

Potomac Valley Swimming

October Open

Hosted for PVS by Fairland Aquatics Swim Team

October 15-17, 2021

Lee District Rec Center

6601 Telegraph Rd

Alexandria, VA 22310

Supplemental Document/Information

In applying for this sanction, the Host, Fairland Aquatics Swim Team, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Fairfax County, and Lee District Rec Center.

Local Protocols and Requirements

All local and state protocols will be followed per [Executive Order 79](#) effective May 28, 2021, and [USA Swimming COVID-19 Guidance](#). This guidance includes:

- Face coverings must be worn by all attendees and support staff of the meet.
- Athletes should arrive and depart in their suits. Locker room use should be minimized (*i.e.*, emergencies only and no showering will be allowed).
- Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility. Anyone experiencing symptoms should not be permitted in the venue/establishment.

Attendee Ingress and Egress

- All attendees will enter the facility using the main/front door, proceed downstairs, athletes will proceed through the locker room to gain access to the pool deck. Coaches, Officials and volunteers will enter the deck through the hallway day. All attendees (athletes, coaches, officials, and volunteers) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up/cooling down. Athletes will proceed directly to their assigned area in the bleachers and parts of the surrounding pool deck. All attendees will exit through the side door on the pool deck by the deep end or through the sun deck gate.

Planned Number of Individuals

WARMUPS	
Pool	200
Pool Deck	
Swimmers	200
Coaches	30
Officials	15
Marshals	5
Volunteers	5
Facility Staff	6
TOTAL	461

COMPETITION	
Pool	35
Pool Deck	
Swimmers	365
Coaches	30
Officials	15
Timers	22
Marshals	5
Volunteers	10
Facility Staff	6
TOTAL	488

Safe Sport Considerations

In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. Live-stream information will be posted on the PVS website.

Meet Specific COVID-19 Protocols

- Athletes should arrive and depart in their suits. Locker room use is minimized to emergency use only.
- Before entering the facility, participants are required assess their own health for symptoms and exposure to COVID-19. Attendees will only be permitted entrance if answering “no” to the following questions:
 - Do you feel any of the symptoms that fall under the symptoms of COVID-19 (fever over 100.4, cough, shortness of breath, etc.)?
 - Has anyone in your family been sick or diagnosed with COVID-19 in the last 14 days?
 - Has someone you’ve been in contact with been diagnosed with COVID-19 or been in contact with someone who has within the past 14 days?
- All attendees (athletes, coaches, officials, and volunteers) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up/cooling down. Masks must be affixed to the face without hands and must cover the nose and mouth.
- All attendees should bring a filled, reusable (non-glass) water bottle to the meet.
- Athletes should bring a minimum of two masks and a container or waterproof type bag to place their mask in while swimming.
- Spectators will not be permitted into the facility. Competition will be live-streamed.
- Only swimmers, coaches, meet volunteers, and officials will be permitted on the pool deck.
- Each session will be limited to 400 swimmers. Total attendees (athletes, coaches, officials, and volunteers) for each session is limited to 500.
- During warm-ups, swimmers will wear their masks until they reach their assigned warm up lane and entry end and just before they enter the pool. They will place their mask in their waterproof holder to store their mask while they swim. They will put their mask back on as soon as they exit the pool.
- During competition, swimmers will wear their masks until they reach the starting blocks. They will place their mask in their waterproof holder to store their mask while they swim. They will put their mask back on before leaving the starting area.
- All swimmers must remain in their designated area until they are called for their events, and they must return to their area immediately following their event.
- Limited hospitality may be offered for coaches and officials.
- Any attendee (swimmer, coach, official, volunteer) not following the meet protocols will be subject to immediate removal from the meet.
- We request that all attendees notify the appropriate meet director as soon as possible if they have tested positive for COVID-19 or shown symptoms after attending the meet.

Lee District Specific Protocols

- Coaches, volunteers, and officials will use the family locker rooms for restroom purposes. Athletes will use the locker rooms for restroom purposes.
- Swimmers will be assigned to a seating area in the bleachers, pool deck or spa area.
- All attendees will enter the facility using the main/front door and proceed downstairs. Athletes will proceed

through the locker room to gain access to the pool deck. Coaches, officials, and volunteers will enter the deck through the hallway. All attendees will exit through the side door on the pool deck by the deep end or through the sun deck gate.

- One-way traffic flow will be implemented. Swimmers will enter the deck area and proceed to their assigned seating area. Swimmers will remain in their assigned team area until they are ready to swim. Swimmers will walk around the deep end of the pool to the starting blocks. At the completion of their races, swimmers will exit the pool and walk around the shallow end of the pool to return to their assigned area.
- Entry and exit from continuous warm-up will be from the bleacher side of the pool.
- Staging for swimmers during competition will be:
 - Heat 1 is at the blocks and will swim
 - Heat 2 is staged behind the blocks, near the wall
 - Heat 3 is staged against wall on the deep end of the pool between the outside doors and the starting blocks until directed to move to where Heat 2 is standing (after Heat 1 has started and Heat 2 steps forward to the starting blocks).
- Live stream information will be posted on the PVS website.

Map of Lee District: Entrance and Exit for Athletes, Coaches and Officials

