

**PVS November Open Meet (hosted by OCCS)  
November 9-11, 2018**

**Prince William County Schools Aquatic Center**

Colgan High School  
13833 Dumfries Road (Door #25)  
Manassas, VA 20112

Note that as you enter the front of the school, stay to right of school and proceed to the back parking lot.

We are looking forward to hosting your team at the PVS November Open at Colgan High School's PWCS Aquatic Center. The facility is a little limited with space however there will be a gymnasium for crashing in throughout the weekend. We will compete in eight lanes and will have four more lanes for warm up and cool down throughout the weekend. Parents will be directed to sit upstairs only (off the pool deck).

If you have any scratches or changes prior to the start of the meet, please email them to [gm@swimoccs.org](mailto:gm@swimoccs.org) by 8am on Friday, November 9; otherwise all other events will be seeded on Friday morning and programs created.

**Timer Sign Up**

<https://www.signupgenius.com/go/10c094da9a62ea3fa7-pvsnovember>

Each team is required to provide timers based on the number of entrants (see above link for assignments for each session/shift)

Please see below for

- **Updated start times**
- **Timer assignments & sign ups**
- **Warm up assignments**
- **Check in Deadlines**

**Saturday**

10 & under 40 min of total warm up time

Warm ups 6:30-7:10am

Meet Start 7:20am

11-12

Warm ups 10:30-11:10am

Meet Start 11:20am

13 & over

Warm ups 2:20-3:10pm

Meet Start 3:20pm

**Sunday**

10 & under 40 min of total warm up time

Warm ups 6:30-7:10am

Meet Start 7:20am

11-12

Warm ups 10:00-10:40am

Meet Start 10:50am

13 & over

Warm ups 1:50-2:40pm

Meet Start 2:50pm

**Positive Check-in Events**

The following events will REQUIRE a positive check-in by the session deadlines described. Swimmers not positively checked in by the deadline WILL BE SCRATCHED. Swimmers positively checking in but not showing up to these events may be scratched from their next individual event.

### Friday

Events 2 & 3 I will seed shortly after warm up starts and seek scratches; boys are likely set, girls we can likely get rid of a heat.

**Positive Check in close at 5:30pm: #3, 4 – 500 Free**

### Saturday

Positive Check in close at 7:00am: #17, 18 – Saturday 10 & Under 500 free

For the 13 & overs we will do a positive check in for all events except the 500free.

All events will close at 2:50pm.

### Sunday

12 U sessions I will also allow scratches for Sunday's events until Saturday at 5pm.

13 & over session

200 fly positive check in will close at 2:20pm

All other events check in will close at 2:30p

### Warm up assignments

C= Competition pool/ W= Warm up pool

	AVE/ LANE	FRIDAY	C1	C2	C3	C4	C5	C6	C7	C8	W1	W2	W3	W4
Friday 200 brst/ 500 free														
5:50pm		5:00-5:20pm	OCCS	OCCS	OCCS	OCCS	OCCS	OCCS	FXFX	FXFX	OCCS	OCCS	OCCS	OCCS
		5:20-5:40pm	NCAP	NCAP	NCAP	NCAP	NCAP	NCAP	PM	PM	NCAP	NCAP	NCAP	NCAP
	AVE/ LANE	SATURDAY	C1	C2	C3	C4	C5	C6	C7	C8	W1	W2	W3	W4
9-10 SESSION	7	6:30-6:50am	OCCS	OCCS	OCCS	OCCS	OCCS	OCCS	OCCS	OCCS	OCCS	OCCS	OCCS	OCCS
7:20AM	7	6:50-7:10am	PM	PM	PM	PM	BURKE	BURKE	WEST	FX/LCL	WEST	WEST	BURKE	PM
			C1	C2	C3	C4	C5	C6	C7	C8	W1	W2	W3	W4
11-12 SESSION	10	10:30-10:50AM	OCCS	OCCS	OCCS	OCCS	OCCS	OCCS	PM	PM	OCCS	OCCS	PM	PM
11:20AM	10	10:50-11:10AM	BURKE	BURKE	BURKE	BURKE	BURKE	WEST	WEST	FX	LCL	BURKE	WEST	WEST
			C1	C2	C3	C4	C5	C6	C7	C8	W1	W2	W3	W4
13 & OVER SESSION	15	2:20-2:45PM	OCCS	OCCS	OCCS	OCCS	OCCS	BURKE	BURKE	BURKE	BURKE	OCCS	OCCS	OCCS
3:20PM	15	2:45-3:10PM	WEST	WEST	WEST	WEST	WEST	WEST	WEST	PM	FX/LCL	WEST	WEST	PM
	AVE/ LANE	SUNDAY	C1	C2	C3	C4	C5	C6	C7	C8	W1	W2	W3	W4
9-10 SESSION	8	6:30-6:50am	OCCS	OCCS	OCCS	OCCS	OCCS	BURKE	BURKE	BURKE	BURKE	OCCS	OCCS	OCCS
7:20AM	8	6:50-7:10am	PM	PM	PM	PM	WEST	WEST	FXFX	LCL	PM	PM	WEST	OPEN
			C1	C2	C3	C4	C5	C6	C7	C8	W1	W2	W3	W4
11-12 SESSION	10	10:00-10:20AM	OCCS	OCCS	OCCS	OCCS	OCCS	OCCS	OCCS	BURKE	BURKE	OCCS	OCCS	BURKE
10:50AM	10	10:20-10:40AM	PM	PM	WEST	WEST	WEST	WEST	WEST	FX	LCL	WEST	WEST	PM
			C1	C2	C3	C4	C5	C6	C7	C8	W1	W2	W3	W4
13 & OVER SESSION	14	1:50-2:15PM	OCCS	OCCS	OCCS	OCCS	OCCS	BURKE	BURKE	BURKE	BURKE	OCCS	OCCS	OCCS
2:50PM	14	2:15-2:40PM	WEST	WEST	WEST	WEST	WEST	WEST	WEST	PM	FX/LCL	WEST	WEST	PM

