

October 5-7, 2018 Sanctioned by USA Swimming through Potomac Valley Swimming & Virginia Swimming Sanction Numbers:PVI-19-05 &

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming Inc., Dulles South Rec Center and SNOW Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Director Angela Davis snowswimming.entries@gmail.com Meet Referee Lynn Oliver lynn.r.oliver@verizon.net SNOW Officials' Chair Lynn Oliver lynn.r.oliver@verizon.net

#### MEET BACKGROUND

Welcome to the annual JP Popovich Memorial Invitational! 2018 marks the 3rd year SNOW is hosting this meet, named in honor of SNOW alumni, JP Popovich ('15). JP was incredibly enthusiastic about swimming generally and about his teammates particularly. An accomplished IM'er (2015 VHSL 4A 200 IM State Champion), JP tragically passed away in December 2015 while home from the University of Virginia for the holidays. SNOW hopes to keep alive JP's spirit and enthusiasm for both swimming and swimmers alike, as we kick-off the 2018-2019 short course season with this meet showcasing the same spirit and enthusiasm that JP displayed throughout his life. We are looking forward to a great weekend of racing!

#### FORMAT CHANGES

Coaches and athletes will notice several new aspects of the 2018 edition of the JP Popovich Memorial Invitational. In keeping with JP's specialty, the Individual Medley, this year's meet is more keenly focused on the IMX events. While winners of both the Women's and Men's 13 & Over 200 IM will again have their names etched onto the JP Popovich 200 IM Memorial Plaque commemorating their accomplishments, each event in the 9-10, 11-12 and 13-14 IMX Extreme Meet are included in this year's meet, along with a Pentathlon on Saturday for the 8 & Under athletes. In addition, the 13 & Over sessions on both Saturday and Sunday have been moved to the afternoons to accommodate the many athletes in the Potomac Valley area who are taking the SAT exam on Saturday morning, October 6.

#### **FACILITY**

NOTE: The facility for the meet is subject to change at the direction of Loudoun County Parks and Recreation depending upon the re-opening of Claude Moore Recreation Center. If the meet is moved to Claude Moore, the Meet Director will notify all attending teams immediately via email.

Dulles South Recreation and Community Center 24950 Riding Center Drive South Riding, VA 20152 571-258-3456

One 25-yard course will be used during each session with 10 competition lanes. Three (3) warm-up/cool-down lanes will be available throughout the meet.

Water depth ranges from 6'8" to 12'6" at both the starting end and turning end.

The competition course has been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2 (C). The copy of such certification is on file with USA Swimming Automatic timing (touch pads – primary) will be used for this meet.



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# **SCHEDULE**

The Meet Director reserves the right to adjust times and/or sessions after entries are received

All events will be timed finals.

Friday, October 5

Warm ups - 4:00-4:50 PM Events - 5:00 PM

#### Saturday, October 6

11-12	Warm ups – 7:00-7:50 AM, Events – 8:00 AM
10 & Under	Warm ups – 10:30-11:20 AM, Events – 11:30 AM
13 & Over	Warm ups – 2:00-2:50 PM, Events – 3:00 PM

#### Sunday, October 7

11-12	Warm ups – 7:00-7:50 AM, Events – 8:00 AM
10 & Under	Warm ups – 10:30 -11:20 AM, Events – 11:30 AM
13 & Over	Warm ups – 2:10-3:00 PM, Events – 3:10 PM

All events 200 yards and above will be positive check-in. Check-in closing times will be posted at the meet.

### **ELIGIBILITY**

Open to *invited* USA Swimming teams. Invited teams will receive an email from the Meet Director. Swimmers shall compete with the age attained on Friday, October 5, 2018.

#### **RULES**

Current USA Swimming Rules shall govern the meet.

Swimmers may only participate in their own age group or open events.

Only short course times will be applicable.

#### **Maximum Entries**

Swimmers may enter a maximum of seven (7) individual events during the entire meet, not exceeding two (2) events on Friday and three (3) events on Saturday or Sunday <u>except that</u> any 8 & Under swimmers choosing to complete the Pentathlon may enter a maximum of (5) events on Saturday but may not exceed the maximum of seven (7) individual events for the entire meet.



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Entries in the 400 IM, 500 Freestyle may need to be limited due to time constraints. If necessary, this will be done based on verifiable proof of time. Any swimmer removed from an event due to time constraints will be provided the opportunity to enter another event, as long as it does not create a new heat and does not violate any applicable entry limits.

No on-deck USA-S registration is permitted.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck changes are prohibited.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. In accordance with VSI best practices, all swimmers should shower before entering the pool.

### **DISABILITY SWIMMERS**

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the Board of Directors. Athletes with disabilities are welcome to participate, and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

#### WARM UPS

The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.

# <u>AWARDS</u>

There will be no awards given at this meet. The male and female winner of the 13 & Over 200 IM will have their names and times reflected on the JP Popovich Memorial Plaque displayed at Claude Moore.



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### **SUPERVISION**

Coaches are responsible for the conduct of their swimmers and families as well as maintaining clean team areas. Coaches & deck officials are required to display their USA Swimming credentials for the current year. Coaches are responsible for ensuring that their team areas are clean of any debris at the conclusion of each meet session.

### **MEET PROGRAMS**

Programs will not be sold at the meet. The Meet Director will use best efforts to make the meet program and results available on Meet Mobile.

# **OFFICIALS & TIMERS**

All certified officials wishing to volunteer to work this meet should contact: Lynn Oliver <u>lynn.r.oliver@verizon.net</u>

Please include your club affiliation, certifications held, and sessions you wish to work.

Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-up.

Each participating club is requested to provide at least one official and 3 timers per session if entering 25 or more swimmers.

# **FEES**

\$6.00 facility surcharge per swimmer \$7.00 per individual event \$10.00 per deck entry

### **DECK ENTRIES**

Deck entries will be allowed at the discretion of the Meet Director and/or Meet Referee. Entry fee is \$10 per individual event. Swimmers will be entered into open lanes in the existing heats on a first come, first serve basis. No extra heats will be created. Evidence of current USA-S registration will be required for all deck entries. This can be done by presenting a copy of the swimmer's USA-S athlete registration card.

### **SEATING**

Due to the limited pool deck space, no chairs are allowed on deck. There will be bleachers available to spectators and athletes. The facility also does not allow any folding chairs or portable chairs to be placed behind any lifeguard stands.



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# ENTRY PROCEDURE

Teams should provide entries as follows:

Send an email to:

Angela Davis snowswimming.entries@gmail.com

Include with your commlink file one report by name and one by event. Create these reports in HyTek Team Manager and save as Word or PDF.

In the email of your body, provide entry numbers (girls, boys, total) as well as contact information (email, phone, officials contact).

#### Entry deadline: Thursday, September 20th by 5:00 PM

#### Important

The Meet Director will acknowledge receipt by return email within 24 hours. Teams submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other means to confirm receipt.

The above date is the deadline for teams to submit their entries to the Meet Director. Therefore, teams usually set an earlier deadline to receive entries from their swimmers. Check with your team for this information.

#### **Other Registration Details**

Entries directly from individual team members will not be accepted. Entries by phone or fax entries will not be accepted. Entries that are incomplete, submitted on incorrect forms, or lacking the phone number of a responsible team official will not be accepted.

Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.

Entry fees are due with each team's entries. Unpaid fees will be reported to the PVS Administration Office at the conclusion of the meet. No further entries will be accepted from teams for future meets until entry fees are paid in full.

Please make checks payable to "SNOW Swimming." Please do not send cash. Each participating team is requested to remit one check to cover the entry fee for the entire team.

#### Send Payment To:

Teresa Meike SNOW Swimming 22483 Verde Gate Terrace Ashburn, VA 20148



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# The Meet Director reserves the right to limit the number of entries in the 400 IM and 500 Free and adjust start times of all sessions after entries are received

		Frid	ау		
		Timed	Finals		
 1	Girls	11 & Over	400 IM	Boys	2
 3	Girls	12 & Under	200 IM	Boys	4
 5	Girls	11 & Over	500 FR*	Boys	6

\* The 500 Free will be swum fastest to slowest, alternating women and men. Swimmers in the 500 Free will need to provide their own timers and counters.

### Saturday 11-12 Timed Finals

Athletes will not be allowed in the building until 7:00 AM. Participants and spectators are to enter/exit the building through the main entrance only

	7	Girls	11-12	100 BK	Boys	8
	9	Girls	11-12	50 BR	Boys	10
-	11	Girls	11-12	200 FR	Boys	12
-	13	Girls	11-12	100 FL	Boys	14
-	15	Girls	11-12	50 FR	Boys	16

#### Saturday 10 & Under Timed Finals

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17	Girls	8 & Under	100 FR	Boys	18
19	Girls	9-10	100 BK	Boys	20
21	Girls	8 & Under	25 FL	Boys	22
23	Girls	9-10	50 FR	Boys	24
25	Girls	8 & Under	25 BK	Boys	26
27	Girls	9-10	100 FL	Boys	28
29	Girls	8 & Under	25 BR	Boys	30
31	Girls	9-10	50 BR	Boys	32
33	Girls	8 & Under	25 FR	Boys	34



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Saturday						
		13 & Over Ti	imed Finals			
35	Girls	13 & Over	200 BK	Boys	36	
37	Girls	13 & Over	100 FR	Boys	38	
39	Girls	13 & Over	200 BR	Boys	40	
41	Girls	13 & Over	100 FL	Boys	42	
43	Girls	13 & Over	200 FR	Boys	44	

Sunday

#### 11-12 Timed Finals

#### Athletes will not be allowed in the building until 7:00 AM. Participants and spectators are to enter/exit the building through the main entrance only

45	Girls	11-12	100 FR	Boys	46
47	Girls	11-12	50 FL	Boys	48
49	Girls	11-12	100 BR	Boys	50
51	Girls	11-12	50 BK	Boys	52
53	Girls	11-12	100 IM	Boys	54
	47 49 51	47Girls49Girls51Girls	47Girls11-1249Girls11-1251Girls11-12	47Girls11-1250 FL49Girls11-12100 BR51Girls11-1250 BK	47 Girls 11-12 50 FL Boys   49 Girls 11-12 100 BR Boys   51 Girls 11-12 50 BK Boys

#### Sunday 10 & Under Timed Finals

55	Girls	9-10	200 FR	Boys	56	
57	Girls	10&Under	50 BK	Boys	58	
59	Girls	9-10	100 BR	Boys	60	
61	Girls	10&Under	50 FL	Boys	62	
63	Girls	9-10	100 FR	Boys	64	
65	Girls	10&Under	100 IM	Boys	66	

#### Sunday 13 & Over Timed Finals

67	Girls	13 & Over	200 FL	Boys	68
69	Girls	13 & Over	100 BK	Boys	70
71	Girls	13 & Over	100 BR	Boys	72
73	Girls	13 & Over	50 FR	Boys	74
75	Girls	13 & Over	200 IM	Boys	76