

# RMSC February Invitational Meet Announcement

February 22-24, 2019  
At Martin Luther King, Jr. Swim Center  
Sanctioned by USA Swimming through Potomac Valley Swimming  
Meet Sanction # PVI-19-63

**Meet Director:** Christa Krukiel [christa.krukiel@montgomerycountymd.gov](mailto:christa.krukiel@montgomerycountymd.gov)  
(All parent inquiries should be directed to your child's swim coach)

**Meet Referee:** Steven Lutz [stevendlutz@gmail.com](mailto:stevendlutz@gmail.com)

**Meet Officials Coordinator:** Certified officials and trainees wishing to work the meet should contact Stephanie Frank at [sacolacicc@yahoo.com](mailto:sacolacicc@yahoo.com) at least two weeks in advance.

**Clubs will be responsible for providing their fair share of timers, and will be assigned lanes by the meet director.**

**Location:** Martin Luther King, Jr. Swim Center, 1201 Jackson Road, Silver Spring, MD (240) 777-8060

- 8 lane, 25 yard pool with separate area for warm up/cool down, continuous flow-through gutters, and non-turbulent lane dividers. Diving is not permitted in the warm up/cool down area.
- The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).
- Water depth is 14' at the starting end and 4'9" at the turn end.
- Colorado Electronic Timing System, touch pads, horn start and an 8 lane scoreboard will be used.
- Automatic timing (touch pads primary) will be used for this meet.

## Meet Schedule:

### Friday Night – 14 & Unders

Swimmers must provide their own timers for all events

- Warm-ups: 4:30 – 5:20 PM
- Events Start: 5:30 PM

### Girls – 14 & Unders

#### **Saturday**

- Warm-ups: 8:00 – 8:50 AM
- Events Start: 9:00 AM

#### **Sunday**

- Warm-ups: 7:30 – 8:20 AM
- Events Start: 8:30 AM

### Boys – 14 & Unders

#### **Saturday**

- Warm-ups: 12:00 – 12:50 PM
- Events Start: 1:00 PM

#### **Sunday**

- Warm-ups: 11:30 – 12:20 PM
- Events Start: 12:30 PM

### Sunday – Open Events

- Evening Session
  - Warm-ups: 3:00 – 3:45 PM
  - Event Start: 3:50 PM

**Eligibility:** This meet is open to invited athletes from JFD, MSSC, Tollefson and RMSC. Swimmers will compete at the age attained on the first day of the meet.

**Warm-Up Procedures:** The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. It may be necessary to assign lanes for warm-up.

**Deck Access:** All PVS/USAS registered coaches and deck officials are required to show current 2019 USA Swimming membership credentials on the deck area. Anyone not displaying proper credentials will be asked to leave the deck area. **Parents not working the meet as a deck official, volunteer timer, or other meet position are not permitted on deck.**

**Meet Format:**

- Seed times are short course yards.
- The 12 & Under 500 Freestyle will be swum fastest to slowest, alternating girls and boys.
- Swimmers must provide their own counter for the 500 Free.
- Friday events – swimmers must provide their own timers for all events.

**Rules:**

- Current USA Swimming rules will govern this meet.
- No on-deck USAS registration is permitted.
- A contestant may enter no more than two events per session, and no more than three individual events for the meet.
- All events will be timed finals.
- Coaches' times will not be accepted.
- It may be necessary to limit entries due to the time constraints at the facility and to maintain reasonable timelines.
- It may also be necessary to limit the number of entries/heats of the 500 Free/400 IM.
- Dive over starts will be used.

Open Events:

- **Swimmers must provide their own timers for ALL events**
- No Slower Than (NST) entry time standards are listed at the end of the meet announcement for the Open events.
- Coaches' times will not be accepted.
- Open 1650 & Open 1000 Free will be swum combined events and gender where possible.
- Swimmers must provide their own counters for the 500/1000/1650 Free events

PVS and host clubs along with their Meet Directors are committed to the [Inclusion Policy](#) as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

**Positive Check In:** The Meet Director will determine if positive check-in will be necessary for any event in order to maintain manageable timelines. Information regarding the possibility of additional check-in times and procedures will be available the week prior to the meet in the form of an email to each participating club. If positive check in is implemented, then athletes who have not checked in prior to the specified time will be scratched from the event.

No personal chairs allowed on deck for swimmers.

Deck changes are prohibited.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &U events per Rule 205.3.1F.

In compliance with USA Swimming Rules and Regulations: the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy: the use of equipment capable of taking pictures (i.e., cell phones, cameras) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Warning:** Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2019.

**Entry Information:**

- Entry Fees: \$7.00 per individual event.
- Entry Deadline: Tuesday, February 12, 2019 at 8:00 PM.
- No late entries or deck entries will be accepted.
- Meet Director will acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.

