



PVS January Distance Meet

January 5 & 6, 2019

Lee District

General Information

- The 1650-yard freestyle is SATURDAY and the 1000-yard freestyle is SUNDAY.
- We're running mixed events (so girls and boys will be seeded together based off qualifying times only.)
- Deck entries will be accepted to the extent that they add no additional heats. Please have proof of 2019 registration and proof of qualifying time for all deck entries.
- We will be running 10 lanes in the competition pool at Lee District.
- Warm-ups will be from 7:00-8:00 AM each morning with continuous warm up/cool down space throughout the entire meet.
- The heat start times on the next page are approximate.
- All swimmers must provide their own timer and counter.
- The size of the meet makes it important for the meet to stay on schedule on both days. COACHES AND SWIMMERS MUST MAKE SURE THAT EACH SWIMMER IS READY TO SWIM AND THAT THEIR TIMER (REQUIRED) AND LAP COUNTER ARE IN PLACE PRIOR TO THE CONCLUSION OF THE PRIOR HEAT.
- Families can reference the final psych sheet posted on the PVS website (link above).

Check-In and Seeding

- Swimmers must check in at the positive check-in table as soon as they arrive at the pool.
 - Heats will be swum fastest to slowest based on times only. Girls and boys will be mixed on most heats.
 - All swimmers entered with a time in the event being swum will be seeded before those entered with times from another event.
- For example, swimmers in the 1000 with 1000 seed times will be seeded before swimmers with 500 seed time. And swimmers in the 1650 with 1650 seed times will be seeded before swimmers with 1000 seed times.
- Deck entries will be seeded last.
- A rolling check-in will be used. Heats will be seeded based upon the next available heat of swimmers.
 - Lane assignments for each heat will be determined approximately two heats prior to the start of the heat.
 - We will update heat/lane assignments on Meet Mobile (2019 PV January Distance Meet). They will also be posted around the venue.
 - All swimmers will be provided with a lane timer card showing their heat and lane assignment when they have been seeded into a heat.



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Approximate Start Times per Heat

These are not official start times and do not include scratches.

Swimmers should plan to race earlier than these approximate start times

SATURDAY, January 5: Mixed 1650-yard Freestyle (178 entries)

Heat 1 - 8:10am	Heat 10 - 11:15am
Heat 2 - 8:29am	Heat 11 - 11:37am
Heat 3 - 8:48am	Heat 12 - 11:59am
Heat 4 - 9:08am	Heat 13 - 12:21pm
Heat 5 - 9:28am	Heat 14 - 12:43pm
Heat 6 - 9:49am	Heat 15 - 1:06pm
Heat 7 - 10:10am	Heat 16 - 1:29pm
Heat 8 - 10:31am	Heat 17 - 1:50pm
Heat 9 - 10:53am	Heat 18 - 2:12pm

**Must check in no later than
1:00 PM in order to swim**

SUNDAY, January 6: Mixed 1000-yard Freestyle (477 entries)

Heat 1 - 8:10am	Heat 24 - 1:29pm
Heat 2 - 8:22am	Heat 25 - 1:44pm
Heat 3 - 8:33am	Heat 26 - 1:59pm
Heat 4 - 8:44am	Heat 27 - 2:14pm
Heat 5 - 8:56am	Heat 28 - 2:29pm
Heat 6 - 9:08am	Heat 29 - 2:45pm
Heat 7 - 9:20am	Heat 30 - 3pm
Heat 8 - 9:33am	Heat 31 - 3:16pm
Heat 9 - 9:46am	Heat 32 - 3:32pm
Heat 10 - 10am	Heat 33 - 3:48pm
Heat 11 - 10:14am	Heat 34 - 4:04pm
Heat 12 - 10:28am	Heat 35 - 4:18pm
Heat 13 - 10:43am	Heat 36 - 4:32pm
Heat 14 - 10:58am	Heat 37 - 4:46pm
Heat 15 - 11:13am	Heat 38 - 5pm
Heat 16 - 11:28am	Heat 39 - 5:14pm
Heat 17 - 11:43am	Heat 40 - 5:28pm
Heat 18 - 11:58am	Heat 41 - 5:42pm
Heat 19 - 12:13pm	Heat 42 - 5:56pm
Heat 20 - 12:28pm	Heat 43 - 6:11pm
Heat 21 - 12:43pm	Heat 44 - 6:26pm'
Heat 22 - 12:59pm	Heat 45 - 6:41pm
Heat 23 - 1:14pm	Heat 46 - 6:56pm

**Must check in no later than
4:00 PM in order to swim**