53.42
26.24	54.46 (28.22)	1:23.63 (29.17)	1:53.42 (29.79)	
45 Yo, Caleb	FR	Poolesville	1:55.25	1:53.74
26.24	55.64 (29.40)	1:25.23 (29.59)	1:53.74 (28.51)	
46 Donley, Logan	FR	Sidwell Friends School	1:55.41	1:54.20
26.36	55.31 (28.95)	1:25.04 (29.73)	1:54.20 (29.16)	
47 Quach, Gavin	JR	Damascus High School	1:51.91	1:54.52
26.46	55.05 (28.59)	1:24.73 (29.68)	1:54.52 (29.79)	
48 Thomas, Maddox	FR	Quince Orchard High School	1:56.37	1:54.85
25.56	54.50 (28.94)	1:24.31 (29.81)	1:54.85 (30.54)	
49 Urzua, Agustin	JR	Walt Whitman HS Swim and Dive	1:56.38	1:54.99
25.47	54.16 (28.69)	1:24.47 (30.31)	1:54.99 (30.52)	
50 Ullmann, Theo	FR	Bethesda-Chevy Chase HS	1:55.22	1:55.37
26.01	55.05 (29.04)	1:25.51 (30.46)	1:55.37 (29.86)	
51 Metzroth, Matthew	27	St. Albans School	1:54.46	1:55.44
26.69	55.48 (28.79)	1:25.55 (30.07)	1:55.44 (29.89)	
52 Kimpel, Rex	JR	St. John's College High School	1:51.85	1:55.68
26.52	55.15 (28.63)	1:25.13 (29.98)	1:55.68 (30.55)	
53 Egnal, Oren	SR	Richard Montgomery Swim & Dive	1:55.90	1:57.13
25.83	54.96 (29.13)	1:25.44 (30.48)	1:57.13 (31.69)	
54 Singleton, Thomas	SR	Gonzaga College High School	1:51.80	1:57.33
25.52	54.82 (29.30)	1:25.97 (31.15)	1:57.33 (31.36)	
--- Liberty, Nicholas	JR	Sherwood Warriors	1:43.88	DFS

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 4 Girls 200 Yard Freestyle

METROS: 1:41.55 M 2/7/2015 Kathleen Ledecy
1:48.81 AAAU
1:50.65 AAAC

Stone Ridge

<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
A - Final					
1 Ahearn, Mara	FR	Stone Ridge	1:51.36	1:50.80	24
25.62	53.21 (27.59)	1:21.61 (28.40)	1:50.80 (29.19)		
2 Bu, Catherine	SR	Winston Churchill	1:51.97	1:51.04	21
26.26	54.54 (28.28)	1:22.79 (28.25)	1:51.04 (28.25)		
3 Clattenburg, Hannah	JR	MARET SCHOOL	1:52.28	1:51.21	20
25.83	53.72 (27.89)	1:22.32 (28.60)	1:51.21 (28.89)		
4 Saybolt, Elanor	JR	Walter Johnson High School	1:51.91	1:52.09	19
25.90	54.26 (28.36)	1:23.04 (28.78)	1:52.09 (29.05)		
5 Gudana, Sophie	JR	Montgomery Blair Swim & Dive	1:55.58	1:55.12	18
26.49	55.28 (28.79)	1:25.19 (29.91)	1:55.12 (29.93)		
6 Lim, Sophie	SO	Georgetown Day School	1:57.11	1:55.53	17
26.96	56.18 (29.22)	1:26.11 (29.93)	1:55.53 (29.42)		
7 Propper, Ella	JR	Bullis School	1:56.82	1:56.30	16
27.35	56.78 (29.43)	1:26.54 (29.76)	1:56.30 (29.76)		
8 Smith, Ginny		Basis DC	1:57.04	1:56.65	15
26.95	56.11 (29.16)	1:26.40 (30.29)	1:56.65 (30.25)		
9 Schur, Gracelyn	SO	Winston Churchill	1:57.28	1:56.71	14
27.20	56.49 (29.29)	1:26.61 (30.12)	1:56.71 (30.10)		
10 Cutter, Maeve	JR	Rockville High School	1:56.77	1:57.80	13
26.54	56.27 (29.73)	1:26.86 (30.59)	1:57.80 (30.94)		
B - Final					
11 Ivanovskaya, Taisiya	JR	Damascus High School	1:58.12	1:56.29	11
27.23	56.49 (29.26)	1:26.32 (29.83)	1:56.29 (29.97)		
12 Weliwitigoda, Mila	FR	The Holton-Arms School	1:58.19	1:56.35	9
26.72	55.96 (29.24)	1:26.44 (30.48)	1:56.35 (29.91)		
13 Sanford, Molly	10	Blake Bengals	1:58.61	1:58.06	8
26.85	56.88 (30.03)	1:27.88 (31.00)	1:58.06 (30.18)		
14 Hughes, Sophia	SO	Walt Whitman HS Swim and Dive	2:00.28	1:59.30	7
27.62	57.83 (30.21)	1:28.71 (30.88)	1:59.30 (30.59)		
15 Stillman, Maeve	SR	Our Lady of Good Counsel	1:58.60	1:59.49	6
27.17	56.86 (29.69)	1:27.93 (31.07)	1:59.49 (31.56)		
16 Morton, Olivia	SO	Bethesda-Chevy Chase HS	1:59.91	2:00.00	5
27.76	58.30 (30.54)	1:30.13 (31.83)	2:00.00 (29.87)		
17 Huang, Kristine	FR	Winston Churchill	1:59.66	2:00.40	4
27.21	57.38 (30.17)	1:28.62 (31.24)	2:00.40 (31.78)		
18 Coapstick, Rachel	SO	Wootton Swimming and Diving	1:59.95	2:00.44	3
27.88	58.59 (30.71)	1:29.79 (31.20)	2:00.44 (30.65)		
*19 Marks, Stephanie	SR	Quince Orchard High School	1:58.96	2:00.99	1.50
28.56	58.94 (30.38)	1:29.61 (30.67)	2:00.99 (31.38)		
*19 Wang, Christine	JR	Poolesville	1:59.92	2:00.99	1.50
27.42	58.14 (30.72)	1:29.56 (31.42)	2:00.99 (31.43)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 4 Girls 200 Yard Freestyle

METROS: 1:41.55 M 2/7/2015

Kathleen Ledecy

Stone Ridge

1:48.81 AAAU

1:50.65 AAAC

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Ahearn, Mara	FR	Stone Ridge	1:53.25	1:51.36	q
26.58	54.67 (28.09)	1:22.96 (28.29)	1:51.36 (28.40)		
2 Saybolt, Elanor	JR	Walter Johnson High School	1:52.56	1:51.91	q
25.98	54.36 (28.38)	1:23.15 (28.79)	1:51.91 (28.76)		
3 Bu, Catherine	SR	Winston Churchill	1:57.51	1:51.97	q
26.31	55.07 (28.76)	1:23.50 (28.43)	1:51.97 (28.47)		
4 Clattenburg, Hannah	JR	MARET SCHOOL	1:53.34	1:52.28	q
26.11	54.47 (28.36)	1:23.19 (28.72)	1:52.28 (29.09)		
5 Gudana, Sophie	JR	Montgomery Blair Swim & Dive	1:54.83	1:55.58	q
26.25	55.06 (28.81)	1:25.11 (30.05)	1:55.58 (30.47)		
6 Cutter, Maeve	JR	Rockville High School	1:56.16	1:56.77	q
27.02	56.71 (29.69)	1:27.21 (30.50)	1:56.77 (29.56)		
7 Propper, Ella	JR	Bullis School	1:55.06	1:56.82	q
27.11	56.05 (28.94)	1:26.43 (30.38)	1:56.82 (30.39)		
8 Smith, Ginny		Basis DC	1:59.05	1:57.04	q
27.01	56.13 (29.12)	1:26.34 (30.21)	1:57.04 (30.70)		
9 Lim, Sophie	SO	Georgetown Day School	1:55.16	1:57.11	q
27.57	56.96 (29.39)	1:27.06 (30.10)	1:57.11 (30.05)		
10 Schur, Gracelyn	SO	Winston Churchill	2:02.50	1:57.28	q
27.21	56.78 (29.57)	1:26.98 (30.20)	1:57.28 (30.30)		
11 Ivanovskaya, Taisiya	JR	Damascus High School	1:57.19	1:58.12	q
27.67	57.36 (29.69)	1:27.79 (30.43)	1:58.12 (30.33)		
12 Weliwitigoda, Mila	FR	The Holton-Arms School	2:05.61	1:58.19	q
26.58	55.85 (29.27)	1:26.92 (31.07)	1:58.19 (31.27)		
13 Stillman, Maeve	SR	Our Lady of Good Counsel	1:59.28	1:58.60	q
27.35	56.78 (29.43)	1:27.74 (30.96)	1:58.60 (30.86)		
14 Sanford, Molly	10	Blake Bengals	2:03.00	1:58.61	q
27.08	57.46 (30.38)	1:28.33 (30.87)	1:58.61 (30.28)		
15 Marks, Stephanie	SR	Quince Orchard High School	1:59.83	1:58.96	q
28.70	59.20 (30.50)	1:28.71 (29.51)	1:58.96 (30.25)		
16 Huang, Kristine	FR	Winston Churchill	1:59.76	1:59.66	q
27.27	57.31 (30.04)	1:28.51 (31.20)	1:59.66 (31.15)		
17 Morton, Olivia	SO	Bethesda-Chevy Chase HS	2:01.36	1:59.91	q
27.23	57.71 (30.48)	1:29.03 (31.32)	1:59.91 (30.88)		
18 Wang, Christine	JR	Poolesville	2:01.44	1:59.92	q
26.95	56.85 (29.90)	1:28.05 (31.20)	1:59.92 (31.87)		
19 Coapstick, Rachel	SO	Wootton Swimming and Diving	2:00.22	1:59.95	q
28.10	58.31 (30.21)	1:29.84 (31.53)	1:59.95 (30.11)		
20 Hughes, Sophia	SO	Walt Whitman HS Swim and Dive	1:59.15	2:00.28	q
28.15	58.73 (30.58)	1:29.73 (31.00)	2:00.28 (30.55)		
21 Ross, Magdalene	FR	St. John's College High School	1:59.00	2:00.43	
27.91	58.29 (30.38)	1:29.26 (30.97)	2:00.43 (31.17)		
22 Georgiou, Maria Olympia	SO	The Holton-Arms School	2:00.30	2:00.57	
27.68	57.89 (30.21)	1:29.05 (31.16)	2:00.57 (31.52)		
23 Kottak, Nadja	FR	Walt Whitman HS Swim and Dive	2:04.59	2:00.72	
27.32	57.38 (30.06)	1:28.57 (31.19)	2:00.72 (32.15)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 4 Girls 200 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time
24	McCarty, Natalie	SO	Walter Johnson High School	2:01.87	2:00.91
	27.54	57.80 (30.26)	1:29.28 (31.48)	2:00.91 (31.63)	
25	Down, Isabella	JR	Walter Johnson High School	2:01.07	2:01.14
	27.94	58.15 (30.21)	1:29.35 (31.20)	2:01.14 (31.79)	
26	de Souza, Paige	SR	Winston Churchill	2:01.06	2:01.28
	27.56	57.39 (29.83)	1:28.93 (31.54)	2:01.28 (32.35)	
27	Yoder, Claire		Jackson-Reed High School	2:03.45	2:01.40
	27.67	58.68 (31.01)	1:30.23 (31.55)	2:01.40 (31.17)	
28	Huyck, Genevieve	FR	Northwest High School	1:59.10	2:01.44
	28.58	59.26 (30.68)	1:30.67 (31.41)	2:01.44 (30.77)	
29	Ossi, Chloe	JR	Montgomery Blair Swim & Dive	2:02.79	2:01.66
	28.46	59.54 (31.08)	1:30.97 (31.43)	2:01.66 (30.69)	
30	Katz, Ariana	SR	Quince Orchard High School	2:00.25	2:01.86
	27.80	57.87 (30.07)	1:29.59 (31.72)	2:01.86 (32.27)	
31	Congdon, Lilian	SR	Poolesville	2:00.03	2:01.91
	27.28	57.35 (30.07)	1:29.50 (32.15)	2:01.91 (32.41)	
32	Wolfington, Annika	JR	Quince Orchard High School	2:03.95	2:02.25
	28.55	59.33 (30.78)	1:30.75 (31.42)	2:02.25 (31.50)	
33	Fecko, Mia	JR	Sherwood Warriors	1:58.66	2:02.26
	28.19	58.74 (30.55)	1:30.53 (31.79)	2:02.26 (31.73)	
34	Blachere, Corinne	SR	Sherwood Warriors	1:59.50	2:02.72
	28.16	58.90 (30.74)	1:30.86 (31.96)	2:02.72 (31.86)	
35	Humpert, Lucy	JR	Montgomery Blair Swim & Dive	2:01.34	2:02.85
	27.67	58.09 (30.42)	1:30.14 (32.05)	2:02.85 (32.71)	
36	Wilson, Madeleine	SO	Poolesville	2:03.37	2:04.02
	28.47	59.32 (30.85)	1:31.38 (32.06)	2:04.02 (32.64)	
37	Zimmerman, Mallory		Holy Child	2:03.24	2:04.52
	28.53	1:00.12 (31.59)	1:32.49 (32.37)	2:04.52 (32.03)	
38	Velasquez, Amelia	FR	Sherwood Warriors	2:01.11	2:05.09
	27.58	59.31 (31.73)	1:32.44 (33.13)	2:05.09 (32.65)	
39	McGee, Grace	JR	Walt Whitman HS Swim and Dive	2:05.71	2:05.90
	29.50	1:01.08 (31.58)	1:33.57 (32.49)	2:05.90 (32.33)	
40	Lopez Murphy, Malena	SO	Sidwell Friends School	2:05.45	2:06.21
	28.21	59.24 (31.03)	1:32.65 (33.41)	2:06.21 (33.56)	
41	Guo, Melanie	SR	Poolesville	2:04.86	2:06.97
	28.81	1:00.14 (31.33)	1:32.89 (32.75)	2:06.97 (34.08)	
42	Aliabadi, Ava	FR	Sidwell Friends School	2:06.21	2:07.14
	29.13	1:00.84 (31.71)	1:33.91 (33.07)	2:07.14 (33.23)	
43	Lolli, Peyton	SO	Northwest High School	2:08.29	2:07.21
	28.65	1:00.36 (31.71)	1:33.52 (33.16)	2:07.21 (33.69)	
44	Thomas, Abygail	SO	St. John's College High School	2:07.84	2:08.01
	28.83	1:00.97 (32.14)	1:35.01 (34.04)	2:08.01 (33.00)	
45	Lindley, Elena	FR	St. John's College High School	2:08.49	2:08.76
	29.19	1:01.84 (32.65)	1:35.63 (33.79)	2:08.76 (33.13)	
*46	Cooke, Caroline	SR	Rockville High School	2:08.13	2:09.25
	29.11	1:01.43 (32.32)	1:35.37 (33.94)	2:09.25 (33.88)	
*46	Cooper, Emilia	FR	Sherwood Warriors	2:07.88	2:09.25
	29.85	1:02.54 (32.69)	1:35.65 (33.11)	2:09.25 (33.60)	
48	Klein, Carolina	SO	Damascus High School	2:08.45	2:09.59
	29.17	1:01.89 (32.72)	1:35.67 (33.78)	2:09.59 (33.92)	
49	Southerling, Shawn	JR	Bethesda-Chevy Chase HS	2:06.75	2:12.81
	29.55	1:02.77 (33.22)	1:37.97 (35.20)	2:12.81 (34.84)	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 4 Girls 200 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
--- Malm, Hannah	FR	The Holton-Arms School	1:59.01	DQ
--- Feinberg, Lydia	FR	Stone Ridge	2:00.91	DFS

Event 5 Boys 200 Yard IM

METROS: 1:43.58 M 2/10/2024 Adriano Arioti GDS
1:48.96 AAAU
1:50.99 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Oehler, Griffin	JR	GEORGETOWN PREPARATORY SCHOC	1:49.49	1:44.11	AAAU 24
22.68		47.82 (25.14) 1:18.47 (30.65)	1:44.11 (25.64)		
2 Dionne, Luc	JR	Walter Johnson High School	1:53.47	1:48.12	AAAU 21
23.81		51.14 (27.33) 1:21.12 (29.98)	1:48.12 (27.00)		
3 Devinney, Edward	JR	Winston Churchill	1:51.46	1:50.24	AAAC 20
23.37		51.66 (28.29) 1:23.89 (32.23)	1:50.24 (26.35)		
4 Lee, Kevin	JR	Richard Montgomery Swim & Dive	1:53.09	1:51.41	19
24.34		51.59 (27.25) 1:25.63 (34.04)	1:51.41 (25.78)		
5 White, John	SR	Wootton Swimming and Diving	1:53.28	1:51.80	18
24.37		52.88 (28.51) 1:25.17 (32.29)	1:51.80 (26.63)		
6 Fontana, Enzo	JR	Northwest High School	1:53.49	1:51.81	17
23.97		55.02 (31.05) 1:25.24 (30.22)	1:51.81 (26.57)		
7 Fontana, Rafa	FR	GEORGETOWN PREPARATORY SCHOC	1:54.57	1:52.60	16
23.51		51.95 (28.44) 1:25.86 (33.91)	1:52.60 (26.74)		
8 Jungbluth, Alexander	JR	DeMatha Catholic High School	1:53.11	1:52.77	15
23.88		52.27 (28.39) 1:25.34 (33.07)	1:52.77 (27.43)		
9 Burger, Seth	JR	Bullis School	1:54.22	1:53.89	14
24.65		52.22 (27.57) 1:26.10 (33.88)	1:53.89 (27.79)		
10 Murphy, Taiyo	SR	Walter Johnson High School	1:54.67	1:56.15	13
25.40		54.20 (28.80) 1:28.74 (34.54)	1:56.15 (27.41)		
B - Final					
11 Hamilton, Jack	SR	DeMatha Catholic High School	1:54.86	1:53.81	11
24.11		52.71 (28.60) 1:25.35 (32.64)	1:53.81 (28.46)		
12 Thiede, George	JR	Gonzaga College High School	1:58.02	1:55.66	9
24.48		55.10 (30.62) 1:28.97 (33.87)	1:55.66 (26.69)		
13 Lakhe, Kyle	SR	Bethesda-Chevy Chase HS	1:57.19	1:56.14	8
25.66		54.97 (29.31) 1:28.27 (33.30)	1:56.14 (27.87)		
14 Soles, Isaac	JR	Poolesville	1:58.10	1:56.52	7
24.60		54.54 (29.94) 1:28.83 (34.29)	1:56.52 (27.69)		
15 Finnegan, Charles	JR	Richard Montgomery Swim & Dive	1:58.07	1:57.76	6
25.33		54.45 (29.12) 1:29.77 (35.32)	1:57.76 (27.99)		
16 Smith, Levi	SO	DeMatha Catholic High School	1:58.64	1:58.45	5
25.79		56.09 (30.30) 1:29.92 (33.83)	1:58.45 (28.53)		
17 Gravell, John	FR	St. John's College High School	1:58.20	1:58.56	4
25.84		54.67 (28.83) 1:29.92 (35.25)	1:58.56 (28.64)		
18 Devinney, Jay Cole	FR	Winston Churchill	1:57.49	1:59.19	3
25.32		54.78 (29.46) 1:30.13 (35.35)	1:59.19 (29.06)		
19 Gangemi, Cole	SO	Gonzaga College High School	1:57.52	2:00.33	2
25.78		56.97 (31.19) 1:30.73 (33.76)	2:00.33 (29.60)		
20 Press, Joseph	SR	Walt Whitman HS Swim and Dive	1:58.77	2:02.96	1
25.48		55.25 (29.77) 1:32.36 (37.11)	2:02.96 (30.60)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 5 Boys 200 Yard IM

METROS: 1:43.58 M 2/10/2024 Adriano Arioti
1:48.96 AAAU
1:50.99 AAAC

GDS

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Oehler, Griffin	JR GEORGETOWN PREPARATORY SCHOC	1:47.32	1:49.49	qAAAC
	23.55	50.62 (27.07)	1:22.38 (31.76)	1:49.49 (27.11)	
2	Devinney, Edward	JR Winston Churchill	1:55.34	1:51.46	q
	24.20	52.24 (28.04)	1:24.57 (32.33)	1:51.46 (26.89)	
3	Lee, Kevin	JR Richard Montgomery Swim & Dive	1:54.09	1:53.09	q
	24.55	51.92 (27.37)	1:26.30 (34.38)	1:53.09 (26.79)	
4	Jungbluth, Alexander	JR DeMatha Catholic High School	1:51.82	1:53.11	q
	24.08	52.73 (28.65)	1:25.85 (33.12)	1:53.11 (27.26)	
5	White, John	SR Wootton Swimming and Diving	1:54.68	1:53.28	q
	24.63	53.47 (28.84)	1:26.25 (32.78)	1:53.28 (27.03)	
6	Dionne, Luc	JR Walter Johnson High School	1:50.00	1:53.47	q
	24.58	53.48 (28.90)	1:25.21 (31.73)	1:53.47 (28.26)	
7	Fontana, Enzo	JR Northwest High School	1:57.62	1:53.49	q
	23.97	54.68 (30.71)	1:26.60 (31.92)	1:53.49 (26.89)	
8	Burger, Seth	JR Bullis School	1:58.73	1:54.22	q
	25.17	52.15 (26.98)	1:25.96 (33.81)	1:54.22 (28.26)	
9	Fontana, Rafa	FR GEORGETOWN PREPARATORY SCHOC	1:53.39	1:54.57	q
	24.14	52.58 (28.44)	1:27.43 (34.85)	1:54.57 (27.14)	
10	Murphy, Taiyo	SR Walter Johnson High School	1:54.87	1:54.67	q
	24.92	53.56 (28.64)	1:26.74 (33.18)	1:54.67 (27.93)	
11	Hamilton, Jack	SR DeMatha Catholic High School	1:53.14	1:54.86	q
	24.69	54.75 (30.06)	1:27.14 (32.39)	1:54.86 (27.72)	
12	Lakhe, Kyle	SR Bethesda-Chevy Chase HS	1:58.89	1:57.19	q
	25.60	55.71 (30.11)	1:28.86 (33.15)	1:57.19 (28.33)	
13	Devinney, Jay Cole	FR Winston Churchill	1:58.94	1:57.49	q
	25.45	54.50 (29.05)	1:29.93 (35.43)	1:57.49 (27.56)	
14	Gangemi, Cole	SO Gonzaga College High School	1:59.72	1:57.52	q
	25.36	56.22 (30.86)	1:29.76 (33.54)	1:57.52 (27.76)	
15	Thiede, George	JR Gonzaga College High School	1:57.74	1:58.02	q
	25.15	56.38 (31.23)	1:30.71 (34.33)	1:58.02 (27.31)	
16	Finnegan, Charles	JR Richard Montgomery Swim & Dive	1:57.32	1:58.07	q
	25.68	56.00 (30.32)	1:30.07 (34.07)	1:58.07 (28.00)	
17	Soles, Isaac	JR Poolesville	1:57.25	1:58.10	q
	25.11	55.21 (30.10)	1:30.04 (34.83)	1:58.10 (28.06)	
18	Gravell, John	FR St. John's College High School	1:58.17	1:58.20	q
	25.85	54.67 (28.82)	1:29.79 (35.12)	1:58.20 (28.41)	
19	Smith, Levi	SO DeMatha Catholic High School	1:57.16	1:58.64	q
	25.78	56.51 (30.73)	1:30.13 (33.62)	1:58.64 (28.51)	
20	Press, Joseph	SR Walt Whitman HS Swim and Dive	2:00.68	1:58.77	q
	26.09	55.28 (29.19)	1:30.42 (35.14)	1:58.77 (28.35)	
21	Arluck, Alexander	JR Bullis School	1:58.54	1:58.95	
	25.51	56.00 (30.49)	1:30.76 (34.76)	1:58.95 (28.19)	
22	Iavarone-Garza, Christian	JR Poolesville	2:05.34	1:59.03	
	25.71	56.86 (31.15)	1:31.53 (34.67)	1:59.03 (27.50)	
23	Drews, Roman	JR Our Lady of Good Counsel	2:00.34	1:59.10	
	25.65	55.44 (29.79)	1:31.17 (35.73)	1:59.10 (27.93)	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 5 Boys 200 Yard IM)

Name	Yr	School	Seed Time	Prelim Time
24 Duma, John	SR	Bethesda-Chevy Chase HS	2:02.49	1:59.16
26.48	55.64 (29.16)	1:31.22 (35.58)	1:59.16 (27.94)	
25 Bedestani, Brandon	JR	GEORGETOWN PREPARATORY SCHOC	2:00.04	2:00.00
26.33	55.87 (29.54)	1:30.47 (34.60)	2:00.00 (29.53)	
26 Moncton, Wesley	FR	St. John's College High School	2:00.06	2:00.24
25.21	54.61 (29.40)	1:31.40 (36.79)	2:00.24 (28.84)	
27 Dawson, John	11	Blake Bengals	1:59.82	2:00.30
25.73	56.75 (31.02)	1:31.07 (34.32)	2:00.30 (29.23)	
28 Iimi, Shou	SO	Sidwell Friends School	1:59.12	2:00.49
25.70	56.27 (30.57)	1:31.24 (34.97)	2:00.49 (29.25)	
29 Buck, Grainger	SO	Winston Churchill	2:04.33	2:01.56
26.56	56.32 (29.76)	1:32.55 (36.23)	2:01.56 (29.01)	
30 Matsuyama, Aron		Winston Churchill	2:04.98	2:02.85
25.73	55.80 (30.07)	1:33.47 (37.67)	2:02.85 (29.38)	
31 Main, Jonathan	SO	Richard Montgomery Swim & Dive	2:06.62	2:03.27
26.66	57.83 (31.17)	1:33.43 (35.60)	2:03.27 (29.84)	
32 Vaonakis, Phoenix	11	Blake Bengals	2:02.38	2:03.51
26.31	57.91 (31.60)	1:34.03 (36.12)	2:03.51 (29.48)	
33 House, Nate	SO	Gonzaga College High School	2:04.12	2:04.10
26.14	59.97 (33.83)	1:33.97 (34.00)	2:04.10 (30.13)	
34 Chen, Kevin	SO	Walter Johnson High School	2:03.89	2:04.16
26.86	59.97 (33.11)	1:34.49 (34.52)	2:04.16 (29.67)	
35 Guyer, Alexander	FR	Bethesda-Chevy Chase HS	2:04.58	2:04.18
26.92	1:00.45 (33.53)	1:34.80 (34.35)	2:04.18 (29.38)	
36 Stelzer, Graham	JR	Richard Montgomery Swim & Dive	2:06.35	2:04.59
26.29	57.62 (31.33)	1:34.05 (36.43)	2:04.59 (30.54)	
37 Donohue, John	JR	Bullis School	2:04.53	2:04.95
27.47	59.93 (32.46)	1:35.42 (35.49)	2:04.95 (29.53)	
38 Helfers, William	SO	Wheaton High School	2:04.72	2:05.05
26.80	59.97 (33.17)	1:35.10 (35.13)	2:05.05 (29.95)	
39 Narvaez-Estrada, Joaquin	FR	Bullis School	2:07.07	2:05.22
26.35	59.27 (32.92)	1:34.97 (35.70)	2:05.22 (30.25)	
40 Kee, Caleb	JR	Walter Johnson High School	2:11.71	2:05.31
27.78	58.97 (31.19)	1:35.65 (36.68)	2:05.31 (29.66)	
41 Alfonso-Frank, Simon	SO	Montgomery Blair Swim & Dive	2:07.33	2:05.34
26.53	58.11 (31.58)	1:34.98 (36.87)	2:05.34 (30.36)	
42 Sparshott, Thomas	SR	Montgomery Blair Swim & Dive	2:03.34	2:05.41
26.40	58.10 (31.70)	1:36.19 (38.09)	2:05.41 (29.22)	
43 Li, Ryan	FR	Georgetown Day School	2:06.66	2:05.54
27.82	58.99 (31.17)	1:36.21 (37.22)	2:05.54 (29.33)	
44 Belopolskiy, Simon	SR	Wootton Swimming and Diving	2:08.47	2:06.03
26.47	57.86 (31.39)	1:35.85 (37.99)	2:06.03 (30.18)	
45 Quach, Ethan	JR	Damascus High School	2:05.52	2:06.47
28.33	1:02.55 (34.22)	1:36.92 (34.37)	2:06.47 (29.55)	
46 Opima, Bryce	SR	Sherwood Warriors	2:08.12	2:06.52
27.67	57.84 (30.17)	1:36.79 (38.95)	2:06.52 (29.73)	
47 Chan, Isaac	JR	Northwest High School	2:04.01	2:06.56
27.51	1:00.46 (32.95)	1:35.95 (35.49)	2:06.56 (30.61)	
48 Bachrach, Jake	FR	Sidwell Friends School	2:06.41	2:06.88
27.69	1:00.35 (32.66)	1:37.33 (36.98)	2:06.88 (29.55)	
49 Spooner, Alexander	SR	Gonzaga College High School	2:05.49	2:07.13
25.91	59.35 (33.44)	1:35.07 (35.72)	2:07.13 (32.06)	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 5 Boys 200 Yard IM)

	Name	Yr	School	Seed Time	Prelim Time
50	Henry, Robert	29	St. Albans School	2:10.10	2:07.58
	26.01	59.36 (33.35)	1:37.86 (38.50)	2:07.58 (29.72)	
51	Tofilon, Matthew	SO	GEORGETOWN PREPARATORY SCHOC	2:08.69	2:07.68
	27.32	1:00.30 (32.98)	1:36.49 (36.19)	2:07.68 (31.19)	
52	Hwang, Sean	SO	Northwest High School	2:07.19	2:08.07
	27.18	59.78 (32.60)	1:38.02 (38.24)	2:08.07 (30.05)	
53	Fortunato, Chase	FR	Walt Whitman HS Swim and Dive	2:09.22	2:08.21
	26.36	59.08 (32.72)	1:39.02 (39.94)	2:08.21 (29.19)	
54	Smyth, Caleb	FR	Rockville High School	2:12.53	2:08.54
	28.31	59.19 (30.88)	1:38.50 (39.31)	2:08.54 (30.04)	
55	Pata, Nicholas	SO	Sherwood Warriors	2:08.15	2:08.59
	27.14	1:00.43 (33.29)	1:37.26 (36.83)	2:08.59 (31.33)	
56	Pesin, Zachary	FR	Wootton Swimming and Diving	2:08.19	2:08.89
	27.45	1:00.34 (32.89)	1:37.37 (37.03)	2:08.89 (31.52)	
57	Li, Yanze	28	St. Albans School	2:11.52	2:09.15
	28.06	1:03.74 (35.68)	1:37.34 (33.60)	2:09.15 (31.81)	
58	Rampulla, Nate	FR	Walt Whitman HS Swim and Dive	2:11.39	2:09.23
	27.66	1:01.72 (34.06)	1:38.96 (37.24)	2:09.23 (30.27)	
59	Seager, Austin	JR	Our Lady of Good Counsel	2:11.53	2:10.27
	27.88	1:01.28 (33.40)	1:38.86 (37.58)	2:10.27 (31.41)	
60	Schoch, William	FR	St. John's College High School	2:08.70	2:10.42
	29.15	1:02.42 (33.27)	1:40.25 (37.83)	2:10.42 (30.17)	
61	Lu, Will	29	St. Albans School	2:12.35	2:10.59
	29.02	1:03.43 (34.41)	1:40.03 (36.60)	2:10.59 (30.56)	
62	Maranchi, Krishan	JR	Poolesville	2:07.81	2:11.01
	27.34	1:01.98 (34.64)	1:39.31 (37.33)	2:11.01 (31.70)	
63	Walther, Tyson	JU	St. Andrew's Episcopal School	2:14.13	2:11.02
	28.32	1:02.86 (34.54)	1:39.85 (36.99)	2:11.02 (31.17)	
64	Verderese, Nicholas	JR	The Heights School	2:09.26	2:11.26
	28.26	1:01.25 (32.99)	1:40.33 (39.08)	2:11.26 (30.93)	
65	Glenn, Tyler	SR	Colonel Zadok Magruder HS	2:13.02	2:11.97
	28.45	1:02.04 (33.59)	1:40.11 (38.07)	2:11.97 (31.86)	
66	Smyth, Loki	JR	Rockville High School	2:08.00	2:12.34
	27.29	1:00.04 (32.75)	1:40.00 (39.96)	2:12.34 (32.34)	
67	Yoon, Anthony	JR	Poolesville	2:13.84	2:12.89
	28.48	1:02.24 (33.76)	1:41.48 (39.24)	2:12.89 (31.41)	
68	Honigfort, Erik	JR	Rockville High School	2:14.78	2:13.98
	27.63	1:01.47 (33.84)	1:42.08 (40.61)	2:13.98 (31.90)	
69	McGuire, Jeffrey	F	St. Andrew's Episcopal School	2:11.26	2:14.05
	28.89	1:02.06 (33.17)	1:42.06 (40.00)	2:14.05 (31.99)	
70	Aronoff, Noah	JR	Landon School Varsity Swimming	2:13.71	2:15.04
	27.28	1:01.86 (34.58)	1:43.16 (41.30)	2:15.04 (31.88)	
71	Selak, Landen	JR	Seneca Valley High School	2:12.77	2:16.29
	28.39	1:01.79 (33.40)	1:43.57 (41.78)	2:16.29 (32.72)	
72	Luse, Andrew	SR	Montgomery Blair Swim & Dive	2:14.78	2:17.32
	27.40	1:02.13 (34.73)	1:45.83 (43.70)	2:17.32 (31.49)	
---	Guo, Peter	FR	Montgomery Blair Swim & Dive	2:11.63	DQ

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 6 Girls 200 Yard IM

METROS: 1:55.39 M 2/8/2020 Phoebe Bacon
2:01.47 AAAU
2:03.99 AAAC

Stone Ridge

Name		Yr	School	Prelim Time	Finals Time	Points
A - Final						
1	Watkins, Celia	SR	Our Lady of Good Counsel	2:05.52	2:02.39	AAAC 24
	26.06		55.96 (29.90) 1:32.84 (36.88)	2:02.39 (29.55)		
2	Bishop, Lexie	SO	St. John's College High School	2:06.08	2:02.95	AAAC 21
	26.41		57.77 (31.36) 1:33.83 (36.06)	2:02.95 (29.12)		
3	Bell, Ainsley	FR	Winston Churchill	2:09.61	2:05.43	20
	26.86		58.48 (31.62) 1:36.23 (37.75)	2:05.43 (29.20)		
4	Kincaid, Kellie	SR	Our Lady of Good Counsel	2:06.94	2:06.73	19
	27.79		59.13 (31.34) 1:36.39 (37.26)	2:06.73 (30.34)		
5	McGee, Zoe	SR	Walter Johnson High School	2:08.41	2:07.58	18
	27.86		1:00.06 (32.20) 1:38.57 (38.51)	2:07.58 (29.01)		
6	Rushton, Harper	JR	Stone Ridge	2:07.79	2:08.10	17
	27.15		58.76 (31.61) 1:38.06 (39.30)	2:08.10 (30.04)		
7	Sunjaya, Viona	JR	Damascus High School	2:09.26	2:08.52	16
	27.83		1:02.36 (34.53) 1:37.51 (35.15)	2:08.52 (31.01)		
8	Yeou, Jisoo	SO	Walt Whitman HS Swim and Dive	2:08.88	2:10.42	15
	28.12		1:00.32 (32.20) 1:39.06 (38.74)	2:10.42 (31.36)		
9	Shive, Leah	JR	Winston Churchill	2:11.08	2:10.53	14
	28.00		1:02.56 (34.56) 1:38.46 (35.90)	2:10.53 (32.07)		
10	Chong, Finley	SO	Richard Montgomery Swim & Dive	2:11.36	2:11.63	13
	28.78		1:01.63 (32.85) 1:40.13 (38.50)	2:11.63 (31.50)		
B - Final						
11	Ryan, Jenna	FR	Our Lady of Good Counsel	2:12.70	2:09.48	11
	28.42		1:01.23 (32.81) 1:39.21 (37.98)	2:09.48 (30.27)		
12	Lakso, Brooke	FR	Sherwood Warriors	2:12.12	2:10.21	9
	28.30		1:03.10 (34.80) 1:39.17 (36.07)	2:10.21 (31.04)		
13	Groves, Caitlin	JR	Walt Whitman HS Swim and Dive	2:12.90	2:11.08	8
	28.14		1:00.86 (32.72) 1:40.48 (39.62)	2:11.08 (30.60)		
*14	Harms, Stella	FR	Sidwell Friends School	2:13.86	2:11.94	6.50
	29.56		1:02.74 (33.18) 1:40.54 (37.80)	2:11.94 (31.40)		
*14	Dean, Skylar	SR	Colonel Zadok Magruder HS	2:12.35	2:11.94	6.50
	28.70		1:00.62 (31.92) 1:41.57 (40.95)	2:11.94 (30.37)		
16	Rabah, Luana	SO	The Holton-Arms School	2:14.07	2:13.20	5
	28.24		1:02.01 (33.77) 1:41.50 (39.49)	2:13.20 (31.70)		
17	Li, Reyna	JR	Winston Churchill	2:13.84	2:13.67	4
	28.92		1:03.02 (34.10) 1:41.70 (38.68)	2:13.67 (31.97)		
18	Goch, Elliot	SO	Sidwell Friends School	2:14.96	2:13.90	3
	28.77		1:01.72 (32.95) 1:42.80 (41.08)	2:13.90 (31.10)		
19	Gravell, Kylie	SR	St. John's College High School	2:14.69	2:13.96	2
	29.33		1:03.54 (34.21) 1:42.43 (38.89)	2:13.96 (31.53)		
20	Andrews, Abigail	SO	St. John's College High School	2:13.08	2:14.00	1
	29.48		1:03.71 (34.23) 1:43.01 (39.30)	2:14.00 (30.99)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 6 Girls 200 Yard IM