**Electronic Entry Procedures:**

- Email a Hy-Tek entries file (preferred) or a SDIF file to [christa.krukiel@montgomerycountymd.gov](mailto:christa.krukiel@montgomerycountymd.gov).
- Email subject should be labeled "February Qualifier Entry".
- Email must include report by name. Include total number of swimmers and total number of events, along with contact information (name, phone number, e-mail) of a club representative in the body of the e-mail.
- Send entry fee check payable to **ActiveMontgomery** to: Christa Krukiel  
Germantown Indoor Swim Center  
18000 Central Park Circle  
Boys, Maryland 20841
- Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry Fees are due with entries.

**Awards:** There will be no awards for this meet.

**Swim Center Rules and Conduct**

At the request of [Montgomery County Recreation](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.

**Special Note**

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Martin Luther King Swim Center, Rockville Montgomery Swim Club, and Montgomery County Recreation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

# RMS

## RMSC February Invitational



### 14 & Under Sessions

#### Friday Night

Warm-ups: 4:30 – 5:20 PM; Events: 5:30 PM

Girls Event #		Boys Event #
<b>1</b>	14 & Under 200 IM	<b>2</b>
<b>3</b>	14 & Under 500 Free	<b>4</b>

Swimmers must provide their own timers and counters for all Friday events.

#### Saturday

##### Girls – Morning

Warm-ups: 8:00 – 8:50 AM; Events: 9:00 AM

##### Boys – Afternoon

Warm-ups: 12:00 – 12:50 PM; Events: 1:00 PM

Girls Event #		Boys Event #
<b>5</b>	14 & Under 200 Free	<b>6</b>
<b>7</b>	14 & Under 200 Breast	<b>8</b>
<b>9</b>	12 & Under 50 Back	<b>10</b>
<b>11</b>	14 & Under 100 Fly	<b>12</b>
<b>13</b>	12 & Under 50 Breast	<b>14</b>
<b>15</b>	14 & Under 200 Back	<b>16</b>
<b>17</b>	14 & Under 50 Free	<b>18</b>

#### Sunday

##### Girls – Morning

Warm-ups: 7:30 – 8:20 AM; Events: 8:30 AM

##### Boys – Afternoon

Warm-ups: 11:30 – 12:20 PM; Events: 12:30 PM

Girls Event #		Boys Event #
<b>19</b>	14 & Under 200 Fly	<b>20</b>
<b>21</b>	14 & Under 100 Free	<b>22</b>
<b>23</b>	14 & Under 100 Breast	<b>24</b>
<b>25</b>	12 & Under 50 Fly	<b>26</b>
<b>27</b>	14 & Under 100 Back	<b>28</b>
<b>29</b>	12 & Under 100 IM	<b>30</b>
<b>31</b>	14 & Under 400 IM	<b>32</b>

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## Open Sessions

### Sunday Evening

Warm-ups: 3:00 – 3:45 PM; Events: 3:50 PM

<b>Girls Event #</b>	<b>No Slower Than SCY</b>		<b>No Slower Than SCY</b>	<b>Boys Event #</b>
<b>33</b>	2:11.09	<b>Open 200 Back</b>	2:00.59	<b>34</b>
<b>35</b>	54.09	<b>Open 100 Free</b>	49.49	<b>36</b>
<b>37</b>	1:09.19	<b>Open 100 Breast</b>	1:02.49	<b>38</b>
<b>39</b>	2:14.09	<b>Open 200 Fly</b>	2:03.19	<b>40</b>
<b>41</b>	1:57.19	<b>Open 200 Free</b>	1:48.29	<b>42</b>
<b>43</b>	4:42.39	<b>Open 400 IM</b>	4:19.09	<b>44</b>
<b>45</b>	1:00.29	<b>Open 100 Back</b>	55.49	<b>46</b>
<b>47</b>	5:13.79	<b>Open 500 Free</b>	4:52.39	<b>48</b>
<b>49</b>	2:31.39	<b>Open 200 Breast</b>	2:16.99	<b>50</b>
<b>51</b>	59.59	<b>Open 100 Fly</b>	54.29	<b>52</b>
<b>53</b>	2:12.99	<b>Open 200 IM</b>	2:01.39	<b>54</b>
<b>55</b>	25.29	<b>Open 50 Free</b>	22.89	<b>56</b>
<b>57</b>	18:10.39	<b>Open 1650 Free</b>	16:59.99	<b>58</b>
<b>59</b>	10:49.79	<b>Open 1000 Free</b>	10:12.49	<b>60</b>

**Swimmers must provide their own timers for ALL events**

1650 Free and 1000 Free will be swum combined by event and gender where possible

Swimmers must provide their own counters for the 500/1000/1650 Free