

## **MAKO Spring Invitational Guidelines**

- 1.) Please park in Lot C.
- 2.) Swimmers are to enter the pool ONLY through the Swimmers' Entrance located off Parking Lot C at the back of the Aquatic Center.
- 3.) Parents are not permitted to walk their swimmers into the pool. All swimmers must enter through the swimmers' entrance and parents and other spectators must enter through the upstairs lobby at the front of the Aquatic Center.
- 4.) For the safety of the swimmers, George Mason does not allow parents to go downstairs to the locker rooms. Due to this policy, parents should have a designated "meet up location" with their swimmers for after the meet.
- 5.) Bleacher seats with seat backs are not permitted in the Aquatic Center spectator area.
- 6.) Concessions and meet sheets will be on sale during the meet in the upstairs lobby.
- 7.) Food is not permitted on the pool deck. Swimmers may eat snacks in the upstairs concessions area or the downstairs designated area.
- 8.) Folding chairs and stadium seats are not allowed on the pool deck or in the spectator seating.

One of the biggest concerns of the GMU Aquatics and Fitness Center is that there is **NO FOOD ALLOWED ON DECK**. Swimmers may either eat in the concession room upstairs next to the lobby, or downstairs in a designated room, which is located next to the stairwell on the first floor. There will be signs posted on the wall to direct swimmers. Coaches and Officials will also need to abide by this policy, and will use the hospitality room to eat all snacks/meals.

### **Tentative Timeline** **Saturday, March 23**

- **Session 1- 11-12 yr olds**
  - 8:00-8:25 AM- Warm-Up
  - 8:30 AM Start
  - **Positive Check for 11-12 yr old 200 Free will close at 9:00 AM.**
- **Session 2- 10&Under**
  - 11:20-11:45 AM- Warm-Up
  - 11:50 AM Start
- **Session 3- 13&Over**
  - 2:00-2:25 PM- Warm-Up
  - 2:30 PM- Start

- Positive Check for 13&Over events will close at 2:10 PM.

### **Sunday, March 24**

- **Session 4- 11-12 yr olds**
  - 8:00-8:25 AM- Warm-Up
  - 8:30 AM Start
  - Positive Check for 11-12 yr old 200 IM will close at 9:00 AM.
- **Session 5- 10&Under**
  - 11:20-11:45 AM- Warm-Up
  - 11:50 AM Start
  - Positive Check for 10&Under 100 Free will close at Noon.
- **Session 6- 13&Over**
  - 2:10-2:35 PM- Warm-Up
  - 2:40 PM- Start
  - Positive Check for 13&Over events will close at 2:20 PM.

### **Timers Needed**

Please forward this link

<https://www.signupgenius.com/go/30e0d4aada62ba20-20192>

and ask parents to use the signup genius to volunteer to be a timer at our meet.