METROS: 1:55.39 M 2/8/2020 Phoebe Bacon
2:01.47 AAAU
2:03.99 AAAC

Stone Ridge

Name		Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Watkins, Celia	SR	Our Lady of Good Counsel	2:04.66	2:05.52	q
	26.54	57.14 (30.60)	1:34.35 (37.21)	2:05.52 (31.17)		
2	Bishop, Lexie	SO	St. John's College High School	2:04.08	2:06.08	q
	27.53	58.42 (30.89)	1:35.78 (37.36)	2:06.08 (30.30)		
3	Kincaid, Kellie	SR	Our Lady of Good Counsel	2:03.25	2:06.94	q
	28.18	1:00.61 (32.43)	1:37.71 (37.10)	2:06.94 (29.23)		
4	Rushton, Harper	JR	Stone Ridge	2:07.37	2:07.79	q
	27.30	58.82 (31.52)	1:37.48 (38.66)	2:07.79 (30.31)		
5	McGee, Zoe	SR	Walter Johnson High School	2:07.54	2:08.41	q
	27.63	1:00.04 (32.41)	1:38.35 (38.31)	2:08.41 (30.06)		
6	Yeou, Jisoo	SO	Walt Whitman HS Swim and Dive	2:09.12	2:08.88	q
	28.80	1:00.07 (31.27)	1:37.80 (37.73)	2:08.88 (31.08)		
7	Sunjaya, Viona	JR	Damascus High School	2:07.01	2:09.26	q
	28.21	1:02.83 (34.62)	1:38.86 (36.03)	2:09.26 (30.40)		
8	Bell, Ainsley	FR	Winston Churchill	2:11.12	2:09.61	q
	27.50	1:00.35 (32.85)	1:39.50 (39.15)	2:09.61 (30.11)		
9	Shive, Leah	JR	Winston Churchill	2:15.03	2:11.08	q
	28.43	1:02.41 (33.98)	1:38.63 (36.22)	2:11.08 (32.45)		
10	Chong, Finley	SO	Richard Montgomery Swim & Dive	2:12.00	2:11.36	q
	29.17	1:02.44 (33.27)	1:40.20 (37.76)	2:11.36 (31.16)		
11	Lakso, Brooke	FR	Sherwood Warriors	2:11.62	2:12.12	q
	28.73	1:03.96 (35.23)	1:40.83 (36.87)	2:12.12 (31.29)		
12	Dean, Skylar	SR	Colonel Zadok Magruder HS	2:21.12	2:12.35	q
	28.58	1:00.43 (31.85)	1:41.61 (41.18)	2:12.35 (30.74)		
13	Ryan, Jenna	FR	Our Lady of Good Counsel	2:11.33	2:12.70	q
	29.11	1:02.55 (33.44)	1:41.55 (39.00)	2:12.70 (31.15)		
14	Groves, Caitlin	JR	Walt Whitman HS Swim and Dive	2:12.03	2:12.90	q
	28.55	1:01.74 (33.19)	1:41.73 (39.99)	2:12.90 (31.17)		
15	Andrews, Abigail	SO	St. John's College High School	2:11.62	2:13.08	q
	29.34	1:04.13 (34.79)	1:42.01 (37.88)	2:13.08 (31.07)		
16	Li, Reyna	JR	Winston Churchill	2:14.94	2:13.84	q
	28.96	1:03.43 (34.47)	1:41.94 (38.51)	2:13.84 (31.90)		
17	Harms, Stella	FR	Sidwell Friends School	2:10.78	2:13.86	q
	30.10	1:03.24 (33.14)	1:42.86 (39.62)	2:13.86 (31.00)		
18	Rabah, Luana	SO	The Holton-Arms School	2:10.76	2:14.07	q
	28.56	1:02.36 (33.80)	1:42.70 (40.34)	2:14.07 (31.37)		
19	Gravell, Kylie	SR	St. John's College High School	2:14.48	2:14.69	q
	29.52	1:04.57 (35.05)	1:43.57 (39.00)	2:14.69 (31.12)		
20	Goch, Elliot	SO	Sidwell Friends School	2:12.41	2:14.96	q
	28.54	1:02.75 (34.21)	1:43.14 (40.39)	2:14.96 (31.82)		
21	Muller, Quinn	FR	Stone Ridge	2:15.57	2:15.05	
	29.30	1:04.81 (35.51)	1:43.77 (38.96)	2:15.05 (31.28)		
22	Decatur, Audrey	SO	Our Lady of Good Counsel	2:15.07	2:15.08	
	28.69	1:03.02 (34.33)	1:42.79 (39.77)	2:15.08 (32.29)		
23	Huang, Iliza	FR	Poolesville	2:16.27	2:16.16	
	29.27	1:03.81 (34.54)	1:44.91 (41.10)	2:16.16 (31.25)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 6 Girls 200 Yard IM)

	Name	Yr	School	Seed Time	Prelim Time
24	Hawman, Sora	SO	Rockville High School	2:14.23	2:16.20
	29.19	1:03.09 (33.90)	1:43.99 (40.90)	2:16.20 (32.21)	
25	Patel, Meera	FR	Poolesville	2:17.53	2:16.47
	30.06	1:02.97 (32.91)	1:45.06 (42.09)	2:16.47 (31.41)	
26	Gebre, Arriam	SR	MARET SCHOOL	2:14.32	2:16.99
	30.54	1:04.01 (33.47)	1:44.82 (40.81)	2:16.99 (32.17)	
27	Erkan, Sarah	FR	Poolesville	2:16.07	2:17.01
	29.44	1:04.76 (35.32)	1:45.47 (40.71)	2:17.01 (31.54)	
28	Lipman, Tessa	SO	Georgetown Day School	2:24.60	2:18.19
	29.68	1:06.16 (36.48)	1:45.40 (39.24)	2:18.19 (32.79)	
29	McCarty, Jacqueline	SR	Walter Johnson High School	2:19.83	2:18.29
	30.65	1:04.54 (33.89)	1:45.68 (41.14)	2:18.29 (32.61)	
30	Williams, Jill	SR	Sherwood Warriors	2:12.81	2:18.33
	29.18	1:05.73 (36.55)	1:45.41 (39.68)	2:18.33 (32.92)	
31	Matthews, Naomi	SO	St. John's College High School	2:20.37	2:18.85
	29.60	1:06.07 (36.47)	1:46.02 (39.95)	2:18.85 (32.83)	
32	Heitzmann, Lily	SO	Richard Montgomery Swim & Dive	2:21.58	2:19.37
	30.56	1:06.74 (36.18)	1:47.19 (40.45)	2:19.37 (32.18)	
33	Krupinski, Grace	SR	Bethesda-Chevy Chase HS	2:18.65	2:19.88
	29.43	1:04.91 (35.48)	1:47.30 (42.39)	2:19.88 (32.58)	
34	DeBacker, Leila	FR	Montgomery Blair Swim & Dive	2:22.88	2:20.29
	31.45	1:04.86 (33.41)	1:48.77 (43.91)	2:20.29 (31.52)	
35	Ma, Enya	JR	Montgomery Blair Swim & Dive	2:18.51	2:20.33
	29.72	1:07.66 (37.94)	1:48.02 (40.36)	2:20.33 (32.31)	
36	Floyd, Sofie	SO	Sherwood Warriors	2:20.87	2:20.34
	30.64	1:08.40 (37.76)	1:47.75 (39.35)	2:20.34 (32.59)	
37	Braden, Cara	SO	Stone Ridge	2:22.05	2:20.88
	30.49	1:04.49 (34.00)	1:49.03 (44.54)	2:20.88 (31.85)	
38	Lopez Murphy, Emilia	FR	Sidwell Friends School	2:22.59	2:21.25
	28.80	1:05.09 (36.29)	1:48.30 (43.21)	2:21.25 (32.95)	
39	Pauw, Katherina	JR	Walter Johnson High School	2:22.52	2:21.56
	30.95	1:06.91 (35.96)	1:49.49 (42.58)	2:21.56 (32.07)	
40	Cutter, Abigail	JR	Rockville High School	2:18.27	2:22.11
	31.52	1:08.40 (36.88)	1:49.99 (41.59)	2:22.11 (32.12)	
41	Gallagher, Lilah	FR	Georgetown Visitation	2:15.37	2:22.35
	30.53	1:07.07 (36.54)	1:48.01 (40.94)	2:22.35 (34.34)	
42	Dantas, Maya	FR	Walt Whitman HS Swim and Dive	2:25.47	2:23.02
	30.19	1:06.83 (36.64)	1:50.41 (43.58)	2:23.02 (32.61)	
43	Rogers, Lily	SR	The Holton-Arms School	2:23.15	2:23.41
	29.91	1:07.01 (37.10)	1:48.14 (41.13)	2:23.41 (35.27)	
44	Eisenhart, Abigail	SO	Gaithersburg High School	2:24.94	2:23.82
	32.48	1:09.77 (37.29)	1:52.41 (42.64)	2:23.82 (31.41)	
45	Luse, Elizabeth	9	Blake Bengals	2:24.62	2:23.99
	29.65	1:06.07 (36.42)	1:50.89 (44.82)	2:23.99 (33.10)	
46	Patterson, Brooke	SR	Bethesda-Chevy Chase HS	2:19.51	2:24.68
	30.08	1:06.97 (36.89)	1:51.60 (44.63)	2:24.68 (33.08)	
47	Kertajaya, Evelyn	SR	Winston Churchill	2:23.37	2:25.29
	31.07	1:07.06 (35.99)	1:50.92 (43.86)	2:25.29 (34.37)	
48	Kuzmenko, Kristina	JR	Poolesville	2:22.89	2:25.35
	32.03	1:07.92 (35.89)	1:51.81 (43.89)	2:25.35 (33.54)	
49	Yan, Brianna	SO	Wootton Swimming and Diving	2:21.66	2:30.35
	32.28	1:10.19 (37.91)	1:54.21 (44.02)	2:30.35 (36.14)	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 6 Girls 200 Yard IM)

Name	Yr	School	Seed Time	Prelim Time
--- Arias, Samantha	SR	Gaithersburg High School	2:19.85	DQ
--- Randsmith, Saxon		Washington International	2:14.37	DFS

Event 7 Boys 50 Yard Freestyle

METROS: 19.85 M 2/11/2012 Jack Conger Good Counsel
20.38 AAAU
20.74 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Vanas, Andrew	SR	GEORGETOWN PREPARATORY SCHOC	20.85	20.55	AAAC 24
2 Mettler, Colton	JR	Quince Orchard High School	21.03	20.67	AAAC 21
3 Ericson, Selim	FR	DeMatha Catholic High School	21.35	20.84	20
4 Fisher, Patrick	SO	Gonzaga College High School	21.04	20.93	19
5 Zhou, Shuyu	27	St. Albans School	21.23	21.15	18
6 Hanson, Gabriel	SO	GEORGETOWN PREPARATORY SCHOC	21.28	21.21	17
7 Lee, Ethan	SR	Poolesville	21.79	21.35	16
8 Hughes, Johnny	SR	GEORGETOWN PREPARATORY SCHOC	21.34	21.37	15
9 Starr, Graham	SR	Walt Whitman HS Swim and Dive	21.80	21.77	14
10 Germosen, Jeremiah	FR	Our Lady of Good Counsel	21.60	21.78	13
B - Final					
11 DeLellis, JD	SR	The Heights School	21.81	21.59	11
12 Tovornik, Jackson	JR	Gonzaga College High School	21.98	21.75	9
13 Watts, Abraham	SR	DeMatha Catholic High School	21.86	21.84	8
14 Hersey, Grayson	SR	DeMatha Catholic High School	21.90	21.93	7
15 Roscetti, Nicholas	SO	Landon School Varsity Swimming	22.11	22.08	6
16 Phillips, Dain		Walter Johnson High School	22.30	22.15	5
17 Ferrara, Eli	SR	Poolesville	22.31	22.26	4
18 Cobb, Jason	JR	Our Lady of Good Counsel	22.31	22.47	3
19 Bagshaw, Maxwell		Walter Johnson High School	22.35	22.59	2
20 Ginsburg, Jonah	SR	Winston Churchill	22.01	22.95	1

Event 7 Boys 50 Yard Freestyle

METROS: 19.85 M 2/11/2012 Jack Conger Good Counsel
20.38 AAAU
20.74 AAAC

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Vanas, Andrew	SR	GEORGETOWN PREPARATORY SCHOC	20.51	20.85 q
2 Mettler, Colton	JR	Quince Orchard High School	21.41	21.03 q
3 Fisher, Patrick	SO	Gonzaga College High School	21.35	21.04 q
4 Zhou, Shuyu	27	St. Albans School	21.54	21.23 q
5 Hanson, Gabriel	SO	GEORGETOWN PREPARATORY SCHOC	21.45	21.28 q
6 Hughes, Johnny	SR	GEORGETOWN PREPARATORY SCHOC	21.87	21.34 q
7 Ericson, Selim	FR	DeMatha Catholic High School	20.91	21.35 q
8 Germosen, Jeremiah	FR	Our Lady of Good Counsel	21.55	21.60 q
9 Lee, Ethan	SR	Poolesville	22.03	21.79 q
10 Starr, Graham	SR	Walt Whitman HS Swim and Dive	21.81	21.80 q
11 DeLellis, JD	SR	The Heights School	21.54	21.81 q
12 Watts, Abraham	SR	DeMatha Catholic High School	21.83	21.86 q
13 Hersey, Grayson	SR	DeMatha Catholic High School	21.98	21.90 q

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 7 Boys 50 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
14	Tovornik, Jackson	JR	Gonzaga College High School	21.97	21.98	q
15	Ginsburg, Jonah	SR	Winston Churchill	22.76	22.01	q
16	Roscetti, Nicholas	SO	Landon School Varsity Swimming	22.13	22.11	q
17	Phillips, Dain		Walter Johnson High School	22.20	22.30	q
*18	Cobb, Jason	JR	Our Lady of Good Counsel	21.99	22.31	q
*18	Ferrara, Eli	SR	Poolesville	21.82	22.31	q
20	Bagshaw, Maxwell		Walter Johnson High School	22.30	22.35	q
21	Lepre, William	JR	The Heights School	22.37	22.42	
22	Parfomak, Kasper	JR	Gonzaga College High School	21.92	22.42	
*23	Pevzner, Daniel	JR	Bethesda-Chevy Chase HS	22.45	22.49	
*23	Conte, Antonio	SR	Northwest High School	22.87	22.49	
25	Andrews, David	JR	Winston Churchill	23.40	22.53	
26	Xu, Joseph	FR	Richard Montgomery Swim & Dive	22.90	22.55	
27	Jenkins, Ari	SR	DeMatha Catholic High School	22.37	22.56	
28	Kim, Aidan	29	St. Albans School	23.03	22.58	
29	Nagao, Kazuki	SR	Quince Orchard High School	22.84	22.60	
30	Suh, Alex	26	St. Albans School	22.41	22.61	
31	Liu, Aiden	FR	Winston Churchill	22.90	22.64	
32	Ross, Stewart	FR	Bethesda-Chevy Chase HS	23.22	22.77	
33	Schestopol, Bram	SO	MARET SCHOOL	22.73	22.82	
34	Conley, Padraig	SR	Richard Montgomery Swim & Dive	23.28	22.83	
35	Greer, Christian		Walter Johnson High School	22.76	22.85	
*36	Hanson, Timothy	SR	Our Lady of Good Counsel	23.27	22.87	
*36	Fleming, Colton		Basis DC	22.84	22.87	
38	Portner, Sullivan	SO	St. Andrew's Episcopal School	22.77	22.89	
39	Lee, Seine	FR	Winston Churchill	23.01	22.98	
40	Humphreys, Colby	SO	Walter Johnson High School	23.03	22.99	
41	Finberg, Matthias	JR	Montgomery Blair Swim & Dive	22.76	23.02	
42	Windt, Aleksander	JR	Albert Einstein High School	23.75	23.05	
43	Ford, Lucas	JR	Montgomery Blair Swim & Dive	23.00	23.11	
44	Doh, Jacob	JR	Quince Orchard High School	23.32	23.12	
45	Klump, Thomas	FR	The Heights School	23.29	23.14	
46	Woo, Dylan	FR	Wootton Swimming and Diving	22.95	23.18	
*47	Pettinato, Tomas		Washington International	23.17	23.19	
*47	Hammond, Dylan	FR	Northwest High School	22.09	23.19	
*49	Scherr, Aiden	SR	Wootton Swimming and Diving	22.90	23.22	
*49	Chalk, Kieran	26	St. Albans School	22.98	23.22	
51	Gorban, Lev	JR	Wootton Swimming and Diving	23.78	23.23	
52	Zhao, Andrew	SR	Montgomery Blair Swim & Dive	23.44	23.25	
53	Reyburn, John	SR	Gonzaga College High School	23.21	23.26	
54	Fayed, Jacob	SO	Landon School Varsity Swimming	23.21	23.28	
55	Stadelmann, Lucas	JR	The Heights School	23.35	23.32	
56	Opima, Ayden	SR	Sherwood Warriors	23.11	23.33	
57	Kreitz, Till	FR	Sherwood Warriors	23.44	23.47	
58	LaPlaca, Gian	SO	Landon School Varsity Swimming	23.53	23.58	
59	Ye, Anson	JR	Poolesville	23.19	23.60	
60	Pleasure, Zev	JR	Sherwood Warriors	23.53	23.61	
*61	Gerhardt, Logan	SO	Wheaton High School	23.69	23.67	
*61	Foster, Zackary	JR	St. John's College High School	23.76	23.67	
63	Dickens, Gregory	JR	Quince Orchard High School	23.57	23.80	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 7 Boys 50 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
64 Bravo, Rodrigo	SR	Walt Whitman HS Swim and Dive	23.69	23.87
*65 Hobson, Zachariah	SO	Walt Whitman HS Swim and Dive	23.57	23.91
*65 Tworkowski, Alec	JR	Our Lady of Good Counsel	23.53	23.91
67 Wong, Roland	SR	Damascus High School	23.71	24.11
68 Giffin, Henry	SR	Gaithersburg High School	23.64	24.13
69 Songu-Mbriwa, Nathanael	SR	St. Vincent Pallotti	23.54	24.17
70 Joug, Justin	SO	Wootton Swimming and Diving	23.66	24.31
--- Davis, Caleb	JR	Poolesville	23.22	DQ
--- Lindley, Connor	10	Blake Bengals	23.72	DFS

Event 8 Girls 50 Yard Freestyle

METROS: 22.69 M 2/7/2015 Caroline McTaggart Holton-Arms
23.06 AAAU
23.48 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Roemer, Samantha	SO	Stone Ridge	23.62	22.88	AAAU 24
2 Day, Gabrielle	JR	Bullis School	23.71	23.52	21
3 Cai, Anika	JR	Winston Churchill	24.12	23.74	20
4 Nishnianidze, Anna	SR	Wootton Swimming and Diving	24.33	24.03	19
5 Belknap, Penelope	JR	Walt Whitman HS Swim and Dive	24.40	24.24	18
6 Carswell, McKenna	SR	Northwest High School	24.64	24.26	17
7 Ji, KaiLi	SO	The Holton-Arms School	24.68	24.34	16
8 Ndu, Omannaya	SR	The Holton-Arms School	24.69	24.40	15
9 Tansey, Anne	FR	Colonel Zadok Magruder HS	24.69	24.49	14
10 Webb, Addison	SR	Stone Ridge	24.58	25.04	13
B - Final					
11 Young, Lindsay	SR	Montgomery Blair Swim & Dive	24.88	24.59	11
12 Hennelly, Samantha	SR	Damascus High School	24.84	24.71	9
13 Chen, Alexa	FR	Winston Churchill	24.97	24.94	8
14 Vickerman, Sofia	26	National Cathedral School	24.92	24.95	7
15 Johnson, Alexis	FR	Our Lady of Good Counsel	25.02	25.00	6
16 LaMotteo, Madison	SR	Our Lady of Good Counsel	24.80	25.05	5
17 Gallagher, Gabby	FR	Georgetown VIsitation	25.23	25.11	4
18 Ren, Samantha	SO	Richard Montgomery Swim & Dive	25.34	25.17	3
19 Regan, Madelyn	FR	St. John's College High School	25.39	25.29	2
20 Roscetti, Natalie	FR	The Holton-Arms School	25.39	25.36	1

Event 8 Girls 50 Yard Freestyle

METROS: 22.69 M 2/7/2015 Caroline McTaggart Holton-Arms
23.06 AAAU
23.48 AAAC

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Roemer, Samantha	SO	Stone Ridge	23.56	23.62 q
2 Day, Gabrielle	JR	Bullis School	23.50	23.71 q
3 Cai, Anika	JR	Winston Churchill	24.56	24.12 q
4 Nishnianidze, Anna	SR	Wootton Swimming and Diving	23.64	24.33 q
5 Belknap, Penelope	JR	Walt Whitman HS Swim and Dive	24.10	24.40 q
6 Webb, Addison	SR	Stone Ridge	24.66	24.58 q
7 Carswell, McKenna	SR	Northwest High School	24.66	24.64 q

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 8 Girls 50 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
8 Ji, KaiLi	SO	The Holton-Arms School	24.24	24.68	q
*9 Tansey, Anne	FR	Colonel Zadok Magruder HS	25.67	24.69	q
*9 Ndu, Omannaya	SR	The Holton-Arms School	24.21	24.69	q
11 LaMotteo, Madison	SR	Our Lady of Good Counsel	24.95	24.80	q
12 Hennelly, Samantha	SR	Damascus High School	24.91	24.84	q
13 Young, Lindsay	SR	Montgomery Blair Swim & Dive	25.06	24.88	q
14 Vickerman, Sofia	26	National Cathedral School	25.18	24.92	q
15 Chen, Alexa	FR	Winston Churchill	25.40	24.97	q
16 Johnson, Alexis	FR	Our Lady of Good Counsel	24.67	25.02	q
17 Gallagher, Gabby	FR	Georgetown Visitation	25.10	25.23	q
18 Ren, Samantha	SO	Richard Montgomery Swim & Dive	25.46	25.34	q
*19 Roscetti, Natalie	FR	The Holton-Arms School	25.41	25.39	q
*19 Regan, Madelyn	FR	St. John's College High School	25.60	25.39	q
21 Muoio, Adele	26	National Cathedral School	25.62	25.41	
22 Gaskins, Autumn	FR	Bishop McNamara High School	25.21	25.41	
23 Hmem, Rania	SR	Seneca Valley High School	24.67	25.50	
*24 Spano, Louisa	FR	Our Lady of Good Counsel	25.84	25.53	
*24 Grenham, Kaitlyn	SR	ACADEMY OF THE HOLY CROSS	25.44	25.53	
26 Lotsch, Maika	JR	Walt Whitman HS Swim and Dive	25.41	25.70	
27 Bailey, Alysa	JR	Walter Johnson High School	26.40	25.84	
*28 Zheng, Emma	JR	Bullis School	25.45	25.87	
*28 Huang, Sophie	SR	Poolesville	26.04	25.87	
30 McMurphy, Margaux	FR	Albert Einstein High School	26.10	25.89	
31 Mitin, Veronica	JR	Poolesville	25.37	25.90	
32 Henry, Paige	SR	Rockville High School	25.90	25.91	
33 Egwim, Tiffany	SR	Springbrook Swim and Dive Team	25.62	25.92	
34 Chu-Roxas, Aimee	JR	Winston Churchill	26.26	25.97	
35 Moehring, Molly	FR	Our Lady of Good Counsel	25.66	26.00	
36 Mongelli, Megan	SR	ACADEMY OF THE HOLY CROSS	25.64	26.01	
37 Zalalutdinov, Darya	SR	Montgomery Blair Swim & Dive	25.61	26.05	
38 Simon, Olivia	SO	Bullis School	25.70	26.11	
39 Baillie, Lily	SO	Rockville High School	26.06	26.14	
40 Conroy, Caroline	FR	Walt Whitman HS Swim and Dive	26.57	26.16	
41 Velasquez, Alesandra	SO	Sherwood Warriors	25.65	26.19	
42 Marino, Augusta	SO	Stone Ridge	25.94	26.22	
43 Lang, Graciela	SO	St. John's College High School	26.22	26.24	
44 Yan, Alisia	SO	Wootton Swimming and Diving	26.46	26.29	
45 Waterman, Emma	FR	Bullis School	26.53	26.31	
46 Wang, Felicia	SR	Wootton Swimming and Diving	26.28	26.56	
*47 Parsons, Kiera	SR	Elizabeth Seton Varsity Swim	26.59	26.62	
*47 Bangert, Anna	SR	Walter Johnson High School	25.53	26.62	
49 Trang, Kimberley	12	Blake Bengals	26.05	26.66	
50 Cisse, Mouneissa	FR	Richard Montgomery Swim & Dive	26.53	26.69	
51 Erazo, Mikaila	JR	Damascus High School	26.46	26.72	
*52 Walton, Lilian		Washington Latin	26.59	26.75	
*52 Ng, Henna	SO	Montgomery Blair Swim & Dive	26.49	26.75	
54 Podlesny, Nina	SO	Quince Orchard High School	26.51	26.77	
55 Mendizabal, Malia	SO	Bethesda-Chevy Chase HS	26.42	26.80	
56 Ross, Magdalene	FR	St. John's College High School	26.15	26.82	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 8 Girls 50 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
57 Sha, Anabel	SR	Poolesville	26.54	26.89
58 Dedolph, Charlotte	JR	Bethesda-Chevy Chase HS	26.08	26.91
59 Kelly, Andrea	JR	St. John's College High School	26.48	26.94
60 Quiroga, Maya	SR	Sherwood Warriors	26.47	27.23
61 Rampulla, Maya	JR	Walt Whitman HS Swim and Dive	26.26	27.35
62 Hooker, Marion	FR	Wheaton High School	25.39	28.06
--- Nichols, Annalise	SR	Albert Einstein High School	26.31	DQ

Event 9 Boys 1 mtr Diving

METROS: 596.25 M 2/4/2015		John Crow	BCC		
Name	Yr	School		Finals Score	Points
1 Imirowicz, Dylan	SR	Bethesda-Chevy Chase HS	NP	493.00	24
2 Amprey, Beau	SO	Sidwell Friends School	NP	484.25	21
3 Shannon, George	SR	Landon School Varsity Swimming	NP	471.20	20
4 Zimsky, Dylan	JR	Bullis School	NP	439.75	19
5 Saberi, Tobias	SO	Walt Whitman HS Swim and Dive	NP	425.80	18
6 Landreth, Luke	SO	Sherwood Warriors	NP	408.40	17
7 Saberi, Zakariya	SR	Walt Whitman HS Swim and Dive	NP	381.35	16
8 White, Cooper	SO	Our Lady of Good Counsel	NP	357.85	15
9 Pinkus, Jack	SO	Potomac School Swim Team	NP	342.25	14
10 Hsu, Delaney	FR	Walt Whitman HS Swim and Dive	NP	333.10	13
11 Thomson, Gavin	SR	Gonzaga College High School	NP	328.60	11
12 Lawlor, Aidan	SR	Montgomery Blair Swim & Dive	NP	269.55	9
13 Fry, Patrick	JR	St. John's College High School	NP	267.60	8
14 Campbell, Everett	SR	Walt Whitman HS Swim and Dive	NP	261.20	7
15 Valencia, Alec	JR	Gonzaga College High School	NP	258.50	6
16 Fry, Daniel	SO	St. John's College High School	NP	256.15	5
17 Angelides, Theodore	JR	Landon School Varsity Swimming	NP	248.20	4
18 Smith, Caiden	11	Blake Bengals	NP	246.45	3
19 Luo, James	SR	Richard Montgomery Swim & Dive	NP	239.75	2
20 McCarthy, Henry	SO	Landon School Varsity Swimming	NP	227.30	1
21 Iorio, Antonio	SR	Damascus High School	NP	169.15	
22 Thomas, Liam	FR	St. John's College High School	NP	167.10	
23 Hutt, Ryan	SO	Gonzaga College High School	NP	165.75	
24 Gonzalez-Divett, Kaleo	JR	Albert Einstein High School	NP	149.30	
25 Warshauer, Chase	JR	Seneca Valley High School	NP	107.05	
26 Ferris, Michael	JR	Bethesda-Chevy Chase HS	NP	105.90	
27 Manfreda, Nicholas	FR	GEORGETOWN PREPARATORY SCHOC	NP	104.75	
28 Bajoghli, Darius	27	St. Albans School	NP	101.95	
29 Pucci, Charles	SR	Montgomery Blair Swim & Dive	NP	97.00	
30 Dewing, Colton	SR	Damascus High School	NP	95.45	
31 Bynum, Samuel	SR	Landon School Varsity Swimming	NP	94.25	
32 Keplinger, Andrew	JR	DeMatha Catholic High School	NP	93.95	
33 Roszkowski, William	SR	Albert Einstein High School	NP	92.40	
34 Teague, Charlie	FR	GEORGETOWN PREPARATORY SCHOC	NP	89.90	
35 Prudenti, Ryan	SR	Sherwood Warriors	NP	88.70	
36 Wooters, Carter	SO	Gonzaga College High School	NP	87.30	
37 Edmonds-Moore, James	SO	Albert Einstein High School	NP	86.75	
38 Orellana, Marco	FR	Colonel Zadok Magruder HS	NP	86.35	
39 Gerlach-Mack, Lucas	SR	Bethesda-Chevy Chase HS	NP	86.05	
40 Haley, Connor	FR	Damascus High School	NP	85.15	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

(Event 9 Boys 1 mtr Diving)

	Name	Yr	School		Finals Score	Points
41	Madison, Chase	FR	Sherwood Warriors	NP	83.25	
42	Solomon, Micah	JR	Bethesda-Chevy Chase HS	NP	78.25	
43	Whitman, Jacob	SO	Our Lady of Good Counsel	NP	76.95	
44	Murray, Sean	SO	GEORGETOWN PREPARATORY SCHOC	NP	76.40	
45	Barnes, Evan	SO	Clarksburg High School	NP	73.60	
46	Moitoza, Evan	SR	Seneca Valley High School	NP	69.40	
---	Lee, Jonah	JR	Richard Montgomery Swim & Dive	NP	DQ	

Event 10 Girls 1 mtr Diving

METROS: 512.10 M 2/8/2007		Meg Hostage		Holy Cross		
	Name	Yr	School		Finals Score	Points
1	Pantezzi, Elise	SR	Quince Orchard High School	NP	411.60	24
2	Williams, Kaarina	SR	Walt Whitman HS Swim and Dive	NP	392.40	21
3	Brenner, Eden	SR	Bethesda-Chevy Chase HS	NP	378.65	20
4	Anttila Dotson, Eleanor	SO	Rockville High School	NP	378.10	19
5	Silvola, Briley	SO	Walt Whitman HS Swim and Dive	NP	355.90	18
6	Bruce, Sophie	SO	Albert Einstein High School	NP	346.45	17
7	Congdon, Brynn	SO	Poolesville	NP	321.30	16
8	Koonce, Caroline	SO	Walt Whitman HS Swim and Dive	NP	307.55	15
9	Moffitt, Avery Clare	SR	Bethesda-Chevy Chase HS	NP	302.80	14
10	Berik, Olivia	FR	Georgetown Visitation	NP	284.35	13
11	Majorowitz, Keira	JR	Albert Einstein High School	NP	274.10	11
12	O'Connor, Lucia	SO	St. John's College High School	NP	265.60	9
13	Levi, Madison	SO	Bethesda-Chevy Chase HS	NP	264.60	8
14	Seiler, Eliana	SR	Bethesda-Chevy Chase HS	NP	256.90	7
15	Campbell, Anya	SR	Walt Whitman HS Swim and Dive	NP	251.75	6
16	Rudick, Julia	SR	The Holton-Arms School	NP	248.75	5
17	Kraft, Allison	SO	Sherwood Warriors	NP	236.55	4
18	Goodrich, Mayzie	JR	Damascus High School	NP	221.95	3
19	Kaizer, Madeline	SR	Bullis School	NP	199.75	2
20	Henderson, Ella	SR	The Holton-Arms School	NP	166.60	1
21	Wilson, Inanna	JR	Winston Churchill	NP	164.30	
22	Haag, Amelia	JR	Stone Ridge	NP	162.75	
23	Chege, Sanaa	SR	Seneca Valley High School	NP	158.25	
24	Moxley, Samara	JR	Gaithersburg High School	NP	109.60	
25	Tang, Isabel	SR	Wootton Swimming and Diving	NP	107.55	
26	Crosby, Jacquelyn	JR	Richard Montgomery Swim & Dive	NP	106.55	
27	Moore, Madigan	SO	Colonel Zadok Magruder HS	NP	106.05	
28	Tracy, Riley	26	National Cathedral School	NP	105.45	
29	Smiddy, Maya	JR	Damascus High School	NP	104.20	
30	Schneider, Amelia	FR	Poolesville	NP	104.00	
31	Pisula, Casimir	JR	The Holton-Arms School	NP	103.55	
32	Green, Olivia	SR	Albert Einstein High School	NP	103.25	
33	Kaplan, Shai	SO	Richard Montgomery Swim & Dive	NP	102.45	
34	Pishvaian, Joya	SO	Winston Churchill	NP	99.45	
35	Ryba, Joy	SR	Colonel Zadok Magruder HS	NP	95.95	
36	Van Praagh, Sophia	SR	Montgomery Blair Swim & Dive	NP	95.55	
37	Christy, Kaya	SR	Wheaton High School	NP	95.40	
38	Lusby, Drew	JR	Our Lady of Good Counsel	NP	95.35	
39	McCallum, Emily	SO	St. John's College High School	NP	94.70	
40	Tawney, Joelle	SO	John F. Kennedy High School	NP	93.95	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

(Event 10 Girls 1 mtr Diving)

	<u>Name</u>	<u>Yr</u>	<u>School</u>		<u>Finals Score</u>	<u>Points</u>
41	Christakis, Charlotte	JR	ACADEMY OF THE HOLY CROSS	NP	93.50	
42	Fromm, Katie	27	National Cathedral School	NP	92.95	
43	Kingsley, Imogen	JR	Clarksburg High School	NP	89.15	
44	Goodrich, Leilah	FR	Damascus High School	NP	83.85	
45	Widjaja, Jocelyne	SR	Wootton Swimming and Diving	NP	82.95	
46	Funk, Luella	SO	Wheaton High School	NP	81.20	
47	Johnston, Sydney	FR	Our Lady of Good Counsel	NP	74.90	
48	Roberts, Emmanuelle	JR	John F. Kennedy High School	NP	66.60	
49	Hurt, Evelyn	SR	Watkins Mill	NP	59.50	
50	Guerra Acosta, Odry	JR	John F. Kennedy High School	NP	37.75	
---	Walsh, Caileigh	SO	Stone Ridge	NP	DQ	

