

800 M Freestyle
Saturday, June 14, 2025

Heat	Estimated Start Time
1	3:30 PM
2	3:41 PM
3	3:52 PM
4	4:04 PM
5	4:17 PM
6	4:27 PM
7	4:38 PM
8	4:51 PM
9	5:03 PM
10	5:15 PM
11	5:27 PM
12	5:42 PM

400 M IM
Saturday, June 14, 2025

Heat	Estimated Start Time
1	5:55 PM

2	6:01 PM
3	6:07 PM
4	6:15 PM
5	6:21 PM
6	6:28 PM
7	6:35 PM
8	6:42 PM

1500 M Freestyle Sunday, June 15, 2025	
Heat	Estimated Start Time
1	10:00 AM
2	10:19 AM
3	10:37 AM
4	10:56 AM
5	11:17 AM
6	11:38 AM
7	12:02 PM
8	12:26 PM
9	12:45 PM
10	1:06 PM
11	1:27 PM
12	1:47 PM

400 M Freestyle Sunday, June 15, 2025	
Heat	Estimated Start Time
1	2:07 PM

2	2:13 PM
3	2:19 PM
4	2:25 PM
5	2:31 PM
6	2:37 PM
7	2:43 PM
8	2:49 PM
9	2:56 PM
10	3:03 PM
11	3:10 PM
12	3:16 PM
13	3:22 PM
14	3:28 PM
15	3:34 PM
16	3:41 PM
17	3:48 PM
18	3:55 PM
19	4:04 PM
20	4:11 PM
21	4:18 PM