### Team Timing Assignments

Swimmers will need to provide their own timers for the following events:

**Friday:** #1, 2 (200 breast) 3 & 4 (500 free)

**Saturday:**

10 & under: # 17 & 18 (500 free)

11 & 12: #29 & 30 (200 fly)

13 & over: possibly the 200 free if there is a shortage of timers to finish the session

### **Sunday:**

We should be okay, however if any shortages occur we will expect swimmer to show up to their lanes with their own timer.

The rest of the sessions please have your parents sign up online

<https://www.signupgenius.com/go/10c094da9a62ea3fa7-pvsnovember>

Each team is required to provide timers based on the number of entrants (see above link for assignments for each session/shift)

### **SATURDAY**

**Session 2 (9-10)** timer meeting 7:00am

Full Session 7:20-9:40am (note 500 free required to provide own timers)

**Session 3 (11-12)** timer meeting 11:00am

Shift #1 – 11:20am-12:50pm

Shift #2 – 12:50pm-2:00pm (note 200 fly required to provide own timers)

**Session 4 (13 & over)** timer meeting 3:40pm

Shift #1 3:00-5:30pm

Shift #2 5:30-7:30pm (swimmers may be required to provide timers for 200 free)

### **SUNDAY**

**Session 5 (9-10)** timer meeting 7:00am

Full Session 7:20-9:45am

**Session 6 (11-12)** timer meeting 10:30am

Shift #1 – 10:50am-12:00pm

Shift #2 – 12:00pm-1:30pm

**Session 7 (13 & over)** timer meeting 2:30pm

Shift #1 2:50-5:00pm

Shift #2 5:00-6:45pm

### **Team Check-in**

The check in sheets will be available prior to warm ups on the check in table. They will be listed by event and taken to seed starting at the deadline.

When your coaches arrive to the meet, please have them check in at the administration desk to pick up the following items that will be provided in a team packet:

1. At the start of each session's warm ups, individual session heat sheets will be available at the admin table. Positive check in events after seeded will be posted behind the starting blocks, given to the meet officials then be provided to coaches.
2. If you have scratches for events other than the positive check in events, we will take these throughout the weekend
3. If you have deck entries, we will accept these using the form included in your packet as well as payment at the time of signing up (\$10.00). **The deadline for deck entries (provided there is space in an open lane without adding a new heat), is 30 minutes prior to the start of the session.**

### **Deck Access**

Please inform your parents that only coaches, swimmers, officials and volunteers will be allowed on the pool deck. Meet marshals will be patrolling the area for parents and issuing citations for parking on the pool deck (\$25-\$50 depending on how much space they take up).

If there is anything that I can provide for you at the meet, don't hesitate to ask. We're looking forward to a great meet.