Event 11 Boys 100 Yard Butterfly

METROS: 47.32 M 2/11/2023 Adriano Arioti Georgetown Day
48.38 AAAU
49.37 AAAC

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Prelim Time</u>	<u>Finals Time</u>	<u>Points</u>
A - Final						
1	Jungbluth, Alexander	JR	DeMatha Catholic High School	49.43	48.31	AAAU 24
	22.95		48.31 (25.36)			
2	Morgan, Kirk	JR	Gonzaga College High School	49.30	48.55	AAAC 21
	22.65		48.55 (25.90)			
3	Knapp, Lucas	SR	Walter Johnson High School	48.86	48.81	AAAC 20
	22.81		48.81 (26.00)			
4	Fontana, Rafa	FR	GEORGETOWN PREPARATORY SCHOC	50.72	49.73	19
	23.42		49.73 (26.31)			
5	Ancheta, Guillermo	SR	Northwest High School	51.06	49.91	18
	23.24		49.91 (26.67)			
6	Kueh, Michael	SR	Wootton Swimming and Diving	51.15	50.63	17
	24.42		50.63 (26.21)			
7	Ericson, Selim	FR	DeMatha Catholic High School	51.42	50.94	16
	23.63		50.94 (27.31)			
8	Anderson, Sean	JR	Winston Churchill	51.40	50.98	15
	23.50		50.98 (27.48)			
9	Jiminez, Patrick	SR	Sidwell Friends School	51.85	51.52	14
	24.16		51.52 (27.36)			
10	Makepeace, Archer	SR	Gonzaga College High School	51.80	52.21	13
	24.20		52.21 (28.01)			
B - Final						
11	Roscetti, Nicholas	SO	Landon School Varsity Swimming	51.88	51.52	11
	24.47		51.52 (27.05)			
12	Soles, Isaac	JR	Poolesville	52.23	52.21	9
	24.56		52.21 (27.65)			
13	Rump, Brennan	FR	GEORGETOWN PREPARATORY SCHOC	52.98	52.27	8
	24.37		52.27 (27.90)			
14	Eshler, Dresden	JR	Clarksburg High School	52.76	52.31	7
	24.60		52.31 (27.71)			
15	Liu, Brandon	JR	Walt Whitman HS Swim and Dive	52.35	52.46	6
	24.31		52.46 (28.15)			
16	Friedman, Owen	SR	Walter Johnson High School	53.05	52.61	5
	24.73		52.61 (27.88)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

B - Final ... (Event 11 Boys 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time	Points
17 McKenna, Pierce	JR	Bethesda-Chevy Chase HS	52.98	52.70	4
24.66		52.70 (28.04)			
18 Germosen, Jeremiah	FR	Our Lady of Good Counsel	52.01	52.86	3
24.08		52.86 (28.78)			
19 Maready, Mason	SO	Sherwood Warriors	53.07	52.93	2
24.84		52.93 (28.09)			
20 Penn, Charlie	JR	Walt Whitman HS Swim and Dive	52.22	53.04	1
24.17		53.04 (28.87)			

Event 11 Boys 100 Yard Butterfly

METROS: 47.32 M 2/11/2023 Adriano Arioti
48.38 AAAU
49.37 AAAC

Georgetown Day

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Knapp, Lucas	SR	Walter Johnson High School	49.90	48.86	qAAAC
22.58		48.86 (26.28)			
2 Morgan, Kirk	JR	Gonzaga College High School	49.06	49.30	qAAAC
22.86		49.30 (26.44)			
3 Jungbluth, Alexander	JR	DeMatha Catholic High School	48.84	49.43	q
23.24		49.43 (26.19)			
4 Fontana, Rafa	FR	GEORGETOWN PREPARATORY SCHOC	50.11	50.72	q
23.69		50.72 (27.03)			
5 Ancheta, Guillermo	SR	Northwest High School	53.91	51.06	q
23.97		51.06 (27.09)			
6 Kueh, Michael	SR	Wootton Swimming and Diving	50.39	51.15	q
24.24		51.15 (26.91)			
7 Anderson, Sean	JR	Winston Churchill	52.09	51.40	q
23.79		51.40 (27.61)			
8 Ericson, Selim	FR	DeMatha Catholic High School	49.88	51.42	q
23.91		51.42 (27.51)			
9 Vaughn, Jordan	SR	DeMatha Catholic High School	51.05	51.59	q
23.77		51.59 (27.82)			
10 Makepeace, Archer	SR	Gonzaga College High School	51.67	51.80	q
24.30		51.80 (27.50)			
11 Jiminez, Patrick	SR	Sidwell Friends School	50.90	51.85	q
24.30		51.85 (27.55)			
12 Roscetti, Nicholas	SO	Landon School Varsity Swimming	51.79	51.88	q
24.44		51.88 (27.44)			
13 Germosen, Jeremiah	FR	Our Lady of Good Counsel	53.55	52.01	q
24.29		52.01 (27.72)			
14 Penn, Charlie	JR	Walt Whitman HS Swim and Dive	52.78	52.22	q
24.43		52.22 (27.79)			
15 Soles, Isaac	JR	Poolesville	53.57	52.23	q
24.34		52.23 (27.89)			
16 Liu, Brandon	JR	Walt Whitman HS Swim and Dive	52.69	52.35	q
24.54		52.35 (27.81)			
17 Eshler, Dresden	JR	Clarksburg High School	52.70	52.76	q
24.54		52.76 (28.22)			
*18 McKenna, Pierce	JR	Bethesda-Chevy Chase HS	53.89	52.98	q
24.79		52.98 (28.19)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 11 Boys 100 Yard Butterfly)

	Name	Yr	School	Seed Time	Prelim Time	
*18	Rump, Brennan	FR	GEORGETOWN PREPARATORY SCHOC	52.34	52.98	q
	25.01		52.98 (27.97)			
20	Friedman, Owen	SR	Walter Johnson High School	53.20	53.05	q
	24.92		53.05 (28.13)			
21	Maready, Mason	SO	Sherwood Warriors	54.33	53.07	
	24.70		53.07 (28.37)			
22	Windt, Aleksander	JR	Albert Einstein High School	53.27	53.30	
	25.23		53.30 (28.07)			
23	De Angelis, Pietro	SR	Wootton Swimming and Diving	53.40	53.32	
	25.07		53.32 (28.25)			
24	Ford, Lucas	JR	Montgomery Blair Swim & Dive	53.28	53.56	
	25.01		53.56 (28.55)			
*25	Pino, Dylan	FR	Wootton Swimming and Diving	54.40	54.15	
	25.16		54.15 (28.99)			
*25	Sparshott, Thomas	SR	Montgomery Blair Swim & Dive	52.85	54.15	
	25.91		54.15 (28.24)			
27	Henry, Robert	29	St. Albans School	54.66	54.41	
	25.91		54.41 (28.50)			
28	Hammond, Dylan	FR	Northwest High School	55.83	54.43	
	25.93		54.43 (28.50)			
29	Cantrell, William	26	St. Albans School	53.98	54.58	
	25.27		54.58 (29.31)			
30	Campello, Anderson	SO	Sidwell Friends School	55.77	54.67	
	25.54		54.67 (29.13)			
*31	Avalos, Ethan	SO	Bethesda-Chevy Chase HS	56.97	54.70	
	25.82		54.70 (28.88)			
*31	Beares, Gordon	JR	Landon School Varsity Swimming	55.10	54.70	
	25.27		54.70 (29.43)			
33	Stone, William	FR	Landon School Varsity Swimming	55.71	54.91	
	25.81		54.91 (29.10)			
34	Wong, Harrison	SR	Winston Churchill	56.31	54.97	
	25.98		54.97 (28.99)			
35	Maranchi, Krishan	JR	Poolesville	55.31	55.19	
	25.68		55.19 (29.51)			
*36	Vaonakis, Phoenix	11	Blake Bengals	54.51	55.29	
	26.13		55.29 (29.16)			
*36	Doh, Jacob	JR	Quince Orchard High School	57.43	55.29	
	25.94		55.29 (29.35)			
38	Zhao, Andrew	SR	Montgomery Blair Swim & Dive	54.97	55.30	
	25.23		55.30 (30.07)			
39	Diaz, Gary	JR	Walter Johnson High School	56.77	55.32	
	25.30		55.32 (30.02)			
*40	Marston, Samuel	JR	Damascus High School	59.28	55.34	
	25.79		55.34 (29.55)			
*40	Morris, Andrew	27	St. Albans School	56.65	55.34	
	25.59		55.34 (29.75)			
42	Doh, Justin	FR	Quince Orchard High School	56.13	55.40	
	25.87		55.40 (29.53)			
43	Thomas, Tripp	FR	DeMatha Catholic High School	55.11	55.44	
	25.79		55.44 (29.65)			
44	Arovas, Adrian	SR	Bethesda-Chevy Chase HS	56.27	55.47	
	25.63		55.47 (29.84)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 11 Boys 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time
45 Stelzer, Graham	JR	Richard Montgomery Swim & Dive	56.44	55.54
26.19		55.54 (29.35)		
46 Oskvig, Henry	FR	Walter Johnson High School	55.82	55.70
26.33		55.70 (29.37)		
47 Bryce, William	SO	Montgomery Blair Swim & Dive	57.21	55.75
26.13		55.75 (29.62)		
48 Mishkin, Aidan	JR	Winston Churchill	56.27	55.80
25.61		55.80 (30.19)		
49 Goldsborough, Evan	SO	Winston Churchill	58.60	55.81
25.69		55.81 (30.12)		
50 Tucker, Robert	JR	Colonel Zadok Magruder HS	56.26	55.96
25.58		55.96 (30.38)		
51 Gooch, Oliver	SR	Gonzaga College High School	55.57	56.13
25.79		56.13 (30.34)		
52 Tian, Brandon	JR	Poolesville	58.94	56.23
25.81		56.23 (30.42)		
53 Esquenet, Charles	SR	GEORGETOWN PREPARATORY SCHOC	55.91	56.51
26.13		56.51 (30.38)		
54 Li, Ryan	FR	Georgetown Day School	58.99	56.52
27.49		56.52 (29.03)		
55 Guyer, Alexander	FR	Bethesda-Chevy Chase HS	56.71	56.54
27.27		56.54 (29.27)		
56 Fortunato, Chase	FR	Walt Whitman HS Swim and Dive	57.97	56.79
26.92		56.79 (29.87)		
57 Badmus, Nathan	SO	Walt Whitman HS Swim and Dive	57.06	56.92
25.95		56.92 (30.97)		
58 Eloshway, Luke	SR	Our Lady of Good Counsel	56.33	57.03
26.25		57.03 (30.78)		
59 Fry, Daniel	SO	St. John's College High School	58.00	57.11
26.87		57.11 (30.24)		
60 Doan, Kevin	SR	Richard Montgomery Swim & Dive	57.10	57.20
26.45		57.20 (30.75)		
61 Wong, Vincent	SO	Damascus High School	58.09	57.28
26.53		57.28 (30.75)		
62 Zhao, Jingwei	FR	Poolesville	57.53	57.63
26.69		57.63 (30.94)		
63 Ngo, Henry	JR	Sherwood Warriors	57.30	57.75
26.72		57.75 (31.03)		
64 Hybl, Zyad Phoenix	SR	Seneca Valley High School	57.57	57.81
27.41		57.81 (30.40)		
65 Smyth, Loki	JR	Rockville High School	57.93	57.93
26.61		57.93 (31.32)		
66 Watkins, William	JR	Rockville High School	58.77	58.00
27.17		58.00 (30.83)		
67 Magee, Benjamin	SR	The Heights School	57.67	58.14
26.77		58.14 (31.37)		
68 George, Lincoln	FR	GEORGETOWN PREPARATORY SCHOC	58.91	58.22
27.21		58.22 (31.01)		
69 Reyburn, John	SR	Gonzaga College High School	57.29	58.38
26.27		58.38 (32.11)		
70 Nguyen, Thien Trieu	SR	Springbrook Swim and Dive Team	57.85	58.49
26.41		58.49 (32.08)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 11 Boys 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time
71 Rhee, Alexander	SO	St. John's College High School	58.97	58.77
26.98		58.77 (31.79)		
72 Artino, Aiden	FR	Quince Orchard High School	59.40	58.80
27.56		58.80 (31.24)		
73 Theos, Christopher	JR	Richard Montgomery Swim & Dive	57.74	58.97
26.02		58.97 (32.95)		
74 Honigfort, Erik	JR	Rockville High School	58.84	59.68
28.06		59.68 (31.62)		
75 Jiang, Spencer	SR	Clarksburg High School	57.41	1:00.37
27.26		1:00.37 (33.11)		
--- Sweeney, Sean	JU	St. Andrew's Episcopal School	59.47	DQ
--- Gerhardt, Logan	SO	Wheaton High School	58.01	DFS

Event 12 Girls 100 Yard Butterfly

METROS: 52.91 M 2/10/2018 Phoebe Bacon Stone Ridge
54.29 AAAU
55.44 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Kaiser, Gabriela	SR	Winston Churchill	56.65	55.39	AAAC 24
26.04		55.39 (29.35)			
2 Cai, Anika	JR	Winston Churchill	56.32	55.45	21
25.83		55.45 (29.62)			
3 Bishop, Lexie	SO	St. John's College High School	56.34	55.70	20
26.06		55.70 (29.64)			
4 Hammond, Hailey	SR	Bethesda-Chevy Chase HS	55.72	55.93	19
25.84		55.93 (30.09)			
5 Yang, Julie		Walt Whitman HS Swim and Dive	57.10	56.01	18
26.21		56.01 (29.80)			
6 Carswell, McKenna	SR	Northwest High School	57.41	56.34	17
26.27		56.34 (30.07)			
7 Xiao, Alice	SN	St. Andrew's Episcopal School	56.86	56.63	16
26.19		56.63 (30.44)			
8 Inman, Madeleine	JR	Our Lady of Good Counsel	57.47	56.76	15
26.41		56.76 (30.35)			
9 McGee, Zoe	SR	Walter Johnson High School	57.42	57.14	14
26.96		57.14 (30.18)			
10 Rushton, Harper	JR	Stone Ridge	57.77	57.58	13
27.18		57.58 (30.40)			
B - Final					
11 Mason, Izabella	FR	Wheaton High School	58.38	57.75	11
27.03		57.75 (30.72)			
12 Groves, Caitlin	JR	Walt Whitman HS Swim and Dive	58.48	58.50	9
27.84		58.50 (30.66)			
13 Liu, Ashley	SO	Walt Whitman HS Swim and Dive	58.85	58.88	8
27.88		58.88 (31.00)			
14 Crown, Ella	SR	Northwest High School	59.78	58.95	7
27.19		58.95 (31.76)			
15 Smith, Ginny		Basis DC	59.84	59.01	6
27.92		59.01 (31.09)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

B - Final ... (Event 12 Girls 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Block, Jessica		Jackson-Reed High School	59.89	59.27	5
27.42	59.27 (31.85)				
17 Chen, Alexa	FR	Winston Churchill	59.77	59.81	4
27.97	59.81 (31.84)				
18 Marks, Stephanie	SR	Quince Orchard High School	59.56	59.82	3
28.19	59.82 (31.63)				
19 Hennelly, Samantha	SR	Damascus High School	59.76	1:00.80	2
27.86	1:00.80 (32.94)				
20 Wexler, Hannah	FR	The Holton-Arms School	1:00.03	1:01.73	1
28.92	1:01.73 (32.81)				

Event 12 Girls 100 Yard Butterfly

METROS: 52.91 M 2/10/2018 Phoebe Bacon
54.29 AAAU
55.44 AAAC

Stone Ridge

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Hammond, Hailey	SR	Bethesda-Chevy Chase HS	56.28	55.72	q
26.24	55.72 (29.48)				
2 Cai, Anika	JR	Winston Churchill	57.29	56.32	q
26.57	56.32 (29.75)				
3 Bishop, Lexie	SO	St. John's College High School	55.69	56.34	q
26.50	56.34 (29.84)				
4 Kaiser, Gabriela	SR	Winston Churchill	57.25	56.65	q
26.66	56.65 (29.99)				
5 Xiao, Alice	SN	St. Andrew's Episcopal School	56.87	56.86	q
26.72	56.86 (30.14)				
6 Yang, Julie		Walt Whitman HS Swim and Dive	56.39	57.10	q
26.96	57.10 (30.14)				
7 Carswell, McKenna	SR	Northwest High School	57.81	57.41	q
26.98	57.41 (30.43)				
8 McGee, Zoe	SR	Walter Johnson High School	57.03	57.42	q
27.34	57.42 (30.08)				
9 Inman, Madeleine	JR	Our Lady of Good Counsel	56.65	57.47	q
26.98	57.47 (30.49)				
10 Rushton, Harper	JR	Stone Ridge	57.28	57.77	q
27.27	57.77 (30.50)				
11 Mason, Izabella	FR	Wheaton High School	59.65	58.38	q
27.84	58.38 (30.54)				
12 Groves, Caitlin	JR	Walt Whitman HS Swim and Dive	58.62	58.48	q
27.91	58.48 (30.57)				
13 Liu, Ashley	SO	Walt Whitman HS Swim and Dive	58.97	58.85	q
27.25	58.85 (31.60)				
14 Marks, Stephanie	SR	Quince Orchard High School	59.62	59.56	q
28.48	59.56 (31.08)				
15 Hennelly, Samantha	SR	Damascus High School	59.90	59.76	q
27.92	59.76 (31.84)				
16 Chen, Alexa	FR	Winston Churchill	1:02.28	59.77	q
28.76	59.77 (31.01)				
17 Crown, Ella	SR	Northwest High School	1:02.18	59.78	q
27.91	59.78 (31.87)				

2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC

SWIMMING AND DIVING CHAMPIONSHIPS

Results

Preliminaries ... (Event 12 Girls 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time	
18 Smith, Ginny		Basis DC	1:02.48	59.84	q
28.44	59.84	(31.40)			
19 Block, Jessica		Jackson-Reed High School	59.79	59.89	q
27.85	59.89	(32.04)			
20 Wexler, Hannah	FR	The Holton-Arms School	1:01.49	1:00.03	q
28.47	1:00.03	(31.56)			
21 Zhou, Elly	SO	Winston Churchill	1:00.21	1:00.06	
28.16	1:00.06	(31.90)			
22 Huang, Iliza	FR	Poolesville	59.56	1:00.11	
28.19	1:00.11	(31.92)			
23 Ren, Samantha	SO	Richard Montgomery Swim & Dive	1:02.04	1:00.15	
28.60	1:00.15	(31.55)			
24 Long, Piper	SN	St. Andrew's Episcopal School	59.06	1:00.20	
28.40	1:00.20	(31.80)			
25 She, Vivian	JR	Poolesville	1:00.66	1:00.66	
27.74	1:00.66	(32.92)			
26 Conrad, Addison	SO	Our Lady of Good Counsel	59.65	1:00.73	
28.13	1:00.73	(32.60)			
27 Williams, Jill	SR	Sherwood Warriors	59.38	1:00.82	
29.14	1:00.82	(31.68)			
28 Chen, Elizabeth	JR	Wootton Swimming and Diving	1:00.13	1:00.99	
28.38	1:00.99	(32.61)			
29 Thomas, Ellery	FR	The Holton-Arms School	1:00.27	1:01.01	
27.75	1:01.01	(33.26)			
30 Roscetti, Natalie	FR	The Holton-Arms School	1:00.07	1:01.30	
28.23	1:01.30	(33.07)			
31 Szubert, Dorota	JR	Richard Montgomery Swim & Dive	1:04.18	1:01.72	
27.91	1:01.72	(33.81)			
32 Lopez Murphy, Emilia	FR	Sidwell Friends School	1:02.46	1:02.41	
29.77	1:02.41	(32.64)			
33 Luse, Elizabeth	9	Blake Bengals	1:01.96	1:02.80	
29.00	1:02.80	(33.80)			
*34 Fletcher, Leah		Jackson-Reed High School	1:01.26	1:02.86	
29.48	1:02.86	(33.38)			
*34 Mendizabal, Malia	SO	Bethesda-Chevy Chase HS	59.93	1:02.86	
29.29	1:02.86	(33.57)			
36 Floyd, Elle	SR	Sherwood Warriors	1:02.50	1:02.91	
30.05	1:02.91	(32.86)			
37 Kemp, Josie	JR	Our Lady of Good Counsel	1:02.93	1:03.01	
29.13	1:03.01	(33.88)			
38 Young, Lauren	FR	Montgomery Blair Swim & Dive	1:02.71	1:03.03	
29.67	1:03.03	(33.36)			
39 Harms, Sofia	JR	Sidwell Friends School	1:01.16	1:03.18	
29.48	1:03.18	(33.70)			
40 Ahyick Wong, Ashley	SR	Walter Johnson High School	1:03.75	1:03.30	
28.98	1:03.30	(34.32)			
41 Lopez Murphy, Malena	SO	Sidwell Friends School	1:03.18	1:03.87	
30.26	1:03.87	(33.61)			
42 Matthews, Naomi	SO	St. John's College High School	1:05.28	1:04.05	
29.73	1:04.05	(34.32)			
43 Holtz, Nadia	SR	Bethesda-Chevy Chase HS	1:04.25	1:04.20	
30.83	1:04.20	(33.37)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 12 Girls 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time
44 Peterson, Grace	FR	Our Lady of Good Counsel	1:01.09	1:04.25
29.11				1:04.25 (35.14)
45 Harvey, Ellis	SO	Walter Johnson High School	1:05.43	1:04.57
30.30				1:04.57 (34.27)
46 Bayona-Alvarez, Laura	FR	Rockville High School	1:05.25	1:04.75
29.88				1:04.75 (34.87)
47 Ossi, Hope	JR	Montgomery Blair Swim & Dive	1:05.09	1:05.29
29.96				1:05.29 (35.33)
48 Majarowitz, Keira	JR	Albert Einstein High School	1:05.55	1:05.47
29.87				1:05.47 (35.60)
49 Boyd, Adeline	SR	Georgetown VIsitation	1:05.03	1:05.48
30.73				1:05.48 (34.75)
50 Tokinon, Kimiko	SO	Sherwood Warriors	1:05.15	1:05.56
30.61				1:05.56 (34.95)
51 Riel, Charlotte	SO	ACADEMY OF THE HOLY CROSS	1:05.46	1:05.81
29.68				1:05.81 (36.13)
52 Chi, Riley	JR	Walt Whitman HS Swim and Dive	1:03.67	1:05.92
31.01				1:05.92 (34.91)
53 Fouts, Janae	SR	Quince Orchard High School	1:06.37	1:06.03
30.54				1:06.03 (35.49)
54 Mascott, Avery	26	National Cathedral School	1:05.96	1:06.11
30.57				1:06.11 (35.54)
55 McMurry, Margaux	FR	Albert Einstein High School	1:05.06	1:06.12
30.84				1:06.12 (35.28)
56 Rankin, Stella	FR	Colonel Zadok Magruder HS	1:04.50	1:06.20
29.80				1:06.20 (36.40)
57 Cooke, Caroline	SR	Rockville High School	1:04.65	1:06.32
30.27				1:06.32 (36.05)
58 Shriharsha, Advika	SR	Northwest High School	1:04.43	1:06.36
30.14				1:06.36 (36.22)
59 Wood, Audrey	FR	St. John's College High School	1:05.39	1:06.37
30.81				1:06.37 (35.56)
60 Foster, Sophie	SR	Bethesda-Chevy Chase HS	1:05.53	1:06.90
30.68				1:06.90 (36.22)
61 Petrousky, Gabrielle	SO	Damascus High School	1:04.53	1:07.10
30.79				1:07.10 (36.31)
--- Weiner, Isabelle	JR	Wootton Swimming and Diving	1:03.59	DQ

Event 13 Boys 100 Yard Freestyle

METROS: 42.81 M 2/9/2013 Jack Conger Good Counsel
44.69 AAAU
45.41 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Vanas, Andrew	SR	GEORGETOWN PREPARATORY SCHOC	45.80	45.17	AAAC 24
21.81				45.17 (23.36)	
2 Mulla, Daniel	FR	Wootton Swimming and Diving	46.42	45.80	21
22.47				45.80 (23.33)	
3 Rooney, Seamus	SR	DeMatha Catholic High School	47.07	46.45	20
22.04				46.45 (24.41)	
4 Lee, Ethan	SR	Poolesville	47.33	46.76	19
22.43				46.76 (24.33)	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

A - Final ... (Event 13 Boys 100 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
5 Fisher, Patrick	SO	Gonzaga College High School	46.70	47.20	18
22.28		47.20 (24.92)			
6 Kratz, James	SO	GEORGETOWN PREPARATORY SCHOC	47.56	47.41	17
22.73		47.41 (24.68)			
7 Murphy, Taiyo	SR	Walter Johnson High School	47.16	47.44	16
22.53		47.44 (24.91)			
8 Thiede, George	JR	Gonzaga College High School	47.39	47.46	15
22.73		47.46 (24.73)			
9 White, John	SR	Wootton Swimming and Diving	47.35	47.56	14
22.80		47.56 (24.76)			
10 Gangemi, Cole	SO	Gonzaga College High School	47.37	47.60	13
22.63		47.60 (24.97)			

B - Final

11 Starr, Graham	SR	Walt Whitman HS Swim and Dive	48.05	47.88	11
22.79		47.88 (25.09)			
12 DeLellis, JD	SR	The Heights School	48.51	48.15	9
22.84		48.15 (25.31)			
13 Lombardo, Jonathan	JR	DeMatha Catholic High School	48.29	48.32	8
23.26		48.32 (25.06)			
14 Cobb, Jason	JR	Our Lady of Good Counsel	48.18	48.45	7
23.41		48.45 (25.04)			
15 Dawson, John	JR	St. John's College High School	48.34	48.49	6
23.29		48.49 (25.20)			
16 Hersey, Grayson	SR	DeMatha Catholic High School	49.08	49.13	5
23.35		49.13 (25.78)			
17 Lei, Jonathan	SR	Wootton Swimming and Diving	49.04	49.23	4
23.42		49.23 (25.81)			
18 Ferrara, Eli	SR	Poolesville	48.32	49.40	3
23.36		49.40 (26.04)			
19 Ginsburg, Jonah	SR	Winston Churchill	48.75	50.78	2
23.72		50.78 (27.06)			
20 Press, Joseph	SR	Walt Whitman HS Swim and Dive	48.53	50.90	1
24.01		50.90 (26.89)			

Event 13 Boys 100 Yard Freestyle

METROS: 42.81 M 2/9/2013 Jack Conger Good Counsel
44.69 AAAU
45.41 AAAC

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Vanas, Andrew	SR	GEORGETOWN PREPARATORY SCHOC	44.83	45.80	q
22.02		45.80 (23.78)			
2 Mulla, Daniel	FR	Wootton Swimming and Diving	46.00	46.42	q
22.70		46.42 (23.72)			
3 Fisher, Patrick	SO	Gonzaga College High School	47.64	46.70	q
21.96		46.70 (24.74)			
4 Rooney, Seamus	SR	DeMatha Catholic High School	46.25	47.07	q
22.48		47.07 (24.59)			
5 Murphy, Taiyo	SR	Walter Johnson High School	46.94	47.16	q
22.44		47.16 (24.72)			
6 Lee, Ethan	SR	Poolesville	46.81	47.33	q
22.79		47.33 (24.54)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 13 Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
7 White, John	SR	Wootton Swimming and Diving	47.16	47.35	q
22.91		47.35 (24.44)			
8 Gangemi, Cole	SO	Gonzaga College High School	47.17	47.37	q
22.97		47.37 (24.40)			
9 Thiede, George	JR	Gonzaga College High School	47.98	47.39	q
22.62		47.39 (24.77)			
10 Kratz, James	SO	GEORGETOWN PREPARATORY SCHOC	47.27	47.56	q
22.96		47.56 (24.60)			
11 Starr, Graham	SR	Walt Whitman HS Swim and Dive	47.77	48.05	q
22.95		48.05 (25.10)			
12 Cobb, Jason	JR	Our Lady of Good Counsel	48.21	48.18	q
23.31		48.18 (24.87)			
13 Lombardo, Jonathan	JR	DeMatha Catholic High School	47.72	48.29	q
22.98		48.29 (25.31)			
14 Ferrara, Eli	SR	Poolesville	48.73	48.32	q
22.99		48.32 (25.33)			
15 Dawson, John	JR	St. John's College High School	48.12	48.34	q
23.22		48.34 (25.12)			
16 DeLellis, JD	SR	The Heights School	47.57	48.51	q
22.92		48.51 (25.59)			
17 Press, Joseph	SR	Walt Whitman HS Swim and Dive	52.02	48.53	q
23.17		48.53 (25.36)			
18 Ginsburg, Jonah	SR	Winston Churchill	52.83	48.75	q
22.98		48.75 (25.77)			
19 Lei, Jonathan	SR	Wootton Swimming and Diving	52.03	49.04	q
23.38		49.04 (25.66)			
20 Hersey, Grayson	SR	DeMatha Catholic High School	48.75	49.08	q
23.34		49.08 (25.74)			
21 Ash, Noah	JR	Winston Churchill	49.37	49.15	
23.78		49.15 (25.37)			
22 Mastronikolas, Markos	FR	Winston Churchill	49.84	49.26	
23.63		49.26 (25.63)			
23 Xu, Joseph	FR	Richard Montgomery Swim & Dive	51.10	49.33	
23.51		49.33 (25.82)			
24 Ross, Stewart	FR	Bethesda-Chevy Chase HS	49.69	49.39	
23.65		49.39 (25.74)			
25 Pevzner, Daniel	JR	Bethesda-Chevy Chase HS	50.32	49.54	
24.12		49.54 (25.42)			
26 Liu, Aiden	FR	Winston Churchill	49.41	49.58	
24.13		49.58 (25.45)			
27 Finberg, Matthias	JR	Montgomery Blair Swim & Dive	50.14	49.89	
24.29		49.89 (25.60)			
28 Lepre, William	JR	The Heights School	49.61	49.92	
23.57		49.92 (26.35)			
29 Hua, Ethan	SR	Montgomery Blair Swim & Dive	50.25	50.19	
23.67		50.19 (26.52)			
30 Humphreys, Colby	SO	Walter Johnson High School	50.59	50.43	
24.44		50.43 (25.99)			
31 Parfomak, Kasper	JR	Gonzaga College High School	49.03	50.55	
24.52		50.55 (26.03)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 13 Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
32 Schestopol, Bram	SO	MARET SCHOOL	50.07	50.57
24.12		50.57 (26.45)		
33 Conte, Antonio	SR	Northwest High School	51.01	50.69
24.48		50.69 (26.21)		
34 Hughes, Johnny	SR	GEORGETOWN PREPARATORY SCHOC	49.67	50.71
23.29		50.71 (27.42)		
35 Wu, William	27	St. Albans School	52.51	50.77
24.20		50.77 (26.57)		
36 Franken, Evander	SR	Rockville High School	50.27	50.79
23.92		50.79 (26.87)		
37 Portner, Sullivan	SO	St. Andrew's Episcopal School	51.63	50.98
24.91		50.98 (26.07)		
38 McLellan, Owen		Walter Johnson High School	48.04	51.03
24.18		51.03 (26.85)		
39 Klump, Thomas	FR	The Heights School	50.99	51.05
24.33		51.05 (26.72)		
40 Opima, Ayden	SR	Sherwood Warriors	50.70	51.36
24.61		51.36 (26.75)		
41 Lassak, Szymon		Montgomery Blair Swim & Dive	52.43	51.41
24.52		51.41 (26.89)		
42 Schultz, Travis		Walter Johnson High School	52.33	51.43
25.17		51.43 (26.26)		
43 Belopolskiy, Simon	SR	Wootton Swimming and Diving	52.03	51.44
24.73		51.44 (26.71)		
44 Suh, Alex	26	St. Albans School	50.83	51.45
24.51		51.45 (26.94)		
45 Chalk, Kieran	26	St. Albans School	51.11	51.55
24.41		51.55 (27.14)		
46 Kreitz, Till	FR	Sherwood Warriors	51.81	51.72
24.87		51.72 (26.85)		
47 Ye, Anson	JR	Poolesville	50.30	51.75
24.74		51.75 (27.01)		
48 Davis, Nate	FR	GEORGETOWN PREPARATORY SCHOC	52.14	52.13
24.69		52.13 (27.44)		
49 Kemp, Robert	JR	Wheaton High School	51.90	52.35
25.08		52.35 (27.27)		
50 Wong, Roland	SR	Damascus High School	51.04	52.47
25.19		52.47 (27.28)		
51 Pleasure, Zev	JR	Sherwood Warriors	52.22	52.58
24.75		52.58 (27.83)		
52 Tworkowski, Alec	JR	Our Lady of Good Counsel	51.50	52.64
24.87		52.64 (27.77)		
53 Lotsch, Endric	SR	Walt Whitman HS Swim and Dive	52.08	52.67
25.06		52.67 (27.61)		
54 Metzroth, Matthew	27	St. Albans School	52.53	52.81
25.22		52.81 (27.59)		
55 Bravo, Rodrigo	SR	Walt Whitman HS Swim and Dive	51.75	52.83
25.47		52.83 (27.36)		
56 Raab, Ethan	SR	Albert Einstein High School	52.51	53.03
25.12		53.03 (27.91)		
57 Glenn, Tyler	SR	Colonel Zadok Magruder HS	52.07	53.13
25.24		53.13 (27.89)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 13 Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
58 Khwaja, Rayan	SR	Clarksburg High School	52.57	53.27
25.56		53.27 (27.71)		
59 Aronoff, Noah	JR	Landon School Varsity Swimming	51.09	53.40
25.28		53.40 (28.12)		
60 Milligan, Liam	SR	Northwest High School	52.99	53.90
25.71		53.90 (28.19)		
--- Doh, Justin	FR	Quince Orchard High School	51.21	DQ
--- Watts, Abraham	SR	DeMatha Catholic High School	48.71	DQ
--- Pryor, Teddy	SO	St. John's College High School	51.55	DFS

Event 14 Girls 100 Yard Freestyle

METROS: 48.19 M 2/11/2023 Erin Gemmell
50.13 AAAU
50.99 AAAC

Stone Ridge

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Hinds, Virginia	SR	Bethesda-Chevy Chase HS	50.41	49.57	AAAU 24
23.47		49.57 (26.10)			
2 Roemer, Samantha	SO	Stone Ridge	50.93	49.80	AAAU 21
23.97		49.80 (25.83)			
3 Day, Gabrielle	JR	Bullis School	51.27	50.78	AAAC 20
24.13		50.78 (26.65)			
4 Clattenburg, Hannah	JR	MARET SCHOOL	51.76	50.87	AAAC 19
24.60		50.87 (26.27)			
5 Nishnianidze, Anna	SR	Wootton Swimming and Diving	53.23	52.63	18
25.05		52.63 (27.58)			
6 Ji, KaiLi	SO	The Holton-Arms School	53.23	53.08	17
25.30		53.08 (27.78)			
7 Latcovich, Madeline	28	National Cathedral School	53.78	53.25	16
25.49		53.25 (27.76)			
8 Belknap, Penelope	JR	Walt Whitman HS Swim and Dive	54.92	54.22	15
25.54		54.22 (28.68)			
9 LaMotteo, Madison	SR	Our Lady of Good Counsel	54.08	54.47	14
25.83		54.47 (28.64)			
10 Goch, Elliot	SO	Sidwell Friends School	54.75	54.68	13
26.12		54.68 (28.56)			
B - Final					
11 Ryan, Jenna	FR	Our Lady of Good Counsel	55.18	54.20	11
26.04		54.20 (28.16)			
12 Congdon, Lilian	SR	Poolesville	55.03	54.58	9
25.84		54.58 (28.74)			
13 Ndu, Omannaya	SR	The Holton-Arms School	55.83	54.70	8
25.63		54.70 (29.07)			
14 Burger, Emily	SO	Winston Churchill	55.15	54.83	7
26.21		54.83 (28.62)			
15 Gallagher, Gabby	FR	Georgetown Visitation	55.35	55.00	6
26.71		55.00 (28.29)			
16 Wang, Christine	JR	Poolesville	55.44	55.39	5
26.49		55.39 (28.90)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

B - Final ... (Event 14 Girls 100 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
17 Kottak, Nadja	FR	Walt Whitman HS Swim and Dive	55.19	55.52	4
26.35		55.52 (29.17)			
18 Huang, Sophie	SR	Poolesville	55.78	55.59	3
26.34		55.59 (29.25)			
19 Hmem, Rania	SR	Seneca Valley High School	55.11	55.70	2
26.70		55.70 (29.00)			
20 Frantz, Nyah	JR	Richard Montgomery Swim & Dive	55.51	55.79	1
26.48		55.79 (29.31)			

