

2025 VA State LC Champs - 5/9/2025 to 5/11/2025

2024 VA State LC Champs

Hosted by Potomac Marlins

Session Report

Session: 1 Friday Evening

Day of Meet: 1 Starts at 05:40 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13 & Over 400 Freestyle	40	5 u	05:40 PM	_____
Finals	2 Boys 13 & Over 400 Freestyle	46	6 u	06:08 PM	_____
Finals	3 Girls 9-12 400 Freestyle	17	3 u	06:40 PM	_____
Finals	4 Boys 9-12 400 Freestyle	20	3 u	07:01 PM	_____
Finals	5 Girls 11 & Over 200 Butterfly	15	2 u	07:21 PM	_____
Finals	6 Boys 11 & Over 200 Butterfly	22	3 u	07:27 PM	_____
	Swimmers Counts for Warm-ups: 153	=====	=====		
	Entry / Heat Totals:	160	22		
	Finish Time			07:37 PM	_____

Session: 2 Saturday 13&Over

Day of Meet: 2 Starts at 08:40 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	7 Girls 13 & Over 200 IM	66	9 u	08:40 AM	_____
Finals	8 Boys 13 & Over 200 IM	66	9 u	09:09 AM	_____
Finals	9 Girls 13 & Over 50 Freestyle	91	12 u	09:37 AM	_____
Finals	10 Boys 13 & Over 50 Freestyle	107	14 u	09:46 AM	_____
	Break: 10 Minutes:				
Finals	11 Girls 13 & Over 100 Backstroke	72	9 u	10:07 AM	_____
Finals	12 Boys 13 & Over 100 Backstroke	79	10 u	10:23 AM	_____
Finals	13 Girls 13 & Over 200 Breaststroke	34	5 u	10:41 AM	_____
Finals	14 Boys 13 & Over 200 Breaststroke	39	5 u	10:59 AM	_____
	Break: 10 Minutes:				
Finals	15 Girls 13 & Over 200 Freestyle	65	9 u	11:25 AM	_____
Finals	16 Boys 13 & Over 200 Freestyle	65	9 u	11:50 AM	_____
	Swimmers Counts for Warm-ups: 262	=====	=====		
	Entry / Heat Totals:	684	91		
	Finish Time			12:14 PM	_____

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Session: 3 Saturday 9-12

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	17 Girls 9-12 100 Butterfly	22	3 u	01:30 PM	_____
Finals	18 Boys 9-12 100 Butterfly	16	2 u	01:36 PM	_____
Finals	19 Girls 9-12 50 Freestyle	55	7 u	01:39 PM	_____
Finals	20 Boys 9-12 50 Freestyle	41	6 u	01:45 PM	_____
	Break: 10 Minutes:				
Finals	21 Girls 9-12 100 Backstroke	41	6 u	02:00 PM	_____
Finals	22 Boys 9-12 100 Backstroke	43	6 u	02:13 PM	_____
Finals	23 Girls 11-12 200 Breaststroke	14	2 u	02:25 PM	_____
Finals	24 Boys 11-12 200 Breaststroke	9	2 u	02:34 PM	_____
	Break: 10 Minutes:				
Finals	25 Girls 9-12 50 Breaststroke	39	5 u	02:52 PM	_____
Finals	26 Boys 9-12 50 Breaststroke	30	4 u	02:58 PM	_____
Finals	27 Girls 9-12 200 Freestyle	31	4 u	03:02 PM	_____
Finals	28 Boys 9-12 200 Freestyle	37	5 u	03:16 PM	_____
	Swimmers Counts for Warm-ups: 135	====	====		
	Entry / Heat Totals:	378	52		
	Finish Time			03:32 PM	_____

Session: 4 Sunday 13&Over

Day of Meet: 3 Starts at 08:40 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	29 Girls 13 & Over 100 Breaststroke	71	9 u	08:40 AM	_____
Finals	30 Boys 13 & Over 100 Breaststroke	83	11 u	08:57 AM	_____
Finals	31 Girls 13 & Over 200 Backstroke	38	5 u	09:16 AM	_____
Finals	32 Boys 13 & Over 200 Backstroke	38	5 u	09:33 AM	_____
	Break: 10 Minutes:				
Finals	33 Girls 13 & Over 100 Freestyle	89	12 u	09:59 AM	_____
Finals	34 Boys 13 & Over 100 Freestyle	110	14 u	10:16 AM	_____
Finals	35 Girls 13 & Over 100 Butterfly	63	8 u	10:35 AM	_____
Finals	36 Boys 13 & Over 100 Butterfly	69	9 u	10:48 AM	_____
	Break: 10 Minutes:				
Finals	37 Girls 13 & Over 400 IM	19	3 u	11:11 AM	_____
Finals	38 Boys 13 & Over 400 IM	24	3 u	11:30 AM	_____
	Swimmers Counts for Warm-ups: 241	====	====		
	Entry / Heat Totals:	604	79		
	Finish Time			11:48 AM	_____

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Session Report

Session: 5 Sunday 9-12

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	39 Girls 9-12 100 Breaststroke	28	4 u	01:00 PM	_____
Finals	40 Boys 9-12 100 Breaststroke	24	3 u	01:09 PM	_____
Finals	41 Girls 11-12 200 Backstroke	19	3 u	01:15 PM	_____
Finals	42 Boys 11-12 200 Backstroke	15	2 u	01:26 PM	_____
	Break: 10 Minutes:				
Finals	43 Girls 9-12 50 Backstroke	37	5 u	01:43 PM	_____
Finals	44 Boys 9-12 50 Backstroke	28	4 u	01:49 PM	_____
Finals	45 Girls 9-12 100 Freestyle	40	5 u	01:54 PM	_____
Finals	46 Boys 9-12 100 Freestyle	26	4 u	02:02 PM	_____
	Break: 10 Minutes:				
Finals	47 Girls 9-12 50 Butterfly	36	5 u	02:18 PM	_____
Finals	48 Boys 9-12 50 Butterfly	29	4 u	02:24 PM	_____
Finals	49 Girls 9-12 200 IM	23	3 u	02:28 PM	_____
Finals	50 Boys 9-12 200 IM	19	3 u	02:38 PM	_____
	Swimmers Counts for Warm-ups: 117	====	====		
	Entry / Heat Totals:	324	45		
	Finish Time			02:48 PM	_____