

NUCLEAR RACERS

OCTOBER 26, 2019

(9 and under)

SPONSORED BY
FAIRLAND AQUATICS SWIM TEAM
and
MARYLAND SUBURBAN SWIM CLUB

SANCTIONED BY USA SWIMMING
THROUGH POTOMAC VALLEY SWIMMING

Held under the sanction of USA Swimming:
Sanction # PVC-20-10

MEET DIRECTOR:	Manga Dalizu – fairlandswim@comcast.net (301) 526 - 6597
MEET REFEREE	Lynne Gerlach – gerlach@msscswimming.com (240)286-2319
OFFICIALS CHAIR:	Craig Meledick at craig8@comcast.net
MEET LOCATION:	Fairland Aquatics Center 13820 Old Gunpowder Road Laurel, Md 20707 (301) 362 – 6060 8-10 lane, 25 yard pool. Water depth ranges from 5'-13' at both the starting and turning ends. The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).
SANCTION:	Held under the sanction of USA Swimming through Potomac Valley Swimming: PVC-20-10 . In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Fairland Aquatic Center, Fairland Aquatic Swim Team, and Maryland Suburban Swim Club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
SCHEDULE:	Warm Ups 9:30 – 10:00 am Start 10:15 am
TIMING SYSTEM	Semi-Automatic timing (buttons primary) will be used for this meet.

<p>ELIGIBILITY:</p>	<p>Open to all USA Swimming registered athletes age 9&under. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302.</p> <p>A swimmers age will be determined as of October 26, 2019</p> <p>Out of town teams are welcome.</p> <p>Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), shall govern the meet.</p>
<p>INCLUSION POLICY FOR SWIMMERS WITH A DISABILITY:</p>	<p>PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy . Athletes with a disability are welcome and asked to provide advance notice of desired accommodations to the Meet Director. The athlete’s coach is responsible for notifying the session referee of any disability prior to the competition.</p>
<p>RULES:</p>	<p>Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), shall govern the meet.</p> <p>No on deck USA Swimming registration is permitted.</p> <p>Deck changes are prohibited.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p> <p>In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition, and cool down periods.</p> <p>Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p> <p>The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.</p> <p>Athletes may enter a maximum of 5 events.</p>
<p>WARNING:</p>	<p>Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100.00 per violation. No further entries will be accepted from that Club until this fine is paid.</p>
<p>SUPERVISION:</p>	<p>Coaches are responsible for the conduct of their swimmers and should help clean up their respective team area.</p>

WARM-UP:	The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times and lane assignments. There will be lanes open for continuous warm up / warm down throughout the meet.
AWARDS:	Ribbons awarded for 1 st - 8 th place
CREDENTIALS:	Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
OFFICIALS:	All certified officials who wish to volunteer should contact Craig Meledick at craig8@comcast.net by October 16th. Officials assigned to this meet should sign in at the recording table at the start of warm-ups. Officials who have not been contacted should volunteer their services to the Referee.
TIMERS:	Timers will be assigned in accordance with entry size. 25-yard events require 3 timers per lane.
<u>Special Note</u>	In addition to timing requirements, each club must provide 3 additional volunteers to assist with lane checking and timing during 25 yard events.
ADMISSION:	There is no admission charge.
PROGRAMS:	Meet program will be posted at WWW.FAST92.ORG
FEES:	Individual events are \$6.00. Late entries are \$ 10.00, payable at sign up.
ENTRIES:	Entries (Hy-Tek), must be accompanied by a Meet Entry Report by SWIMMER , and a Meet Entry Report by EVENT from Team Manager. Event file can be found on the PVS web page. Send entries to FAIRLANDSWIM@COMCAST.NET , in the subject heading type, "2019 Nuclear Racers - ****" with the club's initials substituted in place of the asterisks.
DEADLINE:	Friday, October 18th, 2019 Important: The above date is the deadline for clubs to submit their entries to the Meet Director. The club entry deadline is usually earlier than this date.
CHECKS:	Make checks payable to FAIRLAND AQUATICS INC.
SEND CHECKS TO:	FAST 14625 Baltimore Avenue # 291 Laurel, MD 20707 fairlandswim@comcast.net The Meet Director will acknowledge receipt by return e-mail within 24 hours. If you do NOT hear back, please contact the Meet Director.
REMINDER:	ENTRY FEES ARE DUE WITH MEET ENTRY.

Event #	Saturday, October 26, 2019	Event #
GIRLS	WARM UPS 9:30 – 10:00 AM, START 10:15 AM	BOYS
	Ages 9 and under	
1	50 FLY	2
3	25 FREE	4
5	50 BACK	6
7	25 BREAST	8
	10 Minute Break	
9	100 MEDLEY RELAY	10
11	50 BREAST	12
13	25 BACK	14
15	50 FREE	16
17	25 FLY	18
	5 Minute Break	
19	100 FREE RELAY	20