Event 14 Girls 100 Yard Freestyle

METROS: 48.19 M 2/11/2023 Erin Gemmell
50.13 AAAU
50.99 AAAC

Stone Ridge

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Hinds, Virginia	SR	Bethesda-Chevy Chase HS	49.35	50.41	qAAAC
24.16		50.41 (26.25)			
2 Roemer, Samantha	SO	Stone Ridge	51.40	50.93	qAAAC
24.53		50.93 (26.40)			
3 Day, Gabrielle	JR	Bullis School	51.31	51.27	q
24.45		51.27 (26.82)			
4 Clattenburg, Hannah	JR	MARET SCHOOL	51.40	51.76	q
24.82		51.76 (26.94)			
*5 Nishnianidze, Anna	SR	Wootton Swimming and Diving	51.37	53.23	q
25.53		53.23 (27.70)			
*5 Ji, KaiLi	SO	The Holton-Arms School	52.08	53.23	q
25.76		53.23 (27.47)			
7 Latcovich, Madeline	28	National Cathedral School	53.83	53.78	q
25.98		53.78 (27.80)			
8 LaMotteo, Madison	SR	Our Lady of Good Counsel	54.51	54.08	q
25.56		54.08 (28.52)			
9 Goch, Elliot	SO	Sidwell Friends School	54.97	54.75	q
26.18		54.75 (28.57)			
10 Belknap, Penelope	JR	Walt Whitman HS Swim and Dive	53.06	54.92	q
26.00		54.92 (28.92)			
11 Congdon, Lilian	SR	Poolesville	54.93	55.03	q
26.13		55.03 (28.90)			
12 Hmem, Rania	SR	Seneca Valley High School	54.54	55.11	q
26.39		55.11 (28.72)			
13 Burger, Emily	SO	Winston Churchill	55.43	55.15	q
26.59		55.15 (28.56)			
14 Ryan, Jenna	FR	Our Lady of Good Counsel	54.10	55.18	q
26.59		55.18 (28.59)			
15 Kottak, Nadja	FR	Walt Whitman HS Swim and Dive	56.89	55.19	q
26.28		55.19 (28.91)			
16 Gallagher, Gabby	FR	Georgetown Visitation	55.39	55.35	q
27.02		55.35 (28.33)			
17 Wang, Christine	JR	Poolesville	55.97	55.44	q
26.48		55.44 (28.96)			
18 Frantz, Nyah	JR	Richard Montgomery Swim & Dive	55.60	55.51	q
26.47		55.51 (29.04)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 14 Girls 100 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
19	Huang, Sophie	SR	Poolesville	54.81	55.78	q
	26.54		55.78 (29.24)			
20	Ndu, Omannaya	SR	The Holton-Arms School	55.29	55.83	q
	26.59		55.83 (29.24)			
21	Rabah, Luana	SO	The Holton-Arms School	54.62	55.84	
	26.77		55.84 (29.07)			
22	Humpert, Lucy	JR	Montgomery Blair Swim & Dive	55.56	55.91	
	27.02		55.91 (28.89)			
23	Lee, Jeanelle	SR	Walter Johnson High School	55.90	55.93	
	26.58		55.93 (29.35)			
24	McCarty, Natalie	SO	Walter Johnson High School	55.92	56.11	
	26.86		56.11 (29.25)			
25	Velasquez, Amelia	FR	Sherwood Warriors	56.06	56.12	
	27.05		56.12 (29.07)			
26	Huang, Kristine	FR	Winston Churchill	56.81	56.47	
	26.93		56.47 (29.54)			
27	Henry, Paige	SR	Rockville High School	57.94	56.54	
	27.21		56.54 (29.33)			
28	Gaskins, Autumn	FR	Bishop McNamara High School	55.87	56.55	
	26.96		56.55 (29.59)			
29	Vickerman, Sofia	26	National Cathedral School	56.53	56.60	
	27.08		56.60 (29.52)			
30	Rosen, Mia	SO	Winston Churchill	58.04	56.66	
	27.21		56.66 (29.45)			
31	Sislen, Tea	JR	MARET SCHOOL	57.91	56.75	
	27.36		56.75 (29.39)			
32	Johnson, Avery	JR	Northwest High School	56.33	57.04	
	27.59		57.04 (29.45)			
33	Cooper, Emilia	FR	Sherwood Warriors	57.10	57.07	
	27.60		57.07 (29.47)			
34	Roddin, Rachel	FR	Albert Einstein High School	57.70	57.14	
	27.28		57.14 (29.86)			
35	Lotsch, Maika	JR	Walt Whitman HS Swim and Dive	56.55	57.15	
	27.07		57.15 (30.08)			
36	Waterman, Emma	FR	Bullis School	56.61	57.21	
	26.96		57.21 (30.25)			
37	Muoio, Adele	26	National Cathedral School	57.05	57.24	
	27.41		57.24 (29.83)			
38	Staley, Blythe	SR	The Holton-Arms School	57.09	57.27	
	27.40		57.27 (29.87)			
39	Potter, Addison	SO	St. John's College High School	57.09	57.34	
	27.44		57.34 (29.90)			
40	Mitin, Veronica	JR	Poolesville	56.86	57.39	
	27.15		57.39 (30.24)			
41	Velasquez, Alesandra	SO	Sherwood Warriors	57.44	57.43	
	27.67		57.43 (29.76)			
42	Manning, Virginia	FR	Our Lady of Good Counsel	57.70	57.83	
	27.77		57.83 (30.06)			
43	Quiroga, Maya	SR	Sherwood Warriors	57.02	57.86	
	27.60		57.86 (30.26)			
44	Lang, Graciela	SO	St. John's College High School	57.49	57.94	
	27.61		57.94 (30.33)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 14 Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
45 Way, Josie Olivia	JR	Richard Montgomery Swim & Dive	58.38	57.97
27.81		57.97 (30.16)		
46 Scott, Samantha	SO	St. John's College High School	58.26	58.21
27.64		58.21 (30.57)		
47 Erazo, Mikaila	JR	Damascus High School	57.88	58.71
27.93		58.71 (30.78)		
48 Fayyad, Zoe	SR	St. John's College High School	58.21	59.14
28.12		59.14 (31.02)		
49 Moehring, Molly	FR	Our Lady of Good Counsel	58.12	59.17
28.14		59.17 (31.03)		
50 Patterson, Brooke	SR	Bethesda-Chevy Chase HS	58.23	59.27
28.01		59.27 (31.26)		
51 Tobin, Caroline	SO	Georgetown VIsitation	58.68	59.43
28.57		59.43 (30.86)		
52 Nichols, Annalise	SR	Albert Einstein High School	58.13	59.53
28.57		59.53 (30.96)		
53 Rankin, Stella	FR	Colonel Zadok Magruder HS	58.50	1:00.60
28.90		1:00.60 (31.70)		
--- Hooker, Marion	FR	Wheaton High School	54.00	DFS
--- Rampulla, Maya	JR	Walt Whitman HS Swim and Dive	56.88	DFS

Event 15 Boys 500 Yard Freestyle

METROS: 4:13.87 M 2/9/2013 Jack Conger Good Counsel
4:27.94 AAAU
4:32.84 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Kominski, Tyler	JR	Sherwood Warriors	4:26.04	4:24.26	AAAU 24
24.17		50.15 (25.98) 1:16.57 (26.42)	1:43.31 (26.74)		
2:10.25 (26.94)		2:37.19 (26.94) 3:04.17 (26.98)	3:31.34 (27.17)		
3:58.47 (27.13)		4:24.26 (25.79)			
2 Nurit, Leopold	SO	Walt Whitman HS Swim and Dive	4:29.67	4:29.70	AAAC 21
24.32		50.65 (26.33) 1:17.69 (27.04)	1:44.87 (27.18)		
2:12.28 (27.41)		2:39.81 (27.53) 3:07.51 (27.70)	3:35.19 (27.68)		
4:02.81 (27.62)		4:29.70 (26.89)			
3 Donley, Trevor	JR	Sidwell Friends School	4:32.73	4:29.99	AAAC 20
24.35		51.34 (26.99) 1:18.78 (27.44)	1:46.55 (27.77)		
2:13.99 (27.44)		2:41.48 (27.49) 3:09.24 (27.76)	3:36.72 (27.48)		
4:04.01 (27.29)		4:29.99 (25.98)			
4 Bartholomew, Lachlan		Walter Johnson High School	4:30.73	4:30.56	AAAC 19
24.44		51.06 (26.62) 1:18.41 (27.35)	1:45.95 (27.54)		
2:13.75 (27.80)		2:41.44 (27.69) 3:09.29 (27.85)	3:36.69 (27.40)		
4:04.14 (27.45)		4:30.56 (26.42)			
5 Sims, Douglas	SR	Winston Churchill	4:33.24	4:32.72	AAAC 18
25.02		52.02 (27.00) 1:19.76 (27.74)	1:46.95 (27.19)		
2:14.76 (27.81)		2:42.73 (27.97) 3:10.61 (27.88)	3:38.49 (27.88)		
4:06.34 (27.85)		4:32.72 (26.38)			
6 Zakorchemny, Cooper	SR	Our Lady of Good Counsel	4:39.25	4:37.54	17
24.74		51.87 (27.13) 1:19.74 (27.87)	1:47.50 (27.76)		
2:15.50 (28.00)		2:43.76 (28.26) 3:12.23 (28.47)	3:40.96 (28.73)		
4:09.61 (28.65)		4:37.54 (27.93)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

A - Final ... (Event 15 Boys 500 Yard Freestyle)

	Name	Yr	School	Prelim Time	Finals Time	Points
7	Kissel, Andrew	SR	Quince Orchard High School	4:42.18	4:39.63	16
	25.36	52.47 (27.11)	1:20.14 (27.67)	1:48.23 (28.09)		
	2:16.44 (28.21)	2:45.07 (28.63)	3:13.78 (28.71)	3:42.53 (28.75)		
	4:11.31 (28.78)	4:39.63 (28.32)				
8	Kim, Lucas	JR	Montgomery Blair Swim & Dive	4:42.55	4:40.51	15
	24.85	52.50 (27.65)	1:20.62 (28.12)	1:49.19 (28.57)		
	2:17.92 (28.73)	2:46.80 (28.88)	3:15.74 (28.94)	3:44.58 (28.84)		
	4:13.22 (28.64)	4:40.51 (27.29)				
9	Gravell, John	FR	St. John's College High School	4:46.86	4:44.99	14
	25.32	53.21 (27.89)	1:21.60 (28.39)	1:50.28 (28.68)		
	2:19.26 (28.98)	2:48.39 (29.13)	3:17.54 (29.15)	3:46.79 (29.25)		
	4:16.08 (29.29)	4:44.99 (28.91)				
10	Jarczynski, Justin	SR	Poolesville	4:46.95	4:50.21	13
	25.18	52.34 (27.16)	1:20.02 (27.68)	1:48.73 (28.71)		
	2:17.85 (29.12)	2:47.29 (29.44)	3:17.29 (30.00)	3:48.05 (30.76)		
	4:19.14 (31.09)	4:50.21 (31.07)				
B - Final						
11	Conze, Augustus	SO	Walter Johnson High School	4:47.11	4:43.66	11
	25.35	53.43 (28.08)	1:22.06 (28.63)	1:50.84 (28.78)		
	2:19.48 (28.64)	2:48.26 (28.78)	3:17.27 (29.01)	3:46.38 (29.11)		
	4:15.55 (29.17)	4:43.66 (28.11)				
12	Wizenberg, Griffin	SO	Walt Whitman HS Swim and Dive	4:47.64	4:45.49	9
	25.50	53.61 (28.11)	1:21.90 (28.29)	1:50.96 (29.06)		
	2:19.20 (28.24)	2:48.13 (28.93)	3:17.98 (29.85)	3:47.69 (29.71)		
	4:17.18 (29.49)	4:45.49 (28.31)				
13	Fry, Patrick	JR	St. John's College High School	4:52.24	4:46.75	8
	25.24	52.67 (27.43)	1:21.01 (28.34)	1:49.84 (28.83)		
	2:19.03 (29.19)	2:48.13 (29.10)	3:17.37 (29.24)	3:47.10 (29.73)		
	4:17.34 (30.24)	4:46.75 (29.41)				
14	Costello, Declan	FR	GEORGETOWN PREPARATORY SCHOC	4:48.94	4:47.16	7
	25.34	53.49 (28.15)	1:22.24 (28.75)	1:51.49 (29.25)		
	2:21.16 (29.67)	2:50.84 (29.68)	3:20.48 (29.64)	3:50.35 (29.87)		
	4:19.51 (29.16)	4:47.16 (27.65)				
15	Peppelman, Matthew	SO	Walter Johnson High School	4:50.99	4:49.83	6
	25.42	53.57 (28.15)	1:22.63 (29.06)	1:51.79 (29.16)		
	2:21.45 (29.66)	2:51.22 (29.77)	3:20.72 (29.50)	3:50.62 (29.90)		
	4:20.68 (30.06)	4:49.83 (29.15)				
16	Cantrell, William	26	St. Albans School	4:48.66	4:50.93	5
	25.71	53.96 (28.25)	1:22.54 (28.58)	1:51.99 (29.45)		
	2:21.59 (29.60)	2:51.81 (30.22)	3:22.37 (30.56)	3:52.86 (30.49)		
	4:22.73 (29.87)	4:50.93 (28.20)				
17	Nedd, Christopher	SO	DeMatha Catholic High School	4:51.20	4:51.08	4
	25.63	53.55 (27.92)	1:22.00 (28.45)	1:51.35 (29.35)		
	2:20.64 (29.29)	2:50.44 (29.80)	3:20.74 (30.30)	3:51.15 (30.41)		
	4:21.62 (30.47)	4:51.08 (29.46)				
18	Arluck, Alexander	JR	Bullis School	4:50.35	4:51.19	3
	26.25	54.74 (28.49)	1:24.14 (29.40)	1:53.87 (29.73)		
	2:23.86 (29.99)	2:53.99 (30.13)	3:24.32 (30.33)	3:54.09 (29.77)		
	4:23.50 (29.41)	4:51.19 (27.69)				
19	Reeves, Kazuki	JR	DeMatha Catholic High School	4:48.21	4:53.85	2
	25.57	53.34 (27.77)	1:21.88 (28.54)	1:51.06 (29.18)		
	2:20.65 (29.59)	2:50.65 (30.00)	3:21.19 (30.54)	3:51.97 (30.78)		
	4:23.06 (31.09)	4:53.85 (30.79)				

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
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Results

B - Final ... (Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
20 Stoian, Teddy	SO	Bethesda-Chevy Chase HS	4:51.45	4:57.28	1
26.13	54.80 (28.67)	1:24.18 (29.38)	1:54.22 (30.04)		
2:24.45 (30.23)	2:54.75 (30.30)	3:25.42 (30.67)	3:56.03 (30.61)		
4:26.89 (30.86)	4:57.28 (30.39)				

Event 15 Boys 500 Yard Freestyle

METROS: 4:13.87 M 2/9/2013 Jack Conger
4:27.94 AAAU
4:32.84 AAAC

Good Counsel

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Kominski, Tyler	JR	Sherwood Warriors	4:28.65	4:26.04	qAAAU
24.08	50.24 (26.16)	1:17.04 (26.80)	1:44.16 (27.12)		
2:11.27 (27.11)	2:38.43 (27.16)	3:05.66 (27.23)	3:32.96 (27.30)		
4:00.13 (27.17)	4:26.04 (25.91)				
2 Nurit, Leopold	SO	Walt Whitman HS Swim and Dive	4:32.70	4:29.67	qAAAC
24.68	51.40 (26.72)	1:18.48 (27.08)	1:45.50 (27.02)		
2:13.12 (27.62)	2:40.37 (27.25)	3:08.04 (27.67)	3:35.68 (27.64)		
4:03.08 (27.40)	4:29.67 (26.59)				
3 Bartholomew, Lachlan		Walter Johnson High School	4:36.43	4:30.73	qAAAC
24.28	51.12 (26.84)	1:18.50 (27.38)	1:45.61 (27.11)		
	2:40.97 ()	3:08.43 (27.46)	3:36.12 (27.69)		
4:03.71 (27.59)	4:30.73 (27.02)				
4 Donley, Trevor	JR	Sidwell Friends School	4:36.28	4:32.73	qAAAC
24.64	51.72 (27.08)	1:19.24 (27.52)	1:46.87 (27.63)		
2:14.43 (27.56)	2:42.32 (27.89)	3:10.27 (27.95)	3:38.38 (28.11)		
4:06.14 (27.76)	4:32.73 (26.59)				
5 Sims, Douglas	SR	Winston Churchill	4:43.56	4:33.24	q
23.68	49.90 (26.22)	1:17.28 (27.38)	1:44.53 (27.25)		
2:12.14 (27.61)	2:40.09 (27.95)	3:08.52 (28.43)	3:36.94 (28.42)		
4:05.60 (28.66)	4:33.24 (27.64)				
6 Zakorchemny, Cooper	SR	Our Lady of Good Counsel	4:34.81	4:39.25	q
25.09	52.42 (27.33)	1:20.29 (27.87)	1:48.54 (28.25)		
2:16.68 (28.14)	2:44.92 (28.24)	3:13.50 (28.58)	3:42.26 (28.76)		
4:10.99 (28.73)	4:39.25 (28.26)				
7 Kissel, Andrew	SR	Quince Orchard High School	4:41.25	4:42.18	q
25.89	53.75 (27.86)	1:21.92 (28.17)	1:50.37 (28.45)		
2:19.24 (28.87)	2:47.78 (28.54)	3:16.38 (28.60)	3:45.39 (29.01)		
4:14.06 (28.67)	4:42.18 (28.12)				
8 Kim, Lucas	JR	Montgomery Blair Swim & Dive	4:46.91	4:42.55	q
25.03	52.72 (27.69)	1:20.97 (28.25)	1:49.81 (28.84)		
2:19.14 (29.33)	2:48.59 (29.45)	3:17.76 (29.17)	3:46.74 (28.98)		
4:15.22 (28.48)	4:42.55 (27.33)				
9 Gravell, John	FR	St. John's College High School	4:45.95	4:46.86	q
25.51	54.17 (28.66)	1:23.14 (28.97)	1:52.43 (29.29)		
2:21.54 (29.11)	2:50.58 (29.04)	3:19.73 (29.15)	3:48.86 (29.13)		
4:18.21 (29.35)	4:46.86 (28.65)				
10 Jarczynski, Justin	SR	Poolesville	4:44.01	4:46.95	q
25.60	53.41 (27.81)	1:22.18 (28.77)	1:50.99 (28.81)		
2:20.21 (29.22)	2:49.61 (29.40)	3:19.04 (29.43)	3:48.53 (29.49)		
4:17.88 (29.35)	4:46.95 (29.07)				

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
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Results

Preliminaries ... (Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
11 Conze, Augustus	SO	Walter Johnson High School	5:03.53	4:47.11	q
25.35	53.45 (28.10)	1:22.63 (29.18)	1:51.90 (29.27)		
2:20.95 (29.05)	2:50.18 (29.23)	3:19.70 (29.52)	3:49.47 (29.77)		
4:18.79 (29.32)	4:47.11 (28.32)				
12 Wizenberg, Griffin	SO	Walt Whitman HS Swim and Dive	4:48.82	4:47.64	q
25.36	53.38 (28.02)	1:21.96 (28.58)	1:50.98 (29.02)		
2:20.35 (29.37)	2:49.98 (29.63)	3:19.86 (29.88)	3:49.43 (29.57)		
4:18.95 (29.52)	4:47.64 (28.69)				
13 Reeves, Kazuki	JR	DeMatha Catholic High School	4:49.36	4:48.21	q
25.85	53.81 (27.96)	1:22.51 (28.70)	1:51.68 (29.17)		
2:20.85 (29.17)	2:50.26 (29.41)	3:19.83 (29.57)	3:49.24 (29.41)		
4:19.03 (29.79)	4:48.21 (29.18)				
14 Cantrell, William	26	St. Albans School	4:50.36	4:48.66	q
25.73	54.09 (28.36)	1:23.32 (29.23)	1:52.62 (29.30)		
2:22.28 (29.66)	2:51.80 (29.52)	3:21.44 (29.64)	3:50.74 (29.30)		
4:20.40 (29.66)	4:48.66 (28.26)				
15 Costello, Declan	FR	GEORGETOWN PREPARATORY SCHOC	4:50.76	4:48.94	q
25.22	53.51 (28.29)	1:22.59 (29.08)	1:52.24 (29.65)		
2:21.92 (29.68)	2:51.88 (29.96)	3:21.53 (29.65)	3:51.26 (29.73)		
4:20.31 (29.05)	4:48.94 (28.63)				
16 Arluck, Alexander	JR	Bullis School	4:52.67	4:50.35	q
25.91	54.17 (28.26)	1:22.90 (28.73)	1:52.03 (29.13)		
2:21.46 (29.43)	2:51.04 (29.58)	3:20.98 (29.94)	3:51.06 (30.08)		
4:21.14 (30.08)	4:50.35 (29.21)				
17 Peppelman, Matthew	SO	Walter Johnson High School	4:50.08	4:50.99	q
25.77	54.13 (28.36)	1:23.14 (29.01)	1:52.82 (29.68)		
2:22.38 (29.56)	2:52.25 (29.87)	3:22.09 (29.84)	3:52.03 (29.94)		
4:21.83 (29.80)	4:50.99 (29.16)				
18 Nedd, Christopher	SO	DeMatha Catholic High School	4:48.26	4:51.20	q
26.03	54.32 (28.29)	1:23.41 (29.09)	1:52.50 (29.09)		
2:21.98 (29.48)	2:51.63 (29.65)	3:21.92 (30.29)	3:52.02 (30.10)		
4:21.76 (29.74)	4:51.20 (29.44)				
19 Stoian, Teddy	SO	Bethesda-Chevy Chase HS	4:57.17	4:51.45	q
26.05	54.59 (28.54)	1:23.96 (29.37)	1:53.49 (29.53)		
2:23.22 (29.73)	2:53.07 (29.85)	3:23.10 (30.03)	3:52.95 (29.85)		
4:22.90 (29.95)	4:51.45 (28.55)				
20 Fry, Patrick	JR	St. John's College High School	4:50.73	4:52.24	q
25.45	54.11 (28.66)	1:23.24 (29.13)	1:52.79 (29.55)		
2:22.55 (29.76)	2:52.15 (29.60)	3:22.12 (29.97)	3:52.46 (30.34)		
4:22.52 (30.06)	4:52.24 (29.72)				
21 Greer, Tomas	FR	Walter Johnson High School	5:02.50	4:52.78	
25.50	53.86 (28.36)	1:23.01 (29.15)	1:52.99 (29.98)		
2:23.01 (30.02)	2:53.18 (30.17)	3:23.15 (29.97)	3:53.03 (29.88)		
4:23.42 (30.39)	4:52.78 (29.36)				
22 Buck, Grainger	SO	Winston Churchill	4:58.75	4:53.47	
26.03	54.58 (28.55)	1:23.67 (29.09)	1:52.84 (29.17)		
2:22.38 (29.54)	2:52.30 (29.92)	3:22.12 (29.82)	3:52.51 (30.39)		
4:23.55 (31.04)	4:53.47 (29.92)				
23 Bailey, Matthew	SO	The Heights School	4:53.82	4:55.23	
26.52	55.86 (29.34)	1:25.98 (30.12)	1:56.16 (30.18)		
2:26.54 (30.38)	2:56.69 (30.15)	3:26.29 (29.60)	3:56.34 (30.05)		
4:26.37 (30.03)	4:55.23 (28.86)				

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
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Results

Preliminaries ... (Event 15 Boys 500 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time
24	Salvado, Juan	SO	GEORGETOWN PREPARATORY SCHOC	4:57.22	4:55.42
	26.76	55.98 (29.22)	1:25.73 (29.75)	1:55.57 (29.84)	
	2:25.51 (29.94)	2:55.62 (30.11)	3:25.95 (30.33)	3:56.08 (30.13)	
	4:26.04 (29.96)	4:55.42 (29.38)			
25	Anderson, Sean	JR	Winston Churchill	5:08.31	4:55.80
	26.13	54.74 (28.61)	1:24.13 (29.39)	1:53.79 (29.66)	
	2:23.62 (29.83)	2:53.51 (29.89)	3:23.96 (30.45)	3:55.27 (31.31)	
	4:26.36 (31.09)	4:55.80 (29.44)			
26	Donley, Logan	FR	Sidwell Friends School	4:52.78	4:59.35
	26.81	56.15 (29.34)	1:26.22 (30.07)	1:56.37 (30.15)	
	2:26.72 (30.35)	2:57.41 (30.69)	3:27.86 (30.45)	3:58.99 (31.13)	
	4:29.95 (30.96)	4:59.35 (29.40)			
27	Reeves, Elijah	JR	Montgomery Blair Swim & Dive	5:04.43	4:59.89
	26.38	55.55 (29.17)	1:26.11 (30.56)	1:57.22 (31.11)	
	2:27.78 (30.56)	2:58.88 (31.10)	3:29.69 (30.81)	4:00.53 (30.84)	
	4:30.97 (30.44)	4:59.89 (28.92)			
28	Burimski, Dennis	FR	Wootton Swimming and Diving	5:09.16	5:00.51
	27.74	57.97 (30.23)	1:28.36 (30.39)	1:58.75 (30.39)	
	2:29.24 (30.49)	2:59.64 (30.40)	3:29.88 (30.24)	4:00.16 (30.28)	
	4:30.73 (30.57)	5:00.51 (29.78)			
29	Bachrach, Jake	FR	Sidwell Friends School	5:00.37	5:00.81
	26.64	56.28 (29.64)	1:26.31 (30.03)	1:56.89 (30.58)	
	2:27.50 (30.61)	2:58.28 (30.78)	3:28.63 (30.35)	3:59.75 (31.12)	
	4:30.86 (31.11)	5:00.81 (29.95)			
30	Khalili, Aarad	SO	Montgomery Blair Swim & Dive	5:00.74	5:02.39
	27.25	56.62 (29.37)	1:26.34 (29.72)	1:56.41 (30.07)	
	2:26.83 (30.42)	2:57.60 (30.77)	3:28.62 (31.02)	3:59.76 (31.14)	
	4:31.20 (31.44)	5:02.39 (31.19)			
31	Schoch, William	FR	St. John's College High School	5:09.33	5:02.48
	27.30	57.08 (29.78)	1:27.46 (30.38)	1:58.21 (30.75)	
	2:28.85 (30.64)	2:59.69 (30.84)	3:30.54 (30.85)	4:01.49 (30.95)	
	4:32.44 (30.95)	5:02.48 (30.04)			
32	Chandran, Alexander	SR	Poolesville	5:18.97	5:03.47
	26.01	54.28 (28.27)	1:23.51 (29.23)	1:53.41 (29.90)	
	2:23.88 (30.47)	2:54.45 (30.57)	3:25.77 (31.32)	3:58.01 (32.24)	
	4:30.87 (32.86)	5:03.47 (32.60)			
33	Ross, Robert	JR	Bethesda-Chevy Chase HS	5:02.94	5:04.03
	25.94	54.68 (28.74)	1:24.38 (29.70)	1:55.34 (30.96)	
	2:26.31 (30.97)	2:57.38 (31.07)	3:28.87 (31.49)	4:00.61 (31.74)	
	4:32.64 (32.03)	5:04.03 (31.39)			
34	Esquenet, Charles	SR	GEORGETOWN PREPARATORY SCHOC	4:58.18	5:06.12
	25.86	54.56 (28.70)	1:24.28 (29.72)	1:54.79 (30.51)	
	2:25.70 (30.91)	2:57.34 (31.64)	3:29.24 (31.90)	4:01.36 (32.12)	
	4:34.17 (32.81)	5:06.12 (31.95)			
35	Quach, Gavin	JR	Damascus High School	5:07.06	5:06.20
	27.19	57.00 (29.81)	1:27.83 (30.83)	1:59.03 (31.20)	
	2:30.37 (31.34)	3:01.87 (31.50)	3:33.26 (31.39)	4:04.56 (31.30)	
	4:35.53 (30.97)	5:06.20 (30.67)			
36	Luse, Andrew	SR	Montgomery Blair Swim & Dive	5:18.56	5:06.28
	27.61	57.34 (29.73)	1:27.94 (30.60)	1:59.04 (31.10)	
	2:30.17 (31.13)	3:01.48 (31.31)	3:32.87 (31.39)	4:04.68 (31.81)	
	4:35.86 (31.18)	5:06.28 (30.42)			

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Results

Preliminaries ... (Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
37 Stubner, John	JR	Gonzaga College High School	4:59.00	5:06.33
26.92	56.80 (29.88)	1:27.58 (30.78)	1:58.82 (31.24)	
2:29.88 (31.06)	3:01.02 (31.14)	3:32.67 (31.65)	4:04.18 (31.51)	
4:35.78 (31.60)	5:06.33 (30.55)			
38 Park, Jacob	FR	Winston Churchill	5:16.52	5:06.66
25.85	54.23 (28.38)	1:23.37 (29.14)	1:53.09 (29.72)	
2:23.67 (30.58)	2:54.63 (30.96)	3:26.29 (31.66)	3:59.38 (33.09)	
4:33.15 (33.77)	5:06.66 (33.51)			
39 Ford, Brendan	SR	DeMatha Catholic High School	5:00.43	5:07.75
27.03	56.27 (29.24)	1:26.41 (30.14)	1:57.13 (30.72)	
2:28.13 (31.00)	2:59.49 (31.36)	3:31.33 (31.84)	4:03.48 (32.15)	
4:35.76 (32.28)	5:07.75 (31.99)			
40 Kwon, Ian	JR	Sherwood Warriors	5:10.18	5:07.97
28.09	58.64 (30.55)	1:29.49 (30.85)	2:00.33 (30.84)	
2:31.43 (31.10)	3:02.80 (31.37)	3:34.30 (31.50)	4:05.99 (31.69)	
4:37.63 (31.64)	5:07.97 (30.34)			
41 Thomas, Maddox	FR	Quince Orchard High School	5:06.31	5:08.02
26.39	55.21 (28.82)	1:25.07 (29.86)	1:55.91 (30.84)	
2:27.49 (31.58)	2:59.26 (31.77)	3:31.26 (32.00)	4:03.83 (32.57)	
4:36.44 (32.61)	5:08.02 (31.58)			
42 Campello, Anderson	SO	Sidwell Friends School	5:01.37	5:08.68
27.29	57.30 (30.01)	1:28.07 (30.77)	1:59.38 (31.31)	
2:31.05 (31.67)	3:03.06 (32.01)	3:35.06 (32.00)	4:07.11 (32.05)	
4:38.59 (31.48)	5:08.68 (30.09)			
43 Schwieters, Daniel	FR	Richard Montgomery Swim & Dive	5:14.13	5:11.59
26.34	56.09 (29.75)	1:26.97 (30.88)	1:57.66 (30.69)	
2:28.79 (31.13)	3:00.79 (32.00)	3:33.26 (32.47)	4:06.14 (32.88)	
4:39.11 (32.97)	5:11.59 (32.48)			
44 Urzua, Agustin	JR	Walt Whitman HS Swim and Dive	5:06.59	5:12.43
27.22	56.70 (29.48)	1:26.73 (30.03)	1:57.89 (31.16)	
2:30.04 (32.15)	3:02.21 (32.17)	3:34.67 (32.46)	4:07.81 (33.14)	
4:41.06 (33.25)	5:12.43 (31.37)			
45 Goetcheus, Jax	JR	Gonzaga College High School	5:07.20	5:12.55
27.41	57.62 (30.21)	1:28.56 (30.94)	2:00.03 (31.47)	
2:32.19 (32.16)	3:04.64 (32.45)	3:37.18 (32.54)	4:09.89 (32.71)	
4:42.13 (32.24)	5:12.55 (30.42)			
46 Verderese, Nicholas	JR	The Heights School	5:12.26	5:12.89
26.55	56.87 (30.32)	1:28.40 (31.53)	2:00.52 (32.12)	
2:32.97 (32.45)	3:05.14 (32.17)	3:37.07 (31.93)	4:09.27 (32.20)	
4:41.25 (31.98)	5:12.89 (31.64)			
47 Reid, Benjamin	FR	St. Albans School	5:17.75	5:13.20
27.51	58.42 (30.91)	1:30.07 (31.65)	2:02.13 (32.06)	
2:34.85 (32.72)	3:07.32 (32.47)	3:39.74 (32.42)	4:11.75 (32.01)	
4:42.94 (31.19)	5:13.20 (30.26)			
48 Wooden, Porter	FR	Northwood	5:19.16	5:14.59
27.92	58.95 (31.03)	1:30.84 (31.89)	2:02.96 (32.12)	
2:35.12 (32.16)	3:07.40 (32.28)	3:40.18 (32.78)	4:12.68 (32.50)	
4:44.52 (31.84)	5:14.59 (30.07)			
49 Singleton, Thomas	SR	Gonzaga College High School	5:05.89	5:15.16
25.52	54.37 (28.85)	1:25.52 (31.15)	1:57.35 (31.83)	
2:30.06 (32.71)	3:02.74 (32.68)	3:35.87 (33.13)	4:09.35 (33.48)	
4:42.52 (33.17)	5:15.16 (32.64)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
50 Caldwell, Evan	SO	St. John's College High School	5:19.02	5:18.46
			28.09	59.36 (31.27)
			1:31.54 (32.18)	2:04.22 (32.68)
			2:36.73 (32.51)	3:09.81 (33.08)
			3:42.75 (32.94)	4:15.51 (32.76)
			4:47.74 (32.23)	5:18.46 (30.72)
51 Foran, Finley	FR	DeMatha Catholic High School	5:19.91	5:19.18
			27.70	58.52 (30.82)
			1:30.63 (32.11)	2:02.83 (32.20)
			2:35.74 (32.91)	3:08.67 (32.93)
			3:42.29 (33.62)	4:15.47 (33.18)
			4:48.17 (32.70)	5:19.18 (31.01)
52 Morse, Nikhil	SO	Sherwood Warriors	5:17.09	5:25.37
			27.56	58.55 (30.99)
			1:30.65 (32.10)	2:03.46 (32.81)
			2:36.48 (33.02)	3:09.62 (33.14)
			3:43.59 (33.97)	4:17.79 (34.20)
			4:51.89 (34.10)	5:25.37 (33.48)
--- Liberty, Nicholas	JR	Sherwood Warriors	4:32.58	DFS

Event 16 Girls 500 Yard Freestyle

METROS: 4:26.58 M 2/6/2015 Kathleen Ledecy Stone Ridge
4:53.01 AAAU
4:58.10 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Ahearn, Mara	FR	Stone Ridge	4:53.31	4:54.43	AAAC 24
			26.39	54.98 (28.59)	
			1:24.26 (29.28)	1:53.91 (29.65)	
			2:23.76 (29.85)	2:53.85 (30.09)	
			3:24.06 (30.21)	3:54.14 (30.08)	
			4:24.28 (30.14)	4:54.43 (30.15)	
2 Saybolt, Elanor	JR	Walter Johnson High School	4:58.80	4:55.89	AAAC 21
			26.47	55.75 (29.28)	
			1:25.40 (29.65)	1:55.32 (29.92)	
			2:25.41 (30.09)	2:55.52 (30.11)	
			3:25.79 (30.27)	3:55.95 (30.16)	
			4:26.28 (30.33)	4:55.89 (29.61)	
3 Bell, Ainsley	FR	Winston Churchill	5:03.63	4:59.21	20
			27.07	56.62 (29.55)	
			1:26.97 (30.35)	1:56.93 (29.96)	
			2:27.29 (30.36)	2:57.96 (30.67)	
			3:28.70 (30.74)	3:59.27 (30.57)	
			4:29.76 (30.49)	4:59.21 (29.45)	
4 Kincaid, Kellie	SR	Our Lady of Good Counsel	4:59.16	5:02.39	19
			27.09	56.60 (29.51)	
			1:27.10 (30.50)	1:57.95 (30.85)	
			2:28.96 (31.01)	2:59.88 (30.92)	
			3:30.74 (30.86)	4:01.35 (30.61)	
			4:32.06 (30.71)	5:02.39 (30.33)	
5 Mason, Izabella	FR	Wheaton High School	5:05.78	5:05.40	18
			27.19	57.05 (29.86)	
			1:27.67 (30.62)	1:58.61 (30.94)	
			2:29.67 (31.06)	3:00.63 (30.96)	
			3:31.57 (30.94)	4:02.86 (31.29)	
			4:34.46 (31.60)	5:05.40 (30.94)	
6 Ivanovskaya, Taisiya	JR	Damascus High School	5:09.10	5:10.67	17
			27.72	57.98 (30.26)	
			1:28.85 (30.87)	2:00.16 (31.31)	
			2:31.90 (31.74)	3:03.64 (31.74)	
			3:35.79 (32.15)	4:07.63 (31.84)	
			4:39.43 (31.80)	5:10.67 (31.24)	
7 Propper, Ella	JR	Bullis School	5:06.24	5:10.84	16
			28.06	58.56 (30.50)	
			1:29.67 (31.11)	2:00.75 (31.08)	
			2:32.12 (31.37)	3:03.76 (31.64)	
			3:35.54 (31.78)	4:07.38 (31.84)	
			4:39.24 (31.86)	5:10.84 (31.60)	
8 Lim, Sophie	SO	Georgetown Day School	5:07.97	5:13.60	15
			28.66	59.57 (30.91)	
			1:31.09 (31.52)	2:02.96 (31.87)	
			2:34.84 (31.88)	3:06.99 (32.15)	
			3:39.51 (32.52)	4:11.51 (32.00)	
			4:42.76 (31.25)	5:13.60 (30.84)	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

A - Final ... (Event 16 Girls 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
9 Huyck, Genevieve	FR	Northwest High School	5:09.68	5:13.74	14
28.47	59.36 (30.89)	1:31.22 (31.86)	2:02.93 (31.71)		
2:34.95 (32.02)	3:06.90 (31.95)	3:39.16 (32.26)	4:11.02 (31.86)		
4:43.20 (32.18)	5:13.74 (30.54)				
10 Cutter, Maeve	JR	Rockville High School	5:07.17	5:18.89	13
27.90	59.36 (31.46)	1:31.69 (32.33)	2:03.70 (32.01)		
2:36.29 (32.59)	3:08.82 (32.53)	3:41.94 (33.12)	4:14.85 (32.91)		
4:47.49 (32.64)	5:18.89 (31.40)				

B - Final

11 Gudana, Sophie	JR	Montgomery Blair Swim & Dive	5:11.29	5:08.21	11
27.26	57.31 (30.05)	1:28.32 (31.01)	1:59.91 (31.59)		
2:31.50 (31.59)	3:03.26 (31.76)	3:35.19 (31.93)	4:06.98 (31.79)		
4:38.05 (31.07)	5:08.21 (30.16)				
12 Gilbert, Anne	FR	Walt Whitman HS Swim and Dive	5:15.37	5:11.44	9
28.29	59.27 (30.98)	1:31.02 (31.75)	2:03.08 (32.06)		
2:35.08 (32.00)	3:06.66 (31.58)	3:38.64 (31.98)	4:10.76 (32.12)		
4:42.28 (31.52)	5:11.44 (29.16)				
13 Fecko, Mia	JR	Sherwood Warriors	5:14.95	5:13.27	8
29.53	1:00.60 (31.07)	1:32.04 (31.44)	2:03.36 (31.32)		
2:34.64 (31.28)	3:06.31 (31.67)	3:38.08 (31.77)	4:10.01 (31.93)		
4:42.11 (32.10)	5:13.27 (31.16)				
14 Gravell, Kylie	SR	St. John's College High School	5:17.09	5:14.57	7
28.37	59.73 (31.36)	1:31.35 (31.62)	2:03.40 (32.05)		
2:35.56 (32.16)	3:07.71 (32.15)	3:39.62 (31.91)	4:11.70 (32.08)		
4:43.54 (31.84)	5:14.57 (31.03)				
15 Sanford, Molly	10	Blake Bengals	5:14.15	5:14.91	6
27.97	59.18 (31.21)	1:31.16 (31.98)	2:03.41 (32.25)		
2:35.39 (31.98)	3:07.44 (32.05)	3:39.90 (32.46)	4:12.02 (32.12)		
4:43.82 (31.80)	5:14.91 (31.09)				
16 Stillman, Maeve	SR	Our Lady of Good Counsel	5:13.67	5:15.08	5
28.33	58.63 (30.30)	1:29.95 (31.32)	2:01.59 (31.64)		
2:33.67 (32.08)	3:06.03 (32.36)	3:38.47 (32.44)	4:10.96 (32.49)		
4:43.54 (32.58)	5:15.08 (31.54)				
17 Georgiou, Maria Olympia	SO	The Holton-Arms School	5:14.33	5:15.67	4
27.72	58.20 (30.48)	1:29.76 (31.56)	2:01.97 (32.21)		
2:34.49 (32.52)	3:07.14 (32.65)	3:39.56 (32.42)	4:11.96 (32.40)		
4:44.24 (32.28)	5:15.67 (31.43)				
18 Floyd, Elle	SR	Sherwood Warriors	5:16.62	5:15.73	3
29.02	1:00.15 (31.13)	1:31.73 (31.58)	2:03.69 (31.96)		
2:35.96 (32.27)	3:08.16 (32.20)	3:40.41 (32.25)	4:12.82 (32.41)		
4:44.96 (32.14)	5:15.73 (30.77)				
19 Swezey, Charlotte	SR	Stone Ridge	5:17.34	5:18.06	2
28.44	59.66 (31.22)	1:31.40 (31.74)	2:03.72 (32.32)		
2:36.05 (32.33)	3:08.50 (32.45)	3:41.01 (32.51)	4:13.59 (32.58)		
4:46.19 (32.60)	5:18.06 (31.87)				
20 Weliwitigoda, Mila	FR	The Holton-Arms School	5:12.75	5:18.30	1
27.57	57.37 (29.80)	1:28.43 (31.06)	2:00.09 (31.66)		
2:31.89 (31.80)	3:04.31 (32.42)	3:37.74 (33.43)	4:11.49 (33.75)		
4:45.26 (33.77)	5:18.30 (33.04)				

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 16 Girls 500 Yard Freestyle

METROS: 4:26.58 M 2/6/2015 Kathleen Ledecy

Stone Ridge

4:53.01 AAAU

4:58.10 AAAC

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Ahearn, Mara	FR Stone Ridge	4:49.78	4:53.31	qAAAC
	26.84	55.52 (28.68)	1:24.63 (29.11)	1:54.09 (29.46)	
	2:23.65 (29.56)	2:53.41 (29.76)	3:23.39 (29.98)	3:53.52 (30.13)	
	4:23.64 (30.12)	4:53.31 (29.67)			
2	Saybolt, Elanor	JR Walter Johnson High School	4:59.73	4:58.80	q
	26.47	55.67 (29.20)	1:25.49 (29.82)	1:55.87 (30.38)	
	2:26.16 (30.29)	2:56.55 (30.39)	3:27.02 (30.47)	3:58.14 (31.12)	
	4:28.77 (30.63)	4:58.80 (30.03)			
3	Kincaid, Kellie	SR Our Lady of Good Counsel	4:57.86	4:59.16	q
	26.52	56.14 (29.62)	1:26.30 (30.16)	1:56.52 (30.22)	
	2:26.87 (30.35)	2:57.31 (30.44)	3:27.81 (30.50)	3:58.67 (30.86)	
	4:29.37 (30.70)	4:59.16 (29.79)			
4	Bell, Ainsley	FR Winston Churchill	5:11.47	5:03.63	q
	26.94	56.85 (29.91)	1:27.76 (30.91)	1:58.70 (30.94)	
	2:29.56 (30.86)	3:00.67 (31.11)	3:31.82 (31.15)	4:03.26 (31.44)	
	4:33.92 (30.66)	5:03.63 (29.71)			
5	Mason, Izabella	FR Wheaton High School	5:05.52	5:05.78	q
	26.89	56.46 (29.57)	1:26.85 (30.39)	1:57.39 (30.54)	
	2:28.14 (30.75)	2:59.18 (31.04)	3:30.70 (31.52)	4:02.36 (31.66)	
	4:34.16 (31.80)	5:05.78 (31.62)			
6	Propper, Ella	JR Bullis School	5:05.45	5:06.24	q
	28.34	59.11 (30.77)	1:29.84 (30.73)	2:00.49 (30.65)	
	2:31.27 (30.78)	3:02.23 (30.96)	3:33.41 (31.18)	4:04.44 (31.03)	
	4:35.67 (31.23)	5:06.24 (30.57)			
7	Cutter, Maeve	JR Rockville High School	5:14.07	5:07.17	q
	27.15	57.37 (30.22)	1:27.63 (30.26)	1:58.40 (30.77)	
	2:29.59 (31.19)	3:01.81 (32.22)	3:33.82 (32.01)	4:05.81 (31.99)	
	4:37.15 (31.34)	5:07.17 (30.02)			
8	Lim, Sophie	SO Georgetown Day School	5:12.86	5:07.97	q
	27.98	58.06 (30.08)	1:28.73 (30.67)	1:59.70 (30.97)	
	2:31.09 (31.39)	3:02.59 (31.50)	3:34.08 (31.49)	4:05.76 (31.68)	
	4:37.18 (31.42)	5:07.97 (30.79)			
9	Ivanovskaya, Taisiya	JR Damascus High School	5:10.41	5:09.10	q
	28.08	58.23 (30.15)	1:29.54 (31.31)	2:00.71 (31.17)	
	2:32.02 (31.31)	3:03.70 (31.68)	3:35.40 (31.70)	4:06.78 (31.38)	
	4:38.03 (31.25)	5:09.10 (31.07)			
10	Huyck, Genevieve	FR Northwest High School	5:28.34	5:09.68	q
	28.89	59.60 (30.71)	1:31.51 (31.91)	2:03.11 (31.60)	
	2:34.95 (31.84)	3:07.01 (32.06)	3:38.28 (31.27)	4:09.56 (31.28)	
	4:40.15 (30.59)	5:09.68 (29.53)			
11	Gudana, Sophie	JR Montgomery Blair Swim & Dive	5:09.06	5:11.29	q
	27.63	57.88 (30.25)	1:29.01 (31.13)	2:00.39 (31.38)	
	2:31.94 (31.55)	3:03.77 (31.83)	3:35.64 (31.87)	4:07.65 (32.01)	
	4:39.86 (32.21)	5:11.29 (31.43)			
12	Weliwitigoda, Mila	FR The Holton-Arms School	5:15.68	5:12.75	q
	27.54	57.16 (29.62)	1:28.12 (30.96)	1:59.62 (31.50)	
	2:31.22 (31.60)	3:03.25 (32.03)	3:35.31 (32.06)	4:07.67 (32.36)	
	4:40.70 (33.03)	5:12.75 (32.05)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 16 Girls 500 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
13	Stillman, Maeve	SR	Our Lady of Good Counsel	5:13.23	5:13.67	q
	28.08	58.98 (30.90)	1:30.40 (31.42)	2:02.06 (31.66)		
	2:33.84 (31.78)	3:05.79 (31.95)	3:37.89 (32.10)	4:10.06 (32.17)		
	4:42.45 (32.39)	5:13.67 (31.22)				
14	Sanford, Molly	10	Blake Bengals	5:33.18	5:14.15	q
	27.95	59.26 (31.31)	1:30.90 (31.64)	2:02.93 (32.03)		
	2:35.35 (32.42)	3:07.38 (32.03)	3:39.47 (32.09)	4:11.54 (32.07)		
	4:43.27 (31.73)	5:14.15 (30.88)				
15	Georgiou, Maria Olympia	SO	The Holton-Arms School	5:17.52	5:14.33	q
	27.45	57.81 (30.36)	1:29.25 (31.44)	2:01.12 (31.87)		
	2:33.32 (32.20)	3:05.64 (32.32)	3:38.02 (32.38)	4:10.50 (32.48)		
	4:42.70 (32.20)	5:14.33 (31.63)				
16	Hooff, Olivia	SR	St. John's College High School	5:10.86	5:14.92	q
	28.24	59.17 (30.93)	1:31.53 (32.36)	2:03.98 (32.45)		
	2:36.49 (32.51)	3:08.84 (32.35)	3:41.12 (32.28)	4:12.62 (31.50)		
	4:44.08 (31.46)	5:14.92 (30.84)				
17	Fecko, Mia	JR	Sherwood Warriors	5:16.18	5:14.95	q
	28.94	1:00.24 (31.30)	1:31.77 (31.53)	2:03.62 (31.85)		
	2:35.56 (31.94)	3:07.50 (31.94)	3:39.43 (31.93)	4:11.62 (32.19)		
	4:43.57 (31.95)	5:14.95 (31.38)				
18	Gilbert, Anne	FR	Walt Whitman HS Swim and Dive	5:24.50	5:15.37	q
	28.34	59.22 (30.88)	1:31.06 (31.84)	2:03.18 (32.12)		
	2:35.72 (32.54)	3:08.05 (32.33)	3:40.35 (32.30)	4:12.70 (32.35)		
	4:44.71 (32.01)	5:15.37 (30.66)				
19	Floyd, Elle	SR	Sherwood Warriors	5:16.73	5:16.62	q
	29.28	1:00.39 (31.11)	1:31.98 (31.59)	2:04.10 (32.12)		
	2:36.44 (32.34)	3:08.75 (32.31)	3:41.18 (32.43)	4:13.46 (32.28)		
	4:45.71 (32.25)	5:16.62 (30.91)				
20	Gravell, Kylie	SR	St. John's College High School	5:12.02	5:17.09	q
	28.82	1:00.30 (31.48)	1:31.96 (31.66)	2:03.89 (31.93)		
	2:36.22 (32.33)	3:08.74 (32.52)	3:41.40 (32.66)	4:13.60 (32.20)		
	4:45.89 (32.29)	5:17.09 (31.20)				
21	Swezey, Charlotte	SR	Stone Ridge	5:24.81	5:17.34	
	28.10	58.69 (30.59)	1:30.07 (31.38)	2:02.05 (31.98)		
	2:34.44 (32.39)	3:07.04 (32.60)	3:39.56 (32.52)	4:12.25 (32.69)		
	4:45.01 (32.76)	5:17.34 (32.33)				
22	Magro, Sienna	FR	Rockville High School	5:34.44	5:17.44	
	28.24	59.66 (31.42)	1:31.62 (31.96)	2:03.77 (32.15)		
	2:36.04 (32.27)	3:08.20 (32.16)	3:40.94 (32.74)	4:13.46 (32.52)		
	4:45.86 (32.40)	5:17.44 (31.58)				
23	Coapstick, Rachel	SO	Wootton Swimming and Diving	5:23.48	5:20.36	
	29.10	1:01.20 (32.10)	1:33.82 (32.62)	2:06.34 (32.52)		
	2:38.89 (32.55)	3:11.54 (32.65)	3:43.97 (32.43)	4:16.43 (32.46)		
	4:48.93 (32.50)	5:20.36 (31.43)				
24	Down, Isabella	JR	Walter Johnson High School	5:20.20	5:21.08	
	28.41	59.53 (31.12)	1:31.15 (31.62)	2:03.48 (32.33)		
	2:36.11 (32.63)	3:08.89 (32.78)	3:41.77 (32.88)	4:15.16 (33.39)		
	4:48.16 (33.00)	5:21.08 (32.92)				
25	Conrad, Addison	SO	Our Lady of Good Counsel	5:17.67	5:21.10	
	28.68	1:00.35 (31.67)	1:32.70 (32.35)	2:05.58 (32.88)		
	2:38.03 (32.45)	3:11.26 (33.23)	3:44.31 (33.05)	4:17.46 (33.15)		
	4:50.58 (33.12)	5:21.10 (30.52)				

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
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Results

Preliminaries ... (Event 16 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
26 Hughes, Sophia	SO	Walt Whitman HS Swim and Dive	5:16.76	5:21.11
28.43	59.78 (31.35)	1:31.82 (32.04)	2:04.07 (32.25)	
2:36.69 (32.62)	3:09.19 (32.50)	3:42.00 (32.81)	4:15.31 (33.31)	
4:48.61 (33.30)	5:21.11 (32.50)			
27 de Souza, Paige	SR	Winston Churchill	5:28.32	5:21.38
28.16	58.99 (30.83)	1:30.73 (31.74)	2:03.05 (32.32)	
2:35.56 (32.51)	3:08.49 (32.93)	3:41.48 (32.99)	4:14.99 (33.51)	
4:48.99 (34.00)	5:21.38 (32.39)			
28 Ossi, Chloe	JR	Montgomery Blair Swim & Dive	5:16.14	5:21.96
29.32	1:00.95 (31.63)	1:33.43 (32.48)	2:06.26 (32.83)	
2:39.15 (32.89)	3:11.86 (32.71)	3:44.84 (32.98)	4:18.19 (33.35)	
4:50.58 (32.39)	5:21.96 (31.38)			
29 Blachere, Corinne	SR	Sherwood Warriors	5:19.48	5:23.77
29.05	1:00.72 (31.67)	1:33.05 (32.33)	2:05.74 (32.69)	
2:38.38 (32.64)	3:11.33 (32.95)	3:44.41 (33.08)	4:17.72 (33.31)	
4:51.14 (33.42)	5:23.77 (32.63)			
30 Wilson, Madeleine	SO	Poolesville	5:26.47	5:23.96
29.44	1:01.08 (31.64)	1:33.50 (32.42)	2:06.26 (32.76)	
2:39.10 (32.84)	3:11.98 (32.88)	3:45.11 (33.13)	4:18.47 (33.36)	
4:51.68 (33.21)	5:23.96 (32.28)			
31 Erkan, Sarah	FR	Poolesville	5:31.65	5:25.49
30.16	1:02.68 (32.52)	1:35.37 (32.69)	2:08.13 (32.76)	
2:41.04 (32.91)	3:13.66 (32.62)	3:46.82 (33.16)	4:19.99 (33.17)	
4:53.03 (33.04)	5:25.49 (32.46)			
32 Ossi, Hope	JR	Montgomery Blair Swim & Dive	5:30.37	5:26.49
29.31	1:01.51 (32.20)	1:34.18 (32.67)	2:07.18 (33.00)	
2:40.10 (32.92)	3:13.30 (32.20)	3:46.75 (33.45)	4:20.54 (33.79)	
4:54.12 (33.58)	5:26.49 (32.37)			
33 McGee, Grace	JR	Walt Whitman HS Swim and Dive	5:28.61	5:30.69
30.21	1:03.03 (32.82)	1:36.29 (33.26)	2:09.66 (33.37)	
2:42.83 (33.17)	3:16.25 (33.42)	3:49.99 (33.74)	4:23.76 (33.77)	
4:57.53 (33.77)	5:30.69 (33.16)			
34 Heitzmann, Lily	SO	Richard Montgomery Swim & Dive	5:30.51	5:30.76
29.69	1:02.15 (32.46)	1:35.37 (33.22)	2:09.26 (33.89)	
2:43.41 (34.15)	3:16.83 (33.42)	3:50.51 (33.68)	4:24.10 (33.59)	
4:58.25 (34.15)	5:30.76 (32.51)			
35 Bhardwaj, Adya	FR	Winston Churchill	5:40.22	5:31.88
29.30	1:01.66 (32.36)	1:34.98 (33.32)	2:08.26 (33.28)	
2:42.04 (33.78)	3:15.87 (33.83)	3:50.05 (34.18)	4:24.60 (34.55)	
4:59.19 (34.59)	5:31.88 (32.69)			
36 Lolli, Peyton	SO	Northwest High School	5:32.21	5:32.15
29.43	1:01.85 (32.42)	1:35.74 (33.89)	2:09.72 (33.98)	
2:43.92 (34.20)	3:17.86 (33.94)	3:51.79 (33.93)	4:25.88 (34.09)	
5:00.19 (34.31)	5:32.15 (31.96)			
37 Peterson, Grace	FR	Our Lady of Good Counsel	5:45.26	5:34.74
28.79	1:01.47 (32.68)	1:35.64 (34.17)	2:09.04 (33.40)	
2:43.73 (34.69)	3:18.02 (34.29)	3:52.28 (34.26)	4:26.92 (34.64)	
5:01.14 (34.22)	5:34.74 (33.60)			
38 Cutter, Abigail	JR	Rockville High School	5:32.52	5:34.83
29.39	1:02.05 (32.66)	1:35.40 (33.35)	2:09.09 (33.69)	
2:43.42 (34.33)	3:17.89 (34.47)	3:52.62 (34.73)	4:27.34 (34.72)	
5:01.71 (34.37)	5:34.83 (33.12)			

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Results

Preliminaries ... (Event 16 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
39 Harvey, Ellis	SO	Walter Johnson High School	5:41.12	5:35.85
29.61	1:02.88 (33.27)	1:37.31 (34.43)	2:11.75 (34.44)	
2:46.82 (35.07)	3:21.58 (34.76)	3:55.97 (34.39)	4:30.25 (34.28)	
5:04.20 (33.95)	5:35.85 (31.65)			
40 Zimmerman, Mallory		Holy Child	5:38.22	5:35.94
29.55	1:02.32 (32.77)	1:36.11 (33.79)	2:10.47 (34.36)	
2:44.89 (34.42)	3:19.45 (34.56)	3:53.80 (34.35)	4:28.43 (34.63)	
5:02.65 (34.22)	5:35.94 (33.29)			
41 Propper, Talia	FR	Bullis School	5:35.79	5:38.32
29.55	1:02.40 (32.85)	1:35.95 (33.55)	2:09.96 (34.01)	
2:44.36 (34.40)	3:19.19 (34.83)	3:54.12 (34.93)	4:29.20 (35.08)	
5:04.27 (35.07)	5:38.32 (34.05)			
42 Vadlamudi, Anjali	SO	Albert Einstein High School	5:47.51	5:40.66
29.98	1:03.53 (33.55)	1:38.14 (34.61)	2:12.84 (34.70)	
2:48.08 (35.24)	3:23.46 (35.38)	3:58.49 (35.03)	4:33.64 (35.15)	
5:08.32 (34.68)	5:40.66 (32.34)			
43 Park, Samantha	SR	Winston Churchill	5:41.52	5:45.00
30.00	1:02.95 (32.95)	1:37.27 (34.32)	2:12.07 (34.80)	
2:47.51 (35.44)	3:23.35 (35.84)	3:59.17 (35.82)	4:35.39 (36.22)	
5:10.66 (35.27)	5:45.00 (34.34)			
44 Dantas, Maya	FR	Walt Whitman HS Swim and Dive	5:46.52	5:46.09
30.10	1:03.55 (33.45)	1:38.42 (34.87)	2:13.90 (35.48)	
2:49.57 (35.67)	3:25.59 (36.02)	4:01.76 (36.17)	4:37.29 (35.53)	
5:12.59 (35.30)	5:46.09 (33.50)			
45 Klein, Carolina	SO	Damascus High School	5:39.69	5:48.01
30.23	1:03.82 (33.59)	1:38.53 (34.71)	2:13.27 (34.74)	
2:48.80 (35.53)	3:24.11 (35.31)	4:00.00 (35.89)	4:36.29 (36.29)	
5:12.45 (36.16)	5:48.01 (35.56)			
46 Rath, Lilliana	FR	Montgomery Blair Swim & Dive	5:47.70	5:53.75
30.02	1:03.66 (33.64)	1:38.60 (34.94)	2:13.97 (35.37)	
2:49.71 (35.74)	3:26.29 (36.58)	4:03.15 (36.86)	4:40.31 (37.16)	
5:17.39 (37.08)	5:53.75 (36.36)			
47 Southerling, Shawn	JR	Bethesda-Chevy Chase HS	5:35.08	6:02.82
29.10	1:02.28 (33.18)	1:37.71 (35.43)	2:14.30 (36.59)	
2:51.64 (37.34)	3:29.42 (37.78)	4:07.99 (38.57)	4:47.19 (39.20)	
5:25.66 (38.47)	6:02.82 (37.16)			
--- Feinberg, Lydia	FR	Stone Ridge	5:29.41	DFS

Event 17 Boys 200 Yard Freestyle Relay

METROS: 1:22.99 M 2/9/2026 Georgetown Preparatory School Prep
G Hanson, J Hughes, J Kratz, A Vanas
1:24.02 AAAU
1:25.36 AAAC

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 GEORGETOWN PREPARATORY S		1:25.31	1:22.99 M AAAU	48
1) Hanson, Gabriel SO	2) Hughes, Johnny SR	3) Kratz, James SO	4) Vanas, Andrew SR	
21.19	41.91 (20.72)	1:03.20 (21.29)	1:22.99 (19.79)	
2 Gonzaga College High School		1:24.27	1:23.31 AAAU	42
1) Morgan, Kirk JR	2) Tovornik, Jackson JR	3) Thiede, George JR	4) Fisher, Patrick SO	
20.92	41.88 (20.96)	1:02.83 (20.95)	1:23.31 (20.48)	

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Results

A - Final ... (Event 17 Boys 200 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
3 DeMatha Catholic High School		1:26.90	1:24.59 AAAC	40
1) Ericson, Selim FR	2) Rooney, Seamus SR	3) Watts, Abraham SR	4) Lombardo, Jonathan JR	
21.35	42.06 (20.71)	1:03.19 (21.13)	1:24.59 (21.40)	
4 Winston Churchill		1:25.37	1:24.73 AAAC	38
1) Sims, Douglas SR	2) Begin, Charlie SR	3) Ash, Noah JR	4) Devinniey, Edward JR	
21.36	41.90 (20.54)	1:04.04 (22.14)	1:24.73 (20.69)	
5 Walter Johnson High School		1:26.37	1:25.58	36
1) Murphy, Taiyo SR	2) Bartholomew, Lachlan	3) Phillips, Dain	4) Dionne, Luc JR	
21.79	43.32 (21.53)	1:04.61 (21.29)	1:25.58 (20.97)	
6 Poolesville		1:28.02	1:27.93	34
1) Lee, Ethan SR	2) Jarczynski, Justin SR	3) Iavarone-Garza, Christian JR	4) Ferrara, Eli SR	
21.55	44.49 (22.94)	1:06.49 (22.00)	1:27.93 (21.44)	
7 St. Albans School		1:28.60	1:28.03	32
1) Kim, Aidan 29	2) Chalk, Kieran 26	3) Suh, Alex 26	4) Zhou, Shuyu 27	
22.71	44.99 (22.28)	1:06.70 (21.71)	1:28.03 (21.33)	
8 Richard Montgomery Swim & Div		1:29.23	1:28.78	30
1) Lee, Kevin JR	2) Xu, Joseph FR	3) Finnegan, Charles JR	4) Conley, Pdraig SR	
22.08	44.17 (22.09)	1:06.62 (22.45)	1:28.78 (22.16)	
9 Our Lady of Good Counsel		1:29.17	1:29.01	28
1) Germosen, Jeremiah FR	2) Zakorchemny, Cooper SR	3) Hanson, Timothy SR	4) Cobb, Jason JR	
22.01	45.22 (23.21)	1:07.28 (22.06)	1:29.01 (21.73)	
10 The Heights School		1:29.61	1:29.06	26
1) Lepre, William JR	2) Stadelmann, Lucas JR	3) Bailey, Matthew SO	4) DeLellis, JD SR	
22.22	45.25 (23.03)	1:07.77 (22.52)	1:29.06 (21.29)	
B - Final				
11 Bethesda-Chevy Chase HS		1:30.62	1:28.77	22
1) Ross, Stewart FR	2) Pevzner, Daniel JR	3) McKenna, Pierce JR	4) Avalos, Ethan SO	
22.54	44.05 (21.51)	1:06.56 (22.51)	1:28.77 (22.21)	
12 St. John's College High School		1:30.04	1:29.68	18
1) Gravell, John FR	2) Schoch, Sam SO	3) Dawson, John JR	4) Moncton, Wesley FR	
22.39	45.45 (23.06)	1:07.67 (22.22)	1:29.68 (22.01)	
13 Walt Whitman HS Swim and Dive		1:29.83	1:29.82	16
1) Press, Joseph SR	2) Liu, Brandon JR	3) Penn, Charlie JR	4) Starr, Graham SR	
23.38	45.56 (22.18)	1:07.69 (22.13)	1:29.82 (22.13)	
14 Wootton Swimming and Diving		1:29.80	1:30.17	14
1) Scherr, Aiden SR	2) De Angelis, Pietro SR	3) Lei, Jonathan SR	4) Woo, Dylan FR	
23.03	45.40 (22.37)	1:07.01 (21.61)	1:30.17 (23.16)	
15 Montgomery Blair Swim & Dive		1:32.12	1:30.24	12
1) Finberg, Matthias JR	2) Ford, Lucas JR	3) Zhao, Andrew SR	4) Kim, Lucas JR	
23.33	45.59 (22.26)	1:08.17 (22.58)	1:30.24 (22.07)	
16 Rockville High School		1:31.73	1:30.51	10
1) Barnett, Brig SR	2) Baxter, Jacob FR	3) Smyth, Loki JR	4) Franken, Evander SR	
21.58	45.00 (23.42)	1:07.99 (22.99)	1:30.51 (22.52)	
17 Quince Orchard High School		1:32.02	1:31.57	8
1) Nagao, Kazuki SR	2) Dickens, Gregory JR	3) Doh, Justin FR	4) Doh, Jacob JR	
22.24	45.75 (23.51)	1:09.11 (23.36)	1:31.57 (22.46)	
18 Sherwood Warriors		1:33.62	1:32.49	6
1) Opima, Ayden SR	2) Opima, Bryce SR	3) Pleasure, Zev JR	4) Kreitz, Till FR	
23.47	46.41 (22.94)	1:09.33 (22.92)	1:32.49 (23.16)	
19 Clarksburg High School		1:34.80	1:32.86	4
1) Truong, Aidan JR	2) Khwaja, Rayan SR	3) Jiang, Spencer SR	4) Eshler, Dresden JR	
23.84	47.16 (23.32)	1:11.41 (24.25)	1:32.86 (21.45)	

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Results

B - Final ... (Event 17 Boys 200 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
20 Northwest High School		1:33.80	1:34.63	2
1) Chan, Isaac JR	2) Yee, Gabriel SO	3) Hwang, Sean SO	4) Hammond, Dylan FR	
23.43	48.61 (25.18)	1:11.84 (23.23)	1:34.63 (22.79)	

Event 17 Boys 200 Yard Freestyle Relay

METROS: 1:22.99 M 2/9/2026 Georgetown Preparatory School Prep
G Hanson, J Hughes, J Kratz, A Vanas
1:24.02 AAAU
1:25.36 AAAC

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Gonzaga College High School		1:24.05	1:24.27 qAAAC
1) Morgan, Kirk JR	2) Tovornik, Jackson JR	3) Thiede, George JR	4) Fisher, Patrick SO
21.15	42.30 (21.15)	1:03.68 (21.38)	1:24.27 (20.59)
2 GEORGETOWN PREPARATORY S		1:24.66	1:25.31 qAAAC
1) Hanson, Gabriel SO	2) Kratz, James SO	3) Vanas, Andrew SR	4) Hughes, Johnny SR
21.41	43.09 (21.68)	1:03.70 (20.61)	1:25.31 (21.61)
3 Winston Churchill		1:27.77	1:25.37 q
1) Sims, Douglas SR	2) Begin, Charlie SR	3) Devinney, Edward JR	4) Ginsburg, Jonah SR
21.30	42.45 (21.15)	1:03.42 (20.97)	1:25.37 (21.95)
4 Walter Johnson High School		1:26.39	1:26.37 q
1) Murphy, Taiyo SR	2) Bartholomew, Lachlan	3) Greer, Christian	4) Dionne, Luc JR
21.76	43.29 (21.53)	1:05.49 (22.20)	1:26.37 (20.88)
5 DeMatha Catholic High School		1:25.04	1:26.90 q
1) Ericson, Selim FR	2) Rooney, Seamus SR	3) Adebisi, Alexander SO	4) Lombardo, Jonathan JR
21.82	43.03 (21.21)	1:05.15 (22.12)	1:26.90 (21.75)
6 Poolesville		1:27.90	1:28.02 q
1) Lee, Ethan SR	2) Jarczyński, Justin SR	3) Iavarone-Garza, Christian JR	4) Ferrara, Eli SR
21.64	44.27 (22.63)	1:06.46 (22.19)	1:28.02 (21.56)
7 St. Albans School		1:29.43	1:28.60 q
1) Kim, Aidan 29	2) Chalk, Kieran 26	3) Suh, Alex 26	4) Zhou, Shuyu 27
22.91	45.35 (22.44)	1:07.46 (22.11)	1:28.60 (21.14)
8 Our Lady of Good Counsel		1:30.40	1:29.17 q
1) Cobb, Jason JR	2) Zakorchemny, Cooper SR	3) Hanson, Timothy SR	4) Germosen, Jeremiah FR
22.45	45.63 (23.18)	1:07.91 (22.28)	1:29.17 (21.26)
9 Richard Montgomery Swim & Div		1:31.57	1:29.23 q
1) Finnegan, Charles JR	2) Conley, Pdraig SR	3) Lee, Kevin JR	4) Xu, Joseph FR
22.88	45.28 (22.40)	1:06.65 (21.37)	1:29.23 (22.58)
10 The Heights School		1:28.24	1:29.61 q
1) Bailey, Matthew SO	2) Lepre, William JR	3) Stadelmann, Lucas JR	4) DeLellis, JD SR
23.08	45.16 (22.08)	1:08.17 (23.01)	1:29.61 (21.44)
11 Wootton Swimming and Diving		1:26.38	1:29.80 q
1) Scherr, Aiden SR	2) De Angelis, Pietro SR	3) Lei, Jonathan SR	4) Woo, Dylan FR
23.39	45.07 (21.68)	1:07.05 (21.98)	1:29.80 (22.75)
12 Walt Whitman HS Swim and Dive		1:32.14	1:29.83 q
1) Press, Joseph SR	2) Liu, Brandon JR	3) Penn, Charlie JR	4) Starr, Graham SR
22.59	45.57 (22.98)	1:07.64 (22.07)	1:29.83 (22.19)
13 St. John's College High School		1:30.54	1:30.04 q
1) Gravell, John FR	2) Schoch, Sam SO	3) Dawson, John JR	4) Moncton, Wesley FR
22.28	45.09 (22.81)	1:07.31 (22.22)	1:30.04 (22.73)
14 Bethesda-Chevy Chase HS		1:31.96	1:30.62 q
1) Pevzner, Daniel JR	2) Ross, Stewart FR	3) McKenna, Pierce JR	4) Avalos, Ethan SO
22.86	45.11 (22.25)	1:08.08 (22.97)	1:30.62 (22.54)

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Results

Preliminaries ... (Event 17 Boys 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
15 Rockville High School		1:30.51	1:31.73 q
1) Barnett, Brig SR	2) Baxter, Jacob FR	3) Smyth, Loki JR	4) Franken, Evander SR
21.88	45.35 (23.47)	1:08.72 (23.37)	1:31.73 (23.01)
16 Quince Orchard High School		1:26.26	1:32.02 q
1) Nagao, Kazuki SR	2) Dickens, Gregory JR	3) Doh, Justin FR	4) Doh, Jacob JR
22.30	45.77 (23.47)	1:09.14 (23.37)	1:32.02 (22.88)
17 Montgomery Blair Swim & Dive		1:39.61	1:32.12 q
1) Finberg, Matthias JR	2) Ford, Lucas JR	3) Zhao, Andrew SR	4) Kim, Lucas JR
23.00	46.05 (23.05)	1:08.89 (22.84)	1:32.12 (23.23)
18 Sherwood Warriors		1:33.31	1:33.62 q
1) Opima, Ayden SR	2) Opima, Bryce SR	3) Pleasure, Zev JR	4) Kreitz, Till FR
23.59	46.91 (23.32)	1:10.41 (23.50)	1:33.62 (23.21)
19 Northwest High School		1:34.23	1:33.80 q
1) Chan, Isaac JR	2) Milligan, Liam SR	3) Hwang, Sean SO	4) Hammond, Dylan FR
23.47	47.23 (23.76)	1:10.54 (23.31)	1:33.80 (23.26)
20 Clarksburg High School		1:34.50	1:34.80 q
1) Truong, Aidan JR	2) Khwaja, Rayan SR	3) Jiang, Spencer SR	4) Eshler, Dresden JR
23.91	48.01 (24.10)	1:13.09 (25.08)	1:34.80 (21.71)
21 Landon School Varsity Swimming		1:33.43	1:35.27
1) Iacovelli, Leonardo SR	2) Schwartz, Jackson SO	3) Fasuyi, Raqib SO	4) LaPlaca, Gian SO
23.81	47.77 (23.96)	1:11.44 (23.67)	1:35.27 (23.83)
22 Wheaton High School		1:39.27	1:35.55
1) Gerhardt, Logan SO	2) Egbarin, Joseph JR	3) Kemp, Robert JR	4) Helfers, William SO
23.95	49.21 (25.26)	1:13.65 (24.44)	1:35.55 (21.90)
23 Damascus High School		1:36.32	1:36.35
1) Wong, Vincent SO	2) Nguyen, Colin SO	3) Rucker, Alexander SO	4) Wong, Roland SR
24.13	48.69 (24.56)	1:13.16 (24.47)	1:36.35 (23.19)
24 Blake Bengals		1:36.24	1:36.86
1) Vaonakis, Phoenix 11	2) Puentes, Nicolas 9	3) Johnson, Jayden 11	4) Dawson, John 11
24.54	48.70 (24.16)	1:13.02 (24.32)	1:36.86 (23.84)
25 Sidwell Friends School		1:32.58	1:37.12
1) Hodgdon, Nicholas FR	2) Andrews, Carter SO	3) Bachrach, Jake FR	4) Donley, Logan FR
23.72	48.84 (25.12)	1:13.26 (24.42)	1:37.12 (23.86)
26 Albert Einstein High School		1:38.87	1:37.28
1) Raab, Ethan SR	2) Reineke, Alexander JR	3) Sandridge, Henry SR	4) Windt, Aleksander JR
24.48	50.60 (26.12)	1:14.80 (24.20)	1:37.28 (22.48)
27 Bullis School		1:39.83	1:37.48
1) Simon, Elliott SR	2) Zacharia, Dylan JR	3) Bhandari, Kaveesh SR	4) Arora, Pierce SR
24.37	48.79 (24.42)	1:13.76 (24.97)	1:37.48 (23.72)
28 St. Andrew's Episcopal School		1:35.15	1:37.61
1) Sweeney, Sean JU	2) Walther, Tyson JU	3) Arora, Aarian JU	4) Portner, Sullivan SO
24.83	49.39 (24.56)	1:14.87 (25.48)	1:37.61 (22.74)
29 Gaithersburg High School		1:39.86	1:38.00
1) Burakiewicz, Vincent JR	2) Fore, Nathan SR	3) Zaporozhetc, Michael SO	4) Giffin, Henry SR
24.27	48.54 (24.27)	1:14.03 (25.49)	1:38.00 (23.97)
30 Jackson-Reed High School		1:36.06	1:38.67
1) Pangelinan, Eddie	2) Quinn, Trieu	3) Serajuddin, Ehsan SR	4) Paffenroth, Will
25.07	48.27 (23.20)	1:13.49 (25.22)	1:38.67 (25.18)
31 Seneca Valley High School		1:38.08	1:38.68
1) Bradbury, Ian JR	2) Escobar, Miguel JR	3) Hoang, Brandon JR	4) Hybl, Ziad Phoenix SR
	49.85 ()	1:14.72 (24.87)	1:38.68 (23.96)

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 17 Boys 200 Yard Freestyle Relay)

Team	Relay		Seed Time	Prelim Time
32 Watkins Mill			1:39.97	1:38.99
1) Scavullo, Blaise JR	2) Pineda, Martin SR	3) Huaman, Anthony JR	4) Banks, Asa FR	
24.62	49.65 (25.03)	1:14.69 (25.04)	1:38.99 (24.30)	
33 Georgetown Day School			1:38.47	1:39.85
1) Klepper, Ari FR	2) Keeley, Sean JR	3) Li, Ryan FR	4) Hirsh, Ethan FR	
24.79	49.88 (25.09)	1:14.97 (25.09)	1:39.85 (24.88)	
34 Colonel Zadok Magruder HS			1:37.66	1:40.14
1) Bridgett, Shane JR	2) Ryba, Scott FR	3) Ghosh, Shreyas SR	4) Sutton, Jayden SR	
24.52	49.99 (25.47)	1:15.21 (25.22)	1:40.14 (24.93)	
35 Springbrook Swim and Dive Team			1:42.81	1:42.03
1) Davis, Caleb SO	2) Cruz Calderon, Marcos	3) Cruz Calderon, Christian	4) Nguyen, Thien Trieu SR	
25.62	51.54 (25.92)	1:17.57 (26.03)	1:42.03 (24.46)	
36 Basis DC			1:41.76	1:43.77
1) Nigri, Noah	2) Nigri, Eli	3) Fleming, Cooper	4) Fleming, Colton	
24.32	50.11 (25.79)	1:21.32 (31.21)	1:43.77 (22.45)	
--- Northwood			1:38.24	DQ
1) Garriock, Charlie FR	2) Neggaz, Zaid	3) Warnke, Becker FR	4) Rees, Henry JR	

Event 18 Girls 200 Yard Freestyle Relay

METROS: 1:33.75 M 2/11/2023 Stone Ridge Stone Ridge
E Sun, L Goetcheus, A Webb, E Gemmell
1:35.48 AAAU
1:37.13 AAAC

Team	Relay		Prelim Time	Finals Time	Points
A - Final					
1 Winston Churchill			1:39.14	1:37.26	48
1) Schur, Gracelyn SO	2) Kaiser, Gabriela SR	3) Chen, Alexa FR	4) Cai, Anika JR		
24.84	48.89 (24.05)	1:13.69 (24.80)	1:37.26 (23.57)		
2 Stone Ridge			1:39.33	1:37.59	42
1) Ahearn, Mara FR	2) Muller, Quinn FR	3) Webb, Addison SR	4) Roemer, Samantha SO		
24.81	50.23 (25.42)	1:14.62 (24.39)	1:37.59 (22.97)		
3 The Holton-Arms School			1:39.37	1:38.61	40
1) Ndu, Omannaya SR	2) Ji, KaiLi SO	3) Roscetti, Natalie FR	4) Weliwitigoda, Mila FR		
24.53	48.95 (24.42)	1:13.85 (24.90)	1:38.61 (24.76)		
4 St. John's College High School			1:40.03	1:38.78	38
1) Bishop, Lexie SO	2) Regan, Madelyn FR	3) Hooff, Olivia SR	4) Potter, Addison SO		
24.78	49.84 (25.06)	1:14.16 (24.32)	1:38.78 (24.62)		
5 Our Lady of Good Counsel			1:40.42	1:39.33	36
1) Johnson, Alexis FR	2) LaMotteo, Madison SR	3) Ryan, Jenna FR	4) Inman, Madeleine JR		
25.00	49.83 (24.83)	1:14.46 (24.63)	1:39.33 (24.87)		
6 Bullis School			1:40.70	1:39.52	34
1) Propper, Ella JR	2) Simon, Olivia SO	3) Zheng, Emma JR	4) Day, Gabrielle JR		
25.83	50.96 (25.13)	1:16.52 (25.56)	1:39.52 (23.00)		
7 Richard Montgomery Swim & Div			1:40.68	1:40.39	32
1) Chong, Finley SO	2) Frantz, Nyah JR	3) Szubert, Dorota JR	4) Ren, Samantha SO		
25.28	50.59 (25.31)	1:15.65 (25.06)	1:40.39 (24.74)		
8 Walter Johnson High School			1:40.84	1:40.56	30
1) Lee, Jeanelle SR	2) Saybolt, Elanor JR	3) McCarty, Natalie SO	4) Bailey, Alysa JR		
25.66	49.72 (24.06)	1:14.98 (25.26)	1:40.56 (25.58)		
9 Walt Whitman HS Swim and Dive			1:41.49	1:41.19	28
1) Gilbert, Anne FR	2) Lotsch, Maika JR	3) Liu, Ashley SO	4) Kottak, Nadja FR		
25.57	50.78 (25.21)	1:15.97 (25.19)	1:41.19 (25.22)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

A - Final ... (Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
10 Wootton Swimming and Diving		1:42.39	1:43.07	26
1) Chen, Elizabeth JR	2) Yan, Alisia SO	3) Nishnianidze, Anna SR	4) Coapstick, Rachel SO	
26.41	52.70 (26.29)	1:16.67 (23.97)	1:43.07 (26.40)	

B - Final

11 Poolesville		1:43.21	1:41.66	22
1) She, Vivian JR	2) Mitin, Veronica JR	3) Huang, Sophie SR	4) Congdon, Lilian SR	
25.72	50.92 (25.20)	1:16.44 (25.52)	1:41.66 (25.22)	
12 ACADEMY OF THE HOLY CROSS		1:43.32	1:42.14	18
1) Grahl, Sophie SR	2) Fiery, Eden SR	3) Grenham, Kaitlyn SR	4) Mongelli, Megan SR	
26.50	51.84 (25.34)	1:16.97 (25.13)	1:42.14 (25.17)	
13 Sherwood Warriors		1:43.88	1:43.22	16
1) Velasquez, Amelia FR	2) Lakso, Brooke FR	3) Velasquez, Alesandra SO	4) Quiroga, Maya SR	
26.00	51.37 (25.37)	1:16.90 (25.53)	1:43.22 (26.32)	
14 Rockville High School		1:44.06	1:43.34	14
1) Cutter, Maeve JR	2) Cutter, Abigail JR	3) Baillie, Lily SO	4) Henry, Paige SR	
26.03	52.14 (26.11)	1:17.82 (25.68)	1:43.34 (25.52)	
15 National Cathedral School		1:43.20	1:43.53	12
1) Mascott, Avery 26	2) Latcovich, Madeline 28	3) Vickerman, Sofia 26	4) Muoio, Adele 26	
28.15	52.79 (24.64)	1:17.85 (25.06)	1:43.53 (25.68)	
16 Montgomery Blair Swim & Dive		1:44.09	1:43.70	10
1) Gudana, Sophie JR	2) Humpert, Lucy JR	3) Ng, Henna SO	4) Ossi, Hope JR	
24.82	50.57 (25.75)	1:17.27 (26.70)	1:43.70 (26.43)	
17 Quince Orchard High School		1:45.96	1:44.42	8
1) Katz, Ariana SR	2) Podlesny, Nina SO	3) Wolfington, Annika JR	4) Marks, Stephanie SR	
26.40	52.78 (26.38)	1:18.80 (26.02)	1:44.42 (25.62)	
18 Jackson-Reed High School		1:45.72	1:44.84	6
1) Yoder, Claire	2) Yoder, Anna	3) Block, Jessica	4) Fletcher, Leah	
25.75	52.92 (27.17)	1:18.99 (26.07)	1:44.84 (25.85)	
19 Northwest High School		1:45.72	1:45.45	4
1) Lolli, Peyton SO	2) Chakiath, Iris SR	3) Chang, Carleigh JR	4) Huyck, Genevieve FR	
26.31	53.17 (26.86)	1:19.72 (26.55)	1:45.45 (25.73)	
20 Blake Bengals		1:45.21	1:45.78	2
1) Sanford, Molly 10	2) Luse, Elizabeth 9	3) Zeigler, Abigail 12	4) Trang, Kimberley 12	
25.38	51.80 (26.42)	1:19.85 (28.05)	1:45.78 (25.93)	

Event 18 Girls 200 Yard Freestyle Relay

METROS: 1:33.75 M 2/11/2023 Stone Ridge Stone Ridge
E Sun, L Goetcheus, A Webb, E Gemmell
1:35.48 AAAU
1:37.13 AAAC

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Winston Churchill		1:40.44	1:39.14 q
1) Schur, Gracelyn SO	2) Kaiser, Gabriela SR	3) Chen, Alexa FR	4) Cai, Anika JR
25.08	49.88 (24.80)	1:15.06 (25.18)	1:39.14 (24.08)
2 Stone Ridge		1:38.81	1:39.33 q
1) Ahearn, Mara FR	2) Muller, Quinn FR	3) Webb, Addison SR	4) Roemer, Samantha SO
25.23	50.92 (25.69)	1:15.53 (24.61)	1:39.33 (23.80)
3 The Holton-Arms School		1:38.20	1:39.37 q
1) Ji, KaiLi SO	2) Roscetti, Natalie FR	3) Weliwitigoda, Mila FR	4) Ndu, Omannaya SR
24.79		1:15.33 ()	1:39.37 (24.04)

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
4 St. John's College High School		1:39.07	1:40.03 q
1) Bishop, Lexie SO	2) Regan, Madelyn FR	3) Hooff, Olivia SR	4) Potter, Addison SO
24.82	49.98 (25.16)	1:15.07 (25.09)	1:40.03 (24.96)
5 Our Lady of Good Counsel		1:38.99	1:40.42 q
1) Johnson, Alexis FR	2) Ryan, Jenna FR	3) LaMotteo, Madison SR	4) Inman, Madeleine JR
25.56	50.74 (25.18)	1:15.72 (24.98)	1:40.42 (24.70)
6 Richard Montgomery Swim & Div		1:41.81	1:40.68 q
1) Szubert, Dorota JR	2) Frantz, Nyah JR	3) Chong, Finley SO	4) Ren, Samantha SO
25.88	51.14 (25.26)	1:15.95 (24.81)	1:40.68 (24.73)
7 Bullis School		1:39.55	1:40.70 q
1) Propper, Ella JR	2) Simon, Olivia SO	3) Zheng, Emma JR	4) Day, Gabrielle JR
25.79	51.12 (25.33)	1:17.11 (25.99)	1:40.70 (23.59)
8 Walter Johnson High School		1:36.38	1:40.84 q
1) Lee, Jeanelle SR	2) Saybolt, Elanor JR	3) McCarty, Natalie SO	4) Bailey, Alysa JR
25.78	50.17 (24.39)	1:15.49 (25.32)	1:40.84 (25.35)
9 Walt Whitman HS Swim and Dive		1:44.13	1:41.49 q
1) Kottak, Nadja FR	2) Gilbert, Anne FR	3) Lotsch, Maika JR	4) Liu, Ashley SO
25.37	50.90 (25.53)	1:16.03 (25.13)	1:41.49 (25.46)
10 Wootton Swimming and Diving		1:42.50	1:42.39 q
1) Chen, Elizabeth JR	2) Yan, Alisia SO	3) Nishnianidze, Anna SR	4) Coapstick, Rachel SO
26.37	52.15 (25.78)	1:16.06 (23.91)	1:42.39 (26.33)
11 National Cathedral School		1:43.26	1:43.20 q
1) Mascott, Avery 26	2) Latcovich, Madeline 28	3) Vickerman, Sofia 26	4) Muoio, Adele 26
28.72	53.29 (24.57)	1:18.22 (24.93)	1:43.20 (24.98)
12 Poolesville		1:41.25	1:43.21 q
1) She, Vivian JR	2) Mitin, Veronica JR	3) Huang, Sophie SR	4) Congdon, Lilian SR
25.91	51.50 (25.59)	1:17.56 (26.06)	1:43.21 (25.65)
13 ACADEMY OF THE HOLY CROSS		1:40.43	1:43.32 q
1) Grahl, Sophie SR	2) Fiery, Eden SR	3) Grenham, Kaitlyn SR	4) Mongelli, Megan SR
26.66	52.48 (25.82)	1:17.70 (25.22)	1:43.32 (25.62)
14 Sherwood Warriors		1:43.00	1:43.88 q
1) Velasquez, Amelia FR	2) Quiroga, Maya SR	3) Lakso, Brooke FR	4) Velasquez, Alesandra SO
26.00	52.89 (26.89)	1:18.32 (25.43)	1:43.88 (25.56)
15 Rockville High School		1:42.78	1:44.06 q
1) Henry, Paige SR	2) Baillie, Lily SO	3) Cutter, Abigail JR	4) Cutter, Maeve JR
26.33	52.06 (25.73)	1:18.54 (26.48)	1:44.06 (25.52)
16 Montgomery Blair Swim & Dive		1:43.37	1:44.09 q
1) Gudana, Sophie JR	2) Humpert, Lucy JR	3) Ng, Henna SO	4) DeBacker, Leila FR
25.01	50.87 (25.86)	1:17.18 (26.31)	1:44.09 (26.91)
17 Blake Bengals		1:42.98	1:45.21 q
1) Trang, Kimberley 12	2) Luse, Elizabeth 9	3) Zeigler, Abigail 12	4) Sanford, Molly 10
26.52	52.63 (26.11)	1:20.52 (27.89)	1:45.21 (24.69)
*18 Northwest High School		1:47.41	1:45.72 q
1) Huyck, Genevieve FR	2) Chakiath, Iris SR	3) Chang, Carleigh JR	4) Lolli, Peyton SO
26.66	53.33 (26.67)	1:19.85 (26.52)	1:45.72 (25.87)
*18 Jackson-Reed High School		1:45.96	1:45.72 q
1) Yoder, Claire	2) Yoder, Anna	3) Block, Jessica	4) Fletcher, Leah
25.88	53.20 (27.32)	1:19.49 (26.29)	1:45.72 (26.23)
20 Quince Orchard High School		1:45.28	1:45.96 q
1) Katz, Ariana SR	2) Wolfington, Annika JR	3) Podlesny, Nina SO	4) Marks, Stephanie SR
26.51	53.05 (26.54)	1:21.14 (28.09)	1:45.96 (24.82)

2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC

SWIMMING AND DIVING CHAMPIONSHIPS

Results

Preliminaries ... (Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
21 MARET SCHOOL		1:43.77	1:46.67
1) Gebre, Arriam SR	2) Sislen, Tea JR	3) Gray, Caroline FR	4) Clattenburg, Hannah JR
26.96	53.13 (26.17) 1:46.67 (53.54)		
22 Georgetown Visitation		1:45.84	1:47.20
1) Thompson, Mia FR	2) Tobin, Caroline SO	3) Gallagher, Lilah FR	4) Gallagher, Gabby FR
28.31	55.56 (27.25) 1:21.90 (26.34)	1:47.20 (25.30)	
23 Bethesda-Chevy Chase HS		1:44.08	1:47.52
1) McWhorter, Molly SO	2) Dedolph, Charlotte JR	3) Foster, Sophie SR	4) Krantz, Keira SO
26.81	53.84 (27.03) 1:20.53 (26.69)	1:47.52 (26.99)	
24 Damascus High School		1:46.69	1:48.00
1) Hennelly, Makayla FR	2) Petrousky, Gabrielle SO	3) Klein, Carolina SO	4) Erazo, Mikaila JR
27.30	54.33 (27.03) 1:22.08 (27.75)	1:48.00 (25.92)	
25 Springbrook Swim and Dive Team		1:52.38	1:48.66
1) Smugeresky, Emily FR	2) Egwim, Tessa SO	3) Wofford, Elise FR	4) Egwim, Tiffany SR
	54.86 () 1:23.06 (28.20)	1:48.66 (25.60)	
26 Georgetown Day School		1:49.75	1:48.68
1) Lipman, Tessa SO	2) Hirsh, Rebecca SO	3) Nepl, Ridgely SO	4) Lim, Sophie SO
27.67	55.77 (28.10) 1:22.80 (27.03)	1:48.68 (25.88)	
27 Albert Einstein High School		1:48.87	1:49.21
1) McMurry, Margaux FR	2) Stenger, Lucille SR	3) Vadlamudi, Anjali SO	4) Nichols, Annalise SR
27.33	54.80 (27.47) 1:22.15 (27.35)	1:49.21 (27.06)	
28 Seneca Valley High School		1:50.08	1:49.53
1) Selak, Austen SO	2) Chrobak, Emma SR	3) Selak, Aden SO	4) Hmem, Rania SR
28.36	55.61 (27.25) 1:23.85 (28.24)	1:49.53 (25.68)	
29 Wheaton High School		1:54.46	1:49.56
1) Mason, Izabella FR	2) Jacobson, Allison SR	3) Patel, Sarisha SO	4) Hooker, Marion FR
25.19	55.66 (30.47) 1:21.94 (26.28)	1:49.56 (27.62)	
30 St. Andrew's Episcopal School		1:47.01	1:49.69
1) Long, Piper SN	2) Berry, Fiona SO	3) Brown, Naomi F	4) Xiao, Alice SN
26.82	55.17 (28.35) 1:23.75 (28.58)	1:49.69 (25.94)	
31 Elizabeth Seton Varsity Swim		1:48.55	1:49.91
1) Vaughan, Leah SO	2) David, Nicole FR	3) Hammer, Sophia JR	4) Parsons, Kiera SR
27.96	55.23 (27.27) 1:23.28 (28.05)	1:49.91 (26.63)	
32 Sidwell Friends School		1:46.43	1:50.05
1) Aliabadi, Ava FR	2) Green, Cami SO	3) Kountoupes, Luca SR	4) Lopez Murphy, Malena SO
27.08	55.95 (28.87) 1:23.61 (27.66)	1:50.05 (26.44)	
33 Watkins Mill		1:52.19	1:51.82
1) Rivera, Bianca FR	2) Rodriguez, Sofia	3) Pineda, Isabela FR	4) Repice, Brooklyn FR
27.96	56.12 (28.16) 1:25.14 (29.02)	1:51.82 (26.68)	
34 Gaithersburg High School		1:53.40	1:54.06
1) Bising, Ava FR	2) Valencia, Jordyn SR	3) Valencia, Mila JR	4) Valencia, Ally SO
27.85	1:26.23 ()	1:54.06 (27.83)	
35 Colonel Zadok Magruder HS		1:48.75	1:59.26
1) Rudmann, Caroline SR	2) Mushahwar, Ava JR	3) Muragaki, Reina SR	4) Halas, Claire SO
28.75	58.97 (30.22) 1:29.92 (30.95)	1:59.26 (29.34)	

2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC**SWIMMING AND DIVING CHAMPIONSHIPS****Results****Event 19 Boys 100 Yard Backstroke**

METROS: 46.76 M 2/9/2013 Jack Conger

Good Counsel

48.90 AAAU

50.07 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Oehler, Griffin	JR	GEORGETOWN PREPARATORY SCHOC	47.71	47.15	AAAU 24
23.04		47.15 (24.11)			
2 Begin, Charlie	SR	Winston Churchill	50.44	48.94	AAAC 21
23.89		48.94 (25.05)			
3 Hanson, Gabriel	SO	GEORGETOWN PREPARATORY SCHOC	50.02	50.18	20
24.28		50.18 (25.90)			
4 Ancheta, Guillermo	SR	Northwest High School	50.87	50.75	19
24.39		50.75 (26.36)			
5 Mettler, Colton	JR	Quince Orchard High School	51.68	51.15	18
24.34		51.15 (26.81)			
6 Lee, Kevin	JR	Richard Montgomery Swim & Dive	50.40	51.43	17
24.95		51.43 (26.48)			
7 Friedman, Owen	SR	Walter Johnson High School	51.56	51.51	16
25.06		51.51 (26.45)			
8 Rooney, Seamus	SR	DeMatha Catholic High School	51.07	51.84	15
24.76		51.84 (27.08)			
9 Knapp, Lucas	SR	Walter Johnson High School	51.09	52.03	14
25.04		52.03 (26.99)			
10 Burger, Seth	JR	Bullis School	51.85	52.23	13
25.23		52.23 (27.00)			
B - Final					
11 Barnett, Brig	SR	Rockville High School	51.85	51.50	11
24.88		51.50 (26.62)			
12 Duma, John	SR	Bethesda-Chevy Chase HS	52.40	51.71	9
25.35		51.71 (26.36)			
13 Beares, Gordon	JR	Landon School Varsity Swimming	53.75	52.89	8
25.77		52.89 (27.12)			
14 Devinney, Jay Cole	FR	Winston Churchill	52.12	52.93	7
25.56		52.93 (27.37)			
15 Tovornik, Jackson	JR	Gonzaga College High School	52.17	53.00	6
25.87		53.00 (27.13)			
16 Maready, Mason	SO	Sherwood Warriors	52.78	53.07	5
25.84		53.07 (27.23)			
17 Drews, Roman	JR	Our Lady of Good Counsel	53.85	53.46	4
26.29		53.46 (27.17)			
18 McCurdy, Ethan	SR	Quince Orchard High School	52.70	53.54	3
26.04		53.54 (27.50)			
19 Makepeace, Archer	SR	Gonzaga College High School	52.52	53.65	2
25.98		53.65 (27.67)			
20 Lawrence, James	SR	Poolesville	53.51	54.15	1
26.51		54.15 (27.64)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Event 19 Boys 100 Yard Backstroke

METROS: 46.76 M 2/9/2013 Jack Conger
48.90 AAAU
50.07 AAAC

Good Counsel

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Oehler, Griffin	JR	GEORGETOWN PREPARATORY SCHOC	48.24	47.71	qAAAU
23.44		47.71 (24.27)			
2 Hanson, Gabriel	SO	GEORGETOWN PREPARATORY SCHOC	51.42	50.02	qAAAC
24.12		50.02 (25.90)			
3 Lee, Kevin	JR	Richard Montgomery Swim & Dive	52.81	50.40	q
24.54		50.40 (25.86)			
4 Begin, Charlie	SR	Winston Churchill	50.59	50.44	q
24.44		50.44 (26.00)			
5 Ancheta, Guillermo	SR	Northwest High School	52.11	50.87	q
24.79		50.87 (26.08)			
6 Rooney, Seamus	SR	DeMatha Catholic High School	50.81	51.07	q
24.77		51.07 (26.30)			
7 Knapp, Lucas	SR	Walter Johnson High School	51.84	51.09	q
24.53		51.09 (26.56)			
8 Friedman, Owen	SR	Walter Johnson High School	52.13	51.56	q
25.17		51.56 (26.39)			
9 Mettler, Colton	JR	Quince Orchard High School	51.82	51.68	q
25.11		51.68 (26.57)			
10 Burger, Seth	JR	Bullis School	51.73	51.85	q
25.01		51.85 (26.84)			
11 Barnett, Brig	SR	Rockville High School	52.47	51.85	q
25.05		51.85 (26.80)			
12 Devinney, Jay Cole	FR	Winston Churchill	54.56	52.12	q
25.12		52.12 (27.00)			
13 Tovornik, Jackson	JR	Gonzaga College High School	52.31	52.17	q
25.68		52.17 (26.49)			
14 Duma, John	SR	Bethesda-Chevy Chase HS	52.18	52.40	q
25.74		52.40 (26.66)			
15 Makepeace, Archer	SR	Gonzaga College High School	52.40	52.52	q
25.66		52.52 (26.86)			
16 McCurdy, Ethan	SR	Quince Orchard High School	53.23	52.70	q
25.56		52.70 (27.14)			
17 Maready, Mason	SO	Sherwood Warriors	53.60	52.78	q
25.92		52.78 (26.86)			
18 Lawrence, James	SR	Poolesville	53.27	53.51	q
26.25		53.51 (27.26)			
19 Beares, Gordon	JR	Landon School Varsity Swimming	53.26	53.75	q
26.34		53.75 (27.41)			
20 Drews, Roman	JR	Our Lady of Good Counsel	53.91	53.85	q
26.38		53.85 (27.47)			
21 Moncton, Wesley	FR	St. John's College High School	54.33	54.08	
26.30		54.08 (27.78)			
22 Finnegan, Charles	JR	Richard Montgomery Swim & Dive	57.08	54.35	
26.87		54.35 (27.48)			
23 Conley, Padraig	SR	Richard Montgomery Swim & Dive	54.25	54.48	
26.31		54.48 (28.17)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 19 Boys 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
24 Penn, Charlie	JR	Walt Whitman HS Swim and Dive	53.36	54.84
26.10		54.84 (28.74)		
25 Kueh, Michael	SR	Wootton Swimming and Diving	53.70	54.87
26.38		54.87 (28.49)		
26 Rump, Brennan	FR	GEORGETOWN PREPARATORY SCHOC	55.29	54.93
26.51		54.93 (28.42)		
27 Lee, Seine	FR	Winston Churchill	56.34	55.04
26.46		55.04 (28.58)		
28 Tian, Brandon	JR	Poolesville	56.22	55.19
26.34		55.19 (28.85)		
29 Bryce, William	SO	Montgomery Blair Swim & Dive	57.05	55.63
26.86		55.63 (28.77)		
30 Liu, Brandon	JR	Walt Whitman HS Swim and Dive	57.71	55.79
26.93		55.79 (28.86)		
31 Yo, Caleb	FR	Poolesville	55.81	55.97
27.34		55.97 (28.63)		
32 Adebisi, Alexander	SO	DeMatha Catholic High School	54.68	56.03
26.88		56.03 (29.15)		
33 Mills, Joseph	SR	Gonzaga College High School	59.92	56.08
27.51		56.08 (28.57)		
34 Pino, Dylan	FR	Wootton Swimming and Diving	55.91	56.33
27.32		56.33 (29.01)		
35 Vaughn, Jordan	SR	DeMatha Catholic High School	52.07	56.49
28.46		56.49 (28.03)		
36 Lin, David	27	St. Albans School	58.77	56.54
26.88		56.54 (29.66)		
37 Marston, Samuel	JR	Damascus High School	57.50	56.63
27.56		56.63 (29.07)		
38 Kee, Caleb	JR	Walter Johnson High School	57.88	56.79
27.77		56.79 (29.02)		
*39 Kim, Aidan	29	St. Albans School	56.26	56.94
27.88		56.94 (29.06)		
*39 Hwang, Sean	SO	Northwest High School	57.09	56.94
27.56		56.94 (29.38)		
41 Arovas, Adrian	SR	Bethesda-Chevy Chase HS	57.53	57.15
27.75		57.15 (29.40)		
42 Opima, Bryce	SR	Sherwood Warriors	56.88	57.31
27.83		57.31 (29.48)		
43 Guo, Ethan	JR	Montgomery Blair Swim & Dive	58.89	57.32
28.25		57.32 (29.07)		
44 Kissel, Andrew	SR	Quince Orchard High School	55.62	57.50
28.25		57.50 (29.25)		
45 Ngo, Henry	JR	Sherwood Warriors	56.77	57.52
28.26		57.52 (29.26)		
46 Kimpel, Rex	JR	St. John's College High School	56.57	57.62
28.27		57.62 (29.35)		
47 Schultz, Travis		Walter Johnson High School	58.14	57.64
28.17		57.64 (29.47)		
48 Smyth, Caleb	FR	Rockville High School	58.81	57.66
28.50		57.66 (29.16)		
49 Watkins, William	JR	Rockville High School	1:00.22	57.68
28.19		57.68 (29.49)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 19 Boys 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
50 Nigri, Noah		Basis DC	57.49	58.06
28.05		58.06 (30.01)		
51 Alfonso-Frank, Simon		SO Montgomery Blair Swim & Dive	59.45	58.26
28.45		58.26 (29.81)		
52 Truong, Aidan		JR Clarksburg High School	58.43	58.42
28.44		58.42 (29.98)		
53 Tucker, Robert		JR Colonel Zadok Magruder HS	58.92	58.82
27.87		58.82 (30.95)		
54 Han, Rowan		FR Walt Whitman HS Swim and Dive	59.45	58.86
28.45		58.86 (30.41)		
55 Songu-Mbriwa, Nathanael		SR St. Vincent Pallotti	59.66	58.88
28.94		58.88 (29.94)		
56 Dogan, Ertan		SR Winston Churchill	1:01.70	59.19
28.55		59.19 (30.64)		
57 Pesin, Zachary		FR Wootton Swimming and Diving	59.25	59.22
29.02		59.22 (30.20)		
58 Fayed, Jacob		SO Landon School Varsity Swimming	58.03	59.24
28.49		59.24 (30.75)		
59 Gastright, Thomas		JR Gonzaga College High School	58.80	59.27
28.10		59.27 (31.17)		
60 Jacobs, Thomas		FR St. John's College High School	58.46	59.51
28.25		59.51 (31.26)		
61 Carter, Thomas		SO Montgomery Blair Swim & Dive	1:00.53	59.82
28.79		59.82 (31.03)		
62 Mataruse, Zayne		FR Our Lady of Good Counsel	1:00.49	59.92
29.07		59.92 (30.85)		
63 Morris, Andrew		27 St. Albans School	59.61	1:00.20
30.24		1:00.20 (29.96)		
64 LaPlaca, Gian		SO Landon School Varsity Swimming	1:00.30	1:00.24
28.92		1:00.24 (31.32)		
65 McGuire, Jeffrey		F St. Andrew's Episcopal School	1:00.12	1:00.49
29.19		1:00.49 (31.30)		
66 Eloshway, Luke		SR Our Lady of Good Counsel	59.79	1:00.61
29.35		1:00.61 (31.26)		
67 Montague, Eoin		SR Bethesda-Chevy Chase HS	1:00.03	1:00.70
29.41		1:00.70 (31.29)		
68 Zemek, Peter		SO The Heights School	1:00.91	1:00.83
29.50		1:00.83 (31.33)		
69 Garner, Joseph		FR Clarksburg High School	1:01.21	1:00.98
29.43		1:00.98 (31.55)		
70 Umberger, Lian		SO Richard Montgomery Swim & Dive	1:00.18	1:01.38
29.05		1:01.38 (32.33)		
71 Grundhoefer, Mason		29 St. Albans School	1:01.60	1:01.66
29.60		1:01.66 (32.06)		
72 Eschmann, John		SR The Heights School	1:00.86	1:01.82
29.80		1:01.82 (32.02)		
73 Stringer, James		FR St. John's College High School	1:02.19	1:02.21
29.56		1:02.21 (32.65)		
74 Lei, Noah		FR Wootton Swimming and Diving	1:02.09	1:02.34
29.39		1:02.34 (32.95)		
75 Selak, Landen		JR Seneca Valley High School	1:01.75	1:02.72
30.57		1:02.72 (32.15)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 19 Boys 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
76 George, Lincoln	FR	GEORGETOWN PREPARATORY SCHOC	1:01.03	1:03.22
29.43				1:03.22 (33.79)
77 Raab, Ethan	SR	Albert Einstein High School	1:01.25	1:03.59
30.98				1:03.59 (32.61)
--- McKenna, Pierce	JR	Bethesda-Chevy Chase HS	1:01.33	DFS

Event 20 Girls 100 Yard Backstroke

METROS: 50.89 M 2/8/2020 Phoebe Bacon Stone Ridge
54.71 AAAU
55.91 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Hinds, Virginia	SR	Bethesda-Chevy Chase HS	54.15	53.26	AAAU 24
25.56				53.26 (27.70)	
2 Watkins, Celia	SR	Our Lady of Good Counsel	56.16	55.74	AAAC 21
27.32				55.74 (28.42)	
3 Yeou, Jisoo	SO	Walt Whitman HS Swim and Dive	56.89	56.71	20
27.38				56.71 (29.33)	
4 Inman, Madeleine	JR	Our Lady of Good Counsel	57.50	57.27	19
27.66				57.27 (29.61)	
5 Young, Lindsay	SR	Montgomery Blair Swim & Dive	57.31	57.28	18
27.74				57.28 (29.54)	
6 Johnson, Alexis	FR	Our Lady of Good Counsel	57.96	57.50	17
27.58				57.50 (29.92)	
7 Kaiser, Gabriela	SR	Winston Churchill	59.12	58.84	16
28.62				58.84 (30.22)	
8 Thomas, Ellery	FR	The Holton-Arms School	59.62	59.63	15
28.78				59.63 (30.85)	
9 Magro, Sienna	FR	Rockville High School	59.05	59.85	14
28.90				59.85 (30.95)	
10 Wexler, Hannah	FR	The Holton-Arms School	58.75	1:00.55	13
29.54				1:00.55 (31.01)	
B - Final					
11 Latcovich, Madeline	28	National Cathedral School	59.69	59.57	11
28.75				59.57 (30.82)	
12 Schur, Gracelyn	SO	Winston Churchill	1:00.04	59.64	9
28.79				59.64 (30.85)	
13 Morton, Olivia	SO	Bethesda-Chevy Chase HS	1:00.67	59.86	8
29.13				59.86 (30.73)	
14 Burger, Emily	SO	Winston Churchill	1:00.07	59.94	7
29.40				59.94 (30.54)	
15 Katz, Ariana	SR	Quince Orchard High School	59.71	1:00.13	6
29.06				1:00.13 (31.07)	
16 Crown, Ella	SR	Northwest High School	59.79	1:00.32	5
29.14				1:00.32 (31.18)	
17 Chong, Finley	SO	Richard Montgomery Swim & Dive	59.75	1:00.38	4
29.44				1:00.38 (30.94)	
18 McCarty, Jacqueline	SR	Walter Johnson High School	1:00.69	1:00.39	3
29.01				1:00.39 (31.38)	
19 Dean, Skylar	SR	Colonel Zadok Magruder HS	1:00.10	1:00.40	2
29.63				1:00.40 (30.77)	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

B - Final ... (Event 20 Girls 100 Yard Backstroke)

Name	Yr	School	Prelim Time	Finals Time	Points
20 Chen, Elizabeth	JR	Wootton Swimming and Diving	1:00.69	1:01.05	1
	29.62	1:01.05 (31.43)			

Event 20 Girls 100 Yard Backstroke

METROS: 50.89 M 2/8/2020 Phoebe Bacon Stone Ridge
54.71 AAAU
55.91 AAAC

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Hinds, Virginia	SR	Bethesda-Chevy Chase HS	53.32	54.15	qAAAAU
	26.15	54.15 (28.00)			
2 Watkins, Celia	SR	Our Lady of Good Counsel	55.78	56.16	q
	27.56	56.16 (28.60)			
3 Yeou, Jisoo	SO	Walt Whitman HS Swim and Dive	57.89	56.89	q
	27.60	56.89 (29.29)			
4 Young, Lindsay	SR	Montgomery Blair Swim & Dive	56.70	57.31	q
	28.00	57.31 (29.31)			
5 Inman, Madeleine	JR	Our Lady of Good Counsel	56.96	57.50	q
	27.95	57.50 (29.55)			
6 Johnson, Alexis	FR	Our Lady of Good Counsel	56.70	57.96	q
	28.06	57.96 (29.90)			
7 Wexler, Hannah	FR	The Holton-Arms School	57.82	58.75	q
	28.88	58.75 (29.87)			
8 Magro, Sienna	FR	Rockville High School	1:00.22	59.05	q
	28.73	59.05 (30.32)			
9 Kaiser, Gabriela	SR	Winston Churchill	1:00.53	59.12	q
	28.98	59.12 (30.14)			
10 Thomas, Ellery	FR	The Holton-Arms School	1:01.00	59.62	q
	29.09	59.62 (30.53)			
11 Latcovich, Madeline	28	National Cathedral School	59.68	59.69	q
	29.10	59.69 (30.59)			
12 Katz, Ariana	SR	Quince Orchard High School	1:01.74	59.71	q
	29.13	59.71 (30.58)			
13 Chong, Finley	SO	Richard Montgomery Swim & Dive	1:00.41	59.75	q
	29.05	59.75 (30.70)			
14 Crown, Ella	SR	Northwest High School	1:00.03	59.79	q
	29.00	59.79 (30.79)			
15 Schur, Gracelyn	SO	Winston Churchill	1:01.27	1:00.04	q
	29.43	1:00.04 (30.61)			
16 Burger, Emily	SO	Winston Churchill	1:00.06	1:00.07	q
	29.73	1:00.07 (30.34)			
17 Dean, Skylar	SR	Colonel Zadok Magruder HS	1:06.42	1:00.10	q
	29.49	1:00.10 (30.61)			
18 Morton, Olivia	SO	Bethesda-Chevy Chase HS	59.40	1:00.67	q
	29.19	1:00.67 (31.48)			
*19 McCarty, Jacqueline	SR	Walter Johnson High School	1:00.75	1:00.69	q
	29.58	1:00.69 (31.11)			
*19 Chen, Elizabeth	JR	Wootton Swimming and Diving	59.84	1:00.69	q
	29.78	1:00.69 (30.91)			
21 Eisenhart, Abigail	SO	Gaithersburg High School	1:05.68	1:01.07	
	29.30	1:01.07 (31.77)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 20 Girls 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
22 Braden, Cara	SO	Stone Ridge	1:00.98	J1:01.07
29.95	1:01.07	(31.12)		
23 Patel, Meera	FR	Poolesville	1:02.94	1:01.19
30.09	1:01.19	(31.10)		
24 Yoder, Claire		Jackson-Reed High School	1:00.95	1:01.59
30.08	1:01.59	(31.51)		
25 Swezey, Charlotte	SR	Stone Ridge	1:01.83	1:01.71
29.74	1:01.71	(31.97)		
26 Scott, Samantha	SO	St. John's College High School	1:02.91	1:02.24
29.79	1:02.24	(32.45)		
27 Young, Lauren	FR	Montgomery Blair Swim & Dive	1:02.53	1:02.30
30.08	1:02.30	(32.22)		
28 Sha, Anabel	SR	Poolesville	1:02.54	1:02.61
29.76	1:02.61	(32.85)		
29 Wolfington, Annika	JR	Quince Orchard High School	1:02.07	1:02.85
30.40	1:02.85	(32.45)		
30 Szubert, Dorota	JR	Richard Montgomery Swim & Dive	1:03.37	1:02.90
30.26	1:02.90	(32.64)		
31 Sislen, Tea	JR	MARET SCHOOL	1:02.57	1:02.97
30.69	1:02.97	(32.28)		
32 Hawman, Sora	SO	Rockville High School	1:02.91	1:03.06
30.51	1:03.06	(32.55)		
33 Krupinski, Grace	SR	Bethesda-Chevy Chase HS	1:02.89	1:03.12
30.22	1:03.12	(32.90)		
34 Chu-Roxas, Aimee	JR	Winston Churchill	1:05.10	1:03.15
30.03	1:03.15	(33.12)		
35 Malm, Hannah	FR	The Holton-Arms School	1:03.26	1:03.35
30.96	1:03.35	(32.39)		
36 Block, Jessica		Jackson-Reed High School	1:03.62	1:03.36
30.91	1:03.36	(32.45)		
37 DeBacker, Leila	FR	Montgomery Blair Swim & Dive	1:06.64	1:03.51
30.34	1:03.51	(33.17)		
38 Fortunato, Lola	SO	Walt Whitman HS Swim and Dive	1:03.92	1:03.87
30.49	1:03.87	(33.38)		
39 Cisse, Mounessa	FR	Richard Montgomery Swim & Dive	1:03.32	1:04.16
30.39	1:04.16	(33.77)		
40 Fiery, Eden	SR	ACADEMY OF THE HOLY CROSS	1:02.62	1:04.17
30.98	1:04.17	(33.19)		
41 Roddin, Rachel	FR	Albert Einstein High School	1:05.03	1:04.36
31.04	1:04.36	(33.32)		
42 Liu, Ashley	SO	Walt Whitman HS Swim and Dive	1:02.38	1:04.38
31.16	1:04.38	(33.22)		
43 Han, Bailey	SR	Walt Whitman HS Swim and Dive	1:05.57	1:04.65
31.14	1:04.65	(33.51)		
44 Spano, Louisa	FR	Our Lady of Good Counsel	1:04.46	1:04.77
30.62	1:04.77	(34.15)		
45 DeLuca, Ryan	FR	Bethesda-Chevy Chase HS	1:06.65	1:04.93
31.65	1:04.93	(33.28)		
46 Kraft, Allison	SO	Sherwood Warriors	1:04.19	1:05.02
31.67	1:05.02	(33.35)		
47 Leung, Alaina	FR	St. John's College High School	1:05.22	1:05.29
31.55	1:05.29	(33.74)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 20 Girls 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
*48 Weiner, Isabelle	JR	Wootton Swimming and Diving	1:06.75	1:05.94
32.28		1:05.94 (33.66)		
*48 Yan, Brianna	SO	Wootton Swimming and Diving	1:05.88	1:05.94
32.39		1:05.94 (33.55)		
50 Boyd, Adeline	SR	Georgetown VIsitation	1:05.48	1:05.97
31.73		1:05.97 (34.24)		
51 Harms, Sofia	JR	Sidwell Friends School	1:05.78	1:06.12
31.69		1:06.12 (34.43)		
52 Ahyick Wong, Ashley	SR	Walter Johnson High School	1:06.33	1:06.22
31.94		1:06.22 (34.28)		
53 Barclay, Kate	SR	Montgomery Blair Swim & Dive	1:06.43	1:06.26
32.05		1:06.26 (34.21)		
54 She, Vivian	JR	Poolesville	1:05.23	1:06.52
31.81		1:06.52 (34.71)		
55 Gorissen, Sophia	SO	St. John's College High School	1:06.99	1:06.60
32.45		1:06.60 (34.15)		
56 Repice, Brooklyn	FR	Watkins Mill	1:06.69	1:06.85
32.34		1:06.85 (34.51)		
57 Thomas, Abygail	SO	St. John's College High School	1:03.10	1:06.87
31.53		1:06.87 (35.34)		
58 Beares, Caroline	FR	The Holton-Arms School	1:07.14	1:06.93
32.29		1:06.93 (34.64)		
59 Kelly, Megan	SO	Rockville High School	1:06.05	1:07.01
32.72		1:07.01 (34.29)		
60 Deng, Callie	JR	Richard Montgomery Swim & Dive	1:05.73	1:07.18
31.96		1:07.18 (35.22)		
61 Gregory, Zoie	SR	Damascus High School	1:07.18	1:09.13
33.06		1:09.13 (36.07)		
--- Kiniry, Olivia	SR	Sherwood Warriors	1:06.08	DFS

Event 21 Boys 100 Yard Breaststroke

METROS: 53.22 M 2/7/2015 Carsten Vissering Georgetown Prep
55.04 AAAU
56.27 AAAC

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Dionne, Luc	JR	Walter Johnson High School	56.90	54.44 AAAU	24
25.83		54.44 (28.61)			
2 Hamilton, Jack	SR	DeMatha Catholic High School	56.68	55.46 AAAC	21
25.73		55.46 (29.73)			
3 Devinney, Edward	JR	Winston Churchill	57.36	57.10	20
26.88		57.10 (30.22)			
4 Bagshaw, Maxwell		Walter Johnson High School	58.13	57.46	19
26.71		57.46 (30.75)			
5 Fontana, Enzo	JR	Northwest High School	58.10	57.59	18
27.18		57.59 (30.41)			
6 Kominski, Tyler	JR	Sherwood Warriors	57.87	57.80	17
27.42		57.80 (30.38)			
7 Zhou, Shuyu	27	St. Albans School	59.02	57.85	16
26.94		57.85 (30.91)			
8 Greer, Christian		Walter Johnson High School	58.80	57.87	15
26.87		57.87 (31.00)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

A - Final ... (Event 21 Boys 100 Yard Breaststroke)

Name	Yr	School	Prelim Time	Finals Time	Points
*9 Iavarone-Garza, Christian	JR	Poolesville	58.58	58.45	13.50
27.41		58.45 (31.04)			
*9 Lakhe, Kyle	SR	Bethesda-Chevy Chase HS	58.89	58.45	13.50
27.17		58.45 (31.28)			
B - Final					
11 Lombardo, Jonathan	JR	DeMatha Catholic High School	59.15	58.41	11
27.45		58.41 (30.96)			
12 Dawson, John	11	Blake Bengals	1:00.21	58.85	9
27.53		58.85 (31.32)			
13 Iimi, Shou	SO	Sidwell Friends School	59.63	59.74	8
28.30		59.74 (31.44)			
14 Bedestani, Brandon	JR	GEORGETOWN PREPARATORY SCHOC	59.22	59.77	7
28.13		59.77 (31.64)			
15 Smith, Levi	SO	DeMatha Catholic High School	1:00.09	1:00.13	6
27.78		1:00.13 (32.35)			
16 Li, Yanze	28	St. Albans School	59.96	1:00.25	5
27.89		1:00.25 (32.36)			
17 Stoian, Teddy	SO	Bethesda-Chevy Chase HS	59.59	1:00.60	4
28.42		1:00.60 (32.18)			
18 Pryor, Teddy	SO	St. John's College High School	1:00.15	1:00.63	3
29.01		1:00.63 (31.62)			
19 House, Nate	SO	Gonzaga College High School	1:00.12	1:01.24	2
28.18		1:01.24 (33.06)			
20 Alie, Caleb	SR	Sherwood Warriors	1:00.36	1:01.28	1
29.18		1:01.28 (32.10)			

Event 21 Boys 100 Yard Breaststroke

METROS: 53.22 M 2/7/2015 Carsten Vissering
55.04 AAAU
56.27 AAAC

Georgetown Prep

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Hamilton, Jack	SR	DeMatha Catholic High School	56.17	56.68	q
26.44		56.68 (30.24)			
2 Dionne, Luc	JR	Walter Johnson High School	55.37	56.90	q
27.14		56.90 (29.76)			
3 Devinney, Edward	JR	Winston Churchill	58.37	57.36	q
27.12		57.36 (30.24)			
4 Kominski, Tyler	JR	Sherwood Warriors	1:00.58	57.87	q
27.36		57.87 (30.51)			
5 Fontana, Enzo	JR	Northwest High School	59.69	58.10	q
27.44		58.10 (30.66)			
6 Bagshaw, Maxwell		Walter Johnson High School	59.25	58.13	q
26.96		58.13 (31.17)			
7 Iavarone-Garza, Christian	JR	Poolesville	58.72	58.58	q
27.15		58.58 (31.43)			
8 Greer, Christian		Walter Johnson High School	59.25	58.80	q
27.65		58.80 (31.15)			
9 Lakhe, Kyle	SR	Bethesda-Chevy Chase HS	58.11	58.89	q
27.66		58.89 (31.23)			
10 Zhou, Shuyu	27	St. Albans School	57.14	59.02	q
27.46		59.02 (31.56)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time	
11 Lombardo, Jonathan 27.58	JR	DeMatha Catholic High School	58.52	59.15	q
		59.15 (31.57)			
12 Bedestani, Brandon 27.62	JR	GEORGETOWN PREPARATORY SCHOC	1:00.14	59.22	q
		59.22 (31.60)			
13 Stoian, Teddy 28.16	SO	Bethesda-Chevy Chase HS	1:00.89	59.59	q
		59.59 (31.43)			
14 Iimi, Shou 27.71	SO	Sidwell Friends School	59.69	59.63	q
		59.63 (31.92)			
15 Li, Yanze 27.62	28	St. Albans School	59.58	59.96	q
		59.96 (32.34)			
16 Smith, Levi 27.93	SO	DeMatha Catholic High School	59.02	1:00.09	q
		1:00.09 (32.16)			
17 House, Nate 28.33	SO	Gonzaga College High School	1:00.71	1:00.12	q
		1:00.12 (31.79)			
18 Pryor, Teddy 29.13	SO	St. John's College High School	59.62	1:00.15	q
		1:00.15 (31.02)			
19 Dawson, John 27.90	11	Blake Bengals	59.78	1:00.21	q
		1:00.21 (32.31)			
20 Alie, Caleb 28.49	SR	Sherwood Warriors	1:00.60	1:00.36	q
		1:00.36 (31.87)			
21 Main, Jonathan 28.55	SO	Richard Montgomery Swim & Dive	1:01.46	1:00.46	
		1:00.46 (31.91)			
22 Hodgdon, Nicholas 28.15	FR	Sidwell Friends School	1:01.52	1:00.47	
		1:00.47 (32.32)			
23 De Angelis, Pietro 28.70	SR	Wootton Swimming and Diving	1:01.14	1:00.72	
		1:00.72 (32.02)			
*24 Chen, Kevin 28.70	SO	Walter Johnson High School	1:04.28	1:00.73	
		1:00.73 (32.03)			
*24 Pettinato, Tomas 28.70		Washington International	1:01.99	1:00.73	
		1:00.73 (32.03)			
26 Wang, Alexander 29.27	SO	Winston Churchill	1:03.07	1:01.06	
		1:01.06 (31.79)			
27 du Lac, Miles 28.90	JR	DeMatha Catholic High School	1:02.67	1:01.11	
		1:01.11 (32.21)			
28 Hua, Ethan 28.43	SR	Montgomery Blair Swim & Dive	1:01.19	1:01.36	
		1:01.36 (32.93)			
29 Spooner, Alexander 28.57	SR	Gonzaga College High School	1:00.90	1:01.55	
		1:01.55 (32.98)			
30 Helfers, William 28.47	SO	Wheaton High School	1:02.21	1:01.56	
		1:01.56 (33.09)			
31 Chandran, Alexander 29.23	SR	Poolesville	1:03.11	1:01.91	
		1:01.91 (32.68)			
32 Jiminez, Patrick 29.03	SR	Sidwell Friends School	1:03.22	1:01.98	
		1:01.98 (32.95)			
33 Gangemi, Bennett 28.92	SO	Gonzaga College High School	1:02.55	1:02.03	
		1:02.03 (33.11)			
34 Quach, Ethan 29.38	JR	Damascus High School	1:02.65	1:02.12	
		1:02.12 (32.74)			
35 Seager, Austin 28.55	JR	Our Lady of Good Counsel	1:02.74	1:02.25	
		1:02.25 (33.70)			
36 Hume, Rafi 29.14	27	St. Albans School	1:03.86	1:02.49	
		1:02.49 (33.35)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
37 Park, Jacob	FR	Winston Churchill	1:08.21	1:02.58
29.21		1:02.58 (33.37)		
38 Narvaez-Estrada, Joaquin	FR	Bullis School	1:03.05	1:02.85
29.80		1:02.85 (33.05)		
39 Lu, Will	29	St. Albans School	1:03.47	1:02.92
29.63		1:02.92 (33.29)		
40 Donohue, John	JR	Bullis School	1:06.51	1:02.96
29.82		1:02.96 (33.14)		
41 Fleming, Colton		Basis DC	1:03.17	1:03.18
29.09		1:03.18 (34.09)		
42 Lei, Jonathan	SR	Wootton Swimming and Diving	1:04.22	1:03.35
29.86		1:03.35 (33.49)		
43 Gooch, Oliver	SR	Gonzaga College High School	1:02.25	1:03.79
29.26		1:03.79 (34.53)		
44 Matsuyama, Aron		Winston Churchill	1:05.78	1:04.04
30.17		1:04.04 (33.87)		
45 Chase, Tarik		DC International School	1:06.98	1:04.15
30.03		1:04.15 (34.12)		
46 Chan, Isaac	JR	Northwest High School	1:06.73	1:04.28
30.34		1:04.28 (33.94)		
47 Joung, Justin	SO	Wootton Swimming and Diving	1:04.62	1:04.36
29.98		1:04.36 (34.38)		
48 Raabe, Joell	SR	Bethesda-Chevy Chase HS	1:06.72	1:04.59
29.90		1:04.59 (34.69)		
49 Doan, Kevin	SR	Richard Montgomery Swim & Dive	1:06.09	1:04.68
29.90		1:04.68 (34.78)		
50 Nigri, Noah		Basis DC	1:04.40	1:04.75
31.15		1:04.75 (33.60)		
51 Dunlop, Lucas		DC International School	1:06.38	1:04.84
30.29		1:04.84 (34.55)		
52 Kwon, Ian	JR	Sherwood Warriors	1:05.64	1:04.95
30.16		1:04.95 (34.79)		
53 Han, Rowan	FR	Walt Whitman HS Swim and Dive	1:06.59	1:05.25
30.47		1:05.25 (34.78)		
54 Walther, Tyson	JU	St. Andrew's Episcopal School	1:04.38	1:05.29
30.43		1:05.29 (34.86)		
55 Banks, Asa	FR	Watkins Mill	1:06.22	1:05.34
30.13		1:05.34 (35.21)		
56 Wen, Tianze	JR	Wootton Swimming and Diving	1:07.75	1:05.54
31.38		1:05.54 (34.16)		
57 Tofilon, Matthew	SO	GEORGETOWN PREPARATORY SCHOC	1:05.68	1:06.10
30.87		1:06.10 (35.23)		
58 Guo, Peter	FR	Montgomery Blair Swim & Dive	1:05.41	1:06.28
30.44		1:06.28 (35.84)		
59 Fogel, Aden	FR	Montgomery Blair Swim & Dive	1:07.22	1:06.49
30.66		1:06.49 (35.83)		
60 Rampulla, Nate	FR	Walt Whitman HS Swim and Dive	1:07.34	1:06.55
31.18		1:06.55 (35.37)		
61 Faraday, Rohan	JR	Montgomery Blair Swim & Dive	1:08.28	1:06.65
31.73		1:06.65 (34.92)		
62 Dickens, Gregory	JR	Quince Orchard High School	1:06.88	1:06.69
31.06		1:06.69 (35.63)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
63 James, Danny	SO	The Heights School	1:07.19	1:06.88
31.20				1:06.88 (35.68)
64 Chang, Kyle	SO	Poolesville	1:06.25	1:06.91
30.87				1:06.91 (36.04)
65 Wong, Vincent	SO	Damascus High School	1:06.76	1:06.99
31.66				1:06.99 (35.33)
66 Pata, Nicholas	SO	Sherwood Warriors	1:05.98	1:07.12
31.00				1:07.12 (36.12)
67 Solazzo, Daniel	FR	GEORGETOWN PREPARATORY SCHOC	1:06.98	1:07.15
31.02				1:07.15 (36.13)
68 Kao, Brady	JR	Quince Orchard High School	1:05.74	1:07.23
31.50				1:07.23 (35.73)
*69 Ullmann, Theo	FR	Bethesda-Chevy Chase HS	1:08.01	1:07.41
32.26				1:07.41 (35.15)
*69 Johnson, Benjamin	SO	Walt Whitman HS Swim and Dive	1:07.41	1:07.41
32.70				1:07.41 (34.71)
71 Velarde, Christopher	JR	Richard Montgomery Swim & Dive	1:07.13	1:07.63
32.20				1:07.63 (35.43)
72 Egan, Nolan	SO	Clarksburg High School	1:07.88	1:08.77
32.48				1:08.77 (36.29)
--- Giffin, Henry	SR	Gaithersburg High School	1:05.07	DQ

Event 22 Girls 100 Yard Breaststroke

METROS: 1:00.05 M 2/11/2012 Sarah Haase
1:02.52 AAAU
1:03.75 AAAC

Good Counsel

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Bu, Catherine	SR	Winston Churchill	1:05.00	1:03.61	AAAC 24
30.13				1:03.61 (33.48)	
2 Sunjaya, Viona	JR	Damascus High School	1:04.15	1:03.75	AAAC 21
30.03				1:03.75 (33.72)	
3 Lakso, Brooke	FR	Sherwood Warriors	1:05.00	1:04.79	20
30.12				1:04.79 (34.67)	
4 Randsmith, Saxon		Washington International	1:05.93	1:05.58	19
31.15				1:05.58 (34.43)	
5 Tansey, Anne	FR	Colonel Zadok Magruder HS	1:05.71	1:05.61	18
31.04				1:05.61 (34.57)	
6 Arias, Samantha	SR	Gaithersburg High School	1:06.31	1:06.06	17
30.84				1:06.06 (35.22)	
7 Frantz, Nyah	JR	Richard Montgomery Swim & Dive	1:07.12	1:06.31	16
30.73				1:06.31 (35.58)	
8 Shive, Leah	JR	Winston Churchill	1:07.09	1:06.72	15
32.17				1:06.72 (34.55)	
9 Li, Reyna	JR	Winston Churchill	1:07.11	1:07.69	14
32.24				1:07.69 (35.45)	
10 Morin, Gabrielle	JR	Quince Orchard High School	1:07.34	1:08.31	13
31.80				1:08.31 (36.51)	
B - Final					
11 Yang, Julie		Walt Whitman HS Swim and Dive	1:08.53	1:05.83	11
30.84				1:05.83 (34.99)	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

B - Final ... (Event 22 Girls 100 Yard Breaststroke)

	Name	Yr	School	Prelim Time	Finals Time	Points
12	Andrews, Abigail	SO	St. John's College High School	1:08.20	1:07.85	9
	32.23		1:07.85 (35.62)			
13	Harms, Stella	FR	Sidwell Friends School	1:07.99	1:08.15	8
	32.04		1:08.15 (36.11)			
14	Lindley, Elena	FR	St. John's College High School	1:08.59	1:08.40	7
	32.21		1:08.40 (36.19)			
15	Zhou, Elly	SO	Winston Churchill	1:10.60	1:08.50	6
	32.14		1:08.50 (36.36)			
16	Gallagher, Lilah	FR	Georgetown Visitation	1:08.13	1:08.54	5
	32.16		1:08.54 (36.38)			
17	Decatur, Audrey	SO	Our Lady of Good Counsel	1:09.69	1:09.08	4
	32.65		1:09.08 (36.43)			
18	Gilbert, Anne	FR	Walt Whitman HS Swim and Dive	1:08.94	1:09.19	3
	33.57		1:09.19 (35.62)			
19	Lipman, Tessa	SO	Georgetown Day School	1:10.03	1:09.39	2
	32.83		1:09.39 (36.56)			
20	Rogers, Lily	SR	The Holton-Arms School	1:10.11	1:10.12	1
	32.30		1:10.12 (37.82)			

Event 22 Girls 100 Yard Breaststroke

METROS: 1:00.05 M 2/11/2012 Sarah Haase
1:02.52 AAAU
1:03.75 AAAC

Good Counsel

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Sunjaya, Viona	JR	Damascus High School	1:03.69	1:04.15	q
	30.39		1:04.15 (33.76)			
*2	Bu, Catherine	SR	Winston Churchill	1:05.44	1:05.00	q
	30.81		1:05.00 (34.19)			
*2	Lakso, Brooke	FR	Sherwood Warriors	1:05.80	1:05.00	q
	30.45		1:05.00 (34.55)			
4	Tansey, Anne	FR	Colonel Zadok Magruder HS	1:12.47	1:05.71	q
	30.97		1:05.71 (34.74)			
5	Randsmith, Saxon		Washington International	1:14.19	1:05.93	q
	31.46		1:05.93 (34.47)			
6	Arias, Samantha	SR	Gaithersburg High School	1:06.58	1:06.31	q
	31.14		1:06.31 (35.17)			
7	Hammond, Hailey	SR	Bethesda-Chevy Chase HS	1:08.71	1:06.85	q
	31.78		1:06.85 (35.07)			
8	Shive, Leah	JR	Winston Churchill	1:11.65	1:07.09	q
	31.94		1:07.09 (35.15)			
9	Li, Reyna	JR	Winston Churchill	1:08.44	1:07.11	q
	32.34		1:07.11 (34.77)			
10	Frantz, Nyah	JR	Richard Montgomery Swim & Dive	1:05.14	1:07.12	q
	31.33		1:07.12 (35.79)			
11	Morin, Gabrielle	JR	Quince Orchard High School	1:09.50	1:07.34	q
	31.51		1:07.34 (35.83)			
12	Harms, Stella	FR	Sidwell Friends School	1:06.80	1:07.99	q
	32.72		1:07.99 (35.27)			
13	Gallagher, Lilah	FR	Georgetown Visitation	1:07.71	1:08.13	q
	32.27		1:08.13 (35.86)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 22 Girls 100 Yard Breaststroke)

	Name	Yr	School	Seed Time	Prelim Time	
14	Andrews, Abigail	SO	St. John's College High School	1:07.91	1:08.20	q
	32.12		1:08.20 (36.08)			
15	Yang, Julie		Walt Whitman HS Swim and Dive	1:05.87	1:08.53	q
	32.27		1:08.53 (36.26)			
16	Lindley, Elena	FR	St. John's College High School	1:09.08	1:08.59	q
	32.35		1:08.59 (36.24)			
17	Gilbert, Anne	FR	Walt Whitman HS Swim and Dive	1:14.45	1:08.94	q
	33.49		1:08.94 (35.45)			
18	Decatur, Audrey	SO	Our Lady of Good Counsel	1:10.52	1:09.69	q
	33.43		1:09.69 (36.26)			
19	Lipman, Tessa	SO	Georgetown Day School	1:09.49	1:10.03	q
	32.97		1:10.03 (37.06)			
20	Rogers, Lily	SR	The Holton-Arms School	1:10.99	1:10.11	q
	32.98		1:10.11 (37.13)			
21	Zhou, Elly	SO	Winston Churchill	1:10.18	1:10.60	
	32.62		1:10.60 (37.98)			
22	Bailey, Alysa	JR	Walter Johnson High School	1:13.01	1:10.70	
	33.78		1:10.70 (36.92)			
23	Way, Josie Olivia	JR	Richard Montgomery Swim & Dive	1:12.12	1:10.89	
	33.79		1:10.89 (37.10)			
24	Aliabadi, Ava	FR	Sidwell Friends School	1:11.88	1:10.93	
	33.43		1:10.93 (37.50)			
25	Bauer, Katherine	SO	Our Lady of Good Counsel	1:11.69	1:11.04	
	33.63		1:11.04 (37.41)			
26	Gebre, Arriam	SR	MARET SCHOOL	1:09.31	1:11.09	
	33.52		1:11.09 (37.57)			
27	Barish, Gemma	JR	Our Lady of Good Counsel	1:11.72	1:11.59	
	33.18		1:11.59 (38.41)			
28	Johnson, Avery	JR	Northwest High School	1:11.09	1:11.70	
	34.88		1:11.70 (36.82)			
29	Muller, Quinn	FR	Stone Ridge	1:09.77	1:11.78	
	33.53		1:11.78 (38.25)			
30	Parsons, Kiera	SR	Elizabeth Seton Varsity Swim	1:10.21	1:11.81	
	32.98		1:11.81 (38.83)			
31	Olson, Annika	JR	St. John's College High School	1:11.67	1:11.85	
	33.21		1:11.85 (38.64)			
32	Holtz, Nadia	SR	Bethesda-Chevy Chase HS	1:13.59	1:12.47	
	34.36		1:12.47 (38.11)			
33	Floyd, Sofie	SO	Sherwood Warriors	1:12.74	1:12.57	
	34.35		1:12.57 (38.22)			
34	Lee, Jeanelle	SR	Walter Johnson High School	1:13.71	1:12.66	
	34.10		1:12.66 (38.56)			
35	Baillie, Lily	SO	Rockville High School	1:11.97	1:12.71	
	33.39		1:12.71 (39.32)			
36	Lizak, Netta	JR	Richard Montgomery Swim & Dive	1:13.69	1:12.75	
	33.60		1:12.75 (39.15)			
37	Forkin, Alexandra	SO	Walt Whitman HS Swim and Dive	1:12.20	1:13.33	
	34.13		1:13.33 (39.20)			
38	Regan, Madelyn	FR	St. John's College High School	1:14.51	1:13.42	
	34.08		1:13.42 (39.34)			
39	Pineiro, Carolina	FR	Walt Whitman HS Swim and Dive	1:14.28	1:13.43	
	34.78		1:13.43 (38.65)			

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 22 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
40 Ma, Enya	JR	Montgomery Blair Swim & Dive	1:14.19	1:13.73
34.91				1:13.73 (38.82)
41 Guo, Melanie	SR	Poolesville	1:14.56	1:13.87
34.81				1:13.87 (39.06)
42 Watkins, Caroline	SR	The Holton-Arms School	1:12.80	1:13.91
34.38				1:13.91 (39.53)
43 Watson, Natalie		Sherwood Warriors	1:13.91	1:14.16
34.80				1:14.16 (39.36)
44 Feldman, Cheyanne	SR	Rockville High School	1:14.50	1:14.83
35.76				1:14.83 (39.07)
45 Grahl, Sophie	SR	ACADEMY OF THE HOLY CROSS	1:13.72	1:14.93
34.32				1:14.93 (40.61)
46 Trang, Kimberley	12	Blake Bengals	1:13.50	1:15.29
35.53				1:15.29 (39.76)
47 Lui, Ariel	FR	Wootton Swimming and Diving	1:14.58	1:15.45
35.25				1:15.45 (40.20)
48 Hennelly, Makayla	FR	Damascus High School	1:14.53	1:18.08
35.97				1:18.08 (42.11)
--- Ingrassia, Katherine	JR	Georgetown VIsitation	1:14.50	DFS

Event 23 Boys 400 Yard Freestyle Relay

METROS: 3:01.57 M 2/10/2024 Winston Churchill High School Churchill
B Begin, S Elkassem, N Elkassem, K Wang
3:04.70 AAU
3:07.61 AAAC

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Winston Churchill		3:08.47	3:03.49 AAU	48
1) Sims, Douglas SR	2) Devinney, Jay Cole FR	3) Begin, Charlie SR	4) Devinney, Edward JR	
22.30	46.42 (46.42)	1:09.06 (22.64)	1:33.60 (47.18)	
1:55.15 (21.55)	2:18.21 (44.61)	2:39.62 (21.41)	3:03.49 (45.28)	
2 GEORGETOWN PREPARATORY S		3:05.33	3:05.26 AAAC	42
1) Hanson, Gabriel SO	2) Fontana, Rafa FR	3) Kratz, James SO	4) Oehler, Griffin JR	
22.57	47.30 (47.30)	1:09.62 (22.32)	1:34.54 (47.24)	
1:56.83 (22.29)	2:21.45 (46.91)	2:42.48 (21.03)	3:05.26 (43.81)	
3 Walter Johnson High School		3:06.82	3:05.45 AAAC	40
1) Knapp, Lucas SR	2) Murphy, Taiyo SR	3) Bartholomew, Lachlan	4) Dionne, Luc JR	
22.37	45.96 (45.96)	1:08.34 (22.38)	1:33.13 (47.17)	
1:55.18 (22.05)	2:19.50 (46.37)	2:41.35 (21.85)	3:05.45 (45.95)	
4 Gonzaga College High School		3:07.63	3:05.57 AAAC	38
1) Morgan, Kirk JR	2) Gangemi, Cole SO	3) Thiede, George JR	4) Fisher, Patrick SO	
21.67	45.49 (45.49)	1:07.46 (21.97)	1:31.99 (46.50)	
1:53.69 (21.70)	2:18.57 (46.58)	2:40.30 (21.73)	3:05.57 (47.00)	
5 DeMatha Catholic High School		3:09.12	3:08.20	36
1) Ericson, Selim FR	2) Jungbluth, Alexander JR	3) Hamilton, Jack SR	4) Rooney, Seamus SR	
22.08	46.87 (46.87)	1:08.97 (22.10)	1:33.67 (46.80)	
1:55.92 (22.25)	2:21.05 (47.38)	2:42.71 (21.66)	3:08.20 (47.15)	
6 Wootton Swimming and Diving		3:09.74	3:11.16	34
1) White, John SR	2) Lei, Jonathan SR	3) Mulla, Daniel FR	4) Kueh, Michael SR	
22.98	48.00 (48.00)	1:10.60 (22.60)	1:36.18 (48.18)	
1:58.13 (21.95)	2:23.03 (46.85)	2:46.06 (23.03)	3:11.16 (48.13)	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
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Results

A - Final ... (Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
7 Northwest High School		3:14.60	3:14.89	32
1) Ancheta, Guillermo SR	2) Chan, Isaac JR	3) Conte, Antonio SR	4) Fontana, Enzo JR	
22.59	47.28 (47.28)	1:11.41 (24.13)	1:37.74 (50.46)	
2:01.22 (23.48)	2:27.47 (49.73)	2:50.28 (22.81)	3:14.89 (47.42)	
8 St. John's College High School		3:14.94	3:14.93	30
1) Gravell, John FR	2) Schoch, Sam SO	3) Dawson, John JR	4) Moncton, Wesley FR	
23.11	48.89 (48.89)	1:12.21 (23.32)	1:37.91 (49.02)	
2:00.97 (23.06)	2:26.49 (48.58)	2:49.08 (22.59)	3:14.93 (48.44)	
9 Walt Whitman HS Swim and Dive		3:11.40	3:15.07	28
1) Nurit, Leopold SO	2) Penn, Charlie JR	3) Press, Joseph SR	4) Starr, Graham SR	
23.70	49.93 (49.93)	1:13.33 (23.40)	1:39.07 (49.14)	
2:01.92 (22.85)	2:26.84 (47.77)	2:49.84 (23.00)	3:15.07 (48.23)	
10 Richard Montgomery Swim & Div		3:12.89	3:15.33	26
1) Finnegan, Charles JR	2) Xu, Joseph FR	3) Lee, Kevin JR	4) Conley, Pdraig SR	
23.59	49.13 (49.13)	1:12.08 (22.95)	1:38.19 (49.06)	
2:01.14 (22.95)	2:26.51 (48.32)	2:49.67 (23.16)	3:15.33 (48.82)	
B - Final				
11 Poolesville		3:15.87	3:12.77	22
1) Soles, Isaac JR	2) Jarczynski, Justin SR	3) Lawrence, James SR	4) Lee, Ethan SR	
23.43	48.85 (48.85)	1:12.30 (23.45)	1:38.25 (49.40)	
2:00.82 (22.57)	2:26.12 (47.87)	2:48.25 (22.13)	3:12.77 (46.65)	
12 Quince Orchard High School		3:15.56	3:14.71	18
1) Kissel, Andrew SR	2) Doh, Jacob JR	3) McCurdy, Ethan SR	4) Mettler, Colton JR	
23.84	49.44 (49.44)	1:12.96 (23.52)	1:39.34 (49.90)	
2:02.24 (22.90)	2:27.76 (48.42)	2:49.77 (22.01)	3:14.71 (46.95)	
13 Sidwell Friends School		3:15.91	3:15.90	16
1) Donley, Trevor JR	2) Iimi, Shou SO	3) Campello, Anderson SO	4) Jiminez, Patrick SR	
22.47	46.74 (46.74)	1:10.70 (23.96)	1:36.62 (49.88)	
2:00.63 (24.01)	2:27.10 (50.48)	2:50.01 (22.91)	3:15.90 (48.80)	
14 Bethesda-Chevy Chase HS		3:15.09	3:16.56	14
1) Duma, John SR	2) Ross, Stewart FR	3) Avalos, Ethan SO	4) Lakhe, Kyle SR	
23.97	49.37 (49.37)	1:12.34 (22.97)	1:38.09 (48.72)	
2:01.67 (23.58)	2:27.58 (49.49)	2:50.99 (23.41)	3:16.56 (48.98)	
15 Landon School Varsity Swimming		3:17.12	3:16.57	12
1) Stone, William FR	2) Fayed, Jacob SO	3) Beares, Gordon JR	4) Roscetti, Nicholas SO	
23.86	50.07 (50.07)	1:13.43 (23.36)	1:39.99 (49.92)	
2:03.45 (23.46)	2:28.73 (48.74)	2:51.60 (22.87)	3:16.57 (47.84)	
16 The Heights School		3:19.55	3:18.15	10
1) DeLellis, JD SR	2) Lepre, William JR	3) Klump, Thomas FR	4) Bailey, Matthew SO	
23.08	48.94 (48.94)	1:11.94 (23.00)	1:38.11 (49.17)	
2:02.17 (24.06)	2:28.44 (50.33)	2:52.22 (23.78)	3:18.15 (49.71)	
17 Sherwood Warriors		3:18.77	3:19.01	8
1) Kominski, Tyler JR	2) Maready, Mason SO	3) Opima, Ayden SR	4) Opima, Bryce SR	
22.91	47.22 (47.22)	1:10.47 (23.25)	1:36.18 (48.96)	
2:00.40 (24.22)	2:27.63 (51.45)	2:51.70 (24.07)	3:19.01 (51.38)	
18 St. Albans School		3:21.58	3:20.92	6
1) Hume, Rafi 27	2) Wu, William 27	3) Chalk, Kieran 26	4) Cantrell, William 26	
23.74	50.22 (50.22)	1:13.97 (23.75)	1:40.53 (50.31)	
2:04.05 (23.52)	2:31.18 (50.65)	2:54.49 (23.31)	3:20.92 (49.74)	
19 Bullis School		3:21.19	3:22.33	4
1) Narvaez-Estrada, Joaquin FR	2) Arluck, Alexander JR	3) Donohue, John JR	4) Burger, Seth JR	
24.27	50.87 (50.87)	1:14.70 (23.83)	1:41.07 (50.20)	
2:05.74 (24.67)	2:33.33 (52.26)	2:56.25 (22.92)	3:22.33 (49.00)	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
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Results

B - Final ... (Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay			Prelim Time	Finals Time	Points
20 Rockville High School				3:23.02	3:23.02	2
1) Barnett, Brig SR	2) Baxter, Jacob FR	3) Smyth, Loki JR	4) Franken, Evander SR			
23.30	48.29 (48.29)	1:13.01 (24.72)	1:40.76 (52.47)			
2:05.58 (24.82)	2:33.66 (52.90)	2:56.73 (23.07)	3:23.02 (49.36)			

Event 23 Boys 400 Yard Freestyle Relay

METROS: 3:01.57 M 2/10/2024 Winston Churchill High School Churchill
B Begin, S Elkassem, N Elkassem, K Wang

3:04.70 AAU
3:07.61 AAAC

Team	Relay			Seed Time	Prelim Time
Preliminaries					
1 GEORGETOWN PREPARATORY S				3:03.63	3:05.33 qAAAC
1) Oehler, Griffin JR	2) Fontana, Rafa FR	3) Hanson, Gabriel SO	4) Kratz, James SO		
21.64	44.74 (44.74)	1:06.74 (22.00)	1:31.34 (46.60)		
1:53.57 (22.23)	2:18.07 (46.73)	2:40.48 (22.41)	3:05.33 (47.26)		
2 Walter Johnson High School				3:06.04	3:06.82 qAAAC
1) Knapp, Lucas SR	2) Murphy, Taiyo SR	3) Bartholomew, Lachlan	4) Dionne, Luc JR		
22.51	46.49 (46.49)	1:08.59 (22.10)	1:32.94 (46.45)		
1:55.17 (22.23)	2:19.88 (46.94)	2:42.35 (22.47)	3:06.82 (46.94)		
3 Gonzaga College High School				3:03.52	3:07.63 q
1) Morgan, Kirk JR	2) Fisher, Patrick SO	3) Thiede, George JR	4) Gangemi, Cole SO		
21.63	45.50 (45.50)	1:07.35 (21.85)	1:32.62 (47.12)		
1:54.76 (22.14)	2:20.00 (47.38)	2:42.25 (22.25)	3:07.63 (47.63)		
4 Winston Churchill				3:10.82	3:08.47 q
1) Begin, Charlie SR	2) Ash, Noah JR	3) Devinney, Jay Cole FR	4) Sims, Douglas SR		
22.39	45.90 (45.90)	1:09.06 (23.16)	1:35.09 (49.19)		
1:57.13 (22.04)	2:22.39 (47.30)	2:43.99 (21.60)	3:08.47 (46.08)		
5 DeMatha Catholic High School				3:06.36	3:09.12 q
1) Ericson, Selim FR	2) Vaughn, Jordan SR	3) Rooney, Seamus SR	4) Jungbluth, Alexander JR		
22.60	47.66 (47.66)	1:09.81 (22.15)	1:34.87 (47.21)		
1:56.57 (21.70)	2:21.73 (46.86)	2:43.99 (22.26)	3:09.12 (47.39)		
6 Wootton Swimming and Diving				3:10.17	3:09.74 q
1) Kueh, Michael SR	2) White, John SR	3) Lei, Jonathan SR	4) Mulla, Daniel FR		
22.87	47.77 (47.77)	1:09.92 (22.15)	1:34.36 (46.59)		
1:57.41 (23.05)	2:23.10 (48.74)	2:45.10 (22.00)	3:09.74 (46.64)		
7 Walt Whitman HS Swim and Dive				3:13.81	3:11.40 q
1) Press, Joseph SR	2) Penn, Charlie JR	3) Nurit, Leopold SO	4) Starr, Graham SR		
22.85	48.27 (48.27)	1:11.24 (22.97)	1:36.20 (47.93)		
1:59.00 (22.80)	2:23.98 (47.78)	2:46.32 (22.34)	3:11.40 (47.42)		
8 Richard Montgomery Swim & Div				3:19.28	3:12.89 q
1) Conley, Padraig SR	2) Lee, Kevin JR	3) Xu, Joseph FR	4) Finnegan, Charles JR		
23.50	49.16 (49.16)	1:11.05 (21.89)	1:35.70 (46.54)		
1:58.82 (23.12)	2:24.28 (48.58)	2:47.35 (23.07)	3:12.89 (48.61)		
9 Northwest High School				3:18.22	3:14.60 q
1) Ancheta, Guillermo SR	2) Chan, Isaac JR	3) Conte, Antonio SR	4) Fontana, Enzo JR		
21.98	46.17 (46.17)	1:10.10 (23.93)	1:37.36 (51.19)		
2:00.58 (23.22)	2:26.97 (49.61)	2:49.74 (22.77)	3:14.60 (47.63)		
10 St. John's College High School				3:17.66	3:14.94 q
1) Gravell, John FR	2) Schoch, Sam SO	3) Dawson, John JR	4) Moncton, Wesley FR		
23.21	49.33 (49.33)	1:12.80 (23.47)	1:38.51 (49.18)		
2:01.34 (22.83)	2:26.20 (47.69)	2:49.22 (23.02)	3:14.94 (48.74)		

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Results

Preliminaries ... (Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay			Seed Time	Prelim Time
11 Bethesda-Chevy Chase HS				3:16.97	3:15.09 q
1) Lakhe, Kyle SR	2) Duma, John SR	3) Ross, Stewart FR	4) Avalos, Ethan SO		
23.51	48.85 (48.85)	1:11.98 (23.13)	1:37.07 (48.22)		
1:59.90 (22.83)	2:25.76 (48.69)	2:49.07 (23.31)	3:15.09 (49.33)		
12 Quince Orchard High School				3:16.75	3:15.56 q
1) Mettler, Colton JR	2) Doh, Jacob JR	3) Kissel, Andrew SR	4) McCurdy, Ethan SR		
21.90	46.15 (46.15)	1:09.53 (23.38)	1:36.02 (49.87)		
2:00.28 (24.26)	2:26.97 (50.95)	2:49.88 (22.91)	3:15.56 (48.59)		
13 Poolesville				3:14.31	3:15.87 q
1) Lee, Ethan SR	2) Soles, Isaac JR	3) Jarczynski, Justin SR	4) Lawrence, James SR		
23.44	49.11 (49.11)	1:05.37 (16.26)	1:37.75 (48.64)		
2:01.34 (23.59)	2:27.43 (49.68)	2:50.29 (22.86)	3:15.87 (48.44)		
14 Sidwell Friends School				3:17.73	3:15.91 q
1) Iimi, Shou SO	2) Jiminez, Patrick SR	3) Campello, Anderson SO	4) Donley, Trevor JR		
23.45	48.81 (48.81)	1:11.92 (23.11)	1:37.81 (49.00)		
2:02.13 (24.32)	2:29.05 (51.24)	2:51.12 (22.07)	3:15.91 (46.86)		
15 Landon School Varsity Swimming				3:15.43	3:17.12 q
1) Stone, William FR	2) Fayed, Jacob SO	3) Beares, Gordon JR	4) Roscetti, Nicholas SO		
23.88	50.23 (50.23)	1:13.81 (23.58)	1:40.46 (50.23)		
2:03.89 (23.43)	2:29.97 (49.51)	2:52.30 (22.33)	3:17.12 (47.15)		
16 Sherwood Warriors				3:17.07	3:18.77 q
1) Maready, Mason SO	2) Opima, Ayden SR	3) Kreitz, Till FR	4) Kominski, Tyler JR		
23.70	49.81 (49.81)	1:14.14 (24.33)	1:41.10 (51.29)		
2:04.94 (23.84)	2:32.03 (50.93)	2:54.31 (22.28)	3:18.77 (46.74)		
17 The Heights School				3:14.39	3:19.55 q
1) DeLellis, JD SR	2) Lepre, William JR	3) Klump, Thomas FR	4) Bailey, Matthew SO		
22.80	48.24 (48.24)	1:11.39 (23.15)	1:37.80 (49.56)		
2:01.88 (24.08)	2:28.58 (50.78)	2:53.12 (24.54)	3:19.55 (50.97)		
18 Bullis School				3:23.59	3:21.19 q
1) Narvaez-Estrada, Joaquin FR	2) Arluck, Alexander JR	3) Donohue, John JR	4) Burger, Seth JR		
24.34	51.01 (51.01)	1:15.11 (24.10)	1:41.60 (50.59)		
2:06.06 (24.46)	2:33.67 (52.07)	2:56.22 (22.55)	3:21.19 (47.52)		
19 St. Albans School				3:22.43	3:21.58 q
1) Hume, Rafi 27	2) Wu, William 27	3) Chalk, Kieran 26	4) Cantrell, William 26		
23.98	50.39 (50.39)	1:14.16 (23.77)	1:40.37 (49.98)		
2:04.20 (23.83)	2:31.33 (50.96)	2:55.21 (23.88)	3:21.58 (50.25)		
20 Rockville High School				3:19.33	3:23.02 q
1) Barnett, Brig SR	2) Baxter, Jacob FR	3) Smyth, Loki JR	4) Franken, Evander SR		
22.69	47.26 (47.26)	1:11.50 (24.24)	1:39.88 (52.62)		
2:04.17 (24.29)	2:32.22 (52.34)	2:56.06 (23.84)	3:23.02 (50.80)		
21 Our Lady of Good Counsel				3:20.31	3:23.45
1) Zakorchemny, Cooper SR	2) Drews, Roman JR	3) Eloshway, Luke SR	4) Tworkowski, Alec JR		
24.20	50.03 (50.03)	1:13.72 (23.69)	1:39.55 (49.52)		
2:03.91 (24.36)	2:31.45 (51.90)	2:55.92 (24.47)	3:23.45 (52.00)		
22 Montgomery Blair Swim & Dive				3:24.46	3:23.71
1) Kim, Lucas JR	2) Alfonso-Frank, Simon SO	3) Bryce, William SO	4) Hua, Ethan SR		
23.81	49.35 (49.35)	1:14.06 (24.71)	1:42.11 (52.76)		
2:06.12 (24.01)	2:33.17 (51.06)	2:56.94 (23.77)	3:23.71 (50.54)		
23 Clarksburg High School				3:26.86	3:24.95
1) Truong, Aidan JR	2) Khwaja, Rayan SR	3) Jiang, Spencer SR	4) Eshler, Dresden JR		
24.71	51.90 (51.90)	1:16.25 (24.35)	1:43.60 (51.70)		
2:08.72 (25.12)	2:36.86 (53.26)	2:59.64 (22.78)	3:24.95 (48.09)		

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Results

Preliminaries ... (Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay			Seed Time	Prelim Time
24 Damascus High School				3:42.03	3:29.87
1) Marston, Samuel JR	2) Quach, Gavin JR	3) Nguyen, Colin SO	4) Wong, Roland SR		
24.93	51.87 (51.87)	1:17.41 (25.54)	1:45.52 (53.65)		
2:10.38 (24.86)	2:38.09 (52.57)	3:02.56 (24.47)	3:29.87 (51.78)		
25 Colonel Zadok Magruder HS				3:38.20	3:33.97
1) Glenn, Tyler SR	2) Sutton, Jayden SR	3) Bridgett, Shane JR	4) Tucker, Robert JR		
24.84	52.38 (52.38)	1:18.05 (25.67)	1:56.42 (1:04.04)		
2:13.71 (17.29)	2:42.09 (45.67)	3:06.47 (24.38)	3:33.97 (51.88)		
26 Seneca Valley High School				3:36.38	3:34.81
1) Hybl, Ziad Phoenix SR	2) Bradbury, Ian JR	3) Hoang, Brandon JR	4) Selak, Landen JR		
25.45	53.15 (53.15)	1:47.96 (54.81)	3:34.81 (52.89)		
2:13.35 (25.39)	2:41.92 (53.96)	3:06.73 (24.81)			
27 Gaithersburg High School				3:39.71	3:39.24
1) Burakiewicz, Vincent JR	2) Zaporozhetc, Michael SO	3) Fore, Nathan SR	4) Giffin, Henry SR		
25.59	55.42 (55.42)	1:21.96 (26.54)	1:52.13 (56.71)		
2:17.51 (25.38)	2:46.04 (53.91)	3:10.99 (24.95)	3:39.24 (53.20)		
28 Georgetown Day School				3:39.62	3:40.05
1) Hirsh, Ethan FR	2) Keeley, Sean JR	3) Li, Ryan FR	4) Klepper, Ari FR		
26.65	56.85 (56.85)	1:22.83 (25.98)	1:51.88 (55.03)		
2:17.71 (25.83)	2:45.98 (54.10)	3:11.11 (25.13)	3:40.05 (54.07)		
29 Northwood				3:21.52	3:40.41
1) Wooden, Porter FR	2) Warnke, Becker FR	3) Neggaz, Zaid	4) Hickman, Brevin		
25.70	54.43 (54.43)	1:19.94 (25.51)	1:48.65 (54.22)		
2:15.38 (26.73)	2:45.86 (57.21)	3:11.73 (25.87)	3:40.41 (54.55)		
30 Blake Bengals				3:33.33	3:41.48
1) Puentes, Nicolas 9	2) Cao, Hoang-Viet 11	3) Ferman, Lucas 9	4) Johnson, Jayden 11		
25.15	53.18 (53.18)	1:18.85 (25.67)	1:49.46 (56.28)		
2:15.50 (26.04)	2:45.73 (56.27)	3:11.42 (25.69)	3:41.48 (55.75)		

Event 24 Girls 400 Yard Freestyle Relay

METROS: 3:22.97 M 2/11/2023

Stone Ridge

Stone Ridge

E Sun, D LeFaivre, A Webb, E Gemmell

3:27.78 AAAU

3:31.16 AAAC

Team	Relay			Prelim Time	Finals Time	Points
A - Final						
1 Stone Ridge				3:29.78	3:29.12 AAAC	48
1) Rushton, Harper JR	2) Ahearn, Mara FR	3) Webb, Addison SR	4) Roemer, Samantha SO			
25.80	53.14 (53.14)	1:18.40 (25.26)	1:45.71 (52.57)			
2:10.74 (25.03)	2:38.90 (53.19)	3:02.60 (23.70)	3:29.12 (50.22)			
2 Winston Churchill				3:34.66	3:32.90	42
1) Bell, Ainsley FR	2) Schur, Gracelyn SO	3) Chen, Alexa FR	4) Bu, Catherine SR			
25.34	52.74 (52.74)	1:18.60 (25.86)	1:46.36 (53.62)			
2:12.43 (26.07)	2:40.64 (54.28)	3:05.94 (25.30)	3:32.90 (52.26)			
3 Bethesda-Chevy Chase HS				3:32.16	3:33.03	40
1) Mendizabal, Malia SO	2) Morton, Olivia SO	3) Hammond, Hailey SR	4) Hinds, Virginia SR			
26.71	55.60 (55.60)	1:21.09 (25.49)	1:49.65 (54.05)			
2:14.62 (24.97)	2:42.95 (53.30)	3:06.42 (23.47)	3:33.03 (50.08)			
4 Our Lady of Good Counsel				3:35.30	3:33.05	38
1) Watkins, Celia SR	2) LaMotteo, Madison SR	3) Ryan, Jenna FR	4) Kincaid, Kellie SR			
25.45	52.82 (52.82)	1:18.51 (25.69)	1:47.37 (54.55)			
2:12.80 (25.43)	2:41.52 (54.15)	3:06.21 (24.69)	3:33.05 (51.53)			

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Results

A - Final ... (Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
5 St. John's College High School		3:38.44	3:36.91	36
1) Hooff, Olivia SR	2) Regan, Madelyn FR	3) Potter, Addison SO	4) Bishop, Lexie SO	
26.24	55.07 (55.07)	1:21.04 (25.97)	1:49.95 (54.88)	
2:15.63 (25.68)	2:44.98 (55.03)	3:09.93 (24.95)	3:36.91 (51.93)	
6 Walt Whitman HS Swim and Dive		3:35.13	3:37.34	34
1) Groves, Caitlin JR	2) Yeou, Jisoo SO	3) Yang, Julie	4) Belknap, Penelope JR	
26.24	54.50 (54.50)	1:20.63 (26.13)	1:49.03 (54.53)	
2:14.13 (25.10)	2:42.09 (53.06)	3:07.60 (25.51)	3:37.34 (55.25)	
7 The Holton-Arms School		3:37.23	3:38.42	32
1) Ji, KaiLi SO	2) Georgiou, Maria Olympia SO	3) Rabah, Luana SO	4) Wexler, Hannah FR	
25.68	53.59 (53.59)	1:10.50 (16.91)	1:48.35 (54.76)	
2:13.78 (25.43)	2:42.67 (54.32)	3:08.98 (26.31)	3:38.42 (55.75)	
8 Bullis School		3:39.72	3:39.82	30
1) Propper, Ella JR	2) Simon, Olivia SO	3) Zheng, Emma JR	4) Day, Gabrielle JR	
26.86	55.57 (55.57)	1:21.80 (26.23)	1:51.33 (55.76)	
2:18.60 (27.27)	2:48.41 (57.08)	3:12.78 (24.37)	3:39.82 (51.41)	
9 Walter Johnson High School		3:39.79	3:41.91	28
1) Saybolt, Elanor JR	2) McGee, Zoe SR	3) McCarty, Jacqueline SR	4) McCarty, Natalie SO	
26.08	54.69 (54.69)	1:20.46 (25.77)	1:57.49 (1:02.80)	
2:16.43 (18.94)	2:46.33 (48.84)	3:12.73 (26.40)	3:41.91 (55.58)	
10 Damascus High School		3:39.49	3:42.07	26
1) Hennelly, Samantha SR	2) Erazo, Mikaila JR	3) Ivanovskaya, Taisiya JR	4) Sunjaya, Viona JR	
25.78	55.18 (55.18)	1:22.02 (26.84)	1:53.89 (58.71)	
2:19.41 (25.52)	2:47.89 (54.00)	3:13.76 (25.87)	3:42.07 (54.18)	
B - Final				
11 Montgomery Blair Swim & Dive		3:44.08	3:41.03	22
1) Gudana, Sophie JR	2) Humpert, Lucy JR	3) Young, Lauren FR	4) Young, Lindsay SR	
26.16	54.38 (54.38)	1:21.00 (26.62)	1:50.21 (55.83)	
2:17.01 (26.80)	2:46.62 (56.41)	3:12.56 (25.94)	3:41.03 (54.41)	
12 Poolesville		3:41.65	3:41.18	18
1) Huang, Sophie SR	2) Huang, Iliza FR	3) Wang, Christine JR	4) Congdon, Lilian SR	
26.64	56.01 (56.01)	1:22.15 (26.14)	1:51.07 (55.06)	
2:17.12 (26.05)	2:46.24 (55.17)	3:11.96 (25.72)	3:41.18 (54.94)	
13 Northwest High School		3:43.07	3:43.26	16
1) Crown, Ella SR	2) Huyck, Genevieve FR	3) Johnson, Avery JR	4) Carswell, McKenna SR	
27.26	56.47 (56.47)	1:23.72 (27.25)	1:52.80 (56.33)	
2:19.97 (27.17)	2:49.05 (56.25)	3:14.46 (25.41)	3:43.26 (54.21)	
14 Rockville High School		3:41.79	3:44.21	14
1) Magro, Sienna FR	2) Cutter, Abigail JR	3) Hawman, Sora SO	4) Cutter, Maeve JR	
26.67	55.33 (55.33)	1:22.92 (27.59)	1:53.31 (57.98)	
2:19.50 (26.19)	2:48.59 (55.28)	3:14.98 (26.39)	3:44.21 (55.62)	
15 Wootton Swimming and Diving		3:41.98	3:45.78	12
1) Coapstick, Rachel SO	2) Chen, Elizabeth JR	3) Nishnianidze, Anna SR	4) Yan, Alisia SO	
27.83	58.05 (58.05)	1:24.96 (26.91)	1:55.12 (57.07)	
2:19.78 (24.66)	2:48.00 (52.88)	3:15.01 (27.01)	3:45.78 (57.78)	
16 Sidwell Friends School		3:45.28	3:46.39	10
1) Harms, Stella FR	2) Harms, Sofia JR	3) Lopez Murphy, Emilia FR	4) Goch, Elliot SO	
26.66	54.95 (54.95)	1:22.65 (27.70)	1:54.12 (59.17)	
2:20.34 (26.22)	2:49.47 (55.35)	3:16.24 (26.77)	3:46.39 (56.92)	
17 Sherwood Warriors		3:48.19	3:48.11	8
1) Velasquez, Amelia FR	2) Fecko, Mia JR	3) Cooper, Emilia FR	4) Floyd, Elle SR	
26.90	56.37 (56.37)	1:23.65 (27.28)	1:53.67 (57.30)	
2:20.82 (27.15)	2:51.56 (57.89)	3:19.01 (27.45)	3:48.11 (56.55)	

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

B - Final ... (Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay			Prelim Time	Finals Time	Points
18 ACADEMY OF THE HOLY CROSS				3:48.82	3:48.99	6
1) Fiery, Eden SR	2) Grahl, Sophie SR	3) Grenham, Kaitlyn SR	4) Mongelli, Megan SR			
26.60	56.71 (56.71)	1:24.02 (27.31)	1:55.44 (58.73)			
2:21.52 (26.08)	2:51.64 (56.20)	3:18.40 (26.76)	3:48.99 (57.35)			
19 MARET SCHOOL				3:49.05	3:49.91	4
1) Gebre, Arriam SR	2) Clancy, Keira SO	3) Sislen, Tea JR	4) Clattenburg, Hannah JR			
27.33	57.55 (57.55)	1:27.21 (29.66)	1:59.83 (1:02.28)			
2:27.23 (27.40)	2:57.47 (57.64)	3:22.47 (25.00)	3:49.91 (52.44)			
20 Colonel Zadok Magruder HS				3:51.29	3:52.61	2
1) Dean, Skylar SR	2) Rudmann, Caroline SR	3) Rankin, Stella FR	4) Tansey, Anne FR			
26.87	55.44 (55.44)	1:24.60 (29.16)	1:58.76 (1:03.32)			
2:26.39 (27.63)	2:56.89 (58.13)	3:23.16 (26.27)	3:52.61 (55.72)			

Event 24 Girls 400 Yard Freestyle Relay

METROS: 3:22.97 M 2/11/2023 Stone Ridge Stone Ridge
E Sun, D LeFaivre, A Webb, E Gemmell
3:27.78 AAAU
3:31.16 AAAC

Team	Relay			Seed Time	Prelim Time
Preliminaries					
1 Stone Ridge				3:34.69	3:29.78 qAAAC
1) Rushton, Harper JR	2) Ahearn, Mara FR	3) Webb, Addison SR	4) Roemer, Samantha SO		
25.51	53.07 (53.07)	1:18.66 (25.59)	1:46.44 (53.37)		
2:11.47 (25.03)	2:39.63 (53.19)	3:03.55 (23.92)	3:29.78 (50.15)		
2 Bethesda-Chevy Chase HS				3:34.06	3:32.16 q
1) Morton, Olivia SO	2) Mendizabal, Malia SO	3) Hammond, Hailey FR	4) Hinds, Virginia SR		
26.06	54.24 (54.24)	1:20.89 (26.65)	1:49.94 (55.70)		
2:14.55 (24.61)	2:42.24 (52.30)	3:05.60 (23.36)	3:32.16 (49.92)		
3 Winston Churchill				3:36.96	3:34.66 q
1) Schur, Gracelyn SO	2) Burger, Emily SO	3) Chen, Alexa FR	4) Bu, Catherine SR		
26.43	54.30 (54.30)	1:20.01 (25.71)	1:48.76 (54.46)		
2:14.72 (25.96)	2:42.63 (53.87)	3:07.66 (25.03)	3:34.66 (52.03)		
4 Walt Whitman HS Swim and Dive				3:37.21	3:35.13 q
1) Yang, Julie	2) Groves, Caitlin JR	3) Yeou, Jisoo SO	4) Belknap, Penelope JR		
25.80	53.44 (53.44)	1:19.31 (25.87)	1:47.34 (53.90)		
2:12.60 (25.26)	2:40.98 (53.64)	3:05.79 (24.81)	3:35.13 (54.15)		
5 Our Lady of Good Counsel				3:33.22	3:35.30 q
1) Ryan, Jenna FR	2) Watkins, Celia SR	3) LaMotte, Madison SR	4) Kincaid, Kellie SR		
26.53	55.52 (55.52)	1:20.94 (25.42)	1:48.58 (53.06)		
2:14.03 (25.45)	2:42.93 (54.35)	3:08.27 (25.34)	3:35.30 (52.37)		
6 The Holton-Arms School				3:33.48	3:37.23 q
1) Ji, KaiLi SO	2) Wexler, Hannah FR	3) Rabah, Luana SO	4) Georgiou, Maria Olympia SO		
25.48	53.01 (53.01)	1:18.96 (25.95)	1:47.66 (54.65)		
2:13.18 (25.52)	2:42.71 (55.05)	3:08.63 (25.92)	3:37.23 (54.52)		
7 St. John's College High School				3:36.70	3:38.44 q
1) Ross, Magdalene FR	2) Regan, Madelyn FR	3) Potter, Addison SO	4) Bishop, Lexie SO		
26.76	55.60 (55.60)	1:20.98 (25.38)	1:50.23 (54.63)		
2:16.01 (25.78)	2:45.73 (55.50)	3:10.69 (24.96)	3:38.44 (52.71)		
8 Damascus High School				3:42.94	3:39.49 q
1) Hennelly, Samantha SR	2) Erazo, Mikaila JR	3) Ivanovskaya, Taisiya JR	4) Sunjaya, Viona JR		
25.41	54.02 (54.02)	1:20.81 (26.79)	1:51.48 (57.46)		
2:18.02 (26.54)	2:46.65 (55.17)	3:11.74 (25.09)	3:39.49 (52.84)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay			Seed Time	Prelim Time
9 Bullis School				3:38.02	3:39.72 q
1) Propper, Ella JR	2) Simon, Olivia SO	3) Zheng, Emma JR	4) Day, Gabrielle JR		
26.54	54.65 (54.65)	1:21.02 (26.37)	1:51.50 (56.85)		
2:18.28 (26.78)	2:48.06 (56.56)	3:12.56 (24.50)	3:39.72 (51.66)		
10 Walter Johnson High School				3:30.90	3:39.79 q
1) McGee, Zoe SR	2) Saybolt, Elanor JR	3) McCarty, Jacqueline SR	4) McCarty, Natalie SO		
26.44	54.78 (54.78)	1:20.13 (25.35)	1:47.81 (53.03)		
2:14.72 (26.91)	2:44.48 (56.67)	3:10.65 (26.17)	3:39.79 (55.31)		
11 Poolesville				3:41.22	3:41.65 q
1) Huang, Iliza FR	2) Huang, Sophie SR	3) Wang, Christine JR	4) Congdon, Lilian SR		
27.11	56.84 (56.84)	1:22.62 (25.78)	1:52.52 (55.68)		
2:18.20 (25.68)	3:12.79 (1:20.27)	3:41.65 (28.86)			
12 Rockville High School				3:41.64	3:41.79 q
1) Cutter, Maeve JR	2) Hawman, Sora SO	3) Cutter, Abigail JR	4) Magro, Sienna FR		
26.35	54.60 (54.60)	1:20.57 (25.97)	1:49.98 (55.38)		
2:16.75 (26.77)	2:46.33 (56.35)	3:12.42 (26.09)	3:41.79 (55.46)		
13 Wootton Swimming and Diving				3:41.58	3:41.98 q
1) Chen, Elizabeth JR	2) Coapstick, Rachel SO	3) Nishnianidze, Anna SR	4) Yan, Alisia SO		
26.76	55.79 (55.79)	1:23.17 (27.38)	1:52.94 (57.15)		
2:17.09 (24.15)	2:44.42 (51.48)	3:11.66 (27.24)	3:41.98 (57.56)		
14 Northwest High School				3:43.95	3:43.07 q
1) Crown, Ella SR	2) Huyck, Genevieve FR	3) Johnson, Avery JR	4) Carswell, McKenna SR		
27.36	57.52 (57.52)	1:24.34 (26.82)	1:52.44 (54.92)		
2:19.21 (26.77)	2:48.33 (55.89)	3:14.14 (25.81)	3:43.07 (54.74)		
15 Montgomery Blair Swim & Dive				3:42.94	3:44.08 q
1) Gudana, Sophie JR	2) Young, Lauren FR	3) DeBacker, Leila FR	4) Young, Lindsay SR		
26.07	54.53 (54.53)	1:21.46 (26.93)	1:51.00 (56.47)		
2:18.64 (27.64)	2:49.87 (58.87)	3:15.54 (25.67)	3:44.08 (54.21)		
16 Sidwell Friends School				3:42.84	3:45.28 q
1) Harms, Stella FR	2) Harms, Sofia JR	3) Lopez Murphy, Emilia FR	4) Goch, Elliot SO		
26.51	54.88 (54.88)	1:22.84 (27.96)	1:53.70 (58.82)		
2:20.11 (26.41)	2:49.80 (56.10)	3:15.92 (26.12)	3:45.28 (55.48)		
17 Sherwood Warriors				3:49.25	3:48.19 q
1) Velasquez, Amelia FR	2) Fecko, Mia JR	3) Cooper, Emilia FR	4) Floyd, Elle SR		
26.67	56.39 (56.39)	1:24.33 (27.94)	1:54.58 (58.19)		
2:21.59 (27.01)	2:51.72 (57.14)	3:19.22 (27.50)	3:48.19 (56.47)		
18 ACADEMY OF THE HOLY CROSS				3:48.68	3:48.82 q
1) Fiery, Eden SR	2) Grahl, Sophie SR	3) Grenham, Kaitlyn SR	4) Mongelli, Megan SR		
26.79	57.18 (57.18)	1:24.59 (27.41)	1:55.49 (58.31)		
2:21.41 (25.92)	2:52.47 (56.98)	3:18.15 (25.68)	3:48.82 (56.35)		
19 MARET SCHOOL				3:50.32	3:49.05 q
1) Gebre, Arriam SR	2) Sislen, Tea JR	3) Clancy, Keira SO	4) Clattenburg, Hannah JR		
27.18	57.79 (57.79)	1:24.60 (26.81)	1:54.58 (56.79)		
2:24.14 (29.56)	2:57.34 (1:02.76)	3:22.11 (24.77)	3:49.05 (51.71)		
20 Colonel Zadok Magruder HS				3:36.34	3:51.29 q
1) Tansey, Anne FR	2) Rudmann, Caroline SR	3) Rankin, Stella FR	4) Dean, Skylar SR		
25.85	54.85 (54.85)	1:23.76 (28.91)	1:57.54 (1:02.69)		
2:24.73 (27.19)	2:55.73 (58.19)	3:22.33 (26.60)	3:51.29 (55.56)		
21 Richard Montgomery Swim & Div				3:47.28	3:54.95
1) Heitzmann, Lily SO	2) Cisse, Mouneissa FR	3) Deng, Callie JR	4) Way, Josie Olivia JR		
27.40	57.42 (57.42)	1:25.23 (27.81)	2:05.45 (1:08.03)		
2:25.49 (20.04)	2:56.53 (51.08)	3:24.01 (27.48)	3:54.95 (58.42)		

**2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC
SWIMMING AND DIVING CHAMPIONSHIPS**

Results

Preliminaries ... (Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay			Seed Time	Prelim Time
22 Albert Einstein High School				4:01.17	3:55.31
1) Roddin, Rachel FR	2) Majorowitz, Keira JR	3) Vadlamudi, Anjali SO	4) Nichols, Annalise SR		
26.96	57.35 (57.35)	1:25.43 (28.08)	1:57.10 (59.75)		
2:25.28 (28.18)	2:56.23 (59.13)	3:24.00 (27.77)	3:55.31 (59.08)		
23 Georgetown Day School				4:04.28	3:59.77
1) Lipman, Tessa SO	2) Hirsh, Rebecca SO	3) Nepl, Ridgely SO	4) Lim, Sophie SO		
28.27	59.09 (59.09)	1:28.57 (29.48)	2:01.13 (1:02.04)		
2:30.58 (29.45)	3:04.68 (1:03.55)	3:31.04 (26.36)	3:59.77 (55.09)		
24 Gaithersburg High School				4:12.47	4:00.59
1) Arias, Samantha SR	2) Bising, Ava FR	3) Valencia, Ally SO	4) Eisenhart, Abigail SO		
26.36	55.83 (55.83)	1:23.62 (27.79)	1:55.86 (1:00.03)		
	3:01.53 (1:05.67)	3:29.15 (27.62)	4:00.59 (59.06)		
25 Quince Orchard High School				3:43.53	4:04.68
1) Podlesny, Nina SO	2) Fouts, Janae SR	3) Morin, Gabrielle JR	4) Yun, Milana SR		
28.21	1:00.88 (1:00.88)	1:29.43 (28.55)	2:02.57 (1:01.69)		
2:31.31 (28.74)	3:03.93 (1:01.36)	3:31.25 (27.32)	4:04.68 (1:00.75)		
26 Watkins Mill				4:07.57	4:05.69
1) Rivera, Bianca FR	2) Dominguez, Darlene JR	3) Rodriguez, Sofia	4) Repice, Brooklyn FR		
28.91	1:01.31 (1:01.31)	1:30.37 (29.06)	2:03.82 (1:02.51)		
2:33.21 (29.39)	3:06.93 (1:03.11)	3:34.68 (27.75)	4:05.69 (58.76)		
27 Springbrook Swim and Dive Team				4:16.24	4:06.13
1) Egwim, Tiffany SR	2) Thompson, Katie FR	3) Wofford, Elise FR	4) Smugeresky, Emily FR		
27.41		1:29.24 ()	2:04.37 ()		
2:33.32 (28.95)	3:06.48 (1:02.11)	3:34.34 (27.86)	4:06.13 (59.65)		
28 Georgetown Visitation				4:06.40	4:08.36
1) Boyd, Adeline SR	2) Ingrassia, Katherine JR	3) Tobin, Caroline SO	4) Moore, Gilleran SO		
29.56	1:01.73 (1:01.73)	1:30.66 (28.93)	2:03.81 (1:02.08)		
2:34.05 (30.24)	3:06.83 (1:03.02)	3:35.91 (29.08)	4:08.36 (1:01.53)		
29 Seneca Valley High School				4:04.60	4:11.97
1) Selak, Aden SO	2) Kinol, Camilah JR	3) Selak, Austen SO	4) Chrobak, Emma SR		
29.74	1:00.96 (1:00.96)	1:31.75 (30.79)	2:06.85 (1:05.89)		
2:36.80 (29.95)	3:10.32 (1:03.47)	3:38.94 (28.62)	4:11.97 (1:01.65)		
30 National Cathedral School				4:16.74	4:13.24
1) Eliot, Ruth 28	2) Plishker, Callie 28	3) Verma, Emma 27	4) Hur, Lucy 27		
30.07	1:03.67 (1:03.67)	1:33.20 (29.53)	2:06.92 (1:03.25)		
2:36.82 (29.90)	3:09.51 (1:02.59)	3:39.65 (30.14)	4:13.24 (1:03.73)		
31 Blake Bengals				3:50.07	4:14.42
1) Zeigler, Abigail 12	2) Ascencio, Paulina 9	3) Nesta, Jean 11	4) Dewey, Lydia 11		
29.96	1:04.08 (1:04.08)	1:32.77 (28.69)	2:05.96 (1:01.88)		
2:37.21 (31.25)	3:12.58 (1:06.62)	3:41.21 (28.63)	4:14.42 (1:01.84)		

Event 100 Mixed 200 Yard Freestyle Initial Splits

Name	Yr School	Seed Time	Finals Time
1 Stoian, Teddy	SO Bethesda-Chevy Chase HS	NT	1:53.49

Event 107 Boys 50 Yard Freestyle Swim-off

20.38 AAAU

20.74 AAAC

Name	Yr School	Seed Time	Finals Time
- Swim-off			
1 Lepre, William	JR The Heights School	22.42	22.10
2 Parfomak, Kasper	JR Gonzaga College High School	22.42	22.22

2026 WASHINGTON METROPOLITAN INTERSCHOLASTIC**SWIMMING AND DIVING CHAMPIONSHIPS****Results****Event 108 Girls 50 Yard Freestyle Swim-off**

23.06 AAAU

23.48 AAAC

Name	Yr	School	Seed Time	Finals Time
- Swim-off				
1 Muoio, Adele	26	National Cathedral School	25.41	25.18
2 Gaskins, Autumn	FR	Bishop McNamara High School	25.41	25.24

Event 119 Boys 50 Yard Breaststroke Swim-off

Name	Yr	School	Seed Time	Finals Time
- Swim-off				
1 Burger, Seth	JR	Bullis School	51.85	27.19
2 Barnett, Brig	SR	Rockville High School	51.85	27.24